

RAISED WITHOUT
Antibiotics*



GRILLED MEDITERRANEAN STYLE

CHICKEN SKEWERS

HAND-MADE WITH CHICKEN BREAST

Product of Canada

24g OF PROTEIN
PER SERVING

ALL VEGETARIAN FED*

NO ADDED GROWTH HORMONES**

GLUTEN & PRESERVATIVE FREE

MADE WITH OLIVE OIL



FULLY COOKED

*Chicken raised without antibiotics and vegetarian fed.
** Federal regulations prohibit the use of hormones.



KEEP REFRIGERATED
NET WT 21OZ
(1.31LBS) 600g



Artisanal & Authentic!

Our **hand-made** chicken skewers are artisanally prepared with tender chunks of chicken breast, **raised without antibiotics**, and grilled to perfection.

Heating Instructions (from refrigerated)

Reheat to an internal temperature of 160°F (71°C).

Oven (Recommended) Preheat oven to 400°F (200°C). Place flame grilled skewers on an oven safe tray and heat for 10-12 minutes. Turn skewers over once halfway.

Grill / BBQ Preheat to medium heat. Heat flame grilled skewers for 6-8 minutes directly on grill. Turn skewers over once halfway.

Microwave Place flame grilled skewers on a microwave safe surface. Heat on high for 2 minutes. Turn skewers over once halfway. NOTE: Microwaves may vary; adjust re-heat time to individual microwave.

Nutrition Facts

Serving Size 2 skewers (100g)

Servings per container 6

Amount Per Serving

Calories 150 Calories from Fat 35

% Daily Value*

Total Fat 4g **6%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 60mg **20%**

Sodium 630mg **26%**

Total Carbohydrate 3g **1%**

Dietary Fiber 0g **0%**

Sugars 1g

Protein 24g

Vitamin A 0% • Vitamin C 4%

Calcium 2% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: CHICKEN BREAST, WATER, POTATO STARCH, OLIVE OIL, VINEGAR, SALT, LEMON JUICE, DEXTROSE, DEHYDRATED GARLIC, SPICE, DEHYDRATED ONION, NATURAL FLAVOR.



SUITABLE FOR HOME FREEZING

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Every Day Fare.

Perfect for a snack or as part of a meal, at home or on the go!

Heating Instructions (from refrigerated)

Reheat to an internal temperature of 160°F (71°C).

Oven (recommended): Preheat oven to 420°F (205°C). Place grilled skewers on an oven safe tray and heat for 10-12 minutes. Turn skewers over once halfway.

Grill/BBQ: Preheat to medium heat. Heat grilled skewers for 5-6 minutes directly on grill. Turn skewers over once halfway.

Microwave: Place grilled skewers on a microwave safe surface. Heat on high for 3 minutes. Turn skewers over once halfway. NOTE: Microwaves may vary; adjust re-heat time to individual microwave.

Nutrition Facts

Serving Size 2 Skewers (30g)
Serving Per Container 1

Calories 150

Fat Cal. 35

Total Fat 4g

Sat. Fat 0g

Trans Fat 0g

Cholesterol 60mg

Sodium 630mg

Amount/erving %DV*

Total Fat 4g 8%

Sat. Fat 0g 0%

Trans Fat 0g 0%

Cholest. 60mg 20%

Sodium 630mg 26%

Total Carbs 5g 1%

Fiber 0g 0%

Sugars 1g

Protein 25g 46%

Vitamin A 0% • Vitamin C 2% • Calcium 2% • Iron 4%

INGREDIENTS: CHICKEN BREAST, WATER, POTATO STARCH, CANOLA OIL, VINEGAR, SALT, LEMON JUICE, DEXTROSE, DEHYDRATED GARLIC, SPICE, DEHYDRATED ONION, FLAVOR.



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GRILLED
Garlic & Herb

CHICKEN SKEWERS

Product of Canada

Simple
Ingredients



10 PACK



FULLY
COOKED

MADE WITH
CHICKEN BREAST
ONLY

KEEP
REFRIGERATED

NET WT 17.5 OZ
(1.09 LB) 500 g

