



FIELD FRESH CHOPPED SALAD WITH GRILLED CHICKEN

Nutrition Facts

Serving Size ½ container (152g)
salad plus dressing
Servings Per Container 2

Amount Per Serving	WITH DRESSING*	WITHOUT DRESSING
Calories	240	170
Calories from Fat	130	60
	% Daily Value**	
Total Fat 14g*	22%	11%
Saturated Fat 2g	10%	5%
Trans Fat 0g		
Cholesterol 25mg	8%	5%
Sodium 220mg	9%	7%
Total Carbohydrate 20g	7%	6%
Dietary Fiber 3g	12%	12%
Sugars 8g		
Protein 10g		
Vitamin A	70%	70%
Vitamin C	30%	30%
Calcium	8%	8%
Iron	6%	6%

* Amount with salad dressing. Dressing adds an additional 70 calories, 7g total fat (0.5g saturated fat), 5mg cholesterol, 50mg sodium, 1g total carbohydrate (1g sugars).
** Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: SALAD: ROMAINE LETTUCE, GRILLED CHICKEN BREAST (CHICKEN BREAST WITH RIB MEAT, WATER, CANOLA OIL, MODIFIED POTATO STARCH, SALT, SUGAR, LEMON JUICE CONCENTRATE, GRANULATED GARLIC, BLACK PEPPER), ISRAELI COUSCOUS [WHEAT FLOUR, ROSEMARY EXTRACT (FOR ADDED FRESHNESS), SWEET YELLOW CORN, RED CABBAGE, RED BELL PEPPER, DRIED CURRANTS, PECANS, ASIAGO CHEESE (PASTEURIZED COW'S MILK, CHEESE CULTURE, RENNET, SALT), GREEN ONION. SWEET BASIL DRESSING: MAYONNAISE (EXPELLER PRESSED CANOLA OIL, WHOLE EGGS, APPLE CIDER VINEGAR, WATER, EGG YOLKS, SALT, WHITE MUSTARD [DISTILLED VINEGAR, WATER, MUSTARD SEED, SALT], LEMON JUICE CONCENTRATE), WATER, BASIL, HONEY, LEMON JUICE, SHALLOTS, BLACK PEPPER.

CONTAINS WHEAT, MILK, PECANS, EGG.

DIST. & SOLD EXCLUSIVELY BY:
TRADER JOE'S, MONROVIA, CA 91016
SKL# 990508 NCA





WHITE CHICKEN MEAT, MIXED GREENS, CORN, PEPPERS, SUN-DRIED TOMATOES, PEPITAS AND ASIAGO CHEESE WITH A JALAPENO CAESAR DRESSING

PERISHABLE, KEEP REFRIGERATED

NET WT. 11 OZ (312g)

MEXICALI BRAND SALAD

Nutrition Facts

Serving Size 1 container (312g/11oz)
salad plus dressing
Servings Per Container 1

Amount Per Serving	WITH DRESSING*	WITHOUT DRESSING
Calories	360	280
Calories from Fat	180	120
	% Daily Value**	
Total Fat 20g*	31%	20%
Saturated Fat 7g	35%	25%
Trans Fat 0g		
Cholesterol 60mg	20%	17%
Sodium 710mg	30%	19%
Total Carbohydrate 25g	8%	8%
Dietary Fiber 6g	24%	24%
Sugars 13g		
Protein 25g		
Vitamin A	130%	130%
Vitamin C	190%	180%
Calcium	25%	20%
Iron	25%	25%

* Amount with salad dressing. Dressing adds 80 calories, 60 calories from fat, 7g total fat (2g saturated fat), 270mg sodium, 2g total carbohydrate, 2g sugars, 2g protein.
** Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: SALAD: MIXED GREENS (ROMAINE LETTUCE, GREEN CABBAGE, RED CABBAGE, SPRING MIX (TANCO, GREEN OAK, GREEN ROMAINE, RED ROMAINE, RED OAK, LOLLO ROSSO, GALACTIC, RED MUSTARD, MICUNA, FRIGEE, RADICCHIO, TARSOTTO), CHILI & LIME CHICKEN BREAST (BONELESS CHICKEN BREAST WITH RIB MEAT, WATER, SOY SAUCE (WATER, WHEAT, SOYBEAN, SALT), SPIKES (PAPRIKA, GARLIC, BLACK PEPPER, CORIANDER, CHILI POWDER, ORGANO, CUMIN, CELANRO), SWEET SUGAR, SALT, LIME JUICE CONCENTRATE, SUGAR, SODIUM LACTATE, (AMMONIA OIL), CORN ASIAGO CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, POWDERED CELLULOSE), GREEN BELL PEPPER, RED BELL PEPPER, PEPITAS (PUMPKIN SEEDS), SUN-DRIED TOMATOES (TOMATOES, SALT, CITRIC ACID (USED FOR COLOR RETENTION AND AS A PRESERVATIVE), CELANRO), JALAPENO CAESAR DRESSING: WATER, MAYONNAISE DRESSING (WATER, EMPELLER PRESSOR (CAROLAN), FOOD STARCH-MODIFIED, DISTILLED VINEGAR, APPLE CIDER VINEGAR, SALT, SOY PROTEIN ISOLATE, NANNING GUA, LEMON JUICE CONCENTRATE, ONION POWDER, MIXED TEROPHTEROLS (NATURAL ANTI-OXIDANT), BOSTONARY EXTRACT, MUSTARD OIL, OLEORESIN PAPRIKA, OLEORESIN TURMERIC), ASIAGO CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, POWDERED CELLULOSE), JALAPENO PEPPER, CELANRO, LEMON JUICE CONCENTRATE (WATER, MUSTARD SEEDS, VINEGAR, SALT, ANTI-OXIDANT: CITRIC ACID), CARLIT, BOSCHER SALT.

