19g OF PROTEIN PER SERVING

CHICKEN RAISED WITH No antibiotics* ever, no added hormones†.

simple truth | Chicken Bibimbap

Brown rice, chicken, scrambled egg & shiitake mushrooms coated in a spicy-sweet bibimbap sauce

SERVES 2

KEEP FROZEN
FULLY COOKED
HEAT THOROUGHLY

NET WT 22 OZ
(1 LB 6 OZ) 624g

simple truth | Chicken Bibimbap
SERVES 2

HEATING INSTRUCTIONS

Stove Top Method:

Pour meal into a 12 inch skillet.

Cover with a lid and heat over medium heat for 8-12 minutes.

Stir occasionally and heat thoroughly to an internal temperature of at least 165°F before eating.

Serve and enjoy!

Refrigerate any leftovers.

It's the Simple Truth

Easy to find, understand and afford, Simple Truth from Kroger makes enjoying nutritious products simple, better. Now you can feel confident about the delicious goodness that's in the food you serve your family.

We promise products you can trust as high quality and delicious every time. If you are not delighted, let us know. We will make it right with a replacement or refund at your store.

800-632-6900
www.simpletruth.com

Nutrition Facts

Serving Size 1/2 bag (312g/11 oz)
Servings Per Container 2

Amount Per Serving	
Calories 310 Calories from Fat 80	
	% Daily Value*
Total Fat 9g	14%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 150mg	50%
Sodium 1050mg	44%
Total Carbohydrate 36g	13%
Dietary Fiber 4g	16%
Sugars 12g	
Protein 19g	38%
Vitamin A 90% • Vitamin C 15%	
Calcium 10% • Iron 10%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

INGREDIENTS: [illegible]

CONTAINS: WHEAT, MILK, EGGS, SOY.

DISTRIBUTED BY THE KROGER CO.
CINCINNATI, OHIO 45202

HERE'S THE REASON TO LOVE FLASH FREEZIN'!

Q: Why is our **N-ROBED** process so superior to other freezing methods?

A: Traditional methods affect the texture, color and flavor of ingredients. Our innovative flash-freezing technology locks in freshness and preserves the integrity of each high quality ingredient. These flavor-focused dishes make a delicious meal that's ready in minutes.

0 11110 89010 8

15g OF PROTEIN PER SERVING

CHICKEN RAISED WITH No antibiotics* ever, no added hormones†.

simple truth

Thai Style Green Curry

Chicken, eggplant, white rice, baby corn, red bell peppers, bamboo shoots, green beans & basil in a curry sauce

SERVES 2

simple truth

Thai Style Green Curry

SERVES 2

HEATING INSTRUCTIONS

Stove Top Method:

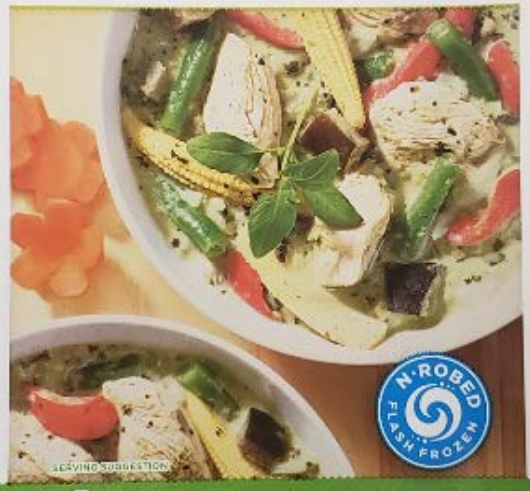
Pour meal into a 2-quart saucepan.

Cover with a lid and heat over medium heat for 8-12 minutes.

Stir occasionally and heat thoroughly to an internal temperature of at least 165°F before eating.

Serve and enjoy!

Refrigerate any leftovers.



