B·E·K·O

Distributed by:
Ben E. Keith Foods
Fort Worth, Texas 76101

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST.1515A

FULLY COOKED
COUNTRY FRIED
BEEF FINGERS
510225 160 / 1 oz

INGREDIENTS: Ground Beef (Not More Than 30% Fat), Water, Textured Vegetable Protein (Soy Flour, Caramel Color), Natural Flavor, Hydrolyzed Soy Protein, Grill Flavor (maltodextrin, flavor, modified food starch and corn syrup solids), Salt. Battered with: Water, Whole Wheat Flour, Enriched Bleached Wheat Flour (enriched with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Salt, Leavening (monocalcium phosphate, sodium bicarbonate), Buttermilk Powder, Spice. Breaded with: Whole Wheat Flour, Enriched Wheat Flour (enriched with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Salt, Palm Oil, Dextrose, Leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), Whey, Spice, Garlic Powder, Spice Extractive, Sugar, Torula Yeast.

ALLERGEN INFORMATION: CONTAINS SOY, WHEAT, MILK

CN
Four 1.00 oz. Fully Cooked Beef Fingers Provides 2.00 oz. 093390
CN Equivalent Meat/Meat Alternate and 1.25 oz. equivalent grains for CN
Child Nutrition Meal Pattern Requirements. (Use of This Logo and
Statement Authorized by The Food and Nutrition Service, USDA 02-16.)
CN

Net Wt. 10 LBS. (4.5 KG.)

000 46045 03271 2

KEEP FROZEN
0°F or BELOW

Nutrition Facts

Serving Size 1 ounce (28g)
Servings Per Container 160

Amount Per Serving	
Calories 70	Calories from Fat 35
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 170mg	7%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 5g	

Vitamin A 0% • Vitamin C 0%
Calcium 2% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

FULLY COOKED 0.33 OZ.

MEATBALLS

Beef, Breadcrumbs (Wheat Flour Whole Wheat Flour, Whey, Sugar, Salt, Romano Cheese (Part Skim Cow's Milk, Cheese Culture, Salt, Enzymes), Soybean Oil (as a processing aid), Yeast, Spice, Garlic Powder, Onion Powder, Dehydrated Parsley, Paprika), Whole Eggs, Water, Pecorino Romano Cheese (Pasteurized Sheep's Milk, Cheese Cultures, Salt Enzymes), Salt, Granulated Garlic, Black Pepper Oregano, Parsley.

ALLERGEN INFORMATION: CONTAINS WHEAT, SOY, EGG, MILK

131754

KEEP FROZEN
72355

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST.1515A

0 00 88374 13175 9

Net Wt. 28 lbs.

FULLY COOKED 1.0 oz

MEATBALLS

INGREDIENTS: Beef, Breadcrumbs (Wheat Flour Whole Wheat Flour, Whey, Sugar, Salt, Romano Cheese (Part Skim Cow's Milk, Cheese Culture, Salt, Enzymes), Soybean Oil (as a processing aid), Yeast, Spice, Garlic Powder, Onion Powder, Dehydrated Parsley, Paprika), Whole Eggs, Water, Pecorino Romano Cheese (Pasteurized Sheep's Milk, Cheese Cultures, Salt Enzymes), Salt, Granulated Garlic, Black Pepper Oregano, Parsley.

ALLERGEN INFORMATION: CONTAINS WHEAT, SOY, EGG, MILK

131710

KEEP FROZEN
72354

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST.1515A

0 00 88374 13171 1

Net Wt. 28 lbs.

FULLY COOKED 2.5 oz.

SOUTHERN FRIED
BEEF STEAK FRITTER FOR CHICKEN FRIED STEAK

Meat Ingredients: Beef, Salt, Sodium Phosphate. BATTERED WITH: Water, Enriched Bleached Wheat Flour (Enriched with Niacin, Ferrous Sulfate, Thiamine Monitrate, Riboflavin, Folic Acid), Modified Corn Starch, Yellow Corn Flour, Leavening (Monocalcium Phosphate, Sodium, Bicarbonate), Dried Whey, Salt, Garlic Powder, Spice Extractives, Spices. BREADED WITH: Enriched Bleached Wheat Flour (enriched with niacin, reduced iron, thiamine mononitrate,riboflavin, folic acid), Salt, Dextrose, Spice, Leavening (sodium acid pyrophosphate, sodium bicarbonate).

ALLERGEN INFORMATION: CONTAINS WHEAT, MILK

36125

KEEP FROZEN
72559

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST.1515A

0 00 88374 36125 5

Net Wt. 15 lbs.

