

Send letters to:
 Uno Foods Inc.
 180 Spark Street, Brockton, MA 02302
 866-402-6105
 unofoods.com

Questions or Comments

MICROWAVE: Open one end to vent package. Frozen 2 min. Thawed 1 min, 30 sec	OVEN: Pre-Heat oven to 350. Remove calzone from film and place on cookie sheet on middle oven rack. Frozen 20 min. Thawed 15 min.	COOKING DIRECTIONS: For food safety & quality, follow these cooking instructions, to ensure that product reaches an internal temperature of 160° F. Cooking times may vary from oven to oven. *BASED ON 1,110 WATT MICROWAVE OVEN.
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UNO
 PIZZERIA & GRILL

handcrafted
Calzone



Serving Suggestion

Ham & Cheese

All-natural crust loaded with ham, mozzarella, and cheddar cheese

COOK AND SERVE
 KEEP REFRIGERATED OR REFREEZE
 TOTAL NET WT 6 OZ



Nutrition Facts Serving Size 1 Calzone (177g), Servings Per Container 1, Amount Per Serving: Calories 450, Calories from Fat 180, Total Fat 20g (31% DV), Saturated Fat 9g (45% DV), Trans Fat 0g, Cholesterol 65mg (22% DV), Sodium 1010mg (42% DV), Total Carbohydrate 42g (14% DV), Dietary Fiber 1g (4% DV), Sugars 4g, Protein 28g, Vitamin A (10% DV), Vitamin C (0% DV), Calcium (35% DV), Iron (6% DV). Percent Daily Values are based on a 2,000 calorie diet.

Manufactured by
 Uno Foods Inc.,
 Brockton, MA 02302
 CT. LIC 3679



Ingredients: Crust (Unenriched Wheat Flour (Wheat Flour, Malted Barley Flour), Water, Vegetable Oil (May Contain Canola or Soybean Oil), Sea Salt, Sugar, Yeast), Ham (Pork, Water, Dextrose, Salt, Potassium Lactate, Modified Food Starch, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Smoke Flavoring, Sodium Nitrite), Yellow Cheddar (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto Color), Low Moisture Part-Skim Mozzarella (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes).
Contains: Wheat, Soy, Milk.