

**RAW**  
**DO NOT MICROWAVE**  
TO HELP PREVENT FOODBORNE ILLNESS  
CAUSED BY EATING RAW POULTRY



**COOKING INSTRUCTIONS:**

**COOK FROM FROZEN**

Conventional Oven Only\*

1. Preheat the oven to 400°F.
2. Remove plastic wrap and place the RAW pieces in a shallow pan.
3. Bake 1 to 4 RAW pieces for 30 minutes at 400°F.

**CAUTION:** Filling will be hot after cooking and may splatter. Let stand for about 2 minutes before serving.

\*Temperature settings on conventional ovens may vary, adjust accordingly.

**For Food Safety, bake this RAW PRODUCT to a minimum internal temperature of 165°F.**

1. Insert the meat thermometer on an angle to measure the temperature of the CENTER of the thickest part.
2. SEE DIAGRAM.



**SAFE HANDLING INSTRUCTIONS**

THIS PRODUCT IS REFRIGERATED AND PACKED MEAT AND POULTRY. COOK FROM FROZEN. BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN.  
THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEATS AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

COOK THOROUGHLY.  
KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

KOCH FOODS™

**OVEN**  
**Cravers®**

**CHICKEN KIEV**

Breaded Raw Stuffed Boneless Skinless Chicken Breasts with Rib Meat  
Stuffed with Butter, Spices & Chives



**RAW PRODUCT:**  
FOR FOOD SAFETY, COOK TO A  
MINIMUM INTERNAL TEMPERATURE  
OF 165°F MEASURED BY A MEAT THERMOMETER.



**RAW CHICKEN**

**DO NOT MICROWAVE**

**OVEN BAKE ONLY**

**KEEP FROZEN**

**NET WT 5 OZ (142g)**

**Nutrition Facts**

Serving Size 1 Package (142g)  
Servings Per Container 1  
Calories 320  
Calories from Fat 140

| Amount / Serving        | % Daily Value* | Amount / Serving       | % Daily Value* |
|-------------------------|----------------|------------------------|----------------|
| <b>Total Fat</b> 16g    | <b>25%</b>     | <b>Total Carb.</b> 25g | <b>8%</b>      |
| Saturated Fat 9g        | <b>45%</b>     | Dietary Fiber 1g       | <b>4%</b>      |
| Trans Fat 0g            |                | Sugars 3g              |                |
| <b>Cholesterol</b> 85mg | <b>28%</b>     | <b>Protein</b> 20g     |                |
| <b>Sodium</b> 580mg     | <b>24%</b>     |                        |                |
| Vitamin A 15%           | Vitamin C 2%   | Calcium 2%             | Iron 6%        |

\*Percent Daily Values are based on a 2,000 calorie diet.

**INGREDIENTS:** BONELESS SKINLESS BREAST OF CHICKEN WITH RIB MEAT CONTAINING UP TO 8% SOLUTION OF WATER, SEASONING (SUGAR, SALT, DEHYDRATED CHICKEN BROTH, DEHYDRATED GARLIC, DEHYDRATED ONION), SODIUM PHOSPHATES. BREADED WITH: BLEACHED WHEAT FLOUR, DEXTROSE, SOYBEAN OIL, GROUND PAPRIKA, SALT, MONO AND DIPHOSPHATES, SODIUM ACID PYROPHOSPHATES, SODIUM BICARBONATE, MONO AND DIGLYCERIDES, NATURAL FLAVOR, SPICE EXTRACTIVES. FILLED WITH: UNSALTED BUTTER (PASTEURIZED CREAM, LACTIC ACID, DIACETYL), SEASONING (SALT, DEHYDRATED GARLIC, SUGAR, DEXTROSE, SPICES, NATURAL FLAVORINGS, ANIATO EXTRACT, OLEORESIN TURMERIC), CHIVES. BATTERED WITH: WATER, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, YELLOW CORN FLOUR, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATES, SODIUM BICARBONATE), PRE-BROWNED IN VEGETABLE OIL.

CONTAINS: MILK, SOY, WHEAT.  
DISTRIBUTED BY KOCH FOODS, INC., PARK RIDGE, ILLINOIS 60068

PLEASE CONTACT US WITH COMMENTS OR QUESTIONS: **Koch Foods Oven Cravers®**  
1300 W. Higgins Rd. • Park Ridge, Illinois 60068  
800.692.4648 • [www.OvenCravers.com](http://www.OvenCravers.com)



KOCH FOODS™



RAW PRODUCT  
**BREADED STUFFED  
CHICKEN BREAST**

53134

**KIEV**

PERISHABLE KEEP FROZEN  
2 - 14 PACK BOXES



Prepared with care by:  
KOCH FOODS INC.,  
PARK RIDGE, IL 60068



| SIZE | PCS. | NET WT.  |
|------|------|----------|
| 5    | 28   | 8.75 LBS |

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**RAW**  
**DO NOT MICROWAVE**  
 TO HELP PREVENT FOODBORNE ILLNESS  
 CAUSED BY EATING RAW POULTRY



**COOKING INSTRUCTIONS:**

**COOK FROM FROZEN**

Conventional Oven Only\*

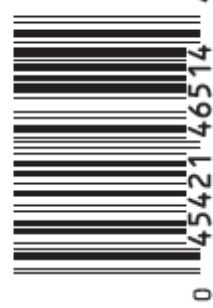
1. Preheat the oven to 400°F.
2. Remove plastic wrap and place the RAW pieces in a shallow pan.
3. Bake 1 to 4 RAW pieces for 30 minutes at 400°F.

**CAUTION:** Filling will be hot after cooking and may splatter. Let stand for about 2 minutes before serving.

\*Temperature settings on conventional ovens may vary, adjust accordingly.

**For Food Safety, bake this RAW PRODUCT to a minimum internal temperature of 165°F.**

1. Insert the meat thermometer on an angle to measure the temperature of the **CENTER** of the thickest part.
2. SEE DIAGRAM.



**SAFE HANDLING INSTRUCTIONS**

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS NOT HANDLED PROPERLY. FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN.  
 THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEATS AND POULTRY SEPARATE FROM OTHER FOODS, WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

COOK THOROUGHLY.  
 KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

KOCH FOODS™

**OVEN**  
**Cravers®**

**CHICKEN PARMESAN**  
 Breaded Raw Stuffed Chicken Breasts with Rib Meat  
 Filled with \*Four Cheeses in Marinara Sauce



**RAW PRODUCT:**  
 FOR FOOD SAFETY, COOK TO A  
 MINIMUM INTERNAL TEMPERATURE  
 OF 165°F MEASURED BY A MEAT THERMOMETER.



SPRINKLE  
 SUGGESTIONS  
 AFTER BAKING

**RAW CHICKEN**

**DO NOT MICROWAVE**

**OVEN BAKE ONLY**

**KEEP FROZEN**  
**NET WT 5 OZ (142g)**

**Nutrition Facts**

Serving Size 1 Package (142g)  
 Servings Per Container 1  
 Calories 280  
 Calories from Fat 100

| Amount / Serving        | % Daily Value* | Amount / Serving              | % Daily Value* |
|-------------------------|----------------|-------------------------------|----------------|
| <b>Total Fat</b> 11g    | <b>17%</b>     | <b>Total Carbohydrate</b> 23g | <b>8%</b>      |
| Saturated Fat 4g        | <b>20%</b>     | Dietary Fiber 1g              | <b>4%</b>      |
| Trans Fat 0g            |                | Sugars 4g                     |                |
| <b>Cholesterol</b> 60mg | <b>20%</b>     | <b>Protein</b> 22g            |                |
| <b>Sodium</b> 520mg     | <b>22%</b>     |                               |                |
| Vitamin A 8%            | Vitamin C 0%   | Calcium 10%                   | Iron 8%        |

\*Percent Daily Values are based on a 2,000 calorie diet.

