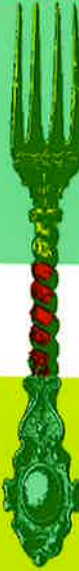


White Meat Chicken Salad

**TRADER
JOE'S®**



*with celery, carrots
and green onions*

perishable, keep refrigerated



NET WT.
10.5 OZ
(298g)

White Meat Chicken Salad

*with celery, carrots
and green onions*

Nutrition Facts

Serving Size 1/2 cup (99g)
Servings Per Container about 3

Amount Per Serving

Calories 250 Calories from Fat 170

% Daily Value*

Total Fat 19g **29%**

Saturated Fat 2.5g **13%**

Trans Fat 0g

Cholesterol 65mg **22%**

Sodium 630mg **26%**

Total Carbohydrate 3g **1%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 17g

Vitamin A 10% • Vitamin C 2%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS:
COOKED WHITE MEAT
CHICKEN(CHICKEN BREAST
WITH RIB MEAT, WATER,
CANOLA OIL, MODIFIED
POTATO STARCH, SALT,
SUGAR, LEMON JUICE
CONCENTRATE,
GRANULATED GARLIC,
BLACK PEPPER),
MAYONNAISE (EXPELLER
PRESSED CANOLA OIL,
WHOLE EGGS, APPLE CIDER
VINEGAR, WATER, EGG
YOLKS, SALT, WHITE
MUSTARD (DISTILLED
WHITE VINEGAR, WATER,
MUSTARD SEED, SALT),
LEMON JUICE
CONCENTRATE), CARROTS,
CELERY, GREEN ONION,
BLACK PEPPER, SUGAR.

CONTAINS EGGS.

DIST. & SOLD EXCLUSIVELY
BY: TRADER JOE'S,
MONROVIA, CA 91016



TRADER JOE'S®

CURRIED WHITE CHICKEN DELI SALAD

*with toasted cashews,
green onion
and a bit of honey*



NET WT.
11 OZ (312g)

PERISHABLE.
KEEP REFRIGERATED

TRADER JOE'S®

CURRIED WHITE CHICKEN DELI SALAD



Nutrition Facts

Serving Size 1/2 cup (104g/3.6 oz)
Servings Per Container 3

Amount Per Serving	
Calories 250	Calories from Fat 140
% Daily Value*	
Total Fat 16g	25%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 220mg	9%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	8%
Sugars 13g	
Protein 8g	
Vitamin A 40%	Vitamin C 6%
Calcium 2%	Iron 8%

* Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: GRILLED CHICKEN BREAST (BONELESS SKINLESS CHICKEN BREAST WITH RIB MEAT, WATER, EXPELLER PRESSED CANOLA OIL, MODIFIED POTATO STARCH, SALT, SUGAR, LEMON JUICE CONCENTRATE, GRANULATED GARLIC, BLACK PEPPER), MAYONNAISE (EXPELLER PRESSED CANOLA OIL, WHOLE EGGS, APPLE CIDER VINEGAR, WATER, EGG YOLKS, SALT, WHITE MUSTARD [DISTILLED VINEGAR, WATER, MUSTARD SEED, SALT], LEMON JUICE CONCENTRATE), CARROTS, RAISINS, GREEN ONIONS, TOASTED CASHEWS, HONEY, CURRY POWDER (SPICES, TURMERIC [COLOR], SALT, RED PEPPER, SPICE EXTRACT), LIME JUICE, DRIED CORIANDER, CUMIN SEED, CAYENNE PEPPER.

CONTAINS EGG, CASHEWS.

SKU#96626 WC

DIST. & SOLD EXCLUSIVELY BY:
TRADER JOE'S, MONROVIA, CA 91016



TRADER JOE'S®

TURKEY CRANBERRY APPLE SALAD



TURKEY BREAST MEAT WITH SWEET
DRIED CRANBERRIES, TANGY GREEN
APPLES, PECANS AND SAGE

PERISHABLE, KEEP REFRIGERATED

NET WT. 10.25 OZ (291g)



TURKEY CRANBERRY APPLE SALAD



Nutrition Facts

About 3 servings per container

Serving size 1/2 cup (100g)

Amount per serving

Calories 310

% Daily Value*

Total Fat 26g 33%

Saturated Fat 2.5g 13%

Trans Fat 0g

Cholesterol 50mg 17%

Sodium 370mg 16%

Total Carbohydrate 8g 3%

Dietary Fiber 1g 4%

Total Sugars 7g

Includes 5g Added Sugars 10%

Protein 11g

Vit. D 0.2mcg 0% • Calcium 20mg 0%

Iron 0.7mg 4% • Potas. 170mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: COOKED SEASONED TURKEY BREAST MEAT (TURKEY BREAST MEAT, WATER, SALT), MAYONNAISE (EXPELLER PRESSED CANOLA OIL, WHOLE EGGS, APPLE CIDER VINEGAR, WATER, EGG YOLKS, SALT, WHITE MUSTARD [DISTILLED WHITE VINEGAR, WATER, MUSTARD SEEDS, SALT], LEMON JUICE CONCENTRATE), SWEETENED DRIED CRANBERRIES (CRANBERRIES, SUGAR, SUNFLOWER OIL), CELERY, GREEN APPLES (GREEN APPLE, CALCIUM ASCORBATE), PECANS, RED ONION, LEMON JUICE, BLACK PEPPER, DRIED SAGE.

CONTAINS EGG, PECAN.

DIST. & SOLD EXCLUSIVELY
BY: TRADER JOE'S
MONROVIA, CA 91016

SKU# 60983-00122

