

LOWES  
foods™  
*good for you*



- ready to cook
- good source of iron

# beef ravioli

square shaped



NET WT 25 OZ (1 LB 9 OZ) 709 g

ENLARGED TO SHOW  
PRODUCT DETAILS  
KEEP FROZEN

LOWES  
foods™  
*good for you*

**beef ravioli**  
square shaped

LOWES  
foods™  
good for you

# beef ravioli

square shaped  
Homemade goodness  
in every bite.

Easy to prepare with  
homemade taste.

Authentic Italian recipe.

**COOKING INSTRUCTIONS:**

**Stove Top**

1. Bring 4 quarts of water for every pound of pasta to a rolling boil.
2. Add frozen pasta to the boiling water; once the water and pasta return to a rolling boil, reduce the heat to low simmer, and stir gently with a wooden spoon.
3. Cook for approximately 3-5 minutes, or until pasta floats, or to desired tenderness.
4. Drain pasta and serve with your favorite Lowes Foods® sauce.

REV. 07/12



## Nutrition Facts

Serving Size 10 pieces, (136g)  
Servings Per Container About 5

Amount Per Serving	
Calories 290 Calories from Fat 90	
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 2g	9%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 2g	
Cholesterol 25mg	9%
Sodium 720mg	30%
Potassium 210mg	6%
Total Carbohydrate 47g	16%
Dietary Fiber 3g	11%
Sugars 2g	
<b>Protein 13g</b>	

Vitamin A 2% • Vitamin C 0%  
Calcium 2% • Iron 20%

\*Percent Daily Values are based on a diet of 2,000 calories a day. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000 2,500	
Total Fat	Less than 65g	80g
Sat Fat	Less than 25g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: DOUGH MIXTURE: ENRICHED SEMOLINA FLOUR (SEMOLINA FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PASTEURIZED EGGS, BETA-CAROTENE. FILLING: BEEF, WATER, BREADCRUMBS (ENRICHED BLEACHED WHEAT FLOUR (NACH), FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEXTROSE, CONTAINS 1% OR LESS OF: YEAST, PARTIALLY HYDROGENATED OIL (SOYBEAN ANIGOR COTTONSEED), SALT, YEAST EXTRACT, TEXTURED SOY PROTEIN CONCENTRATE (WITH ADDED CARAMEL COLOR), SALT, NATURAL FLAVORING, CARAMEL COLOR, SPICES. CONTAINS WHEAT, EGGS, SOY.

DISTRIBUTED BY: LOWE'S FOOD STORES, INC.  
P.O. BOX 24709, WIRSTON-SALEM, NC 27114-4909  
1-800-311-2117 • www.lowe'sfoods.com



LOWE'S FOODS  
QUALITY GUARANTEE

We buy only the very best for our family and yours. So if there was fully satisfied with this product, we'll replace it AND give you a full refund. That's the Lowes Foods 200% quality guarantee.

# BEEF RAVIOLI

made with only the finest ingredients

READY TO COOK

COOKS IN  
3 TO 5 MINUTES



KEEP FROZEN  
ENLARGED TO  
SHOW DETAIL  
SERVING  
SUGGESTION



NET WT 22 OZ (1 LB 6 OZ) 624 g

PER 3/4 CUP

**290**  
CALORIES

**2g**  
SAT FAT  
9% DV

**720mg**  
SODIUM  
30% DV

**2g**  
SUGARS

**TOPS**

BEEF RAVIOLI

## Nutrition Facts

Serving Size 3/4 cup (136g)  
Servings about 4.5  
Calories 290  
Calories from Fat 50

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*
<b>Total Fat</b> 5g	<b>8%</b>	<b>Total Carbohydrate</b> 47g	<b>16%</b>
Saturated Fat 2g	9%	Dietary Fiber 3g	11%
Trans Fat 0g		Sugars 2g	
<b>Cholesterol</b> 25mg	<b>9%</b>	<b>Protein</b> 13g	
<b>Sodium</b> 720mg	<b>30%</b>		
Vitamin A 2% • Vitamin C 0%		Calcium 2% • Iron 20%	

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:  
Calories: 2,000 2,500

Total Fat	Less than 65g	80g
Sat Fat	Less than 25g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

DISTRIBUTED BY TOPS MARKETS, LLC  
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"We take pride in the quality of our products. If you're not 100% satisfied, we will replace or refund it. That's our promise, that's my promise."

*John Coni*



**INGREDIENTS:** DOUGH MIXTURE: ENRICHED SEMOLINA FLOUR (SEMOLINA FLOUR (NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID)), WATER, PASTEURIZED EGGS, BETA CAROTENE. FILLING MIXTURE: BEEF, WATER, BREAD CRUMBS (ENRICHED BLEACHED WHEAT FLOUR (NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID)), DEXTROSE, CONTAINS 2% OR LESS OF: YEAST, PARTIALLY HYDROGENATED OIL (SOYBEAN AND/OR COTTONSEED), SALT, YEAST EXTRACT, TEXTURED SOY PROTEIN CONCENTRATE (WITH ADDED CARAMEL COLOR), SALT, NATURAL FLAVORING, CARAMEL COLOR, SPICES.

