

UNITED STATES DEPARTMENT OF AGRICULTURE  
FOOD SAFETY AND INSPECTION SERVICE  
WASHINGTON, DC

# FSIS DIRECTIVE

7130.1

7/8/15

## VERIFYING NUTRITION LABELING FOR THE MAJOR CUTS OF SINGLE-INGREDIENT, RAW MEAT AND POULTRY PRODUCTS AND GROUND OR CHOPPED MEAT AND POULTRY PRODUCTS

### I. PURPOSE

This directive provides instructions to inspection program personnel (IPP), import inspection personnel, and Compliance and Investigations Division (CID) Investigators for enforcing the regulations regarding nutrition labeling for major cuts of single-ingredient, raw meat and poultry products and ground or chopped meat and poultry products. Surveillance sampling for nutrient content of raw ground beef is described in FSIS Notice 43-14 dated 9/2/14. Instructions for collecting samples for nutrition analysis will eventually be incorporated into this directive or into a new directive specific to the subject.

#### KEY POINTS:

- *Nutrition labeling requirements*
- *Exemptions from the requirements*
- *IPP, import inspection personnel, and Investigator responsibilities*

### II. BACKGROUND

A. On March 1, 2013, the [Nutrition Labeling of Single Ingredient Products and Ground or Chopped Meat and Poultry Products](#) (75 FR 82148) became effective. This rule amended the Federal meat and poultry products inspection regulations to require nutrition labeling of the major cuts of single-ingredient, raw meat and poultry products on labels or at point-of-purchase, unless an exemption applies. FSIS also amended its regulations to require nutrition labels on all ground or chopped meat and poultry products, with or without added seasonings, unless an exemption applies. In addition, the rule provides that, when a ground or chopped product does not meet the regulatory criteria to be labeled “low fat” (as defined in [9 CFR 317.362\(b\)\(2\)](#) and [381.462\(b\)\(2\)](#)), a lean percentage statement may be included on the label or in labeling as long as a statement of the fat percentage that meets the specified criteria also is displayed on the label or in labeling.

### III. EXEMPTIONS

A. The following are exemptions ([9 CFR 317.400](#) and [381.500](#)) from nutrition labeling requirements for the major cuts of single-ingredient, raw meat and poultry products and ground or chopped meat and poultry products, with or without added seasonings:

1. Products intended for further processing, provided that the labels for these products bear no nutrition claims (e.g., “good source of protein”) or nutrition information;

2. Products that are not for sale to household consumers (e.g., they are for sale to hotels, restaurants, and institutions), provided that the labels for these products bear no nutrition claims or nutrition information;
3. Products in small packages that are individually wrapped and of less than ½ ounce net weight, provided that the labels for these products bear no nutrition claims or nutrition information;
4. Products that are custom slaughtered or prepared; and
5. Products intended for export.

B. The following additional exemptions are for ground or chopped products, with or without added seasonings:

1. Ground or chopped products that qualify for the small business exemption in [9 CFR 317.400\(a\)\(1\)](#) and [381.500\(a\)\(1\)](#);
2. Products that are ground or chopped at an individual customer's request and that are sold at retail, provided that the labels for these products bear no nutrition claims or nutrition information;
3. Ground or chopped products in packages that have a total surface area for labeling of less than 12 square inches, provided that the product's labeling includes no nutrition claims or nutrition information, and provided that an address or telephone number that a consumer can use to obtain the required information is included on the label; and
4. Ground products produced by small businesses that use statements of percent fat and percent lean (e.g., 90%Lean/10%Fat) on the label or in labeling, provided they include no other nutrition claims (e.g., 0 grams trans fat, good source of iron, high in protein, 300mg omega-3 fatty acids, or no sugar added) or nutrition information on the product labels or labeling.

#### IV. RETAIL STORES

Retail stores are to comply with the nutrition labeling final rule, unless an exemption applies. For example, to qualify for the small business exemption for ground or chopped products, a retail store must either be a single retail store or a multi-retail store operation that employs 500 or fewer people and produces no more than 100,000 pounds of each ground product per year ([75 FR 82159](#)).

**NOTE:** Nutrition information panels are not required on package labels for the major cuts of raw, single-ingredient meat or poultry products that do not have nutrition claims on their labels. Retailers only have to display point-of-purchase materials for these products.

