Crunchie Chicken Fingers - 60

BREADED CHICKEN BREAST TENDERLOINS CONTAINING UP TO 12% OF A SOLUTION

INSPECTED FOR WHOLESOMENESS BY U.S. DEPARTMENT OF AGRICULTURE P-276

INGREDIENTS: Chicken Breast with Rib Meat (Containing up to 12% of a solution of Water, Salt, Roast Chicken, Sodium Phosphate, Sugar, Onion Powder, Natural Flavoring), Bleached Wheat Flour, Water. Contains less than 2% of the following: Yeast, Buttermilk Powder, Salt, Yellow Corn Flour, Spice, Soybean Oil, Sugar, Canola Oil, Leavening (Monocalcium Phosphate, Sodium Bicarbonate), Colored with Oleoresin Paprika and Oleoresin Turmeric. Prebrowned in Vegetable Oil. **Contains: Wheat, Milk**

COOKING INSTRUCTIONS*:

Cook from frozen in preheated oven. For oven methods, turn once during cooking.

Method	Convection	Conventional	Fryer
Temperature	**350**°F	**450**°F	**350**°F
Cook Time	**10** mins.	**20** mins.	**7** mins.

For fryer method, drain to remove excess oil.

*Due to variations in appliances, cooking times may vary.

10073461200286

Prepared By: Barber Foods, Portland, Maine 04112 800-341-0451 • 207-482-5500

Nutrition Facts

Serving Size 2 Fingers (130g/4.6oz)
Servings Per Container About 35

Amount Per Serving	
Calories 240	Calories from Fat 100
	% Daily Value*
Total Fat 11g	**17%**
Saturated Fat 1g	**4%**
Trans Fat 0g	
Cholesterol 45mg	**14%**
Sodium 620mg	**26%**
Total Carbohydrate 18g	**6%**
Dietary Fiber less than 1g	**3%**
Sugars 0g	
Protein 19g	

Vitamin A 0% • Vitamin C 2%
Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet.

40 - 50 - 60 - 70 - 80

This case contains approximately 50-70 pieces.

FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165°F MEASURED BY A MEAT THERMOMETER

UNCOOKED
KEEP FROZEN

CODE 020028

NET WT. 10 LBS

LA020028.K

Italian Style Chicken Fingers

RAW BREADED CHICKEN BREAST TENDERLOINS CONTAINING UP TO 12% OF A SOLUTION

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-276

INGREDIENTS: Chicken Breast Tenderloins [Containing up to 12% of a Solution of Water, Salt, Roast Chicken, Garlic Powder, Black Pepper Extract [Dextrose], Sodium Phosphates, Sugar, Onion Powder, Natural Flavoring], Bread Crumbs [Bleached Wheat Flour, Salt, Dried Yeast, Dextrose, Paprika Extract [Color]], Bleached Wheat Flour, Water. Contains less than 2% of the following: Salt, Buttermilk Powder, Romano Cheese [Pasteurized Cows' Milk, Cheese Cultures, Salt, Enzymes], Spice, Yellow Corn Flour, Natural Flavorings, Soybean Oil, Dried Parsley, Leavening [Monocalcium Phosphate, Sodium Bicarbonate], Colored with Oleoresins from Paprika and Turmeric. Prebrowned in Vegetable Oils. **Contains: Wheat, Milk**

COOKING INSTRUCTIONS*:
Cook from frozen in preheated oven:
CONVECTION OVEN: BAKE **8.5** MINS. AT **400°F.** Turn once while cooking.
CONVENTIONAL OVEN: BAKE **14** MINS. AT **450°F.** Turn once while cooking.
FRYER: COOK **4.5** MINS. AT **350°F.** Drain to remove excess oil.
*Due to variations in ovens, cooking times may vary.

10073461200439

Prepared By: Barber Foods, Portland, Maine 04112 800-341-0451 • 207-482-5500

Nutrition Facts

Serving Size 3 Fingers (135g/4.5oz)
Servings Per Container About 34

Amount Per Serving	
Calories 250	Calories from Fat 90
	% Daily Value*
Total Fat 10g	**16%**
Saturated Fat 1g	**6%**
Trans Fat 0g	
Cholesterol 45mg	**15%**
Sodium 730mg	**30%**
Total Carbohydrate 19g	**6%**
Dietary Fiber less than 1g	**3%**
Sugars less than 1g	
Protein 21g	

