
H-E-B
FULLY COOKE
MICROWAVEABLE
GLUTEN FREE
SMOKED SEAS
Shredded Beef
with
BBQ SAUC
Enlarged To Show Texture
Serving Suggestion
U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST. 7066
MADE IN TEXAS


Nutrition Facts
Serving Size 1/2 Cup (140g)
Servings Per Container about 6
Amount Per Serving
Calories 190 Calories from Fat 35
% Daily Value*
Total Fat 4g 6%
Saturated Fat 1.5g 8%
Trans Fat 0g
Cholesterol 40mg 13%
Sodium 38%
Total Carbohydrate 17g
Dietary Fiber 1g 4%
Sugars 12g
Protein 21g
Vitamin A 4% • Vitamin C 4%
Calcium 4% • Iron 15%
INGREDIENTS: Smoked Beef (Beef, Water, Salt, Sugar, Flavorings, Dextrose, Sodium Phosphates), Barbecue Sauce (Water, Tomato Paste, Molasses, Worcestershire Sauce (Vinegar, Molasses, Corn Syrup, Water, Salt, Caramel Color, Garlic Powder, Sugar, Spices, Tamarind and Natural Flavor), High Fructose Corn Syrup, Sugar, Vinegar, Salt, Mustard Seed, Natural Smoke Flavor, Xanthan Gum, Tricalcium Phosphate, Onion Powder, Caramel Color, Dark Pepper, Spices, Garlic Powder, Dehydrated Garlic, Sodium Benzoate at less than 1% to preserve freshness.
MADE WITH PRIDE AND CARE FOR H-E-B, SAN ANTONIO TX. 78204
Heating Instructions
1
Remove sleeve and place tray in microwave. Do not peel off clear film. Do not puncture.
2
Heat on High for 4 1/2 minutes. The film will expand to form a bubble and self vent during heating.
3
Let cool for 1 minute. Use easy open tab to peel off film. Stir and serve.
CAUTION: Product will be HOT. DO NOT OVERHEAT. PRODUCT IS ALREADY COOKED.
Due to variations in equipment, cooking time and/or temperature may require adjustment.
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USE BY DEC 15 2017