CONTAINS WHEAT, SOY, MILK.
BEST & SOLD EXCLUSIVELY BY:
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SQU48729-BLACK

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fresh. real. now.

asian style chicken wrap

**NO PRESERVATIVES
NO ARTIFICIAL
FLAVORS OR
COLORS**

Tender grilled chicken breast, fresh veggies, seasonal greens & sweet red peppers rolled into a tomato tortilla with a side of zesty ginger and soy dressing.

ENJOY BY:

KEEP REFRIGERATED.

NET WT. 11.2 OZ (318g)



Nutrition Facts

Serving Size 1 Wrap (318g)
Servings Per Container 1

Amount Per Serving	Wrap Without Dressing	Wrap With Dressing
Calories	410	480
Calories from Fat	70	90
	% Daily Value**	
Total Fat 8g*	12%	15%
Saturated Fat 1g	5%	5%
Trans Fat 0g		
Cholesterol 35mg	12%	12%
Sodium 780mg	33%	38%
Total Carbohydrate 62g	21%	25%
Dietary Fiber 4g	16%	16%
Sugars 5g		
Protein 22g		
Vitamin A	110%	110%
Vitamin C	70%	70%
Calcium	6%	6%
Iron	20%	20%

*Amount in Walgreens Asian Style Chicken Wrap. Walgreens Asian Style Chicken Wrap w Dressing contributes an additional 70 Calories (20 Calories from Fat), 2 g Total Fat, 120 mg Sodium, 13 g Total Carbohydrate (11 g Sugars), 1 g Protein.
**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: TOMATO TORTILLA ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MALTED BARLEY FLOUR, WATER, TOMATO PASTE, CANOLA OIL, SEA SALT, WHEAT GLUTEN, ALUMINUM FREE LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE), ASCORBIC ACID, GRILLED CHICKEN BREAST, BONELESS CHICKEN BREAST WITH RED MEAT, WATER, CANOLA OIL, MODIFIED POTATO STARCH, SALT, SUGAR, LEMON JUICE CONCENTRATE, GRANULATED GARLIC, BLACK PEPPER, MIXED GREENS (ROMANE LETTUCE, GREEN CABBAGE, RED CABBAGE, SPRING MIX (TANZO), GREEN OAK, GREEN ROMANE, RED ROMANE, RED OAK, LOLLO ROSSO), GALACTIC, RED MUSTARD, MEDINA, FRESH, RADICCHIO, TATSOBI, RED BELL PEPPER, FRESH MARINATED ANJANA LUCIANA, RICE VINEGAR, WATER, CANE SUGAR, BROWN SUGAR, KOSHER SALT, FRESH MARINATED CARROTS (CARROTS, RICE VINEGAR, WATER, CANE SUGAR, BROWN SUGAR, FREE MAYONNAISE (WATER, EXPELLER PRESSED CANOLA OIL, CORN STARCH, DISTILLED VINEGAR, APPLE ODER VINEGAR, SALT, SOY PROTEIN ISOLATE, XANTHAN GUM, LEMON JUICE CONCENTRATE, ONION POWDER, NATURAL VITAMIN E, ROSEMARY EXTRACT, MUSTARD OIL, OLEOPRESIN PAPAYA, OLEOPRESIN TURMERIC, GINGER, ROOT, SOY SAUCE (WATER, SOYBEANS, WHEAT, SALT), CANE SUGAR. **CONTAINS SOY, WHEAT.**

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asian style chicken wrap

WIC 142585





NO ARTIFICIAL FLAVORS OR COLORS

white chicken club wrap

Tender grilled chicken breast with Swiss cheese, romaine lettuce, red bell peppers, bacon crumbles, and a sundried tomato cream cheese spread rolled into a spinach tortilla with a side of honey mustard dressing.

