

Fish Paste 300g



Fish Paste with Black Moss & Coriander (300g X24 pkt)



Best Before: Shown on package

Nutrition Facts

Serving Size 100g
Servings Per Container 3

Amount per Serving		% Daily Value*
Calories 80	Calories from Fat 5	
Total Fat 0.5 g		1 %
Saturated 0 g		0 %
Trans 0 g		
Cholesterol less than 5 mg		
Sodium 580 mg		24 %
Total Carbohydrate 9 g		3 %
Dietary Fibre 1 g		2 %
Sugars 2 g		
Sorbitol 0 g		
Protein 9 g		
Vitamin A 0 %	Calcium 4 %	
Vitamin C 0 %	Iron 6 %	

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat. Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fibre	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS:

FISH Meat (Pangasius, Mangrove Red Snapper, Sugar, and Sodium Polyphosphate to retain moisture), Potato Starch, Monosodium Glutamate to enhance savory, Coriander, SESAME OIL, Salt, Garlic, Black Moss, Dextrose Monohydrate as sweetener, Onion Powder, Pepper, Fish Phosphate (E450, E451) as acidity regulator.

CONTAINS: FISH, SESAME,
MAY CONTAIN: TRACE OF WHEAT, SOYBEANS,
NUTS, MOLLUSCS & CRUSTACEANS.

MF Made in Malaysia
Manufactured for:
Mannarich Food Inc.
131 Finchdene Sq. #10, Scarborough, ON, Canada, M1X 1A6.

Cooking Suggestions:
Hot Pot, Fried Fish Cake, Soup, Stuffed Bell Pepper or Tofu, Fish Noodle...

食用建議: 火鍋、煎魚餅、放湯、煎釀辣椒或豆腐、魚麵...

For more recipes: 更多食譜:
www.mannarich.com

Fish Paste with Black Moss 2kg



Fish Ball With Black Moss 3kg



Fish Paste 2kg

FISH PASTE
PÂTE DE POISSON

MFG DATE : 15.05.2017
BEST BEFORE: 15.05.2019

NET WEIGHT / POIDS NET: 2 kg

INGREDIENTS / INGRÉDIENT
Fish Meat (Pangasius, Mangrove Red Snapper, Sugar, and Sodium Poly Phosphate), Potato Starch, Modified Corn Starch (E1422), Monosodium Glutamate, Sesame Oil, Salt, Garlic, Dextrose Monohydrate, Onion Powder, Pepper, Fish Phosphate (E450, E451).
Contains: Fish, Sesame. May contain traces of: Wheat, Soybean, Egg, Molluscs, Crustaceans.

Poisson (Pangasius, Mangrove Red Snapper, Sucre, Polyphosphate de Sodium), Pomme de Terre, Amidon de maïs modifié (E1422), Glutamate Monosodique, Huile de Sésame, Sel, Ail, Dextrose monohydraté, Poudre d'oignon, Poivre, Phosphate de Poisson (E450, E451).
Contient: Poisson, Sésame.
Peut contenir: Blé, Soja, Oeuf, Mollusques, Crustacés.

MADE IN MALAYSIA /
FABRIQUÉ EN MALAISIE
IMPORTED BY / IMPORTÉ PAR
Mannarich Food Inc.
439 S Cheryl Lane, Suite 20-23,
City of Industry, CA 91789.
Tel: 909-632-1643

PRODUCT MUST BE COOKED BEFORE CONSUMPTION /
LE PRODUIT DOIT ÊTRE CUIT AVANT LA CONSOMMATION



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FISH PASTE
PÂTE DE POISSON

MFG DATE : 15.05.2017
BEST BEFORE: 15.05.2019

NET WEIGHT / POIDS NET: 2kg x 8

INGREDIENTS / INGRÉDIENT
Fish Meat (Pangasius, Mangrove Red Snapper, Sugar, and Sodium Poly Phosphate), Potato Starch, Modified Corn Starch (E1422), Monosodium Glutamate, Sesame Oil, Salt, Garlic, Dextrose Monohydrate, Onion Powder, Pepper, Fish Phosphate (E450, E451).
Contains: Fish, Sesame. May contain traces: Wheat, Soybean, Molluscs, Crustaceans, Egg.

Poisson (Pangasius, Mangrove Red Snapper, Sucre, Polyphosphate de Sodium), Pomme de Terre, Amidon de maïs modifié (E1422), Glutamate Monosodique, Huile de Sésame, Sel, Ail, Dextrose monohydraté, Poudre d'oignon, Poivre, Phosphate de Poisson (E450, E451).
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