

2

GROUND BEEF
7/27

PRODUCT OF USA

Nutrition Facts	Amount/serving		% DV*	
Serv. Size 4oz (112g)	Total Fat 31g	47%	Total Carb. 0g	0%
Servings Per Container Varied	Sat. Fat 13g	63%	Fiber 0g	0%
Calories 250	Cholest. 110mg	36%	Sugars 0g	
Fat Cal. 270	Sodium 70mg	3%	Protein 18g	

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 10%

KEEP REFRIGERATED
American Fresh Foods, Ft. Worth, TX 76102

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GROUND BEEF
CHUCK
80/20

PRODUCT OF USA

Nutrition Facts	Amount/serving		% DV*	
Serv. Size 4 oz (112g)	Total Fat 23g	35%	Total Carb. 0g	0%
Servings Per Container Varied	Sat. Fat 9g	46%	Fiber 0g	0%
Calories 290	Cholest. 80mg	27%	Sugars 0g	
Fat Cal. 200	Sodium 70mg	3%	Protein 20g	

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 15%

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GROUND BEEF
SIRLOIN
90/10

PRODUCT OF USA

Nutrition Facts	Amount/serving		% DV*	
Serv. Size 4oz (112g)	Total Fat 12g	18%	Total Carb. 0g	0%
Servings Per Container Varied	Sat. Fat 4.5g	22%	Fiber 0g	0%
Calories 240	Cholest. 70mg	24%	Sugars 0g	
Fat Cal. 180	Sodium 70mg	3%	Protein 23g	

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 15%

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GROUND BEEF
ROUND
85/15

PRODUCT OF USA

Nutrition Facts	Amount/serving		% DV*	
Serv. Size 4oz (112g)	Total Fat 17g	26%	Total Carb. 0g	0%
Servings Per Container Varied	Sat. Fat 7g	33%	Fiber 0g	0%
Calories 280	Cholest. 85mg	29%	Sugars 0g	
Fat Cal. 180	Sodium 65mg	3%	Protein 30g	

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 10%

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EXTRA LEAN
GROUND BEEF

4% FAT

Nutrition Facts	Amount/serving		% DV*	
Serv. Size 4 oz (112g)	Total Fat 4.5g	7%	Total Carb. 0g	0%
Servings Per Container Varied	Sat. Fat 1.5g	8%	Fiber 0g	0%
Calories 140	Cholest. 65mg	22%	Sugars 0g	
Fat Cal. 40	Sodium 60mg	3%	Protein 25g	

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 15%

Product of USA
American Heart Association
Meets American Heart Association food criteria for saturated fat and cholesterol for healthy people over age 2.

While many factors affect heart disease, diets in low saturated fat and cholesterol may reduce the risk of heart disease.

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TYPE Sirloin 100% Ground Beef

TYPE Rework

GROSS WT. 435 lbs

TARE 65 lbs

NET WT. 370 lbs

DATE 12-19-07

NAME AA

COMMENTS MAP



TYPE CHUCK 100% Ground Beef

TYPE Rework MAP

GROSS WT. 325 lbs.

TARE 65 lbs.

NET WT. 260 lbs

DATE 12-19-07

NAME RA

COMMENTS MAP



TYPE 73/27 100% Ground Beef

TYPE Rework MAP

GROSS WT. _____

TARE D

NET WT. 40 lbs

DATE 12-19-07

NAME RA

COMMENTS MAP