ENJOY BY:

KEEP REFRIGERATED.

NET WT. 9.9 OZ (280g)



Nutrition Facts

Serving Size 1 Wrap (280g)
Servings Per Container 1

Amount Per Serving	Wrap With Dressing*	Wrap Without Dressing
Calories	580	520
Calories from Fat	190	190
% Daily Value**		
Total Fat 21g*	32%	32%
Saturated Fat 8g	40%	40%
Trans Fat 0g		
Cholesterol 65mg	22%	22%
Sodium 1030mg	43%	41%
Total Carbohydrate 67g	22%	18%
Dietary Fiber 3g	12%	12%
Sugars 15g		
Protein 27g		
Vitamin A	70%	70%
Vitamin C	50%	50%
Calcium	20%	20%
Iron	25%	25%

*Amount in White Chicken Club Wrap w Dressing
**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: SPINACH TORTILLA, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CANOLA OIL, SPINACH, CULTURED WHEAT FLOUR, SEA SALT, ALUMINUM FREE LEAVENING (SODIUM ACID PHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE), MONOSODIUM GLUTAMATE, CITRIC ACID, XANTHAN GUM, GRILLED CHICKEN BREAST (BONELESS CHICKEN BREAST WITH NO MEAT, WATER, CANOLA OIL, MODIFIED POTATO STARCH, SALT, SUGAR, LEMON JUICE CONCENTRATE, GRANULATED GARLIC, BLACK PEPPER, ROMAINE LETTUCE, RED BELL PEPPER, SWISS CHEESE, CULTURED MILK, SALT, BACON CRUMBS, POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING, NATAMYON (NATURAL MOLD INHIBITOR), CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, STABILIZERS (CAROL BEAN AND/OR XANTHAN AND/OR GUAR GUMS), NONFAT PLAIN YOGURT (ORGANIC, CULTURED, PASTEURIZED NONFAT MILK, PECTIN, CULTURES INCLUDE L. ACIDOPHILUS, L. BULGARICUS, S. THERMOPHILUS, BIFIDUS), HONEY, BACON PICES CURED WITH WATER, SEA SALT, CANE SUGAR, NATURAL FLAVORS, MENDOCINO MUSTARD (SUGAR, BLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, NIACIN MONONITRATE, RIBOFLAVIN, FOLIC ACID, MUSTARD SEED), WINEGAR, SOY LECITHIN, OLIVE OIL, XANTHAN GUM, SALT, DRIED TOMATOES (TOMATOES, SULFUR DIOXIDE ADDED FOR COLOR RETENTION AND AS A PRESERVATIVE), LEMON JUICE, CANOLA OIL, BLACK PEPPER, KOSHER SALT.

CONTAINS: MILK, SOY, WHEAT.

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white chicken club wrap

WIC 284734





**greek brand
low-calorie
chicken wrap**



Grilled chicken breast with rib meat, fresh veggies, mixed greens, feta cheese, and kalamata olives rolled into a low calorie whole wheat tortilla with tzatziki sauce on the side.

ENJOY BY:

KEEP REFRIGERATED.

NET WT. 11.5 OZ (327g)



Nutrition Facts

Serving Size 1 Wrap (327g)
Servings Per Container 1

Amount Per Serving	Wrap With Dressing*	Wrap Without Dressing
Calories	340	310
Calories from Fat	120	100
	% Daily Value**	% Daily Value**
Total Fat 14g*	22%	17%
Saturated Fat 3.5g	18%	18%
Trans Fat 0g		
Cholesterol 40mg	13%	13%
Sodium 1140mg	48%	39%
Total Carbohydrate 40g	13%	13%
Dietary Fiber 8g	32%	32%
Sugars 4g		
Protein 23g		
Vitamin A	45%	45%
Vitamin C	70%	70%
Calcium	15%	15%
Iron	15%	15%