: KEEP FROZEN
: FULLY COOKED
: HEAT THOROUGHLY

NET WT 22 OZ (1 LB 6 OZ) 624g

Nutrition Facts

Serving Size 1/2 bag (312g)
Servings Per Container 2

Amount Per Serving	
Calories 410	Calories from Fat 170
	% Daily Value*
Total Fat 19g	29%
Saturated Fat 15g	75%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 530mg	22%
Total Carbohydrate 45g	15%
Dietary Fiber 2g	8%
Sugars 27g	
Protein 15g	16%

Vitamin A 20% • Vitamin C 15%

Calcium 6% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

INGREDIENTS: CURRY BASE (COCONUT CREAM [COCONUT CREAM, CARRAGEENAN GUM], WATER), CURRY BASE (VEGETABLES [CHILI PEPPERS, CHILI PEPPER JUICE, SHALLOT, LEMONGRASS, GINGER, GARLIC, GALANGAL], SALT, SHRIMP PASTE [LIME PEEL AND LEAVES, CANE SUGAR, MALTODEXTRIN, CANOLA OIL, NATURAL FLAVORS, BASIL FLAVORING, MANGO NECTAR, LIME JUICE CONCENTRATE], CHICKEN, CHICKEN WHITE MEAT, WATER, RICE STARCH, SALT, COCONUT CREAM, EGGPLANT, WHITE RICE, WATER, WHEY POWDER, EASY CORN FOLDING CORN WATER, SALT), RED BELL PEPPERS, BAMBOO SHOOTS, GREEN BEANS, BASIL, GARLIC, GINGER, SUGAR, BUFFER, CITRIC ACID).

CONTAINS: COCONUT, SHRIMP.

DISTRIBUTED BY THE KROGER CO.
CINCINNATI, OHIO 45202

HERE'S THE REASON TO LOVE FLASH FREEZIN'!

Q: Why is our **N-ROBED** process so superior to other freezing methods?

A: Traditional methods affect the texture, color and flavor of ingredients. Our innovative flash freezing technology locks in freshness and preserves the integrity of each high quality ingredient. These flavor-focused dishes make a delicious meal that's ready in minutes.

0 11110 81638 2

It's the Simple Truth

Easy to find, understand and afford. Simple Truth from Kroger® makes enjoying nutrient-rich products simply better. Now you can feel confident about the delicious goodness that's in the food you serve your family.

We promise products you can trust at high quality and delicious every time. If you are not delighted, let us know. We will make it right with a replacement or refund at your store.

800-632-6900
www.simpletruth.com

16g OF PROTEIN PER SERVING

CHICKEN RAISED WITH No antibiotics† ever, no added hormones‡.

simple truth

Chicken Tikka Masala

Chunks of chicken & vegetables in a creamy spiced tomato sauce

SERVES 2

simple truth

Chicken Tikka Masala

SERVES 2

It's the Simple Truth

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Kroger

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www.simpletruth.com

HEATING INSTRUCTIONS

Stove Top Method:

Pour meal into a 12 inch skillet.

Cover with a lid and heat over medium heat for 8-12 minutes.

Stir occasionally and heat thoroughly to an internal temperature of at least 165°F before eating.

Serve and enjoy!

Refrigerate any leftovers.

INSPECTED BY THE U.S. DEPARTMENT OF AGRICULTURE P-4455

KEEP FROZEN
FULLY COOKED
HEAT THOROUGHLY

NET WT 22 OZ (1 LB 6 OZ) 624g

‡FEDERAL REGULATIONS DO NOT PERMIT THE USE OF HORMONES IN CHICKEN. †NO ANTIBIOTICS EVER ADMINISTERED ARE DETECTABLE BY TESTS OF ANIMAL BY-PRODUCTS.