Vitamin A 0% • Vitamin C 2%
Calcium 2% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories:	2,000	2,500
Total Fat	65 g	80 g
Saturated Fat	20 g	25 g
Cholesterol	300 mg	300 mg
Sodium	2400 mg	2400 mg
Total Carbohydrate	300 g	375 g
Dietary Fiber	25 g	30 g

Calories per gram:
Fat 9 • Carbohydrates 4 • Protein 4

FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165°F MEASURED BY A MEAT THERMOMETER

RAW • KEEP FROZEN

CODE 020043

NET WT. 10 LBS

LA020043.G

BARBER FOODS

RAW BREADED BONELESS

Breast of Chicken WITH RIB MEAT Cordon Bleu

FILLED WITH BLENDED CHEESES AND COOKED HAM
SPECIALLY CUT AND HAND SHAPED

INSPECTED FOR WHOLESOMENESS U.S. DEPARTMENT OF AGRICULTURE P-376

INGREDIENTS: Chicken Breast with Rib Meat (Marinated up to 8% with a Solution of Water, Rice Starch, Sodium Phosphate, Roast Chicken, Salt, Sugar, Onion Powder, Natural Flavoring), Pasteurized Process Swiss and American Cheese (Cultured Pasteurized Milk and Skim Milk, Cream, Sodium Phosphate, Salt, Enzymes), Enriched Bleached Wheat Flour (Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Cooked Ham-Water Added (Cured with Water, Salt, Dextrose, Sodium Phosphate, Sodium Ascorbate, Sodium Nitrite), Water. Contains up to 2% of: Whey, Yellow Corn Flour, Salt, Buttermilk Powder (Sweet Cream, Whey Cream), Dextrose, Soybean Oil, Spice, Romano and Parmesan Cheese (Pasteurized Cows' Milk, Cheese Cultures, Salt, Sodium Silicoaluminate [Anti-Caking], Sorbic Acid [Preservative], Enzymes), Yeast, Leavening (Monocalcium Phosphate, Sodium Bicarbonate), Oleoresin Paprika and Annatto Extract (Color), Natural Flavorings, Oleoresin Turmeric (Color). Prebrowned in Vegetable Oil.

Contains: Milk, Wheat

COOKING INSTRUCTIONS*:
Cook from frozen in preheated oven.
Convection Oven: Bake **28** Mins. at **350° F.**
Conventional Oven: Bake **33** Mins. at **400° F.**
*Due to variations in ovens, cooking times may vary.

10073461207032

Prepared By: AdvancePierre Foods, Inc.| Barber Foods, Portland, Maine 04112 800-341-0451 • 207-482-5500

Nutrition Facts

Serving Size One Piece (196g/7oz)
Servings Per Container 24

Amount Per Serving	
Calories 430	Calories from Fat 230
	% Daily Value*
Total Fat 26g	**40%**
Saturated Fat 7g	**35%**
Trans Fat 0g	
Cholesterol 110mg	**37%**
Sodium 1080mg	**45%**
Total Carbohydrate 16g	**5%**
Dietary Fiber less than 1g	**0%**
Sugars 1g	
Protein 34g	

Vitamin A 6%	•	Vitamin C 2%
Calcium 20%	•	Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories:	2,000	2,500
Total Fat	65 g	80 g
Saturated Fat	20 g	25 g
Cholesterol	300 mg	300 mg
Sodium	2400 mg	2400 mg
Total Carbohydrate	300 g	375 g
Dietary Fiber	25 g	30 g

Calories per gram:
Fat 9 • Carbohydrates 4 • Protein 4

FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165°F MEASURED BY A MEAT THERMOMETER

RAW • KEEP FROZEN

CODE 020703

NET WT. 10 LBS 8 OZ

SIZE 7 PCS. 24

LA020703.G

BARBER FOODS

RAW BREADED BONELESS

Breast of Chicken *WITH RIB MEAT* with Broccoli & Cheese Stuffing

SPECIALLY CUT AND HAND SHAPED

INSPECTED FOR WHOLESOMENESS BY U.S. DEPARTMENT OF AGRICULTURE P-276

INGREDIENTS: Chicken Breast with Rib Meat (Marinated up to 8% with a solution of Water, Rice Starch, Sodium Phosphate, Roast Chicken, Salt, Sugar, Onion Powder, Natural Flavoring), Broccoli, Pasteurized Process Swiss and American Cheese (Cultured Milk, Water, Cream, Salt, Sodium Phosphate, Sodium Pyrophosphate, Sodium Citrate, Lactic Acid, Sorbic Acid [preservatives], Enzymes), Enriched Bleached Wheat Flour (Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water. Contains less than 2% of: Whey, Yellow Corn Flour, Salt, Buttermilk Product (Sweet Cream, Whey Cream), Dextrose, Soybean Oil, Spice, Romano and Parmesan Cheese (Pasteurized Cows' Milk, Cheese Cultures, Salt, Sodium Silicoaluminate [Anti-Caking], Sorbic Acid [Preservative], Enzymes), Yeast, Leavening (Monocalcium Phosphate, Sodium Bicarbonate), Oleoresin Paprika and Annatto Extract (Color), Natural Flavorings, Oleoresin Turmeric (Color). Prebrowned in Vegetable Oil. **Contains: Milk, Wheat**

