

KEEP REFRIGERATED

H-E-B
MEAL SIMPLE™



CHILE RELLENO

STUFFED POBLANO WITH
BROWN RICE, BLACK BEANS,
PICO DE GALLO, GREEN CHILE
SAUCE, CORN AND
MONTEREY JACK CHEESE

NET WT. 10 OZ (283g)

USE BY:

02/09/2019

TFD030AU4



REMOVE TRAY FROM SLEEVE, REMOVE FILM AND PLACE PRODUCT INTO AN OVEN SAFE CONTAINER IN A PREHEATED 425°F OVEN AND HEAT FOR 14-16 MINUTES.

Nutrition Facts

1 serving per container
Serving size 1 container (283g)

Amount per serving
Calories 290

	% Daily Value*
Total Fat 14g	18%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 600mg	26%
Total Carbohydrate 31g	11%
Dietary Fiber 4g	14%
Total Sugars 6g	
Includes 1g Added Sugars	2%

Protein 14g

Vit. D 0mcg 0% • Calcium 310mg 25%
Iron 2mg 10% • Potas. 360mg 8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

LOT NO. AND BEST BY: ON PACKAGE
139763-93N

INGREDIENTS: RICE AND BLACK BEAN MIX (COOKED BROWN RICE [WATER, SHORT GRAIN BROWN RICE, CANOLA OIL AND EXTRA VIRGIN OLIVE OIL], COOKED BLACK BEANS, PICO DE GALLO [ROMA TOMATOES, YELLOW ONION, JALAPENO PEPPERS, CILANTRO], GREEN CHILE SAUCE [WATER, GREEN CHILE PEPPER {GREEN CHILE PEPPER, CITRIC ACID}, POBLANO PEPPER, EXPPELLER PRESSED CANOLA OIL, CORN STARCH, SUGAR, SEA SALT, JALAPENO PEPPER {JALAPENO PEPPER, WATER, CITRIC ACID}, ONION POWDER, DISTILLED VINEGAR, GARLIC POWDER, YEAST EXTRACT, DRIED CUMIN, CITRIC ACID, DEHYDRATED RED BELL PEPPER], ROASTED CORN, MONTEREY JACK CHEESE [MONTEREY JACK CHEESE {PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES}, POTATO STARCH AND POWDERED CELLULOSE {ANTICAKING}], POBLANO CHILE, GREEN CHILE SAUCE (WATER, GREEN CHILE PEPPER [GREEN CHILE PEPPER, CITRIC ACID], POBLANO PEPPER, EXPPELLER PRESSED CANOLA OIL, CORN STARCH, SUGAR, SEA SALT, JALAPENO PEPPER [JALAPENO PEPPER, WATER, CITRIC ACID], ONION POWDER, DISTILLED VINEGAR, GARLIC POWDER, YEAST EXTRACT, DRIED CUMIN, CITRIC ACID, DEHYDRATED RED BELL PEPPER), MONTEREY JACK CHEESE (MONTEREY JACK CHEESE [PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES], POTATO STARCH AND POWDERED CELLULOSE [ANTICAKING]).

CONTAINS: MILK

MADE WITH PRIDE AND CARE FOR H-E-B®,
SAN ANTONIO, TX 78204

10808-1901

100% GUARANTEE promise

If you aren't completely pleased with this product, we'll be happy to replace it or refund your money. You have our word on it.

Charles Britt



0 41220 76804 2

CHILE RELLENO
STUFFED POBLANO WITH BROWN RICE, BLACK BEANS, PICO DE GALLO, GREEN CHILE SAUCE, CORN AND MONTEREY JACK CHEESE

SIMPLY HEAT & SERVE
MICROWAVES IN MINUTES

MEAL SIMPLE



2900437

**HEB Roasted Spaghetti Squash w
Alfredo & Chicken 6/8oz**

TFD032AU4

Best If Used By:

Net Weight: 3.00 Lbs

02/11/2019



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Fully Cooked Chicken

Country of Origin: USA

Distributed by Taylor Farms Texas, Dallas, TX 75211