Nutrition Facts

Serving Size 1/2 bag (312g)(11 oz)
Servings Per Container 2

Amount Per Serving	
Calories 330 Calories from Fat 170	
	% Daily Value*
Total Fat 19g	**29%**
Saturated Fat 11g	**55%**
Trans Fat 0g	
Cholesterol 90mg	**30%**
Sodium 940mg	**39%**
Total Carbohydrate 25g	**8%**
Dietary Fiber 3g	**12%**
Sugars 6g	
Protein 16g	**32%**
Vitamin A 25% • Vitamin C 25%	
Calcium 8% • Iron 8%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

INGREDIENTS: TIKKA MASALA SAUCE (MILK, CREAM, TOMATO PASTE, SOUR CREAM [CULTURED MILK, CREAM, NONFAT MILK POWDER, GELATIN], HOT SAUCE [CHILI, SUGAR, SALT, GARLIC, DISTILLED VINEGAR], CURRY SEASONING [SPICES INCLUDING TURMERIC AND DRIED GARLIC], CANE SUGAR, SALT, XANTHAN GUM), PULLED COOKED CHICKEN (CHICKEN WHITE MEAT, WATER, RICE STARCH, SALT), COOKED BASMATI RICE (WATER, BASMATI RICE), WATER, HEAVY CREAM, ONIONS, CAULIFLOWER, TOMATOES, GREEN PEAS, CILANTRO.

CONTAINS: MILK.

DISTRIBUTED BY THE KROGER CO.
CINCINNATI, OHIO 45202

PRODUCT OF USA

HERE'S THE REASON TO LOVE FLASH FREEZIN'!

Q: Why is our **N-ROBED** process so superior to other freezing methods?

A: Traditional methods affect the texture, color and flavor of ingredients. Our innovative flash-freezing technology locks in freshness and preserves the integrity of each high quality ingredient. These flavor-focused dishes make a delicious meal that's ready in minutes.

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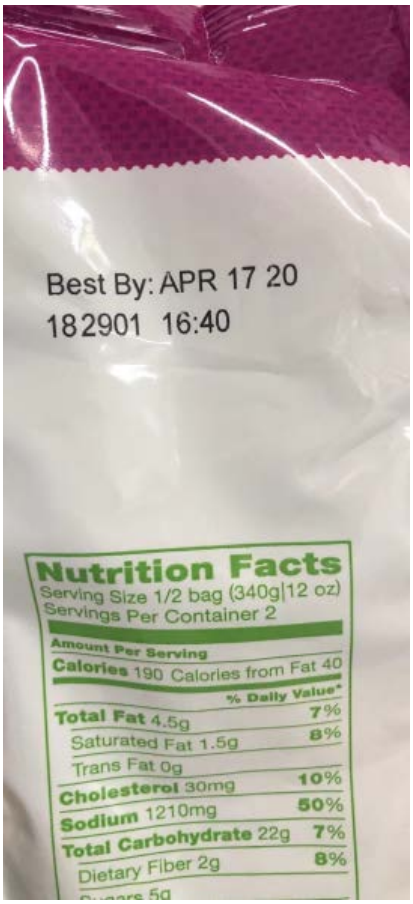
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Nutrition Facts
Serving Size 1/2 bag (340g|12 oz)
Servings Per Container 2
Amount Per Serving
Calories 190 Calories from Fat 40
% Daily Value*
Total Fat 4.5g 7%
Saturated Fat 1.5g 8%
Trans Fat 0g
Cholesterol 30mg 10%
Sodium 1210mg 50%
Total Carbohydrate 22g 7%
Dietary Fiber 2g 8%

CADENCE GOURMET

SS00024

Steak Fajitas

10 lbs (4.5 kg) / cs

Ingredients: Beef Steak Strips (Beef, Water, Less Than 2% Corn Starch, Salt, Sodium Phosphate, Natural Flavorings, Spice), Poblano Peppers, Red Onion, Fire Roasted Corn, Water, Tomatillo Puree, White Onion, Cilantro, Green Peppers, Chicken Base (Chicken Meat Including Natural Chicken Juices, Natural Sea Salt, Chicken Fat, Vegetable Extract [Potato, Carrot, Onion], Yeast Extract, Turmeric And Natural Flavors), Jalapeno Peppers, Salt, Garlic, And Canola Oil.