*Amount in Greek Brand Low-Calorie Chicken Wrap w Dressing
**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: WHOLE WHEAT TORTILLA (ENRICHED WHOLE WHEAT FLOUR (Niacin, Thiamine, Iron, Riboflavin, Folic Acid), Water, Salt, Sugar, Palm Shortening, Baking Powder, Calcium Propionate (A Preservative), Guar Gum, Fumaric Acid, Monoglycerides, Potassium Sorbate), BILLED CHICKEN BREAST (BONELESS CHICKEN BREAST WITH RIB MEAT, WATER, CANOLA OIL, MODIFIED POTATO STARCH, SALT, SUGAR, LEMON JUICE CONCENTRATE, GRANULATED GARLIC, BLACK PEPPER, SPRING MIX (PANSO, GREEN OAK, GREEN ROMAINE, RED ROMAINE, RED OAK, OLIO ROSSO, GALACTIC, TATSON, RED MUSTARD, MIZUNA, FRISSE, SAUCRON), CUCUMBER, GREEN BELL PEPPER, RED BELL PEPPER, CHOLESTEROL FREE MAYONNAISE (WATER, EGG YOLLS, DISTILLED VINEGAR, APPLE CANOLA OIL, FOOD STARCH-MODIFIED), DISTILLED VINEGAR, APPLE CIDER VINEGAR, SALT, SOY PROTEIN ISOLATE, XANTHAN GUM, LEMON JUICE CONCENTRATE, ONION POWDER, MIXED TOCOPHEROLS (NATURAL ANTIOXIDANT), ROSEMARY EXTRACT, MUSTARD OIL, OLEORESIN PAPRIKA, OLEORESIN TURMERIC, NONFAT PLAIN YOGURT (ORGANIC CULTURED PASTEURIZED NONFAT MILK, PECTIN, CULTURES INCLUDE L. ACIDOPHILUS, L. BULGARICUS, S. THERMOPHILUS, BIFIDUS), FETA CHEESE (PASTEURIZED MILK CHEESE CULTURES, SALT, ENZYMES), SLICED KALAMATA OLIVES (KALAMATA OLIVES, WATER, RED WINE VINEGAR, SALT, EXTRA VIRGIN OLIVE OIL), RED ONION, LEMON JUICE, KOSHER SALT, GARLIC, MINT, BLACK PEPPER.
CONTAINS: MILK, SOY, WHEAT.

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**greek brand low-calorie
chicken wrap**



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southwestern
chicken wrap

NO
PRESERVATIVES
NO ARTIFICIAL
FLAVORS OR
COLORS

Chili lime chicken breast, pepper jack cheese, bell peppers, sweet kernel corn, green onion & cilantro all wrapped in a chipotle tortilla with a side of chimichurri sauce.

ENJOY BY:

KEEP REFRIGERATED.

NET WT. 10.9 OZ (308g)



10284

Nutrition Facts

Serving Size 1 Wrap (308g)
Servings Per Container 1

Amount Per Serving	Wrap Without Dressing	Wrap With Dressing
Calories	440	630
Calories from Fat	110	290
	% Daily Value**	
Total Fat 13g*	20%	49%
Saturated Fat 3.5g	18%	25%
Trans Fat 0g		
Cholesterol 45mg	15%	15%
Sodium 790mg	33%	37%
Total Carbohydrate 57g	19%	20%
Dietary Fiber 5g	20%	20%
Sugars 5g		
Protein 25g		
Vitamin A	45%	50%
Vitamin C	60%	70%
Calcium	15%	15%
Iron	25%	30%

*Amount in Walgreens Southwestern Style Chicken Wrap. Walgreens Southwestern Style Chicken Wrap w Dressing contributes an additional 190 Calories (180 Calories from Fat), 19 g Total Fat (1.5 g Saturated Fat), 100 mg Sodium, 2 g Total Carbohydrate (2 g Sugars).
**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: YELLOW TORTILLA ENRICHED WHEAT FLOUR, INAZIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, WATER, CANOLA OIL, TURMERIC POWDER, CULTURED WHEAT FLOUR, SEA SALT, ALUMINUM FREE LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE), MONOSORBATES, CITRIC ACID, VANILIN, SALT, CHILI AND LIME CHICKEN STRIPS, BONELESS CHICKEN BREAST WITH RB MEAT, WATER, SOY SAUCE (WATER, WHEAT, SOYBEAN, SALT), SPICES (PAPRIKA, BLACK PEPPER, CHILI POWDER, CORIANDER, OREGANO, CUMIN, BROWN SUGAR, SALT, LIME JUICE CONCENTRATE, GARLIC, OLANTRIO, SUGAR, SODIUM LACTATE, CANOLA OIL SPRING MIX (TANCO), GREEN DAK, GREEN ROMAINE, RED ROMAINE, RED OAK, LOLLO ROSSO), GALACTIC, TATSU, RED MUSTARD, MIZUNA, FRISEE, RADICCHIO, SUPERSWEET CUT CORN, CANOLA OIL, RED BELL PEPPER, GREEN BELL PEPPER, MONTEREY JACK CHEESE WITH JALAPENO PEPPERS (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, JALAPENO AND RED PEPPERS. MAY CONTAIN ONE OR MORE OF THE FOLLOWING: POWDERED CELLULOSE, POTATO STARCH, CORN STARCH OR CALCIUM SULFATE ADDED TO PREVENT CAVING), GREEN ONION, WATER, OLANTRIO, WHITE WINE VINEGAR, PARSLEY, CAFE PEPPERS, WHITE PEPPER.
CONTAINS: MILK, SOY, WHEAT.