**INGREDIENTS:** BONELESS BREAST OF CHICKEN WITH RIB MEAT, WATER, SEASONINGS (SUGAR, SALT, DEHYDRATED CHICKEN BROTH, DEHYDRATED GARLIC, DEHYDRATED ONION, SODIUM PHOSPHATE), FILLING WITH: MARINARA SAUCE (TOMATO PUREE [WATER, TOMATO PASTE], DRIED TOMATOES IN TOMATO JUICE, SUGAR, VEGETABLE OIL, CORN AND/OR COTTOBBERED AND/OR CANNOLA, SALT, DEHYDRATED ONIONS, SPICES, DEHYDRATED GARLIC, CITRIC ACID, FLAVORING), \*SMOKED PROVOLONE CHEESE (PASTEURIZED COW'S MILK, CHEESE CULTURES, SALT, ENZYMES, SMOKE FLAVOR), \*MOZZARELLA CHEESE (PASTEURIZED SWISS COW'S MILK, CHEESE CULTURES, SALT, ENZYMES, POWDERED CELLULOSE, AND CALCIUM PROPIONATE), TOMATO PASTE (TOMATOES), \*ROMANO STYLE CHEESE (ROMANO CHEESE [SHEEP'S MILK, CHEESE CULTURES, SALT, ENZYMES, WATER, MILK PROTEIN, MODIFIED FOOD STARCH, PARTIALLY HYDROGENATED SOYBEAN OIL, SALT, DISODIUM PHOSPHATE, CITRIC ACID, GEAR RUM, POWDERED CELLULOSE, CALCIUM PROPIONATE), \*PARMESAN CHEESE (PASTEURIZED COW'S MILK, CHEESE CULTURES, SALT, ENZYMES, POWDERED CELLULOSE, CALCIUM PROPIONATE), MODIFIED CORN STARCH, GELATIN, UNADDED WHITE SUGAR, ORGANO, BAOI, GARLIC POWDER, GRANULATED ONION, BLEACHED WITH BLEACHED WHEAT FLOUR, DEXTROSE, SOYBEAN OIL, GROUND PAPAYA, SALT, NONFAT DRIED MILK, LEAVENING (SODIUM ACID PHOSPHATE, SODIUM BICARBONATE, MONO AND DIBLYCERIDES, NATURAL FLAVOR, SPICE EXTRACTIVES). BATTERED WITH WATER, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, FERROS SULFATE, THIAMINE MONONITRATE, FOLIC ACID, RIBOFLAVIN, PANTOTHENIC ACID, NIACIN, VITAMIN B6, VITAMIN E), SALT, LEAVENING (SODIUM ACID PHOSPHATE, SODIUM BICARBONATE), PRE-ENRICHED IN VEGETABLE OIL. CONTAINS MILK, WHEAT, SOY. DISTRIBUTED BY KOCH FOODS, INC., PARK RIDGE, ILLINOIS 60088

PLEASE CONTACT US WITH COMMENTS OR QUESTIONS: **Koch Foods Oven Cravers®**  
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KOCH FOODS™



RAW PRODUCT  
BREADED STUFFED  
CHICKEN BREAST  
PARMESAN

PERISHABLE KEEP FROZEN  
2 - 14 PACK BOXES

53136



Prepared with care by:  
KOCH FOODS INC.,  
PARK RIDGE, IL 60068



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|      |      |          |
|------|------|----------|
| SIZE | PCS. | NET WT.  |
| 5    | 28   | 8.75 LBS |

**Nutrition Facts**  
Serving Size 1 piece (142g)  
Servings Per Container 2

| Amount Per Serving     |                       |  |                |
|------------------------|-----------------------|--|----------------|
| Calories 220           | Calories from Fat 100 |  | % Daily Value* |
| Total Fat 11g          |                       |  | 21%            |
| Saturated Fat 4g       |                       |  | 8%             |
| Trans Fat 0g           |                       |  | 0%             |
| Cholesterol 60mg       |                       |  | 12%            |
| Sodium 520mg           |                       |  | 22%            |
| Total Carbohydrate 23g |                       |  | 8%             |
| Dietary Fiber 1g       |                       |  | 4%             |
| Sugars 4g              |                       |  | 8%             |
| Protein 22g            |                       |  | 44%            |

Vitamin A 8% • Vitamin C 0%  
Calcium 10% • Iron 8%

\*Percent Daily Values are based on a diet of other people's secrets. Your daily values may be higher or lower depending on your calorie needs:  
Calories: 2000 • 2500

|                    | Less than | 45g     | 45g     |
|--------------------|-----------|---------|---------|
| Total Fat          | Less than | 20g     | 25g     |
| Cholesterol        | Less than | 300mg   | 300mg   |
| Sodium             | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | Less than | 30g     | 37g     |
| Dietary Fiber      | Less than | 2g      | 2g      |

Contains 2g protein.  
Listed as a carbohydrate & a protein & sodium source. This product is not a good source of fiber. It contains 1g of dietary fiber per serving. It is a good source of protein. It is a good source of calcium. It is a good source of iron. It is a good source of potassium. It is a good source of magnesium. It is a good source of zinc. It is a good source of phosphorus. It is a good source of selenium. It is a good source of copper. It is a good source of manganese. It is a good source of chromium. It is a good source of molybdenum. It is a good source of vanadium. It is a good source of cobalt. It is a good source of nickel. It is a good source of boron. It is a good source of silicon. It is a good source of aluminum. It is a good source of gallium. It is a good source of indium. It is a good source of tin. It is a good source of lead. It is a good source of bismuth. It is a good source of antimony. It is a good source of arsenic. It is a good source of selenium. It is a good source of tellurium. It is a good source of polonium. It is a good source of astatine. It is a good source of francium. It is a good source of radium. It is a good source of actinium. It is a good source of thorium. It is a good source of protactinium. It is a good source of uranium. It is a good source of neptunium. It is a good source of plutonium. It is a good source of americium. It is a good source of curium. It is a good source of berkelium. It is a good source of californium. It is a good source of einsteinium. It is a good source of fermium. It is a good source of mendelevium. It is a good source of nobelium. It is a good source of lawrencium.

**RAW-DO NOT MICROWAVE**  
TO HELP PREVENT FOODBORNE ILLNESS CAUSED BY EATING RAW POULTRY

**COOKING INSTRUCTIONS:**  
Cook From Frozen

**CONVENTIONAL OVEN ONLY\***

1. Preheat the oven to 400°F.
2. Remove plastic wrap and place the RAW pieces in a shallow pan.
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1. Insert meat thermometer on an angle to measure the temperature of the CENTER.
2. SEE DIAGRAM.

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KEEP FROZEN.  
KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS, ESPECIALLY VEGETABLES, FRUITS, BREADS, AND DAIRY AFTER TOUCHING RAW MEAT OR POULTRY.  
COOK THOROUGHLY.  
KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.  
RECYCLE: CENTER MADE FROM RECYCLABLE MATERIAL. KEEP FROZEN.

**KOCH FOODS GUARANTEES**  
THAT THIS PRODUCT MEETS OUR HIGHEST QUALITY EXPECTATIONS.

PLEASE CONTACT US WITH COMMENTS OR QUESTIONS:  
Koch Foods Oven Cravers  
1300 W. Higgins Rd.  
Park Ridge, IL 60068  
800.692.4548  
www.OvenCravers.com

**Nutrition Facts**  
Serving Size 1 piece (142g)  
Servings Per Container 2

| Amount Per Serving     |                       |  |                |
|------------------------|-----------------------|--|----------------|
| Calories 220           | Calories from Fat 100 |  | % Daily Value* |
| Total Fat 11g          |                       |  | 21%            |
| Saturated Fat 4g       |                       |  | 8%             |
| Trans Fat 0g           |                       |  | 0%             |
| Cholesterol 60mg       |                       |  | 12%            |
| Sodium 520mg           |                       |  | 22%            |
| Total Carbohydrate 23g |                       |  | 8%             |
| Dietary Fiber 1g       |                       |  | 4%             |
| Sugars 4g              |                       |  | 8%             |
| Protein 22g            |                       |  | 44%            |

Vitamin A 8% • Vitamin C 0%  
Calcium 10% • Iron 8%

\*Percent Daily Values are based on a diet of other people's secrets. Your daily values may be higher or lower depending on your calorie needs:  
Calories: 2000 • 2500

|                    | Less than | 45g     | 45g     |
|--------------------|-----------|---------|---------|
| Total Fat          | Less than | 20g     | 25g     |
| Cholesterol        | Less than | 300mg   | 300mg   |
| Sodium             | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | Less than | 30g     | 37g     |
| Dietary Fiber      | Less than | 2g      | 2g      |

Contains 2g protein.  
Listed as a carbohydrate & a protein & sodium source. This product is not a good source of fiber. It contains 1g of dietary fiber per serving. It is a good source of protein. It is a good source of calcium. It is a good source of iron. It is a good source of potassium. It is a good source of magnesium. It is a good source of zinc. It is a good source of phosphorus. It is a good source of selenium. It is a good source of copper. It is a good source of manganese. It is a good source of chromium. It is a good source of molybdenum. It is a good source of vanadium. It is a good source of cobalt. It is a good source of nickel. It is a good source of boron. It is a good source of silicon. It is a good source of aluminum. It is a good source of gallium. It is a good source of indium. It is a good source of tin. It is a good source of lead. It is a good source of bismuth. It is a good source of antimony. It is a good source of arsenic. It is a good source of selenium. It is a good source of tellurium. It is a good source of polonium. It is a good source of astatine. It is a good source of francium. It is a good source of radium. It is a good source of actinium. It is a good source of thorium. It is a good source of protactinium. It is a good source of uranium. It is a good source of neptunium. It is a good source of plutonium. It is a good source of americium. It is a good source of curium. It is a good source of berkelium. It is a good source of californium. It is a good source of einsteinium. It is a good source of fermium. It is a good source of mendelevium. It is a good source of nobelium. It is a good source of lawrencium.

