

FISHERMAN'S  
WHARF

# SWAI FILLETS

PRODUCT OF VIETNAM

MILD FLAVOR, TENDER TEXTURE, BONELESS, SKINLESS



GREAT BAKED OR SAUTÉED

PER 4 OZ SERVING

|                       |                      |                         |                    |
|-----------------------|----------------------|-------------------------|--------------------|
| <b>70</b><br>CALORIES | <b>1g</b><br>SAT FAT | <b>290</b><br>mg SODIUM | <b>0g</b><br>SUGAR |
|-----------------------|----------------------|-------------------------|--------------------|

KEEP FROZEN • DO NOT REFREEZE  
NET WT 16 OZ (1 LB) 454 g

U.S.  
INSPECTED  
AND PASSED BY  
DEPARTMENT OF  
AGRICULTURE