COOKING INSTRUCTIONS*:
Cook from frozen in preheated oven.
Convection Oven: Bake **27** Mins. at **350°** F. Conventional Oven: Bake **32** Mins. at **400°** F.
*Due to variations in ovens, cooking times may vary.

10073461207537

Prepared By: AdvancePierre Foods, Inc. | Barber Foods, Portland, Maine 04112 800-341-0451 • 207-482-5500

Nutrition Facts

Serving Size One Piece (196g/7oz)
Servings Per Container 24

Amount Per Serving	
Calories 390	Calories from Fat 210
	% Daily Value*
Total Fat 23g	**35%**
Saturated Fat 7g	**35%**
Trans Fat 0.5g	
Cholesterol 80mg	**27%**
Sodium 800mg	**33%**
Total Carbohydrate 19g	**6%**
Dietary Fiber 2g	**8%**
Sugars 2g	
Protein 26g	

Vitamin A 10% • Vitamin C 30%
Calcium 20% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories:	2,000	2,500
Total Fat	65 g	80 g
Saturated Fat	20 g	25 g
Cholesterol	300 mg	300 mg
Sodium	2400 mg	2400 mg
Total Carbohydrate	300 g	375 g
Dietary Fiber	25 g	30 g

Calories per gram:
Fat 9 • Carbohydrates 4 • Protein 4

FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165°F MEASURED BY A MEAT THERMOMETER

RAW • KEEP FROZEN

CODE 020753

NET WT. 10 LBS 8 OZ

SIZE 7 PCS. 24

LA020753.G

7.875

Nutrition Facts

Serving Size 1 Piece (112g)
Servings Per Container 2

Amount Per Serving	
Calories 220 Calories from Fat 100	
	% Daily Value*
Total Fat 12g	**18%**
Saturated Fat 4g	**20%**
Trans Fat 0g	
Cholesterol 60mg	**20%**
Sodium 370mg	**15%**
Total Carbohydrate 9g	**3%**
Dietary Fiber 0g	**0%**
Sugars 1g	
Protein 18g	

Vitamin A 2% • Vitamin C 10%
Calcium 8% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT (CONTAINING UP TO 14% OF A SOLUTION OF WATER, RICE STARCH, ROAST CHICKEN, SALT, SUGAR, ONION POWDER, NATURAL FLAVORING), PASTEURIZED PROCESS SWISS AND AMERICAN CHEESE (SWISS CHEESE [CULTURED MILK AND SKIM MILK, SALT, ENZYMES], AMERICAN CHEESE [CULTURED MILK AND SKIM MILK, SALT, ENZYMES], CREAM, SODIUM PHOSPHATE, SALT), COOKED HAM - WATER ADDED (CURED WITH WATER, SALT, DEXTROSE, SODIUM PHOSPHATES, SODIUM ASCORBATE, SODIUM NITRITE), ENRICHED BLEACHED WHEAT FLOUR (WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER. CONTAINS 2% OR LESS OF: DRIED WHEY, WHITE WHOLE WHEAT FLOUR, BARLEY FLOUR, YELLOW CORN FLOUR, SOYBEAN OIL, SALT, BUTTERMILK POWDER, SPICE, DEXTROSE, ROMANO & PARMESAN CHEESE (PASTEURIZED COWS' MILK, CHEESE CULTURES, SALT, ENZYMES), DRIED YEAST, NATURAL FLAVORINGS, PAPRIKA EXTRACT (COLOR), DRIED PARSLEY, TURMERIC EXTRACT AND ANNATTO EXTRACT (COLOR). PREBROWNED IN VEGETABLE OIL. **CONTAINS: MILK, WHEAT**

RAW-DO NOT MICROWAVE

TO HELP PREVENT FOODBORNE ILLNESS CAUSED BY EATING RAW POULTRY.