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southwestern chicken wrap
WIC 142584



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**uncured
applewood
smoked ham &
cheese wrap**

**NO
ARTIFICIAL
FLAVORS OR
COLORS**

Slices of uncured applewood smoked ham with cheddar cheese, romaine lettuce, tomato, and cucumber rolled into a flour tortilla with a side of Mendocino dressing.

ENJOY BY:

KEEP REFRIGERATED.

NET WT. 9.9 OZ (282g)



28421A

Nutrition Facts

Serving Size 1 Wrap (282g)
Servings Per Container 1

Amount Per Serving	Wrap	
	With Dressing*	Without Dressing
Calories	500	430
Calories from Fat	130	80
	% Daily Value**	
Total Fat 14g*	22%	14%
Saturated Fat 5g	25%	25%
Trans Fat 0g		
Cholesterol 45mg	15%	15%
Sodium 1300mg	54%	48%
Total Carbohydrate 67g	22%	21%
Dietary Fiber 3g	12%	12%
Sugars 8g		
Protein 24g		
Vitamin A	50%	50%
Vitamin C	8%	8%
Calcium	15%	15%
Iron	25%	25%

*Amount in Uncured Applewood Smoked Ham and Cheese Wrap w/ Dressing
**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: PLAIN FLOUR TORTILLA (WHEAT ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID), WATER, PALM SHORTENING, SALT, MONODIGLYCERIDES, ALUMINUM FREE LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE, VITAL WHEAT GLUTEN, FUMARIC ACID, RICE FLOUR), UNCURED APPLEWOOD SMOKED HAM (PORK, WATER, CANE SUGAR, SEA SALT, CONTAINS 2% OR LESS OF CELERY JUICE, LACTIC ACID STARTER CULTURE, FLAVORING, DEXTROSE, WHITE WINE VINEGAR), ROMAINE LETTUCE, CHOLESTEROL FREE MAYONNAISE (WATER, EXPELLER PRESSED CANOLA OIL, FOOD STARCH-MODIFIED, DISTILLED VINEGAR, APPLE CIDER VINEGAR, SALT, SOY PROTEIN ISOLATE, XANTHAN GUM, LEMON JUICE CONCENTRATE, ONION POWDER, MIXED TOCOPHEROLS (NATURAL ANTIOXIDANT), ROSEMARY EXTRACT, MUSTARD OIL, OLEORESIN PAPRIKA, OLEORESIN TURMERIC), TOMATOES, MEDIUM CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES, ANNATTO), CUCUMBER, MENDOCINO MUSTARD (SUGAR, BLEACHED WHEAT FLOUR, WHEAT FLOUR, Malted BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MUSTARD SEED, VINEGAR, SOY LECITHIN, OLIVE OIL, XANTHAN GUM.
CONTAINS: MILK, SOY, WHEAT.

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uncured applewood smoked
ham & cheese wrap

WIC 284732





grilled
chicken
caesar wrap

NO
PRESERVATIVES
NO ARTIFICIAL
FLAVORS OR
COLORS

Grilled chicken breast, crisp romaine & aged asiago cheese in a herb-infused tortilla with a side of low fat caesar dressing.

ENJOY BY:

KEEP REFRIGERATED.

NET WT. 10.5 OZ (299g)



Nutrition Facts
Serving Size 1 Wrap (299g)
Servings Per Container 1

Amount Per Serving	Wrap Without Dressing	Wrap With Dressing
Calories	480	550
Calories from Fat	140	200
	% Daily Value**	
Total Fat 16g*	25%	34%
Saturated Fat 5g	25%	35%
Trans Fat 0g		
Cholesterol 60mg	20%	23%
Sodium 890mg	37%	47%
Total Carbohydrate 56g	19%	19%
Dietary Fiber 3g	12%	12%
Sugars 2g		
Protein 26g		
Vitamin A	90%	90%
Vitamin C	10%	10%
Calcium	15%	25%
Iron	25%	25%

*Amount in Good and Delish Caesar Wrap, Good and Delish Caesar Wrap w Dressing contributes an additional 70 Calories (60 Calories from Fat, 10g Total Fat (2g Saturated Fat, 10mg Cholesterol, 250mg Sodium), 1g Total Carbohydrate (1g Sugar), 3g Protein.
**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