**RAW-DO NOT MICROWAVE**  
TO HELP PREVENT FOODBORNE ILLNESS CAUSED BY EATING RAW POULTRY

**COOKING INSTRUCTIONS:**  
Cook From Frozen

**CONVENTIONAL OVEN ONLY\***

1. Preheat the oven to 400°F.
2. Remove plastic wrap and place the RAW pieces in a shallow pan.
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1. Insert meat thermometer on an angle to measure the temperature of the CENTER.
2. SEE DIAGRAM.

**SAFE HANDLING INSTRUCTIONS**  
THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT CAUSE ILLNESS. FOLLOW THESE SAFE HANDLING INSTRUCTIONS.  
KEEP FROZEN.  
KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS, ESPECIALLY VEGETABLES, FRUITS, BREADS, AND DAIRY AFTER TOUCHING RAW MEAT OR POULTRY.  
COOK THOROUGHLY.  
KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.  
RECYCLE: CENTER MADE FROM RECYCLABLE MATERIAL. KEEP FROZEN.

**KOCH FOODS GUARANTEES**  
THAT THIS PRODUCT MEETS OUR HIGHEST QUALITY EXPECTATIONS.

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KOCH FOODS™



RAW PRODUCT  
BREADED STUFFED  
CHICKEN BREAST  
PARMESAN

PERISHABLE KEEP FROZEN  
12 - 2 PACK BOXES

53140



Prepared with care by:  
KOCH FOODS INC.,  
PARK RIDGE, IL 60068



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|      |      |         |
|------|------|---------|
| SIZE | PCS. | NET WT. |
| 5    | 24   | 7.5 LBS |

**#583**

RAW STUFFED CHICKEN CORDON BLEU

Keep Frozen  
Raw Product  
Cook Thoroughly

BREADED, BONELESS CHICKEN BREAST WITH RIB MEAT,  
FILLED WITH BLENDING CHEESES AND COOKED HAM

**RAW PRODUCT**  
FOR FOOD SAFETY COOK TO A MINIMUM INTERNAL  
TEMPERATURE OF 165 F. MEASURED BY A MEAT THERMOMETER.

**RAW CHICKEN**

**RAW PRODUCT**

4-5 OZ. PORTIONS

**SAFE HANDLING INSTRUCTIONS**

DO NOT REFRIGERATE. ALWAYS STORE AND KEEP FROZEN. ALWAYS COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165 F. MEASURED BY A MEAT THERMOMETER. DO NOT REFRIGERATE. ALWAYS STORE AND KEEP FROZEN. ALWAYS COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165 F. MEASURED BY A MEAT THERMOMETER.

**NET WT. 20 OZ. (1 LB. 4 OZ.) 567g**

**TASTY tidbits™**  
Premium Sliced Ham

**SCHWAN'S**  
QUALITY FOOD HOME DELIVERY

**#583**

**#583**

RAW STUFFED CHICKEN CORDON BLEU

Keep Frozen  
Cook Thoroughly

**RAW-DO NOT MICROWAVE**

**COOKING INSTRUCTIONS:**

- Remove from the freezer (do not thaw).
- Place in preheated oven or convection of 375 minutes.
- COOK FOR 15-20 MINUTES WITH THERMOMETER TO 165 F. INTERNAL TEMPERATURE.

**CONTAINS: MILK, WHEAT**

**INGREDIENTS:** CHICKEN BREAST, BREAD CRUMBS, CHEESE, HAM, BUTTER, FLAVOR ENHANCERS, SALT, PEPPER, GARLIC POWDER, ONION POWDER, SUGAR, MONOSODIUM PHOSPHATE, POTASSIUM ACETATE, SODIUM ACETATE, SODIUM CITRATE, SODIUM DIACETATE, SODIUM DIHYDROGEN PHOSPHATE, SODIUM HYDROGEN SULFATE, SODIUM LACTATE, SODIUM METAPHOSPHATE, SODIUM PHOSPHATE, SODIUM PYROPHOSPHATE, SODIUM TRIPHOSPHATE, SODIUM XANTHAN GUM, SODIUM ACID PHOSPHATE, SODIUM ALUMINUM PHOSPHATE, SODIUM BIPHOSPHATE, SODIUM DIPHOSPHATE, SODIUM TRIPHOSPHATE, SODIUM TETRAPHOSPHATE, SODIUM PENTAPHOSPHATE, SODIUM HEXAPHOSPHATE, SODIUM SEPTAPHOSPHATE, SODIUM OCTAPHOSPHATE, SODIUM NONAPHOSPHATE, SODIUM DECAPHOSPHATE, SODIUM UNDECAPHOSPHATE, SODIUM DODECAPHOSPHATE, SODIUM TRISODIUM CITRATE, SODIUM TRISODIUM CITRATE DIHYDRATE, SODIUM TRISODIUM CITRATE TRIHYDRATE, SODIUM TRISODIUM CITRATE HEXAHYDRATE, SODIUM TRISODIUM CITRATE MONOHYDRATE, SODIUM TRISODIUM CITRATE DIHYDRATE, SODIUM TRISODIUM CITRATE TRIHYDRATE, SODIUM TRISODIUM CITRATE HEXAHYDRATE, SODIUM TRISODIUM CITRATE MONOHYDRATE.

**Nutrition Facts**

|                              |     |
|------------------------------|-----|
| Amount Per Serving (1/20 OZ) |     |
| % Daily Value*               |     |
| Total Fat                    | 14% |
| Total Protein                | 27% |
| Total Carbohydrate           | 13% |
| Sodium                       | 13% |
| Total Fat 15g                | 27% |
| Total Protein 27g            | 54% |
| Total Carbohydrate 13g       | 26% |
| Sodium 13g                   | 26% |

**SAFE HANDLING INSTRUCTIONS**

DO NOT REFRIGERATE. ALWAYS STORE AND KEEP FROZEN. ALWAYS COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165 F. MEASURED BY A MEAT THERMOMETER. DO NOT REFRIGERATE. ALWAYS STORE AND KEEP FROZEN. ALWAYS COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165 F. MEASURED BY A MEAT THERMOMETER.

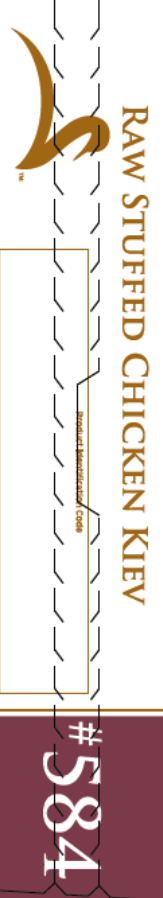
**CONTAINS: MILK, WHEAT**

**INGREDIENTS:** CHICKEN BREAST, BREAD CRUMBS, CHEESE, HAM, BUTTER, FLAVOR ENHANCERS, SALT, PEPPER, GARLIC POWDER, ONION POWDER, SUGAR, MONOSODIUM PHOSPHATE, POTASSIUM ACETATE, SODIUM ACETATE, SODIUM CITRATE, SODIUM DIACETATE, SODIUM DIHYDROGEN PHOSPHATE, SODIUM HYDROGEN SULFATE, SODIUM LACTATE, SODIUM METAPHOSPHATE, SODIUM PHOSPHATE, SODIUM PYROPHOSPHATE, SODIUM TRIPHOSPHATE, SODIUM XANTHAN GUM, SODIUM ACID PHOSPHATE, SODIUM ALUMINUM PHOSPHATE, SODIUM BIPHOSPHATE, SODIUM DIPHOSPHATE, SODIUM TRIPHOSPHATE, SODIUM TETRAPHOSPHATE, SODIUM PENTAPHOSPHATE, SODIUM HEXAPHOSPHATE, SODIUM SEPTAPHOSPHATE, SODIUM OCTAPHOSPHATE, SODIUM NONAPHOSPHATE, SODIUM DODECAPHOSPHATE, SODIUM TRISODIUM CITRATE, SODIUM TRISODIUM CITRATE DIHYDRATE, SODIUM TRISODIUM CITRATE TRIHYDRATE, SODIUM TRISODIUM CITRATE HEXAHYDRATE, SODIUM TRISODIUM CITRATE MONOHYDRATE, SODIUM TRISODIUM CITRATE DIHYDRATE, SODIUM TRISODIUM CITRATE TRIHYDRATE, SODIUM TRISODIUM CITRATE HEXAHYDRATE, SODIUM TRISODIUM CITRATE MONOHYDRATE.