DO NOT MICROWAVE

Cooking Instructions:*

Conventional Oven

400°F

1. Preheat oven to **400°F**.
2. Remove frozen raw breast(s) from pouch and place on baking sheet.
3. Bake in preheated oven for a minimum of **30 minutes**.

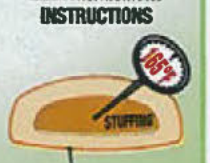
OVEN BAKE ONLY

30 min.

For Food Safety, cook to a minimum internal temperature of 165°F measured by a meat thermometer.

Meat Thermometer Instructions: Insert meat thermometer 2 inches into the stuffing in the center of the entrée. See Diagram.

Meat Thermometer INSTRUCTIONS



Cross Section of Breast

CAUTION: Filling will be hot and may splatter; let stand approximately 2 minutes to cool before serving.

*Due to variations in ovens, cooking times may vary.

SAFE HANDLING INSTRUCTIONS

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

COOK THOROUGHLY.

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

Visit us on the web at www.barberfoods.com
Share your comments.
Take our product survey at www.barberfoods.com/feedback.htm

Proof of Purchase

0 73461 90876 5

Prepared with care by:
AdvancePierre Foods, Inc.
Cincinnati, OH 45246
1-877-447-3279

PLEASE RECYCLE
100% Recycled Paperboard

FK12013200

7058354

FIT & FLAVORFUL™ BREADED
RAW STUFFED CHICKEN BREASTS WITH RIB MEAT

CORDON BLEU
Filled with a Blend of Cheeses & Ham

BARBER FOODS

FIT & FLAVORFUL™ BREADED
RAW STUFFED CHICKEN BREASTS WITH RIB MEAT

CORDON BLEU
Filled with a Blend of Cheeses & Ham

RAW

BARBER FOODS

Multi-Grain Breading
12g Total Fat
220 Calories
per serving

2 individually wrapped entrées

NET WT. 8 OZ. (227g) KEEP FROZEN Serving suggestion other baking

INSPECTED BY U.S. DEPARTMENT OF AGRICULTURE P-276

RAW CHICKEN
DO NOT MICROWAVE
OVEN BAKE ONLY

RAW · FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165°F MEASURED BY A MEAT THERMOMETER

Try our Broccoli & Cheese Fit & Flavorful™ variety. A deliciously different way to rescue dinner.

BARBER FOODS

Our fresh frozen entrees taste best baked in an oven, never in a microwave. You get crisp breading and tender moist stuffed chicken breast taste because we have done everything, but cook them.

Our pledge for quality, freshness and value is the same today as it was in 1955 when we started our business.

Jim Barber

Nutrition Facts

Serving Size 1 Piece (140g)
Servings Per Container 2

Amount Per Serving	
Calories 250	Calories from Fat 130
	% Daily Value*
Total Fat 14g	**22%**
Saturated Fat 4.5g	**23%**
Trans Fat 0g	
Cholesterol 65mg	**22%**
Sodium 480mg	**20%**
Total Carbohydrate 9g	**3%**
Dietary Fiber 0g	**0%**
Sugars 1g	
Protein 21g	

Vitamin A 4% • Vitamin C 10%
Calcium 8% • Iron 8%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT (CONTAINING UP TO 4% OF A SOLUTION OF WATER, RICE STARCH, ROAST CHICKEN, SALT, SUGAR, ONION POWDER, NATURAL FLAVORING), PASTEURIZED PROCESS SWISS AND AMERICAN CHEESE (SWISS CHEESE [CULTURED MILK AND KIM MILK, SALT, ENZYMES], AMERICAN CHEESE [CULTURED MILK AND KIM MILK, SALT, ENZYMES], CREAM, SODIUM PHOSPHATE, SALT), COOKED HAM - WATER ADDED (CURED WITH WATER, SALT, DEXTROSE, SODIUM PHOSPHATES, SODIUM ASCORBATE, SODIUM NITRITE), ENRICHED BLEACHED WHEAT FLOUR (WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER. CONTAINS 2% OR LESS OF THE FOLLOWING: DRIED WHEY, WHITE WHOLE WHEAT FLOUR, BARLEY FLOUR, YELLOW CORN FLOUR, SOYBEAN OIL, SALT, DEXTROSE, SPICE, ROMANO & PARMESAN CHEESE (PASTEURIZED COWS' MILK, CHEESE CULTURES, SALT, ENZYMES), BUTTERMILK POWDER, DRIED YEAST, NATURAL FLAVORINGS, DRIED PARSLEY, COLORED WITH PAPRIKA EXTRACT, TURMERIC EXTRACT AND ANNATTO EXTRACT. PREBROWNED IN VEGETABLE OIL. CONTAINS MILK, WHEAT

RAW-DO NOT MICROWAVE

TO HELP PREVENT FOODBORNE ILLNESS CAUSED BY EATING RAW POULTRY.