#### V. INSPECTION PROGRAM PERSONNEL RESPONSIBILITIES

A. IPP in meat and poultry establishments are to verify, when performing the Public Health Information System (PHIS) General Labeling task, that:

1. All ground or chopped meat and poultry products that are not subject to one of the exemptions above ([9 CFR 317.400](#) and [381.500](#)), with or without added seasonings, bear nutrition information panels titled "Nutrition Facts" on their labels;

**NOTE:** These are products labeled as “ground” product, e.g., ground beef or ground turkey, not sausage products.

2. The establishment has approved labels on file for all ground or chopped meat and poultry products with “Nutrition Facts” panels on their labels ([9 CFR 320.1\(b\)\(11\)](#) and [381.175\(b\)\(6\)](#)); and
3. The establishment has documentation to support that any ground or chopped meat or poultry product, with or without added seasonings, that does not bear a “Nutrition Facts” panel on its label is exempt from the nutrition labeling regulations under [9 CFR 317.400](#) or [381.500](#).

B. If the establishment is not complying with the regulations, IPP are to follow the enforcement instructions in [FSIS Directive 7000.1](#), *Verification of Non-Food Safety Other Consumer Protection Regulatory Requirements*.

## **VI. CID INVESTIGATORS’ RESPONSIBILITIES**

A. CID Investigators conducting in-commerce surveillance activities at retail stores are to verify that:

1. Retail stores that are selling the major cuts of raw, single-ingredient meat and poultry products have posted signs or provide brochures with nutrition information for the major cuts near their point-of-purchase in areas visible to consumers; and
2. All ground and chopped meat and poultry products packaged or ground at retail bear “Nutrition Facts” panels on their labels, unless an exemption applies.

B. CID Investigators are to bring point-of-purchase materials for the major cuts (Attachment 1) with them when conducting in-commerce surveillance activities at retail stores. If a retail store that sells the major cuts of raw, single-ingredient products has not posted signs or provided brochures with nutrition information for the major cuts, CID Investigators are to give the management of the retail store the point-of-purchase materials in Attachment 1 and instruct the store to post them near the point-of-purchase in areas visible to consumers to comply with the nutrition labeling regulations.

C. If ground or chopped meat and poultry products do not have “Nutrition Facts” panels on their labels, and the products are not exempt (see exemptions in [9 CFR 317.400](#) and [381.500](#)), CID are to inform management of the retail store that the products need “Nutrition Facts” panels on their labels and refer them to the nutrition labeling regulations.

D. CID Investigators are to follow the instructions in [FSIS Directive 8010.1](#), *Methodology for Conducting In-Commerce Surveillance Activities*, if they observe violations while conducting non-food safety consumer protection surveillance activities. At this time, CID Investigators are not to initiate a product control action or detain or seize ground or chopped meat and poultry products that do not have “Nutrition Facts” panels on their labels and are not exempt from the nutrition labeling regulations.

E. Upon completion of the surveillance activity, the CID Investigator is to document his or her findings in the In-commerce Surveillance System (ICS).

## **VII. IMPORT INSPECTION PERSONNEL RESPONSIBILITIES**

A. Import inspection personnel are to verify at reinspection during label verification procedures outlined in [FSIS Directive 9900.5](#), *Label Verification of Imported Meat, Poultry, and Egg Products*, that ground or chopped meat and poultry products in consumer packages bear “Nutrition Facts” panels on their labels.

Because import inspection personnel are unable to determine whether imported product was produced by a small business, they are to find compliant packaging that does not contain a “Nutrition Facts” panel provided the product meets other labeling requirements, and provided the product does not include any nutrition claims other than %Lean/%Fat declarations.

B. Import inspection personnel are to follow the instructions in [FSIS Directive 9900.5](#) if they observe violations while conducting non-food safety consumer protection label verification procedures.

## VIII. QUESTIONS

Refer questions regarding this directive to the Labeling and Program Delivery Staff through [askFSIS](#) or by telephone at 1-301-504-0878. When submitting a question, use the Submit a Question tab, and enter the following information in the fields provided:

Subject Field:	Enter <b>Directive 7130.1</b>
Question Field:	Enter your question with as much detail as possible
Product Field:	Select “ <b>Labeling</b> ” from the drop down menu.
Category Field:	Select “ <b>Labeling Regulations, Policies &amp; Claims</b> ” then “ <b>Nutrition Facts</b> ” from the dropdown menu.
Policy Arena:	Select “ <b>Domestic (U.S.) Only</b> ” or “ <b>International (Import/Export)</b> ” from the dropdown menu.