**NET WT. 20 OZ. (1 LB. 4 OZ.) 567g**

**SCHWAN'S**  
QUALITY FOOD HOME DELIVERY

**#583**



**#584**

**RAW STUFFED CHICKEN KIEV**

Keep Frozen Raw Product, Cook Thoroughly

**RAW CHICKEN**

**RAW PRODUCT**  
FOR FOOD SAFETY COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165°F MEASURED BY A MEAT THERMOMETER.

4-5 OZ. PORTIONS

NET WT. 20 OZ.  
(1 LB. 4 OZ.) 567g

**#584**

**RAW STUFFED CHICKEN KIEV**

Keep Frozen Raw Product, Cook Thoroughly

**RAW-DO NOT MICROWAVE**

**COOKING INSTRUCTIONS:**  
1. Preheat oven to 375°F (190°C) fan mode and place on defrost setting.  
2. Cook for 20-25 minutes.  
3. Cook in preheated oven for 30-35 minutes.

**FOR FOOD SAFETY AND QUALITY, FOLLOW THESE COOKING INSTRUCTIONS. THE PRODUCT MUST BE COOKED TO AN INTERNAL TEMPERATURE OF 165°F FROM TO CENTER.**

**CAUTION:** Refrigerate right after cooking. Do not refreeze. If not refrozen, use within 24 hours.

**NOTE:** Some items may vary in size and weight. All meat operations comply with USDA regulations.

**GoOnline Get Rewarded!**  
Schwan's Rewards  
schwans.com/rewards

**SAFE HANDLING INSTRUCTIONS**  
DO NOT EAT ANY MEAT OR BIRD PRODUCT THAT HAS BEEN THAWED AND FROZEN AGAIN. DO NOT REFRIGERATE OR FREEZE ANY MEAT OR BIRD PRODUCT THAT HAS BEEN THAWED AND FROZEN AGAIN. DO NOT REFRIGERATE OR FREEZE ANY MEAT OR BIRD PRODUCT THAT HAS BEEN THAWED AND FROZEN AGAIN.

**562348**



**HOME DINING SELECTIONS**

**70107**

**KEEP FROZEN**

**NET WEIGHT 18 LBS.**

Prepared Especially For: HOME DINING SELECTIONS™, Tampa, FL 33647

**CHICKEN VARIETY PACK**

FRITTER STYLE CHICKEN TENDERLOINS  
RAW BREADED CORDON BLEU  
CHICKEN BREAST - up to 25% Solution Added  
HONEY DIJON MARINADE  
SOUTHWESTERN BRAND MARINADE  
LEMON HERB MARINADE

"INDIVIDUAL PORTIONS NOT TO BE SOLD SEPARATELY"

**INSPECTED FOR ACCURACY BY U.S. DEPARTMENT OF AGRICULTURE P-1358**





**HOME DINING  
SELECTIONS**

**80108**

**CHICKEN VARIETY PACK**

FRITTER STYLE CHICKEN TENDERLOINS  
RED PLUM TERIYAKI THIGH MARINADE  
HONEY DIJON MARINADE  
SOUTHWESTERN BRAND MARINADE  
LEMON HERB MARINADE  
RAW BREADED CORDON BLEU

"INDIVIDUAL PORTIONS NOT  
TO BE SOLD SEPARATELY"

**KEEP FROZEN**

**NET WEIGHT 18 LBS.**

Prepared Especially For: HOME DINING SELECTIONS™, Tampa, FL 33647



**HOME DINING  
SELECTIONS**

**80109**

**CHICKEN VARIETY PACK**

FRITTER STYLE CHICKEN TENDERLOINS  
RAW BREADED CHICKEN CORDON BLEU  
CHICKEN BREAST - up to 25% Solution Added  
LEMON PEPPER FLAVOR  
HONEY DIJON FLAVOR  
SOUTHWESTERN FLAVOR

"INDIVIDUAL PORTIONS NOT  
TO BE SOLD SEPARATELY"

**KEEP FROZEN**

**NET WEIGHT 18 LBS.**

Prepared Especially For: HOME DINING SELECTIONS™, Tampa, FL 33647



**HOME DINING  
SELECTIONS**

**80116**

**CHICKEN VARIETY PACK**

FRITTER STYLE CHICKEN TENDERLOINS  
RAW BREADED CHICKEN CORDON BLEU  
CHICKEN BREAST - up to 25% Solution Added  
LEMON PEPPER FLAVOR  
ITALIAN STYLE FLAVOR  
SOUTHWESTERN FLAVOR

"INDIVIDUAL PORTIONS NOT  
TO BE SOLD SEPARATELY"

**KEEP FROZEN**

**NET WEIGHT 18 LBS.**

Prepared Especially For: HOME DINING SELECTIONS™, Tampa, FL 33647





**HOME DINING  
SELECTIONS**

**80130**

## **CHICKEN VARIETY PACK**

FRITTER STYLE CHICKEN TENDERLOINS  
RAW BREADED CHICKEN CORDON BLEU  
CHICKEN BREAST - up to 25% Solution Added  
LEMON PEPPER FLAVOR  
HONEY DIJON FLAVOR  
ITALIAN STYLE FLAVOR

"INDIVIDUAL PORTIONS NOT  
TO BE SOLD SEPARATELY"

**KEEP FROZEN**

**NET WEIGHT 15.5 LBS.**

Prepared Especially For: **HOME DINING SELECTIONS™**, Tampa, FL 33647



# RAW - DO NOT MICROWAVE

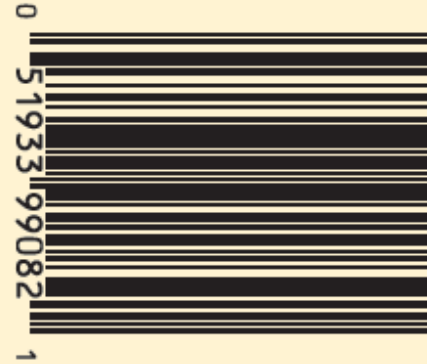
TO HELP PREVENT FOODBORNE ILLNESS CAUSED BY EATING RAW POULTRY

## COOKING INSTRUCTIONS: Cook From Frozen

**Conventional Oven Only\*** 1. Preheat the oven to 400°F. 2. Remove plastic wrap and place the RAW pieces in a shallow pan. 3. Bake 1 to 4 RAW pieces for 30 minutes at 400°F. **CAUTION:** Filling will be hot after cooking and may splatter. Let stand for about 2 minutes before serving. \*Temperature settings on conventional ovens may vary, adjust accordingly.

**For Food Safety, bake this RAW PRODUCT to a minimum internal temperature of 165°F.**

1. Insert the meat thermometer on an angle to measure the temperature of the CENTER of the thickest part. 2. SEE DIAGRAM.



**SHANER'S**  
EXPERIENCE QUALITY

# RAW STUFFED CHICKEN BREAST

BREADED BONELESS CHICKEN BREAST WITH RIB MEAT



*Cordon Bleu* STUFFED WITH CHEESE & HAM

### RAW CHICKEN



KEEP FROZEN

RAW PRODUCT:

FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165°F MEASURED BY A MEAT THERMOMETER



serving suggestion after baking



NET WT 5 OZ (142g)

KEEP FROZEN

KEEP FROZEN

### Nutrition Facts

Serving Size 1 Package (142g)  
Servings Per Container 1  
Calories 240  
Calories from Fat 50

| Amount / Serving        | % Daily Value* | Amount / Serving       | % Daily Value* |
|-------------------------|----------------|------------------------|----------------|
| <b>Total Fat</b> 6g     | <b>9%</b>      | <b>Total Carb.</b> 21g | <b>7%</b>      |
| Saturated Fat 2.5g      | 13%            | Dietary Fiber 1g       | 4%             |
| Trans Fat 0g            |                | Sugars 3g              |                |
| <b>Cholesterol</b> 70mg | <b>23%</b>     | <b>Protein</b> 23g     |                |
| <b>Sodium</b> 580mg     | <b>24%</b>     |                        |                |
| Vitamin A 6%            | Vitamin C 0%   | Calcium 6%             | Iron 6%        |

\*Percent Daily Values are based on a 2,000 calorie diet.