INGREDIENTS: FIESTA TORTILLA (ENRICHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CANOLA OIL, CULTURED WHEAT FLOUR, SEA SALT, RED BELL PEPPER, ALUMINUM FREE LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE), MONODIGLYCERIDES NON-GMO, CITRIC ACID, XANTHAN GUM, PARSLEY, GARLIC, JALAPENO, GRILLED CHICKEN BREAST (BONELESS CHICKEN BREAST WITH RIB MEAT, WATER, CANOLA OIL, MODIFIED POTATO STARCH, SALT, SUGAR, LEMON JUICE CONCENTRATE, GRANULATED GARLIC, BLACK PEPPER), ROMAINE LETTUCE, ASIAGO CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, POWDERED CELLULOSE), WATER, CHOLESTEROL FREE MAYONNAISE (WATER, EXPPELLER PRESSED CANOLA OIL, FOOD STARCH-MODIFIED, DISTILLED VINEGAR, APPLE CIDER VINEGAR, SALT, SOY PROTEIN ISOLATE, XANTHAN GUM, LEMON JUICE CONCENTRATE, ONION POWDER, MIXED TOCOPHEROLS (ANTIOXIDANT), ROSEMARY EXTRACT, MUSTARD OIL, OLEORESIN PAPRIKA, OLEORESIN TURMERIC), GREEN ONION, LEMON JUICE, DILION MUSTARD (WATER, MUSTARD SEEDS, VINEGAR, SALT, ANTIOXIDANT: CITRIC ACID), GARLIC, KOSHER SALT.
CONTAINS: MILK, SOY, WHEAT.

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grilled chicken caesar wrap

WIC 142583





California Grilled Chicken Salad

Low Fat Mendocino Mustard Dressing

PERISHABLE. KEEP REFRIGERATED
NET WT. 10.7 OZ (304 GR)



CALIFORNIA GRILLED CHICKEN SALAD

Serving Size salad with dressing: 10.7 oz./(304g)
Servings Per Container: 1

Amount Per Serving	California Grilled Chicken Salad	California Grilled Chicken Salad with Dressing
Calories	310	400
Calories from Fat	100	130
	% Daily Value**	
Total Fat 11g*	17%	23%
Saturated Fat 1g	5%	5%
Trans Fat 0g		
Cholesterol 30mg	10%	10%
Sodium 270mg	11%	19%
Total Carbohydrate 42g	14%	18%
Dietary Fiber 8g	32%	32%
Sugars 18g		
Protein 16g		
Vitamin A	170%	170%
Vitamin C	60%	70%
Calcium	6%	6%
Iron	10%	10%

*Amount in California Grilled Chicken Salad. California Grilled Chicken Salad with salad dressing contributes an additional 90 Calories (30 Calories from fat), 4g Total Fat, 190mg sodium, 13g Total Carbohydrate (12g sugars), 1g protein.
** Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower based on your calorie needs.

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We use premium chicken meat from chickens raised humanely on family farms without antibiotics, fed an all vegetarian diet and never treated with growth hormones.

INGREDIENTS: Mixed Greens (romaine lettuce, green cabbage, red cabbage, spring mix (tango, green oak, green romaine, red romaine, red oak, lollo rosso, galactic, red mustard, mizuna, Israeli frisee, radicchio, tatsoi)), Israeli Couscous (wheat flour, rosemary extract), Grilled Chicken Breast (chicken breast meat, water, salt, black pepper), Sweetened Dried Cranberries (cranberries, sugar, sunflower oil), Carrots, Jicama, Cholesterol Free Mayonnaise (water, expeller pressed canola oil, corn starch, distilled vinegar, apple cider vinegar, salt, soy protein isolate, xanthan gum, lemon juice concentrate, onion powder, natural vitamin E, rosemary extract, mustard oil, oleoresin paprika, oleoresin turmeric), Walnuts, Honey, Apple Cider Vinegar, Water, Orange Juice Concentrate, Mendocino Mustard (sugar, unbleached wheat flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), mustard seed, vinegar, soy lecithin, olive oil, xanthan gum), Kosher Salt, White Pepper.

CONTAINS: SOY, TREE NUTS, WHEAT.



A hearty wrap made with seasoned grilled chicken breast with rib meat highlighting the flavors of the Southwest. All wrapped up in a garden beet tortilla with fresh mixed greens, red onion, sweet corn, red bell pepper, and a rich chili lime dressing for dipping.



INGREDIENTS: Beet Tortilla (enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, canola oil, beet, cultured wheat flour, sea salt, aluminum free leavening (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), monodiglycerides non-GMO, citric acid, xanthan gum), Chili & Lime Chicken Breast (boneless chicken breast with rib meat, water, soy sauce (water, wheat, soybean, salt), spices (paprika, garlic, black pepper, coriander, chili powder, oregano, cumin, cilantro), brown sugar, salt, lime juice concentrate, sugar, sodium lactate, canola oil), Supersweet Cut Corn, Canola Oil, Spring Mix (tango, green oak, green romaine, red romaine, red oak, lolio rosso, galactic, tatsui, red mustard, mizuna, frisee, radicchio), Red Bell Pepper, Lime Juice, Red Onion, Cane Sugar, Jalapeno Peppers, Kosher Salt, White Pepper.

ALLERGENS: Soy, Wheat.