00851124006276

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST. 44857

KEEP FROZEN

Lot #180181

Exp Date: 01/18/19

Manufactured by: Cadence Gourmet | Corona, CA 92880

Steak Fajitas

Ingredients: Beef Steak Strips (Beef, Water, Less than 2% Corn Starch, Salt, Sodium Phosphate, Natural Flavorings, Spices), Poblano Peppers, Red Onions, Fire-Roasted Corn, Water, Tomatillo Purée, White Onions, Cilantro, Green Bell Peppers, Chicken Base (Chicken Meat Including Natural Chicken Juices, Natural Sea Salt, Chicken Fat, Vegetable Extract [Potatoes, Carrots, Onions], Yeast Extract, Turmeric and Natural Flavors), Jalapeño Peppers, Salt, Garlic and Canola Oil

Nutrition Facts

Serving Size 100g
Servings Per Container varies

Amount Per Serving	
Calories 90	Calories from Fat 30
	% Daily Value*
Total Fat 3g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 290mg	12%
Total Carbohydrate 6g	2%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 10g	
Vitamin A 6% •	Vitamin C 2%
Calcium 0% •	Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

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MANUFACTURED IN A FACILITY THAT ALSO PRODUCES PRODUCTS THAT CONTAIN: EGGS, MILK, FISH, SHELLFISH, PEANUTS, TREE NUTS, WHEAT AND SOY. PRODUCTS MUST BE HEATED TO 145°F FOR 15 SECONDS AS MEASURED BY A FOOD THERMOMETER.

CADENCE GOURMET

SS00032

Tuscan Tomato Basil Chicken & Sausage

10 lbs (4.5 kg) / cs

Ingredients: Sauce (Fire Roasted Diced Tomatoes In Juice [Tomatoes, Tomato Juice], Water, Poblano Pepper, Red Bell Pepper, Onion, Balsamic Vinegar [White Vinegar, Grape Must], Extra Virgin Olive Oil, Roasted Garlic, Honey, Vegetable Base [Sautéed Vegetables {Carrots, Celery, Onions, Tomato}, Natural Sea Salt, Yeast Extract, Sunflower Oil, Vegetable Extracts], Basil, Salt, Crushed Red Pepper), Grilled Seasoned Chicken Breast Strips (Chicken Breast Meat With Rib Meat, Water, Less Than 2% Rice Starch, Salt, Sugar, Vinegar), Zucchini, Sweet and Spicy Cooked Italian Sausage (Pork, Water, Brown Sugar, Salt, Spices [Including Fennel And Paprika], Chili Pepper, Sodium Phosphate, Onion, Granulated Garlic, Natural Flavor), Tomato, Artichoke, Spinach, And Parmesan Cheese (Pasteurized Skim Milk, Cheese Cultures, Salt, Enzymes, Powdered Potato Starch And Corn Starch [Added To Prevent Caking], Natamycin [A Natural Mold Inhibitor]).

Contains: Milk

00851124006368

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST. 44857

KEEP FROZEN

Lot# 180091

Exp Date: 01/09/19

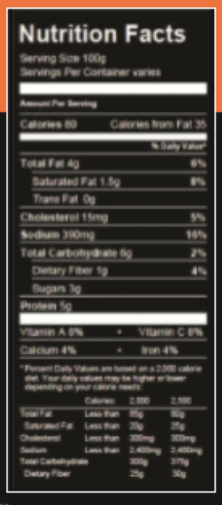
Manufactured by: Cadence Gourmet | Corona, CA 92880

Tuscan Tomato Chicken & Sausage

Ingredients: Sauce (Fire-Roasted Diced Tomatoes In Juice [Tomatoes, Tomato Juice], Water, Poblano Peppers, Red Bell Peppers, Onions, Balsamic Vinegar [White Vinegar, Grape Must], Extra-Virgin Olive Oil, Roasted Garlic, Honey, Vegetable Base [Sautéed Vegetables {Carrots, Celery, Onions, Tomatoes}, Natural Sea Salt, Yeast Extract, Sunflower Oil, Vegetable Extracts], Basil, Salt, Crushed Red Pepper), Grilled & Seasoned Chicken Breast Strips (Chicken Breast Meat with Rib Meat, Water, Less than 2% Rice Starch, Salt, Sugar, Vinegar), Zucchini, Sweet & Spicy Cooked Italian Sausage (Pork, Water, Brown Sugar, Salt, Spices [Including Fennel and Paprika], Chili Pepper, Sodium Phosphate, Onions, Granulated Garlic, Natural Flavor), Tomatoes, Artichokes, Spinach and Parmesan Cheese (Pasteurized Skim Milk, Cheese Cultures, Salt, Enzymes, Powdered Potato Starch and Corn Starch [Added to Prevent Caking], Natamycin [a Natural Mold Inhibitor])

