COOKING GUIDELINES

1. BEFORE COOKING, place lid on dish to vent.
2. MICROWAVE on HIGH for 3 minutes.
3. OPEN LID, mix pasta and sauce together.
4. LET STAND in microwave for 1 to 2 minutes.


NUTRITION FACTS

Serving size: 1 package (241g)

Amount per serving
Calories 280
Total Fat 7g 9%
Saturated Fat 1.5g 9%
Trans Fat 0g 0%
Cholesterol 10mg 3%
Sodium 730mg 32%
Total Carbohydrate 44g 18%
Dietary Fiber 3g 11%
Total Sugars 7g
Includes 3g Added Sugars 6%
Protein 10g 9%

Vitamin D 10% Calcium 33% Iron 10% Potassium 2%

*The % Daily Value (DV) tells you how much a nutrient in serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.


Manufactured by Michelina Foods, Inc.

Michelinia Spaghetti with Meat Sauce

Net wt. 9 oz. (254g)