**INGREDIENTS:** BONELESS SKINLESS BREAST OF CHICKEN WITH RIB MEAT WITH UP TO 8% SOLUTION OF WATER, SEASONING (SUGAR, SALT, DEHYDRATED CHICKEN BROTH, DEHYDRATED GARLIC, DEHYDRATED ONION), SODIUM PHOSPHATE, FILLED WITH PROCESSED SWISS CHEESE (SWISS CHEESE MILK, CHEESE CULTURES, SALT, ENZYMES, WATER, SODIUM PHOSPHATE, CREAM, SALT), CANNON BRAND HAM-WATER ADDED-MIXED IN USA PORK, CURED WITH A SOLUTION OF WATER, SUGAR, SALT, SODIUM LACTATE, SODIUM PHOSPHATE, SODIUM DICARBONATE, SODIUM BIPHOSPHATE, SODIUM NITRITE, WHOLE MILK, MODIFIED CORN STARCH, BREADED WITH: BLEACHED WHEAT FLOUR, DEXTROSE, SOYBEAN OIL, GROUND PAPRIKA, SALT, NONFAT DRIED MILK, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONO AND DIALLYLCEDES, NATURAL FLAVOR, SPICE EXTRACTIVES), BATTERED WITH WATER, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, YELLOW CORN FLOUR, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, PRE-BROWNED VEGETABLE OIL, CONTAINS: MILK, WHEAT, SOY).

DISTRIBUTED BY: SAVE-A-LOT FOOD STORES, LTD., EARTH CITY, MO 63045 • PRODUCT OF USA

### SAFE HANDLING INSTRUCTIONS

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEATS AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS) UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

COOK THOROUGHLY.

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.



savealot.com

99082



RAW PRODUCT

**CHICKEN BREAST  
CORDON BLEU**

PERISHABLE KEEP FROZEN



Distributed by:  
**SAVE-A-LOT  
FOOD STORES, LTD.,**  
Earth City, MO 63045



1 00 51933 99082 8

NET WEIGHT 8.75 LBS.

# RAW - DO NOT MICROWAVE

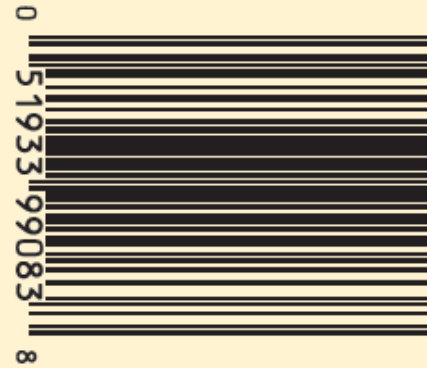
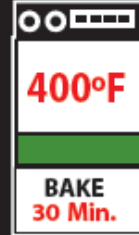
TO HELP PREVENT FOODBORNE ILLNESS CAUSED BY EATING RAW POULTRY

## COOKING INSTRUCTIONS: Cook From Frozen

Conventional Oven Only\* 1. Preheat the oven to 400°F. 2. Remove plastic wrap and place the RAW pieces in a shallow pan. 3. Bake 1 to 4 RAW pieces for 30 minutes at 400°F. CAUTION: Filling will be hot after cooking and may splatter. Let stand for about 2 minutes before serving. \*Temperature settings on conventional ovens may vary, adjust accordingly.

For Food Safety, bake this RAW PRODUCT to a minimum internal temperature of 165°F.

1. Insert the meat thermometer on an angle to measure the temperature of the CENTER of the thickest part. 2. SEE DIAGRAM.



**SHANER'S**  
SUPERIOR QUALITY

# RAW STUFFED CHICKEN BREAST

BREADED BONELESS CHICKEN BREAST WITH RIB MEAT



STUFFED WITH BROCCOLI & SWISS-AMERICAN CHEESE

### RAW CHICKEN



KEEP FROZEN

RAW PRODUCT:

FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165°F MEASURED BY A MEAT THERMOMETER



serving suggestion after baking



NET WT 5 OZ (142g)

KEEP FROZEN

KEEP FROZEN

### Nutrition Facts

Serving Size 1 Package (142g)  
Servings Per Container 1  
Calories 280  
Calories from Fat 90

| Amount / Serving        | % Daily Value* | Amount / Serving       | % Daily Value* |
|-------------------------|----------------|------------------------|----------------|
| <b>Total Fat</b> 10g    | <b>18%</b>     | <b>Total Carb.</b> 22g | <b>7%</b>      |
| Saturated Fat 3.5g      | 10%            | Dietary Fiber 1g       | 4%             |
| Trans Fat 0g            |                | Sugars 3g              |                |
| <b>Cholesterol</b> 55mg | <b>18%</b>     | <b>Protein</b> 21g     |                |
| <b>Sodium</b> 580mg     | <b>23%</b>     |                        |                |
| Vitamin A 10%           | Vitamin C 10%  | Calcium 6%             | Iron 6%        |

\*Percent Daily Values are based on a diet of 2,000 calories.

INGREDIENTS: BONELESS BREAST OF CHICKEN WITH RIB MEAT, WATER, SEASONING (GLUCER, SALT, DEHYDRATED CHICKEN BROTH, DEHYDRATED GARLIC, DEHYDRATED ONION, SODIUM PHOSPHATE), FILLED WITH BROCCOLI, PROCESSED SWISS-AMERICAN CHEESE (SWISS CHEESE (CULTURED MILK, SALT, ENZYMES), AMERICAN CHEESE (CULTURED MILK, SALT, ENZYMES, WATER, CREAM, SODIUM CITRATE, SODIUM PHOSPHATE, SALT, LACTIC ACID, SORBIC ACID, BETA-CAROTENE, GUAICO WHOLE MILK, WATER, UNsaltED BUTTER (PASTEURIZED CREAM, LACTIC ACID, EMULSIFIERS), FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR), MOUTFED FOOD STARCH, SALT, XANTHAN GUM, WHITE PEPPER, GRANULATED ONION, GRANULATED GARLIC, GROUND NUTMEG, SUGAR, MOISTURE CORN STARCH), BREADED WITH BLEACHED WHEAT FLOUR, DEXTROSE, SOYBEAN OIL, GROUND PAPRIKA, SALT, MONSIEUR DRIED MILK, LEAVENING (SODIUM AZO DIPHOSPHATE, SODIUM BICARBONATE, MONO AND DICALCIUM PHOSPHATE, NATURAL FLAVOR, SPICE EXTRACTIVES), BATTERED WITH WATER, ENRICHED BLEACHED WHEAT FLOUR, WHEAT FLOUR, MONO AND DICALCIUM PHOSPHATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, MOUTFED FOOD STARCH, YELLOW CORN FLOUR, SALT, LEAVENING (SODIUM AZO DIPHOSPHATE, SODIUM BICARBONATE), PRE-BROMINATED VEGETABLE OIL. CONTAINS MILK, WHEAT, SOY.  
DISTRIBUTED BY: SAVE-A-LOT FOOD STORES, LTD., EARTH CITY, MO 63045 • PRODUCT OF USA

### SAFE HANDLING INSTRUCTIONS

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.



KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.



KEEP RAW MEATS AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS) UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.



COOK THOROUGHLY.



KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.



savealot.com



RAW PRODUCT

99083

**CHICKEN BREAST  
BROCCOLI & CHEESE**

PERISHABLE KEEP FROZEN



1 00 51933 99083 5

Distributed by:  
**SAVE-A-LOT**  
**FOOD STORES, LTD.,**  
Earth City, MO 63045

NET WEIGHT 8.75 LBS.

**RAW**  
**DO NOT MICROWAVE**  
TO HELP PREVENT FOODBORNE ILLNESS  
CAUSED BY EATING RAW POULTRY

**COOKING INSTRUCTIONS:**



**Cook From Frozen**  
Conventional Oven Only\*

1. Preheat the oven to 400°F.
2. Remove plastic wrap and place the RAW pieces in a shallow pan.
3. Bake 1 to 4 RAW pieces for 30 minutes at 400°F.



**CAUTION:** Filling will be hot after cooking and may splatter.

Let stand for about 2 minutes before serving.

\*Temperature settings on conventional ovens may vary, adjust accordingly.

**For Food Safety, bake this RAW PRODUCT to a minimum internal temperature of 165°F.**

1. Insert the meat thermometer on an angle to measure the temperature of the **CENTER** of the thickest part.
2. SEE DIAGRAM.



**SAFE HANDLING INSTRUCTIONS**

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN.  
THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEATS AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

COOK THOROUGHLY.

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.



