

SPAM Classic

Ingredients: Pork with Ham, Salt, Water, Modified Potato Starch, Sugar, Sodium Nitrite

NET WT 12 OZ (340g)

Serving Suggestion

Glorious SPAM!

U.S. RESPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 16g	25%	Total Carb. 1g	0%
Sat. Fat 6g	30%	Fiber 0g	0%
Trans Fat 0g		Sugars 0g	
Cholest. 40mg	13%	Protein 7g	
Sodium 790mg	33%		

*Percent Daily Values (DV) are based on a diet of 2,000 calories daily.

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Just Add SPAM Classic

A Tasty Twist! Toss cubes of SPAM Classic into Mac & Cheese

Glorious SPAM!

Break The Monotony! for more fun ideas visit spam.com

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SLICED LUNCHEON LOAF: CUT INTO 8-10 SLICES; ARRANGE IN BAKING DISH; SPREAD WITH FAVORITE SAUCE OR GLAZE. BAKE AT 425°F FOR 10-12 MINUTES, OR MICROWAVE AT HIGH FOR 1½-2 MINUTES, OR PAN-FRY SLICES UNTIL BROWNED ON BOTH SIDES.

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Black Label Luncheon Loaf

INGREDIENTS: PORK, MECHANICALLY SEPARATED CHICKEN, WATER, MODIFIED POTATO STARCH, SALT, SUGAR, SODIUM PHOSPHATES, POTASSIUM CHLORIDE, SODIUM ASCORBATE, SODIUM NITRITE.

SUGGESTED SERVING

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Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 13g	20%	Total Carb. 1g	0%
Sat. Fat 4.5g	25%	Fiber 0g	0%
Cholest. 45mg	15%	Sugars 0g	
Sodium 440mg	19%	Protein 5g	
Fat Cal. 120		Vitamin A 0%	Vitamin C 0%
		Calcium 0%	Iron 2%

*Percent Daily Values (DV) are based on a diet of 2,000 calories daily.

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