SUN-DRIED TOMATO & CHEESE-STUFFED CHICKEN
WITH LEMON-GARLIC POTATOES

Nutrition Facts
Servings: 1, Serv. size: 1 tray (340g)
Amount per serving: Calories 490, Total Fat 16g (21% DV), Sat. Fat 7g (55% DV), Trans Fat 0g, Cholesterol 135mg (46% DV), Sodium 640mg (26% DV), Total Carbs. 35g (11% DV), Fiber 3g (11% DV), Total Sugars 2g (incl. 1g Added Sugar, 0g DV)
Protein 55g, Vit. D (0% DV), Calcium (50% DV), Iron (10% DV), Potas. (15% DV)

Ingredients: Boneless Chicken Breast (with up to 1% added water), Potatoes (skin on), Water, Salt, Low Moisture Part-Skim Mozzarella Cheese (pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes), Potato Starch, Poudrerie Colloide, Vitamin C (ascorbic acid), Monosodium Glutamate, Sunflower Oil, Corn Syrup, Onion Powder, Yeast Extract, Lemon Juice, Contains 0% or less of Spices, Citric Acid, Natural Flavor, Monosodium Glutamate, Calcium Phosphate, and other natural flavors.

Cooking Instructions
Preheat oven to 375°F. Remove plastic film and divider; Bake uncovered 40-45 minutes and until 165°F.

Safe Handling Instructions
This product was prepared from Inspected and Passed Meat and/or Poultry. Some foods products may contain bacteria that could cause illness if the product is mishandled or cooked improperly.

For your protection, follow these safe handling instructions:
- Keep refrigerated or frozen. Thaw in refrigerator or microwave.
- Keep raw meat and poultry separate from other foods, wash hands after touching raw meat or poultry.
- Cook thoroughly.

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SAFE HANDLING INSTRUCTIONS
THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHELLED OR COOKED IMPROPERLY.

FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS:
- KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.
- KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH HANDS AFTER TOUCHING RAW MEAT OR POULTRY.
- COOK THOROUGHLY.
- KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

QF# 120