*Raw Stuffed Chicken Breast*  
**ALA KIEV**

*Breaded, Boneless Breast of Chicken with Rib Meat (Specially Cut and Shaped) Filled with Butter, Spices & Chives.*

**KEEP FROZEN**



**RAW PRODUCT:** FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165°F MEASURED BY A MEAT THERMOMETER. **NET WT 5 OZ (142g)**

**Nutrition Facts**

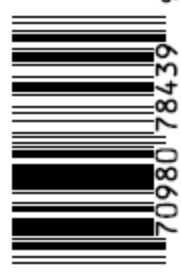
Serving Size 1 Package (142g)  
Servings Per Container 1

| Amount Per Serving            |                       |
|-------------------------------|-----------------------|
| <b>Calories</b> 360           | Calories from Fat 190 |
| % Daily Value*                |                       |
| <b>Total Fat</b> 21g          | <b>32%</b>            |
| <b>Saturated Fat</b> 10g      | <b>50%</b>            |
| Trans Fat 0.5g                |                       |
| <b>Cholesterol</b> 85mg       | <b>28%</b>            |
| <b>Sodium</b> 610mg           | <b>25%</b>            |
| <b>Total Carbohydrate</b> 24g | <b>8%</b>             |
| Dietary Fiber 1g              |                       |
| Sugars 3g                     |                       |
| <b>Protein</b> 20g            |                       |
| Vitamin A 15%                 | Vitamin C 0%          |
| Calcium 2%                    | Iron 8%               |

\*Percent Daily Values are based on a 2,000 calorie diet.

**INGREDIENTS:** BONELESS BREAST OF CHICKEN WITH RIB MEAT, WATER, SEASONING (SUGAR, SALT, DEHYDRATED CHICKEN BROTH, DEHYDRATED GARLIC, DEHYDRATED ONION), SODIUM PHOSPHATES, BREADED WITH: BLEACHED WHEAT FLOUR, DEXTROSE, SOYBEAN OIL, GROUND PAPRIKA, SALT, MONOFATTERED MILK, LEAVENING (SODIUM ACID PHOSPHATE, SODIUM BICARBONATE), MONO AND DILACERIDES, NATURAL FLAVOR, SPICE EXTRACTIVES, FILLER WHEAT, UNSALTED BUTTER, PASTEURIZED CREAM, LACTIC ACID, DIMETHYL SEASONING (SALT, DEHYDRATED GARLIC, SUGAR, DEXTROSE, SPICES, NATURAL FLAVORINGS, ANNATTO EXTRACT, OLDENSH TURMERIC, CHIVES, NATURAL FLAVORING, WATER, BRUSHED BLEACHED WHEAT FLOUR, WHEAT FLOUR, MACHO, FERROUS SULFATE, TANNINE, MONONITRATE, FREEFLAVIN, FOLIC ACID, MODIFIED FOOD STARCH, YELLOW CORN FLOUR, SALT, LEAVENING, SODIUM ACID PHOSPHATE, SODIUM BICARBONATE), PRE-BROWNED IN VEGETABLE OIL, CONTAINS: MILK, SOY, WHEAT.

DISTRIBUTED BY: CENTRAL GROCERS, INC., JOLIET, IL 60433





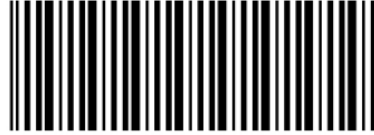
Distributed By:  
**CENTRAL GROCERS, INC.,**  
Joliet, IL 60433

RAW PRODUCT

101512

# CHICKEN BREAST ALA KIEV

PERISHABLE KEEP FROZEN  
2 - 14 PACK BOXES



| SIZE | PCS. | NET WT.  |
|------|------|----------|
| 5    | 28   | 8.75 LBS |



**RAW**  
**DO NOT MICROWAVE**  
TO HELP PREVENT FOODBORNE ILLNESS  
CAUSED BY EATING RAW POULTRY

**COOKING INSTRUCTIONS:**  
**Cook From Frozen**



**Conventional Oven Only\***

1. Preheat the oven to 400°F.
2. Remove plastic wrap and place the RAW pieces in a shallow pan.
3. Bake 1 to 4 RAW pieces for 30 minutes at 400°F.



**CAUTION:** Filling will be hot after cooking and may splatter. Let stand for about 2 minutes before serving.

\*Temperature settings on conventional ovens may vary, adjust accordingly.

**For Food Safety, bake this RAW PRODUCT to a minimum internal temperature of 165°F.**

1. Insert the meat thermometer on an angle to measure the temperature of the CENTER of the thickest part.
2. SEE DIAGRAM.



**SAFE HANDLING INSTRUCTIONS**

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS. IF THE PRODUCT IS WASHED, OR COOKED, IMPROPERLY, FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP RAW MEATS AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.



*Raw Stuffed Chicken Breast*  
**BROCCOLI & CHEESE**

*Breaded, Boneless Breast of Chicken with Rib Meat (Specially Cut and Shaped) Filled with Broccoli and Cheese.*

**KEEP FROZEN**

**0g**  
**TRANS FAT PER SERVING**



**RAW PRODUCT:** FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165°F MEASURED BY A MEAT THERMOMETER. **NET WT 5 OZ (142g)**

**Nutrition Facts**  
Serving Size 1 Package (142g)  
Servings Per Container 1

| Amount Per Serving            | % Daily Value*       |
|-------------------------------|----------------------|
| <b>Calories 260</b>           | Calories from Fat 90 |
| <b>Total Fat 10g</b>          | 15%                  |
| <b>Saturated Fat 3.5g</b>     | 18%                  |
| <b>Trans Fat 0g</b>           |                      |
| <b>Cholesterol 55mg</b>       | 18%                  |
| <b>Sodium 570mg</b>           | 24%                  |
| <b>Total Carbohydrate 21g</b> | 7%                   |
| <b>Dietary Fiber 1g</b>       | 4%                   |
| <b>Sugars 3g</b>              |                      |
| <b>Protein 21g</b>            |                      |
| <b>Vitamin A 8%</b>           | <b>Vitamin C 10%</b> |
| <b>Calcium 8%</b>             | <b>Iron 8%</b>       |

\*Percent Daily Values are based on a diet of 2,000 calories.

**INGREDIENTS:** BONELESS BREAST OF CHICKEN WITH RIB MEAT, WATER, SEASONING (SUGAR, SALT, DEHYDRATED CHICKEN BROTH, DEHYDRATED GARLIC, DEHYDRATED ONION, SODIUM PHOSPHATE, SODIUM ACID PHOSPHATE, SODIUM CITRATE), CHEESE (CHEESE, BREAD CRUMBS, ONIONS, GARLIC, CHEESE), CHEESE, BREAD CRUMBS, ONIONS, GARLIC, CHEESE, CHEESE (CUL-TURED MILK, FAT, WATERS, AMERICAN CHEESE, CITRATE, SODIUM PHOSPHATE, SALT, LACTIC ACID, SORBIC ACID), BECHAMEL SAUCE (WHOLE MILK, WATER, UNSALTED BUTTER, PASTEURIZED CREAM, LACTIC ACID, DIACETYL), FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR), MODIFIED FOOD STARCH, SALT, XANTHAN GUM, WHITE PEPPER, GRANULATED ONION, GRANULATED GARLIC, GROUND NUTMEG, SUGAR, MODIFIED CORN STARCH, **BREADED WITH:** BLEACHED WHEAT FLOUR, DEXTROSE, SWEETENED OIL, GROUND PAPRIKA, SALT, NON-FAT DRIED MILK, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONO AND DIPHOSPHATES), NATURAL FLAVOR, WHITE FLOUR (WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, YELLOW CORN FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), PRE-BROWNED IN VEGETABLE OIL. **CONTAINS:** MILK, SOY, WHEAT.