Made in California



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Southwestern Style Chicken Wrap Chili & Lime Dressing

Net Wt. 10.7 oz. (304g)

PERISHABLE • KEEP REFRIGERATED



Nutrition Facts

Serving Size Wrap with Dressing (304g)
Servings Per Container 1

Amount Per Serving	With Dressing	Without Dressing
Calories	730	410
Calories from Fat	370	70
	% Daily Value*	
Total Fat 41g*	83%	12%
Saturated Fat 3.5g	18%	5%
Trans Fat 0g		
Cholesterol 30mg	10%	10%
Sodium 860mg	38%	28%
Total Carbohydrates 63g	21%	19%
Dietary Fiber 5g	20%	20%
Sugars 10g		
Protein 21g		
Vitamin A	30%	30%
Vitamin C	50%	45%
Calcium	2%	2%
Iron	25%	25%
*Amount in Southwestern Style White Chicken Wrap with Dressing		
** Percent Daily Values are Based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Calories per gram:		
Fat 9 • Carbohydrate 4 • Protein 4		

MADE ON SHARED EQUIPMENT WITH MILK, EGG, PEANUT, TREE NUT, AND FISH. MADE IN A FACTORY THAT PROCESSES SHELLFISH.



Pan Pacific Chopped Chicken Salad

Ginger Soy Dressing

PERISHABLE. KEEP REFRIGERATED
NET WT. 9.2 OZ (263 GR)



PAN PACIFIC CHOPPED CHICKEN SALAD

Nutrition Facts

Serving Size salad with dressing: 9.2 oz./(263g)
Servings Per Container: 1

Amount Per Serving	Pan Pacific Chicken Chopped Salad	Pan Pacific Chicken Chopped Salad with Dressing
Calories	180	260
Calories from Fat	80	100
	% Daily Value**	
Total Fat 9g*	14%	17%
Saturated Fat 1g	5%	5%
Trans Fat 0g		
Cholesterol 30mg	10%	10%
Sodium 270mg	11%	17%
Total Carbohydrate 12g	4%	9%
Dietary Fiber 5g	20%	20%
Sugars 5g		
Protein 15g		
Vitamin A	190%	190%
Vitamin C	120%	120%
Calcium	8%	8%
Iron	10%	10%

*Amount in Pan Pacific Chopped Chicken Salad.
Pan Pacific Chopped Chicken Salad with salad dressing contributes an additional 80 Calories (20 Calories from Fat), 2g Total Fat, 140mg Sodium, 15g Total Carbohydrate (14g Sugars), 1g Protein.
** Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower based on your calorie needs.

We use premium chicken meat from chickens raised humanely on family farms without antibiotics, fed an all vegetarian diet and never treated with growth hormones.

INGREDIENTS:
Mixed Greens (romaine lettuce, green cabbage, red cabbage, spring mix (tango, green oak, green romaine, red romaine, red oak, lollo rosso, galactic, red mustard, mizuna, frisee, radicchio, tatsoi)), Grilled Chicken Breast (chicken breast meat, water, salt, black pepper), Red Bell Pepper, Snow Peas, Carrots, Rice Vinegar, Honey, Almonds, Cholesterol Free Mayonnaise (water, expeller pressed canola oil, corn starch, distilled vinegar, apple cider vinegar, salt, soy protein isolate, xanthan gum, lemon juice concentrate, onion powder, natural vitamin E, rosemary extract, mustard oil, oleoresin paprika, oleoresin turmeric), Ginger Root, Soy Sauce (water, soybeans, wheat, salt), Cane Sugar.

CONTAINS: SOY, TREE NUTS, WHEAT.



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Nutrition Facts

Serving Size 1 Wrap with dressing (295g)
Servings Per Container 1

Amount Per Serving	With Dressing*	Without Dressing
Calories	570	390
Calories from Fat	240	70
	%DV**	
Total Fat 27g*	42%	12%
Saturated Fat 2.5g	13%	5%
Trans Fat 0g		
Cholesterol 20mg	7%	7%
Sodium 690mg	29%	25%
Total Carbohydrate 62g	21%	20%
Dietary Fiber 5g	20%	20%
Sugars 9g		
Protein 18g		
Vitamin A	70%	60%
Vitamin C	80%	70%
Calcium	4%	4%
Iron	30%	25%

*Amount in Southwestern Style White Chicken Wrap with Dressing
**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



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Fine Foods

**Southwestern Style
White Chicken Wrap
with Chimichurri Sauce**



Perishable. Keep Refrigerated

Net Wt. 10.4 oz (295g)

Fiesta Tortilla (enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, canola oil, cultured wheat flour, sea salt, red bell pepper, aluminum free leavening (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), monodiglycerides, citric acid, xanthan gum, parsley, garlic, jalapeno), Chili and Lime Chicken Breast (boneless chicken breast with rib meat, water, soy sauce (water, wheat, soybean, salt), spices (paprika, garlic, black pepper, coriander, chili powder, oregano, cumin, cilantro), brown sugar, salt, lime juice concentrate, sugar, sodium lactate, canola oil), Mixed Greens (romaine lettuce, green cabbage, red cabbage, spring mix (tango, green oak, green romaine, red romaine, red oak, lollo rosso, galactic, red mustard, mizuna, frisee, radicchio, tatsoi), Supersweet Cut Corn, Canola Oil, Red Bell Pepper, Red Onion, Water, White Wine Vinegar, Parsley, Cilantro, Cane Sugar, Garlic, Kosher Salt, Oregano, Red Pepper (crushed chili peppers), White Pepper.