When all fields are complete, press **Continue** and at the next screen press **Finish Submitting Question**.

**NOTE:** Refer to [FSIS Directive 5620.1](#), *Using askFSIS*, for additional information on submitting questions.



Assistant Administrator  
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# Beef & Veal

## Nutrition Facts

Cooked (by moist or dry heat with no added ingredients), edible weight portion. Percent Daily Values (%DV) are based on a 2,000 calorie diet.

Serving Size 3 ounces (84g)

	NDB Number*	Calories	Calories From Fat	Total Fat	Saturated Fat	Cholesterol	Sodium	Total Carbohydrate	Protein	Vitamin A	Vitamin C	Calcium	Iron
				g %DV	g %DV	mg %DV	mg %DV	g %DV	g %DV	%DV	%DV	%DV	%DV
<b>Beef - 1/8" fat trim</b>													
Chuck Blade Roast, braised	13816	290	190	21 32	8 42	90 29	55 2	0 0	22	0	0	0	15%
Loin Top Loin Steak, broiled	13910	220	130	14 22	6 28	80 27	45 2	0 0	22	0	0	0	8%
Rib Roast Large End, roasted	13840	300	220	24 37	10 48	70 24	55 2	0 0	19	0	0	0	10%
Round Eye Round Steak, roasted	13878	170	70	8 12	3 15	70 23	30 1	0 0	24	0	0	0	10%
Round Top Round Steak, broiled	13893	170	70	8 12	3 14	75 25	35 1	0 0	26	0	0	0	10%
Round Tip Roast, roasted	13884	180	90	10 15	3.5 18	70 23	55 2	0 0	23	0	0	0	15%
Loin Sirloin Steak, broiled	13930	200	110	12 18	4.5 24	75 26	45 2	0 0	23	0	0	0	8%
Round Bottom Round Steak, braised	13869	210	90	10 15	4 19	85 28	35 2	0 0	28	0	0	0	10%
Brisket (whole), braised	13804	280	190	21 32	8 40	80 26	55 2	0 0	22	0	0	0	10%
Rib Steak Small End, broiled	13851	240	150	17 26	7 33	80 27	45 2	0 0	22	0	0	0	8%
Loin Tenderloin Steak, broiled	13918	220	130	14 22	6 28	80 27	45 2	0 0	22	0	0	0	8%
Chuck Arm Pot Roast, braised	13810	250	150	16 25	6 32	100 34	40 2	0 0	25	0	0	0	10%
<b>Veal</b>													
Shoulder Arm Steak, braised	17123	200	80	9 13	3.5 17	125 41	75 3	0 0	28	0	0	0	6%
Shoulder Blade Steak, braised	17129	190	80	8 13	3 15	130 43	80 3	0 0	26	0	0	0	6%
Rib Roast, roasted	17112	190	110	12 18	4.5 23	90 31	80 3	0 0	20	0	0	0	4%
Loin Chop, braised	17105	240	130	14 22	6 28	100 33	65 3	0 0	25	0	0	0	6%
Cutlets, pan-fried	17097	180	60	7 11	2.5 13	90 29	65 3	0 0	27	0	0	0	4%

\*USDA National Nutrient Database for Standard Reference, USDA, ARS.

Beef and veal provide negligible amounts of dietary fiber and sugars.



# Pork & Lamb

## Nutrition Facts

Cooked (by moist or dry heat with no added ingredients), edible weight portion. Percent Daily Values (%DV) are based on a 2,000 calorie diet.