DISTRIBUTED BY: CENTRAL GROCCERS, INC., JULIET, IL 60433





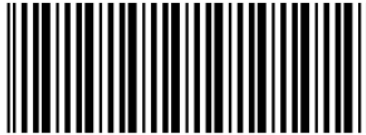
# RAW PRODUCT 103512

## CHICKEN BREAST BROCCOLI & CHEESE

PERISHABLE KEEP FROZEN  
2 - 14 PACK BOXES



Distributed By:  
**CENTRAL GROCERS, INC.,**  
Joliet, IL 60433



1 00 70980 78441 9

| SIZE | PCS. | NET WT.  |
|------|------|----------|
| 5    | 28   | 8.75 LBS |

| Nutrition Facts               | Amount/Serving | %Daily Value* |
|-------------------------------|----------------|---------------|
| <b>Total Fat</b> 7g           |                | 11%           |
| <b>Saturated Fat</b> 5g       |                | 10%           |
| <b>Trans Fat</b> 0g           |                |               |
| <b>Cholesterol</b> 80mg       |                | 27%           |
| <b>Sodium</b> 770mg           |                | 32%           |
| <b>Total Carbohydrate</b> 22g |                | 7%            |
| <b>Dietary Fiber</b> 1g       |                | 4%            |
| <b>Sugars</b> 3g              |                |               |
| <b>Protein</b> 20g            |                |               |
| Vitamin A 6%                  | Vitamin C 2%   |               |
| Calcium 0%                    | Iron 0%        |               |

KEEP FROZEN - RAW Product - Cook to Internal Temperature of 165°F as Measured by Use of a Thermometer

### RAW CHICKEN CORDON BLEU

Breaded Boneless Breast of Chicken with Rib Meat (Specially Cut and Shaped)  
Filled with Pasteurized Processed Swiss Cheese and Canadian Brand Ham-water added (made in U.S.A.)  
**INGREDIENTS:** Boneless skinless breast of chicken with rib meat with up to 2 1/2 oz of water, seasoning (sugar, salt, dehydrated onion, sodium phosphate), FILLING WITH Processed Swiss Cheese (Swiss cheese, salt, emulsifier, sodium phosphate, cream, salt), CANADIAN BRAND Ham-water added (pork cured with a solution of water, sugar, salt, sodium lactate, sodium phosphates, sodium diacetate, sodium erythorbate, sodium nitrite), BLEACHED WITH: Bleached wheat flour, dextrose, soybean oil, ground paprika, salt, nonfat dried milk, leavening (sodium acid pyrophosphates, sodium bicarbonate), mono and diglycerides, natural flavor, spice extractives, BATTERED WITH: Water, enriched bleached wheat flour (wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), modified food starch, yellow corn flour, salt, leavening (sodium acid pyrophosphates, sodium bicarbonate). **PRE-BROWND** in vegetable oil.  
**CONTAINS:** Milk, Soy, Wheat.  
**COOKING INSTRUCTIONS (This RAW product must be thoroughly cooked):** Cook in conventional oven only. Cook from frozen for best results. Preheat the oven to 400degF. Remove plastic wrap and place the portions in a shallow pan. Cook 1 - 4 portions for 35 - 40 minutes at 400degF. You may need to increase cook time for extra portions. **DO NOT MICROWAVE** microwave cooking of raw poultry is not considered to be safe. **COOKING SAFETY:** Final product temperature must be at least 165degF to prevent all foodborne illnesses caused by consuming RAW poultry. Use a food thermometer, checking each portion's final temperature in the center of the thickest part. Many conventional ovens vary from temperature settings, adjust accordingly. Let the final cooked product stand outside the oven for 2 minutes before serving. **Caution: Filling will be hot after cooking and may splatter.**

115604

Individual Portions Not To Be Sold Separately



NET WEIGHT 48 OZ (3 LBS)

DISTRIBUTED BY



**KOCH FOODS**  
America's Chicken Specialist  
Chicago, IL 60641

KEEP FROZEN

## 115726 RAW Product - Cook to Internal Temperature of 165°F as Measured by Use of a Thermometer CHICKEN CORDON BLEU

Breaded Boneless Breast of Chicken with Rib Meat (Specially Cut, Formed and Shaped)  
Filled With Pasteurized Processed Swiss Cheese and Canadian Brand Ham-water added (Made in USA)  
**INGREDIENTS:** Boneless skinless breast of chicken with rib meat, water, seasoning (sugar, salt, dehydrated onion, sodium phosphate), FILLING WITH: Processed Swiss Cheese (Swiss cheese (milk, cheese cultures, salt, enzymes), water, sodium phosphates, cream, salt), Canadian Brand Ham-water added (pork cured with a solution of water, sugar, salt, sodium lactate, sodium phosphates, sodium diacetate, sodium erythorbate, sodium nitrite), BLEACHED WITH: Bleached wheat flour, dextrose, soybean oil, ground paprika, salt, nonfat dried milk, leavening (sodium acid pyrophosphates, sodium bicarbonate), mono and diglycerides, natural flavor, spice extractives, BATTERED WITH: Water, enriched bleached wheat flour (wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), modified food starch, yellow corn flour, salt, leavening (sodium acid pyrophosphates, sodium bicarbonate). **PRE-BROWND** in vegetable oil.  
**CONTAINS:** Milk, Soy, Wheat.  
**COOKING INSTRUCTIONS (This RAW product must be thoroughly cooked):** Cook in conventional oven only. Cook from frozen for best results. Preheat the oven to 400degF. Remove plastic wrap and place the portions in a shallow pan. Cook 1 - 4 portions for 35 - 40 minutes at 400degF. You may need to increase cook time for extra portions. **DO NOT MICROWAVE** microwave cooking of raw poultry is not considered to be safe. **COOKING SAFETY:** Final product temperature must be at least 165degF to prevent all foodborne illnesses caused by consuming RAW poultry. Use a food thermometer, checking each portion's final temperature in the center of the thickest part. Many conventional ovens vary from temperature settings, adjust accordingly. Let the final cooked product stand outside the oven for 2 minutes before serving. **Caution: Filling will be hot after cooking and may splatter.**

| Size | Pcs. | Net Wt.  |
|------|------|----------|
| 7    | 24   | 10.5 LBS |



1 07 81439 15726 4

"INSTITUTIONAL USE ONLY"



| Nutrition Facts                | Amount Per Serving          | % Daily Value* |
|--------------------------------|-----------------------------|----------------|
| <b>Calories</b> 240            | <b>Calories from Fat</b> 45 |                |
| % DAILY VALUE*                 |                             |                |
| <b>Total Fat</b> 5g            |                             | 8%             |
| <b>Saturated Fat</b> 1g        |                             | 5%             |
| <b>Trans Fat</b> 0g            |                             |                |
| <b>Cholesterol</b> 50mg        |                             | 17%            |
| <b>Sodium</b> 570mg            |                             | 24%            |
| <b>Total Carbohydrates</b> 28g |                             | 9%             |
| <b>Dietary Fiber</b> 2g        |                             | 8%             |
| <b>Sugars</b> 6g               |                             |                |
| <b>Protein</b> 20g             |                             |                |
| Vitamin A 8%                   | Vitamin C 6%                |                |
| Calcium 2%                     | Iron 8%                     |                |



## KEEP FROZEN - RAW PRODUCT 164510

RAW Product - Cook to Internal Temperature of 165°F as Measured by Use of a Thermometer

### RAW STUFFED CHICKEN BREAST PLANTAIN

Breaded Boneless, Skinless Breast of Chicken with Rib Meat Stuffed with Plantains, Onions, and Bacon

**INGREDIENTS:** Boneless, skinless breast of chicken with rib meat, bleached wheat flour (wheat flour, dextrose, soybean oil, ground paprika, salt, nonfat dried milk, leavening (sodium acid pyrophosphates, sodium bicarbonate), mono and diglycerides, natural flavor, spice extractives), plantains, water, enriched bleached wheat flour ((wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), modified food starch, yellow corn flour, salt, leavening (sodium acid pyrophosphates, sodium bicarbonate)), onions, seasoning (sugar, salt, dehydrated chicken broth, dehydrated garlic, dehydrated onion), soybean oil, cooked bacon (cured with water, salt, sugar, sodium phosphates, sodium erythorbate, sodium nitrite, smoke flavoring), chopped garlic (water, garlic, phosphoric acid, potassium sorbate), sodium phosphates, salt, cilantro, black pepper. **Pre-browned** in vegetable oil. **CONTAINS:** Milk, Wheat, Soy.



1 00 45421 64510 9

36 / 5oz pieces

NET WT 11.25 LBS.



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**KOCH FOODS, INC.,**  
Chicago, IL 60641

# RAW - DO NOT MICROWAVE

TO HELP PREVENT FOODBORNE ILLNESS  
CAUSED BY EATING RAW POULTRY

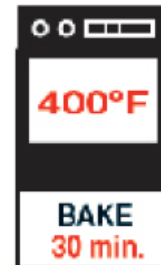
## COOKING INSTRUCTIONS:\*

### Cook From Frozen

#### Conventional Oven Only\*



1. Preheat the oven to 400°F.
2. Remove plastic wrap and place the RAW portions in a shallow pan.
3. Bake 1 to 4 RAW portions for 25 to 30 minutes at 400°F.



**CAUTION:** Filling will be hot after cooking and may splatter. Let stand for about 2 minutes before serving. \*Many conventional ovens vary from temperature settings, adjust accordingly.

### For Food Safety, bake this RAW PRODUCT to a minimum internal temperature of 165°F.

1. Insert the meat thermometer on an angle to measure the temperature of the CENTER of the thickest part.
2. SEE DIAGRAM.