FULLY COOKED

3.00 OZ

CHICKEN FRIED BEEF FRITTERS

PATTIE INGREDIENTS: Beef, Water, Textured Soy Flour, Soy Protein Concentrate,Seasoning (Salt, Sugar, Garlic Powder, Onion Powder, Spices, Spice Extractives, Paprika, Soybean Oil, Disodium Inosinate and Guanylate), Hydrolyzed Soy Protein, Salt. Battered With: Water, Enriched Bleached Wheat Flour (Enriched with Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Leavening (Monocalcium Phosphate, Sodium Bicarbonate), Buttermilk Powder (Sweet Cream, Whey Cream), Spice. Breaded With: Enriched Bleached Wheat Flour (Enriched With Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Partially Hydrogenated Soybean Oil, Dextrose, Nonfat Dried Milk, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Dried Whey, Spice, Mono and Diglycerides, Sugar, Torula Yeast, Spice Extractives.

ALLERGEN INFORMATION: CONTAINS SOY, MILK , WHEAT

2130

KEEP FROZEN

72564

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST.1515A

0 00 88374 02130 2

Net Wt. 15 lbs.

FULLY COOKED

4.00 OZ

SOUTHERN FRIED BEEF STEAK FRITTER

PATTIE INGREDIENTS: Beef, Water, Textured Vegetable Protein (soy flour, caramel color), Soy Protein Concentrate,Seasoning (Salt, Sugar, Garlic Powder, Onion Powder, Spices, Spice Extractives, Paprika, Soybean Oil, Disodium Inosinate and Guanylate), Hydrolyzed Soy Protein, Salt. Battered With: Water, Enriched Bleached Wheat Flour (enriched with niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), modified corn starch, yellow corn flour, leavening, monocalcium phosphate, sodium bicarbonate,dried whey, salt, garlic powder, spice extractives, spices. Breaded With: Bleached Wheat Flour.

KEEP FROZEN

72568

CONTAINS SOY, WHEAT, MILK

2048

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST.1515A

0 00 88374 02048 0

Net Wt. 15 lbs.

FULLY COOKED

1.00 OZ

COUNTRY FRIED BREADED BEEF FINGERS

INGREDIENTS: Ground Beef (Not More Than 30% Fat), Water, Textured Vegetable Protein (Soy Flour, Caramel Color), Natural Flavor, Hydrolyzed Soy Protein, Grill Flavor (maltodextrin, flavor, modified food starch and corn syrup solids), Salt. Battered with: Water, Whole Wheat Flour, Enriched Bleached Wheat Flour (enriched with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Salt, Leavening (monocalcium phosphate, sodium bicarbonate), Buttermilk Powder, Spice. Breaded with: Whole Wheat Flour, Enriched Wheat Flour (enriched with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Salt, Palm Oil, Dextrose, Leavening (sodium acid pyrophosphate), Whey, Spice, Garlic Powder, Spice Extractive, Sugar, Torula Yeast.

ALLERGEN INFORMATION: CONTAINS SOY, WHEAT & MILK

CN21110

CN

CN 093389 CN

Four 1.00 oz. Fully Cooked Beef Fingers Provides 2.00 oz. Equivalent Meat/Meat Alternate and 1.25 ounces equivalent grains for the Child Nutrition Meal Pattern Requirements. (Use of This Logo and Statement Authorized by The Food and Nutrition Service, USDA 02-16.)

CN

KEEP FROZEN

72208

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST.1515A

0 00 88374 10409 8

510409 Net Wt. 15 lbs.

Fully Cooked

Southern Style Breaded Beef Steakettes

PRODUCT OF U.S.A. / NOT FOR RETAIL SALE

Ingredients: Beef, Salt, Sodium Phosphate. Breading: Bleached Enriched Flour, Salt, Dextrose, Spices, Baking Powder. Batter: Water, Bleached Enriched Flour, Modified Cornstarch, Yellow Corn Flour, Baking Powder, Dried Whey, Salt, Garlic Powder, Spice Extracts, Spices. Fried in Soybean Oil.

ALLERGEN INFORMATION: CONTAINS SOY, WHEAT & MILK

KEEP FROZEN

74917

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST.1515A

1 00 88374 74917 3

King's Command Foods, Inc
Kent WA 98032

NET 10 lb 4.5 kg

FULLY COOKED

4.0 oz.

SOUTHERN FRIED BEEF STEAK FRITTER FOR CHICKEN FRIED STEAK

Meat Ingredients: Beef, Salt, Sodium Phosphate. BATTERED WITH: Water, Enriched Bleached Wheat Flour (Enriched with Niacin, Ferrous Sulfate, Thiamine Monitrate, Riboflavin, Folic Acid), Modified Corn Starch, Yellow Corn Flour, Leavening (Monocalcium Phosphate, Sodium, Bicarbonate), Dried Whey, Salt, Garlic Powder, Spice Extractives, Spices. BREADED WITH: Enriched Bleached Wheat Flour (enriched with niacin, reduced iron, thiamine mononitrate,riboflavin, folic acid), Salt, Dextrose, Spice, Leavening (sodium acid pyrophosphate, sodium bicarbonate).

ALLERGEN INFORMATION: CONTAINS WHEAT, MILK

36140

KEEP FROZEN

72206

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST.1515A

0 00 88374 36144 6

Net Wt. 10 lbs.