Serving Size 3 ounces (84g)

	NDB Number*	Calories	Calories From Fat	Total Fat	Saturated Fat	Cholesterol	Sodium	Total Carbohydrate	Protein	Vitamin A	Vitamin C	Calcium	Iron
				g %DV	g %DV	mg %DV	mg %DV	g %DV	g %DV	%DV	%DV	%DV	%DV
<b>Pork</b>													
Loin Chop, broiled	10038	180	80	9 14	3 15	70 24	45 2	0 0	22	0	0	0	4%
Loin Country Style Ribs, roasted	10206	280	190	21 33	8 39	75 26	45 2	0 0	20	0	0	0	4%
Loin Top Loin Chop Boneless, broiled	10064	160	70	8 12	2.5 13	60 20	35 2	0 0	22	0	0	0	2%
Loin Rib Chop, broiled	10046	190	100	11 17	4 19	55 19	45 2	0 0	21	0	0	0	4%
Spareribs, braised	10089	330	230	25 39	9 47	100 34	80 3	0 0	24	0	0	0	8%
Loin Tenderloin, roasted	10222	120	30	3.5 5	1 6	60 20	45 2	0 0	22	0	0	0	6%
Shoulder Blade Steak, braised	10081	220	130	15 23	6 28	80 27	50 2	0 0	21	0	0	0	8%
Loin Top Roast Boneless, roasted	10065	160	70	7 11	2.5 12	65 22	40 2	0 0	22	0	0	0	2%
Loin Sirloin Roast, roasted	10055	190	100	11 17	3.5 17	75 25	50 2	0 0	22	0	0	0	4%
<b>Lamb - 1/8" fat trim</b>													
Shank, roasted	17233	180	90	10 15	4 19	75 25	55 2	0 0	22	0	0	0	10%
Shoulder Arm Chop, braised	17247	280	170	19 29	8 39	100 34	60 3	0 0	26	0	0	0	10%
Shoulder Blade Chop, braised	17251	280	180	20 31	8 41	95 32	65 3	0 0	24	0	0	0	10%
Rib Roast, roasted	17241	290	210	23 36	10 49	80 27	60 3	0 0	18	0	0	0	8%
Loin Chop, broiled	17237	250	160	17 27	7 36	85 28	65 3	0 0	22	0	0	0	8%
Leg (whole), roasted	17231	200	110	12 19	5 25	75 26	55 2	0 0	22	0	0	0	10%

\*USDA National Nutrient Database for Standard Reference, USDA, ARS.

Pork and lamb provide negligible amounts of dietary fiber and sugars.



# Chicken & Turkey

## Nutrition Facts

Cooked (by moist or dry heat with no added ingredients), edible weight portion. Percent Daily Values (%DV) are based on a 2,000 calorie diet.

Serving Size 3 ounces (84g)

	NDB Number*	Calories	Calories From Fat	Total Fat	Saturated Fat	Cholesterol	Sodium	Total Carbohydrate	Protein	Vitamin A	Vitamin C	Calcium	Iron
				g %DV	g %DV	mg %DV	mg %DV	g %DV	g %DV	%DV	%DV	%DV	%DV
<b>Chicken</b>													
Whole Chicken w/o neck & giblets, roasted	5009	200	100	11 18	3 16	75 25	70 2	0 0	23	0	0	0	6%
Chicken Breast, roasted	5060	170	60	7 10	2 9	70 24	60 2	0 0	25	0	0	0	4%
Chicken Wing, roasted	5103	240	150	16 25	4.5 23	70 24	70 2	0 0	23	0	0	0	6%
Chicken Drumstick, roasted	5069	180	80	9 14	2.5 13	75 25	75 4	0 0	23	0	0	0	6%
Chicken Thigh, roasted	5094	210	120	13 20	3.5 18	80 26	70 2	0 0	21	0	0	0	6%
<b>Turkey</b>													
Whole Turkey w/o neck & giblets, roasted	5166	170	70	8 13	2.5 12	70 13	55 2	0 0	24	0	0	0	8%
Turkey Breast, roasted	5192	160	60	6 10	2 9	60 21	55 2	0 0	24	0	0	0	6%
Turkey Wing, roasted	5196	190	90	10 16	3 14	70 23	50 2	0 0	23	0	0	0	6%
Turkey Drumstick, roasted	5194	170	70	8 13	2.5 13	70 24	65 2	0 0	23	0	0	0	10%
Turkey Thigh, roasted	5184	190	90	10 15	3 15	75 25	65 2	0 0	23	0	0	0	10%

\*USDA National Nutrient Database for Standard Reference, USDA, ARS.

Poultry provides negligible amounts  
of dietary fiber and sugars.