164510

**DO NOT MICROWAVE**  
TO HELP PREVENT FOODBORNE ILLNESS  
CAUSED BY EATING RAW POULTRY

**COOKING INSTRUCTIONS:**  
**Cook From Frozen**



1. Preheat the oven to 400°F.
2. Remove plastic wrap and place the RAW pieces in a shallow pan.
3. Bake 1 to 4 RAW pieces for 30 minutes at 400°F.

**CAUTION:** Filling will be hot after cooking and may splatter. Let stand for about 2 minutes before serving.  
\*Temperature settings on conventional ovens may vary, adjust accordingly.

**For Food Safety, bake this RAW PRODUCT to a minimum internal temperature of 165°F.**

1. Insert the meat thermometer on an angle to measure the temperature of the CENTER of the thickest part.



2. SEE DIAGRAM.

**SAFE HANDLING INSTRUCTIONS**

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

- KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.
- KEEP RAW MEATS AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARD(S), UTENSILS, AND HANDS) AFTER TOUCHING RAW MEAT OR POULTRY.
- COOK THOROUGHLY.
- KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.



Please visit our website at [www.kochfoods.com](http://www.kochfoods.com) for information about our other delicious products or call us at 800-692-4548



**Raw Stuffed Chicken Breast**  
Breaded, Boneless Breast of Chicken with Rib Meat

**A La Kiev**  
Filled with Butter, Spices and Chives



**KEEP FROZEN**  
**NET WT 5 OZ (142g)**



SERVING SUGGESTION FOR PRODUCT AFTER BAKING

**RAW PRODUCT:** FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165°F MEASURED BY A MEAT THERMOMETER.

**Nutrition Facts**

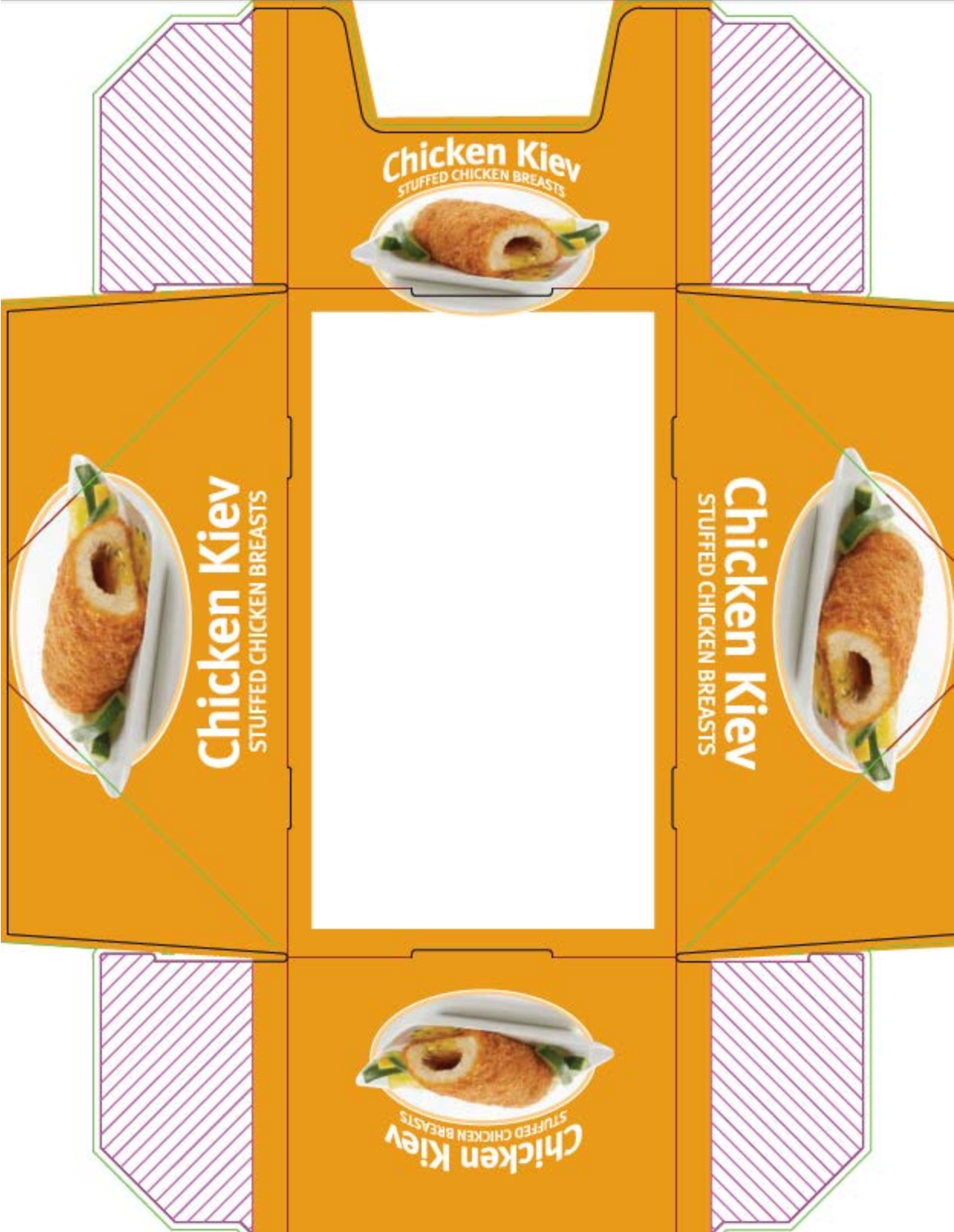
Serving Size 1 Package (142g)  
Servings Per Container 1

| Amount Per Serving            | Calories from Fat 140 |
|-------------------------------|-----------------------|
| <b>Calories</b> 320           |                       |
| <b>Total Fat</b> 16g          | 25%                   |
| Saturated Fat 9g              | 45%                   |
| Trans Fat 0g                  |                       |
| <b>Cholesterol</b> 85mg       | 28%                   |
| <b>Sodium</b> 580mg           | 24%                   |
| <b>Total Carbohydrate</b> 25g | 8%                    |
| Dietary Fiber 1g              | 4%                    |
| Sugars 3g                     |                       |
| <b>Protein</b> 20g            |                       |
| Vitamin A 15%                 | Vitamin C 2%          |
| Calcium 2%                    | Iron 6%               |

|                    |                   |         |
|--------------------|-------------------|---------|
| Total Fat          | Less than 65g     | 80g     |
| Saturated Fat      | Less than 20g     | 25g     |
| Cholesterol        | Less than 300mg   | 300mg   |
| Sodium             | Less than 2,400mg | 2,400mg |
| Total Carbohydrate | Less than 500g    | 500g    |
| Dietary Fiber      | 25g               | 30g     |

**INGREDIENTS:** BONELESS BREAST OF CHICKEN WITH RIB MEAT, WATER, SEASONING (SUGAR, SALT, DEHYDRATED CHICKEN BROTH, DEHYDRATED GARLIC, DEHYDRATED ONION, SODIUM PHOSPHATE), BREADED WITH BLEACHED WHEAT FLOUR, DEXTROSE, SOYBEAN OIL, GROUND PARSNIP, SALT, NONFAT DRIED MILK, LEAVENING (SODIUM ACID PHOSPHATE, SODIUM BICARBONATE), MONO AND DIGLYCERIDES, NATURAL FLAVOR, SPICE EXTRACTIVES, FILLED WITH UNSALTED BUTTER (PASTEURIZED CREAM, LACTIC ACID, DIACETYL), SEASONING (SALT, DEHYDRATED GARLIC, SUGAR, DEXTROSE, SPICES, NATURAL FLAVORING, ANNATTO EXTRACT AND OLEORESIN TURMERO), CHIVES, BATTERED WITH WATER, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, MONOFLUOROPHOSPHATE, YELLOW CORN FLOUR, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), PRE-BRONZED IN VEGETABLE OIL, CONTAINS MILK, SOY, WHEAT).  
DISTRIBUTED BY KOCH FOODS, INC., CHICAGO IL 60641





**Chicken Kiev**  
STUFFED CHICKEN BREASTS



**Chicken Kiev**  
STUFFED CHICKEN BREASTS



**Chicken Kiev**  
STUFFED CHICKEN BREASTS



**Chicken Kiev**  
STUFFED CHICKEN BREASTS



Distributed By:  
KOCH FOODS, INC.,  
Chicago, IL 60641

RAW PRODUCT

210509

# CHICKEN BREAST A LA KIEV

PERISHABLE KEEP FROZEN  
2 - 14 PACK BOXES

| SIZE | PCS. | NET WT.  |
|------|------|----------|
| 5    | 28   | 8.75 LBS |

