

SOY & GLUTEN FREE

TRADER JOE'S®



COBB SALAD

**WITH GRILLED CHICKEN BREAST,
UNCURED BACON, BLUE & GORGONZOLA
CHEESES & RANCH DRESSING**

PERISHABLE, KEEP REFRIGERATED

NET WT. 9.5 OZ (269g)



COBB SALAD WITH GRILLED CHICKEN BREAST, UNCURED BACON, BLUE & GORGONZOLA CHEESES & RANCH DRESSING

Nutrition Facts

Serving Size 1 package (269g/9.5oz)
salad plus dressing
Servings Per Container 1

Amount Per Serving	WITH DRESSING*	WITHOUT DRESSING
Calories	380	260
Calories from Fat	250	140
% Daily Value**		
Total Fat 28g*	43%	25%
Saturated Fat 9g	45%	35%
Trans Fat 0g		
Cholesterol 140mg	47%	42%
Sodium 920mg	38%	32%
Total Carbohydrate 10g	3%	3%
Dietary Fiber 2g	8%	8%
Sugars 3g		
Protein 23g		
Vitamin A	160%	150%
Vitamin C	20%	15%
Calcium	15%	15%
Iron	8%	8%

* Amount with salad dressing. Dressing adds 120 calories, 110 calories from fat, 12g total fat (2g saturated fat), 15mg cholesterol, 140mg sodium, 2g carbohydrate, 1g sugar, 1g protein.

** Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: COBB SALAD: (ROMAINE LETTUCE, SPRING MIX [LOLLA ROSA, RED OAK, RED CHARD, RED ROMAINE, RED LEAF, GREEN LEAF, TANGO, MIZUNA, GREEN ROMAINE, GREEN CHARD, TAT-SOI, GREEN OAK], CITRUS CHICKEN [GRILLED CHICKEN (CHICKEN BREAST, WATER, POTATO STARCH, SEA SALT), CANOLA OIL, LEMON JUICE CONCENTRATE, POWDERED GARLIC, BLACK PEPPER, CANE SUGAR], GRAPE TOMATOES, EGGS, BLUE AND GORGONZOLA CHEESES [MILK, CHEESE CULTURES, SALT, ENZYMES, PENICILLIUM ROQUEFORTI], UNCURED BACON - NO NITRITES OR NITRATES ADDED EXCEPT THOSE NATURALLY OCCURRING IN SEA SALT AND CELERY JUICE POWDER [CURED WITH: WATER, SEA SALT, CANE SUGAR, NATURAL FLAVORS (CELERY JUICE POWDER)]], CARROTS). RANCH DRESSING: (SOUP CREAM [CULTURED MILK, CREAM, NON FAT MILK POWDER, GELATIN], LOW FAT BUTTERMILK, MAYONNAISE [EXPPELLER PRESSED CANOLA OIL, WATER, WHOLE EGGS, APPLE CIDER VINEGAR, EGG YOLKS, SALT, WHITE MUSTARD (DISTILLED WHITE VINEGAR, WATER, MUSTARD SEED, SALT), LEMON JUICE CONCENTRATE], OLIVE OIL, PARMESAN CHEESE [PART SKIM MILK, CHEESE CULTURE, SALT, ENZYMES], WATER, SEA SALT, TABASCO SAUCE [DISTILLED VINEGAR, RED PEPPER, SALT], APPLE CIDER VINEGAR, BLACK PEPPER, MOLASSES, GARLIC, LEMON JUICE CONCENTRATE, CHIVES, DILL, PARSLEY, SOY SAUCE [WATER, SOYBEANS, WHEAT FLOUR, SALT], GROUND CLOVES, MUSTARD FLOUR, CAYENNE CHILI PEPPER, GARLIC POWDER).

CONTAINS WHEAT, MILK, SOY, EGGS.

DIST. & SOLD EXCLUSIVELY BY:
TRADER JOE'S, MONROVIA, CA 91016



SKU# 071733 PNW B

PERISHABLE, KEEP REFRIGERATED

TRADER JOE'S®

UNCURED

BACON &
SPINACH

SALAD

WITH POPPY SEED DRESSING

SKU# 77693 VC/PNW

NET WT. 11 OZ (312G)

U.S.
INSPECTED
AND PASSED BY
DEPARTMENT OF
AGRICULTURE

TRADER JOE'S UNCURED BACON & SPINACH SALAD

Nutrition Facts

Serving Size 1 package (312g/11oz)
salad plus dressing
Servings Per Container 1

Amount Per Serving	WITH DRESSING*	WITHOUT DRESSING
Calories	550	320
Calories from Fat	320	180
% Daily Value**		
Total Fat 36g*	55%	31%
Saturated Fat 10g	50%	45%
Trans Fat 0g		
Cholesterol 195mg	65%	65%
Sodium 1100mg	46%	42%
Total Carbohydrate 32g	11%	3%
Dietary Fiber 3g	12%	12%
Sugars 10g		
Protein 25g		
Vitamin A	200%	200%
Vitamin C	70%	70%
Calcium	40%	40%
Iron	25%	20%

* Amount with salad dressing. Dressing adds 240 calories, 140 calories from fat, 16g total fat (1g saturated fat), 100mg sodium, 22g carbohydrate, 7g sugars.

** Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: SALAD (SPINACH, GRAPE TOMATOES, EGGS, UNCURED BACON - NO NITRITES OR NITRATES ADDED EXCEPT THOSE NATURALLY OCCURRING IN SEA SALT AND CELERY JUICE POWDER [CURED WITH: WATER, SEA SALT, CANE SUGAR, NATURAL FLAVORS], MOZZARELLA CHEESE [PART SKIM MILK, CHEESE CULTURES, SALT, ENZYMES]), POPPY SEED DRESSING (TAPIOCA SYRUP, GOLDEN BALSAMIC VINEGAR, VEGETABLE OIL BLEND [CANOLA OIL, EXTRA VIRGIN OLIVE OIL], CANE SUGAR, HONEY, POPPY SEEDS, MUSTARD FLOUR, SEA SALT, XANTHAN GUM).

CONTAINS EGGS, MILK.

DIST. & SOLD EXCLUSIVELY
BY: TRADER JOE'S,
MONROVIA, CA 91016



SKU# 77693 WC/PNW B