



**GOOD
FOODS™**

GLUTEN FREE
READY TO EAT
FULLY COOKED



CURRY CHICKEN SALAD

MADE WITH WHITE MEAT CHICKEN

P656000

✓ CHICKEN RAISED WITHOUT ANTIBIOTICS



SERVING
SUGGESTION

200 | **12g**
CALORIES | PROTEIN
PER SERVING



ARTICHOKE & JALAPENO DIP

INGREDIENTS: NEUFCHATEL CHEESE (PASTEURIZED MILK AND CREAM, SALT, CHEESE CULTURES, STABILIZER), ARTICHOKE HEARTS, MONTEREY JACK CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), rBST-FREE LOW-FAT GREEK YOGURT (PASTEURIZED GRADE A SKIM MILK, CREAM, MILK PROTEIN CONCENTRATE, PECTIN, ENZYMES, ACTIVE YOGURT CULTURES), MAYONNAISE (CANOLA OIL, EGG YOLKS, LEMON JUICE, WHITE WINE VINEGAR, WATER, MUSTARD POWDER), JALAPENO PEPPERS (JALAPENOS PEPPERS, WATER, DISTILLED VINEGAR, SALT, GARLIC POWDER, CALCIUM CHLORIDE), ONIONS, GARLIC, XANTHAN GUM, DILL.
CONTAINS: EGGS, MILK

Please enjoy within 5-7 days after opening.
*GLUTEN FREE
*NO ARTIFICIAL COLORS or FLAVORS

ENJOY HOT OR COLD
When heating, put in a microwave or oven safe dish.

GOODFOODS GROUP
Pleasant Prairie, WI 53158
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WITH rBST-FREE* GREEK YOGURT
NET WT 33 OZ (935g) • KEEP REFRIGERATED



80 CALORIES | **7g** FAT
PER SERVING

Nutrition Facts

Serving Size 2 Tbsp (37g)
Servings Per Container about 25

Amount Per Serving
Calories 80 Calories from fat 60

% Daily Value*

Total Fat 7g 11%

Saturated Fat 2.5g 13%

Trans Fat 0g

Cholesterol 15mg 5%

Sodium 140mg 6%

Total Carbohydrate 2g 1%

Dietary Fiber 0g 0%

Sugars 1g

Protein 3g

Vitamin A 2% • Vitamin C 0%

Calcium 8% • Iron 0%

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Sat Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Protein 50g 65g