Contains: Milk

MANUFACTURED IN A FACILITY THAT ALSO PRODUCES PRODUCTS THAT CONTAIN: EGGS, MILK, FISH, SHELLFISH, PEANUTS, TREE NUTS, WHEAT AND SOY. PRODUCTS MUST BE HEATED TO 145°F FOR 15 SECONDS AS MEASURED BY A FOOD THERMOMETER.



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CADENCE GOURMET

SS00047

Rustic Roasted Tomato Basil Chicken & Vegetables

10 lbs (4.5 kg) / cs

Ingredients: Tomato Basil Sauce (Fire Roasted Tomatoes, Water, Poblano Chili Peppers, Red Bell Pepper, Onion, Parmesan Cheese [(Pasteurized Skim Milk, Cheese Cultures, Salt & Enzymes), Potato Starch And Corn Starch, Natamycin (Preservative)], Balsamic Vinegar [Wine Vinegar, Grape Must], Olive Oil, Roasted Garlic, Vegetable Base [Concentrated Vegetable Stock (Water, Carrots, Onion, Celery, Ginger, Sugar and Garlic), Salt, Cooking Wine, Sugar, Hydrolyzed Corn Protein, Canola oil, Natural Flavors, Turmeric Extractives of spice], Honey, Basil, Salt, Crushed Red Pepper), Grilled Seasoned Chicken Breast Meat Strips (Chicken Breast Meat With Rib Meat, Water, Less Than 2% Rice Starch, Salt, Sugar, Vinegar) Artichoke, Tomato, And Spinach.

CONTAINS: MILK.

FOR FOOD SERVICE ONLY- COOK THOROUGHLY.
COOKING INSTRUCTIONS: COOK IN A COVERED SKILLET OVER MEDIUM HEAT TO A MINIMUM INTERNAL TEMPERATURE OF 165°F OR ABOVE AS MEASURED WITH A FOOD THERMOMETER.

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INSPECTED FOR WHOLESOMENESS U.S. DEPARTMENT OF AGRICULTURE P-44857

KEEP FROZEN

Lot #182901
Exp Date: 10/17/19

Manufactured by: Cadence Gourmet | Corona, CA 92880

CADENCE GOURMET

SS00047

Rustic Roasted Tomato Basil Chicken & Vegetables

10 lbs (4.5 kg) / cs

Ingredients: Tomato Basil Sauce (Fire Roasted Tomatoes, Water, Poblano Chili Peppers, Red Bell Pepper, Onion, Parmesan Cheese [(Pasteurized Skim Milk, Cheese Cultures, Salt & Enzymes), Potato Starch And Corn Starch, Natamycin (Preservative)], Balsamic Vinegar [Wine Vinegar, Grape Must], Olive Oil, Roasted Garlic, Vegetable Base [Concentrated Vegetable Stock (Water, Carrots, Onion, Celery, Ginger, Garlic), Salt, Cooking Wine, Sugar, Natural Flavors, Turmeric], Honey, Basil, Salt, Crushed Red Pepper), Grilled Seasoned Chicken Breast Meat Strips (Chicken Breast Meat With Rib Meat, Water, Less Than 2% Rice Starch, Salt, Sugar, Vinegar), Zucchini, Artichoke, Tomato, And Spinach.

CONTAINS: MILK.

00851124006511

INSPECTED FOR WHOLESOMENESS U.S. DEPARTMENT OF AGRICULTURE P-44857

KEEP FROZEN

Lot #170541
Exp Date: 02/23/18

Manufactured by: Cadence Gourmet | Corona, CA 92880

Label display at the store level