

Breast Italian Style Panko Breaded

With a breaded crust of Italian style panko bread crumbs.



BONELESS & SKINLESS

Chicken Breast

Italian Style Panko Breaded

Nutrition Facts

Serving Size 4 oz (114g) Servings Per Container Varied

Amount Per Serving

Calories 160 Calories from Fat 20

% Daily Value

0%

Total Fat 2g Saturated Fat Og 0%

Trans Fat 0g Cholesterol 55mg 16% Sodium 430ma 18% Total Carbohydrate 10g 3%

Dietary Fiber Og Sugars 0g

Protein 23a

Vitamin A 0% • Vitamin C 2% Calcium 0%

* Percent Daily Values are based on a 2,000 calorie diet ** Not a significant source of Vitamin A and Vitamin C

INGREDIENTS: CHICKEN BREAST BONELESS AND SKINLESS JAPANESE STYLE BREAD CRUMBS (BLEACHED WHEAT FLOUR, DEXTROSE, YEAST, SALT), BREAD CRUMBS (ENRICHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN FOLIC ACID, DEXTROSE, YEAST, SALT), GARLIC (POWDER AND MINCED), SUNFLOWER OIL, SALT, SPICES, SUGAR, AUTOLYZED YEAST EXTRACT, CORN BRAN, NATURAL FLAVORS, CITRIC ACID. BATTER (WATER, FLOUR (BLEACHED WHEAT FLOUR MALTED BARLEY FLOUR, BENZOYL PEROXIDE, NIACIN. REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHITE CORN FLOUR, CORN STARCH, SALT CONTAINS: WHEAT

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Cooking instructions:

CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY, FOR

KEEP REERIGERATED OR FROZEN THAW IN REFRIGERATOR OR

FROM OTHER FOODS, WASH WORKING SUR-

KEEP REFRIGERATED

USE OR FREEZE BY THE DATE STAMPED ON THIS PACKAGING



We welcome your questions



Mustard Panko Breaded

With a breaded crust of Mustard panko bread crumbs.



BONELESS & SKINLESS

Chicken Breast

Mustard Panko Breaded

Nutrition Facts

Serving Size 4 oz (114g) Servings Per Container Varied

Amount Per Serving

Calories 160	Calories from	Fat 20
	% Daily	Value*
Total Fat 2g		4%
Saturated Fat 0g		0%
Trans Fat	0g	
Cholesterol 55mg		16%
Sodium 300mg		12%
Total Carbohydrate 10g		3%
Dietary Fiber 1g		0%
Sugars 1g		

Protein 23g

Vitamin A 0% • Vitamin C 2% Calcium 0% • Iron 4%

Percent Daily Values are based on a 2,000 calorie diet * Not a significant source of Vitamin A and Vitamin C INGREDIENTS: CHICKEN BREAST BONELESS AND SKINLESS, JAPANESS ETYLE BREAD CRUMBS: (UNBLEACHED WHEAT FLOUR, DERTROSE, YEAST, SALT), DEHYDRATED MUSTARD BLEND (MISTARD SEED, YELLOW AND BROWN MUSTARD FLOUR), SUGRA, TUMMERIC, SALT AND SEA SALT, SOFTA OIL OR SUNFLOWER OIL, ONION AND GARLIC POWER, CITRIC ADID. BATTER (WATER, FLOUR, BLEACHED WHEAT FLOUR, MAITED BARLEY FLOUR, BESULTY, PERVISIOE, INACIN, REDUCED IRON, THIAMMIE MONONITRATE, RIBOFLAVIN, FOLIC ADD), WHITE ORDN FLOUR, CORN STARCH, SALT).

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Cooking instructions:

Baker Préheat oven to 425° F. Spray a baking dish with cooking spray. Remove panko breaded chicken cutlets from the package and arrange the cutlets in the baking dish. Place in the oven and bake for 20 minutes or until internal temperature reaches 165° F as measured by use of an instant read food thermometer.

SAFE HANDLING INSTRUCTIONS

HIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR FOULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD SALISE ILLINESS IF THE PRODUCT IS MISHAMOLE OR COOKED IMPROPERLY, FOR OUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

THAW IN REFRIGERATED OR FROZEN.
THAW IN REFRIGERATOR OR
MICROWAVE.

UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD

KEEP REFRIGERATED

USE OR FREEZE BY THE DATE STAMPED ON THIS PACKAGING



We welcome your questions and comments. Call; 1-800-ShopRite or Contact us at www.shoprite.com



Sundried Tomato Panko Breaded

With a breaded crust of Sundried Tomato panko bread crumbs.



Ready To Cook

BONELESS & SKINLESS Chicken Breast

Sundried Tomato Panko Breaded

0%

Nutrition Facts

Serving Size 4 oz (114g) Servings Per Container Varied

Amount Per Serving		
Calories 150	Calories from Fat 15	
	% Daily Value*	

Total Fat 1.5g 0% Saturated Fat 0g Trans Fat 0g Cholesterol 55mg 16% 14% Sodium 350mg

Total Carbohydrate 10g Dietary Fiber 1g Sugars 0g

Protein 23g

Vitamin A 0% • Vitamin C 2% Calcium 0% Iron 4% Percent Daily Values are based on a 2,000 calorie diet Not a significant source of Vitamin A and Vitamin C INGREDIENTS: CHICKEN BREAST BONELESS & SKINLESS JAPANESE STYLE BREAD CRUMBS (UNBLEACHED WHEAT FLOUR, DEXTROSE, YEAST, SALT) PARMESAN CHEESE/PASTEURIZED PART-SKIM MILK, CHEESE CULTURE SALT, ENZYMES), SUN DRIED TOMATO AND TOMATO, PAPRIKA EXTRACTIVES OF PAPRIKA, SALT, SEA SALT, BASIL, GARLIC CARAMEL COLOR) BATTER (WATER, FLOUR(BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, BENZOYL PEROXIDE NIACIN, REDUCED IRON, THIAMINE MONONITRATE RIBOFLAVIN, FOLIC ACID), WHITE CORN FLOUR, CORN STARCH, SALT)

CONTAINS: WHEAT, MILK

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KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

KEEP REFRIGERATED

USE OR FREEZE BY THE DATE STAMPED ON THIS PACKAGING



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BONELESS & SKINLESS

Chicken Breast

Parmesan Panko Breaded

Nutrition Facts

Serving Size 4 oz (114g) Servings Per Container Varied

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Amount Per Serv	ving	
Calories 160	Calories from	Fat 20
	% Daily	Value*
Total Fat 2g		4%
Saturated Fat 0g		1%
Trans Fat	0g	
Cholesterol 55mg		16%
Sodium 460mg		19%
Total Carbohydrate 10g		3%
Dietary Fiber 0g		0%

Vitamin A 0% • Vitamin C 2%

* Percent Daily Values are based on a 2,000 calorie diet

** Not a significant source of Vitamin A and Vitamin C

JAPANESE STYLE BREADCRUMBS (UNBLEACHED WHEAT FLOUR, EVAPORATED CANE JUICE, YEAST, SEA SALT) PARMESAN CHEESE (PASTEURIZED PART-SKIM MILK CHEESE CULTURE, SALT & ENZYMES), SALT, ONION & GARLIC POWDERS, SPICES, CITRIC ACID, TURMERIC-FOR COLOR. BATTER (WATER, FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, BENZOYL PEROXIDE, NIACIN, REDUCED IRON THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHITE CORN FLOUR, CORN STARCH, SALT) CONTAINS: WHEAT, MI IK

INGREDIENTS: CHICKEN BREAST BONELESS AND SKINLESS

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Cooking instructions:

Bake: Preheat oven to 425° F. Spray a baking dish with cooking spray. Remove panko breaded chicken cutlets from the package and arrange the cutlets in the baking dish. Place in the oven and bake for 20 minutes or until internal temperature reaches 165° F as measured by use of an instant read food thermometer.

POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY, FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS

KEEP REFRIGERATED OR FROZEN.

Sugars 1g

Protein 23a

Calcium 0%

FROM OTHER FOODS, WASH WORKING SLIR FACES (INCLUDING CUTTING BOARDS)

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD

KEEP REFRIGERATED

USE OR FREEZE BY THE DATE STAMPED ON THIS PACKAGING



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Parmesan Panko Breaded

With a breaded crust of Parmesan panko bread crumbs.