Contains Soy, Wheat.



Distributed by Atherstone Foods
Richmond, CA 94804

Nutrition Facts

Serving Size 1 Wrap with dressing (299g)
Servings Per Container 1

Amount Per Serving	With Dressing*	Without Dressing
Calories	420	380
Calories from Fat	70	70
Total Fat 8g*	12%	12%
Saturated Fat 1g	5%	5%
Trans Fat 0g		
Cholesterol 25mg	8%	8%
Sodium 610mg	25%	25%
Total Carbohydrate 87g	22%	19%
Dietary Fiber 5g	20%	20%
Sugars 15g		
Protein 17g		
Vitamin A	110%	110%
Vitamin C	80%	70%
Calcium	6%	6%
Iron	25%	25%

*Amount in Asian Style White Chicken Wrap with Dressing.

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



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Fine Foods

Asian Style White Chicken Wrap with Mango Vinaigrette



Tomato Tortilla (enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, canola oil, tomato powder, cultured wheat flour, sea salt, aluminum free leavening (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), mono-diglycerides, citric acid, xanthan gum), Grilled Chicken Breast (boneless chicken breast with rib meat, water, canola oil, modified potato starch, salt, sugar, lemon juice concentrate, granulated garlic, black pepper), Mixed Greens (romaine lettuce, green cabbage, red cabbage, spring mix, mango, green oak, green romaine, red romaine, red oak, lollo rosso, galactic, red mustard, mizuna, frisee, radicchio, tatsoi), Red Bell Pepper, Fresh Marinated Jicama (jicama, rice vinegar, water, cane sugar, brown sugar, kosher salt), Fresh Marinated Carrots (carrots, rice vinegar, water, cane sugar, brown sugar, kosher salt), Water, Mango, Green Onion, Cane Sugar, White Wine Vinegar, Garlic, White Distilled Vinegar, Red Pepper (crushed chili peppers), Jalapeno Peppers, Kosher Salt, Sesame Oil.

Contains Wheat.

Perishable. Keep Refrigerated

Net Wt. 10.5 oz (299g)

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Richmond, CA 94804



Nutrition Facts

Serving Size 1 Wrap with dressing (281g)
Servings Per Container 1

Amount Per Serving	With Dressing*	Without Dressing
Calories	520	450
Calories from Fat	190	140
	<small>%DV**</small>	
Total Fat 21g*	32%	23%
Saturated Fat 7g	35%	28%
Trans Fat 0g		
Cholesterol 60mg	20%	17%
Sodium 1060mg	44%	34%
Total Carbohydrate 55g	18%	18%
Dietary Fiber 3g	12%	12%
Sugars 3g		
Protein 28g		
Vitamin A	90%	90%
Vitamin C	25%	25%
Calcium	25%	15%
Iron	25%	25%

*Amount in Grilled White Chicken Caesar Wrap with Dressing

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



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Fine Foods

Grilled White Chicken Caesar Wrap with Caesar Dressing

Fiesta Tortilla (enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, canola oil, cultured wheat flour, sea salt, red bell pepper, aluminum free leavening (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), monodiglycerides, citric acid, xanthan gum, parsley, garlic, jalapeno), Grilled Chicken Breast (boneless chicken breast with rib meat, water, canola oil, modified potato starch, salt, sugar, lemon juice concentrate, granulated garlic, black pepper), Romaine Lettuce, Asiago Cheese (pasteurized milk, cheese cultures, salt, enzymes, powdered cellulose), Water, Cholesterol Free Mayonnaise (water, expeller pressed canola oil, food starch-modified, distilled vinegar, apple cider vinegar, salt, soy protein isolate, xanthan gum, lemon juice concentrate, onion powder, mixed tocopherols (antioxidant), rosemary extract, mustard oil, oleoresin paprika, oleoresin turmeric), Green Onion, Lemon Juice, Dijon Mustard (water, mustard seeds, vinegar, salt, antioxidant citric acid), Garlic, Kosher Salt.

Contains Milk, Soy, Wheat.



Perishable. Keep Refrigerated

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Net Wt. 9.9 oz (281g)