CONTAINS: WHEAT, MILK, EGGS, SOY

VER022015







**KEEP FROZEN**

**SEV MINI HEX BEEF RAVIOLI**  
**PAR-COOKED**



**INGREDIENTS:** Enriched Semolina Flour (Semolina Flour [Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid]), Water, Beef, Bread Crumbs (Wheat Flour, Dextrose, Salt, Yeast, Soybean Oil), Cracker Meal (Enriched Wheat Flour [Enriched With Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid] Soybean Oil, Salt), Yeast Extract, Textured Soy Protein Concentrate (with added Caramel Color), Salt, Onion, Caramel Color, Spices.  
**CONTAINS: WHEAT, SOY**

**FOR FOOD SAFETY, FOLLOW HEATING INSTRUCTIONS. NOTE: HEATING EQUIPMENT MAY VARY AND HEAT TIME MAY REQUIRE ADJUSTING.**

**HEATING INSTRUCTIONS:** Bring 4 qts. of lightly salted water to a boil. Add frozen ravioli to boiling water, reduce heat to low simmer, stir gently. Heat uncovered for approximately 2-4 minutes, until ravioli float or to desired tenderness. Heat until reaching a minimum internal temperature of 165°F for at least 15 seconds. Drain well and serve.

**ITEM # 199920**



**NET WT 20 LBS.**

0 74847 19992 0

**MANUFACTURED BY:**  
**SEVIROLI FOODS.**  
601 Brook Street  
Garden City, N.Y. 11530

## Nutrition Facts

Serving Size 10 pieces (136g)  
Servings Per Container: About 4

Amount Per Serving		Calories from Fat 50	
		% Daily Value*	
<b>Total Fat</b>	5g		<b>8%</b>
Saturated Fat	2g		<b>9%</b>
Trans Fat	0g		
<b>Cholesterol</b>	25mg		<b>9%</b>
<b>Sodium</b>	720mg		<b>30%</b>
<b>Total Carbohydrate</b>	47g		<b>16%</b>
Dietary Fiber	3g		<b>11%</b>
Sugars	2g		
<b>Protein</b>	13g		

Vitamin A 2% • Vitamin C 0%

Calcium 2% • Iron 20%

\*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrates 4 • Protein 4

REV 01/13 1996-69

Questions and  
Comments  
[vsitalianfoods.com](http://vsitalianfoods.com)

### Try our other fine V's products:

- \* Spaghetti Sauce
- \* Alfredo Sauce
- \* Gnocchi
- \* Stuffed Shells
- \* Tortellini Pre-Cooked
- \* Meatballs
- \* Toasted Ravioli
- \* Ravioli Pre-Cooked
- \* Manicotti



### INGREDIENTS:

Dough Mixture: Enriched Semolina Flour (Semolina Flour (Niacin, Ferrrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid)), Water, Pasteurized Eggs, Beta Carotene.  
Filling: Beef, Water, Breadcrumbs ((Enriched Bleached Wheat Flour (Niacin, Ferrrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid)), Dextrose, Contains 2% or less of: Yeast, Partially Hydrogenated Oil [Soybean and/or Cottonseed], Salt), Yeast Extract, Textured Soy Protein Concentrate (with added Caramel Color), Salt, Natural Flavoring, Caramel Color, Spices.  
**CONTAINS: WHEAT, EGGS, SOY.**



Prepared for V's Pasta Parlor, Inc. Blue Springs, MO 64015

**FOR FOOD SAFETY, FOLLOW COOKING INSTRUCTIONS.  
NOTE: COOKING EQUIPMENT MAY VARY AND COOK TIME MAY REQUIRE ADJUSTING.**

### COOKING INSTRUCTIONS:

Bring 4 qts. of water to boil. Add frozen ravioli to boiling water, reduce heat to low simmer, stir gently. Cook uncovered for approximately 3-5 minutes until ravioli float or to desired tenderness. Cook until reaching a minimum internal temperature of 160°F for at least 15 seconds. Drain well and serve with your favorite V's sauce.

### MICROWAVE INSTRUCTIONS:

**MICROWAVE OVENS VARY, HEATING TIME MAY REQUIRE ADJUSTMENT.**

1. Stir 5 FROZEN RAVIOLI, 1/3 cup water and 1/2 cup V's sauce together in a microwave-safe dish.
2. Place Ravioli dome side-up-Lay Flat-Do not overlap Ravioli. Cover thoroughly with V's sauce.
3. Cover and heat on high for 6-8 minutes, stirring halfway through heating.
4. Let stand for 3 minutes before serving.
5. **CAUTION: CAREFULLY REMOVE COVER TO AVOID STEAM BURNS!**  
**ALWAYS HEAT PRODUCT TO INTERNAL TEMPERATURE OF 160°F.**



PRODUCT OF USA





*Kansas City Famous since 1963*

READY IN 3-5 MINUTES

**NEW &  
IMPROVED**



PRE-COOKED SQUARE  
**BEEF RAVIOLI**

NET WT. 20oz (1.25lb. • 567g)

**KEEP FROZEN**