DO NOT MICROWAVE

Cooking Instructions:*

Conventional Oven

400°F

1. Preheat oven to 400°F.
2. Remove frozen raw breast(s) from pouch and place on baking sheet.
3. Bake in preheated oven for a minimum of 30 minutes.

OVEN BAKE ONLY

30 min.

For Food Safety, cook to a minimum internal temperature of 165°F measured by a meat thermometer.

Meat Thermometer Instructions: Insert meat thermometer 2 inches into the stuffing in the center of the entrée. See Diagram.

Meat Thermometer INSTRUCTIONS

Cross Section of Breast

CAUTION: Filling will be hot and may splatter; let stand approximately 2 minutes to cool before serving.

*Due to variations in ovens, cooking times may vary.

SAFE HANDLING INSTRUCTIONS

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

COOK THOROUGHLY.

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

Visit us on the web at www.barberfoods.com
Share your comments.
Take our product survey at www.barberfoods.com/feedback.htm

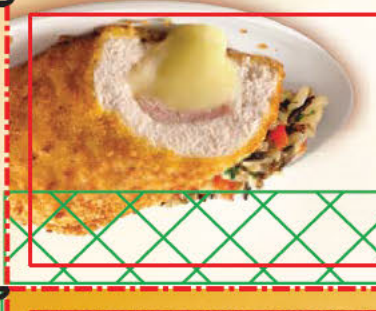
Proof of Purchase

F.P.O.
0 73461 02108 2
0 00000 00000 0

Prepared with care by:
AdvancePierre Foods, Inc.
Cincinnati, OH 45246
1-877-447-3279

PLEASE RECYCLE
100% Recycled Paperboard

7058334



RAW STUFFED CHICKEN BREASTS WITH RIB MEAT
BREADED
CORDON BLEU
Filled With Blended Cheeses & Cooked Ham

Date Code Area
no text

RAW STUFFED CHICKEN BREASTS WITH RIB MEAT
BREADED
CORDON BLEU
Filled With Blended Cheeses & Cooked Ham

2 individually wrapped entrees

NET WT. 10 OZ. (284g) KEEP FROZEN

Serving suggestion after baking

INSPECTED BY U.S. DEPARTMENT OF AGRICULTURE P-2726

DO NOT MICROWAVE
OVEN BAKE ONLY
RAW CHICKEN

RAW · FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165°F MEASURED BY A MEAT THERMOMETER

Multi-Grain Breading
250 Calories
per serving

Date Code Area
no text

Try one of our many other varieties. Each one a deliciously different way to rescue dinner.

Our fresh frozen entrees taste best baked in an oven, never in a microwave. You get crisp breading and tender moist stuffed chicken breast taste because we have done everything, but cook them.

Our pledge for quality, freshness and value is the same today as it was in 1955 when we started our business.

Jim Barber

Date Code Area
no text

RAW

Date Code Area
no text

RAW STUFFED CHICKEN BREASTS WITH RIB MEAT
BREADED
CORDON BLEU
Filled With Blended Cheeses & Cooked Ham

Nutrition Facts

Serving Size 1 Piece (140g)
Servings Per Container 2

Amount Per Serving	
Calories 250 Calories from Fat 130	
	% Daily Value*
Total Fat 14g	**22%**
Saturated Fat 4.5g	**23%**
Trans Fat 0g	
Cholesterol 55mg	**18%**
Sodium 430mg	**18%**
Total Carbohydrate 13g	**4%**
Dietary Fiber 1g	**4%**
Sugars 1g	
Protein 18g	

Vitamin A 10% • Vitamin C 25%
Calcium 15% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT (CONTAINING UP TO 14% OF A SOLUTION OF WATER, RICE STARCH, ROAST CHICKEN, SALT, SUGAR, ONION POWDER, NATURAL FLAVORING), BROCCOLI, PASTEURIZED PROCESS SWISS AND AMERICAN CHEESE (SWISS CHEESE [CULTURED MILK AND SKIM MILK, SALT, ENZYMES], AMERICAN CHEESE [CULTURED MILK AND SKIM MILK, SALT, ENZYMES], CREAM, SODIUM PHOSPHATE, SALT), ENRICHED BLEACHED WHEAT FLOUR (WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER. CONTAINS 2% OR LESS OF THE FOLLOWING: DRIED WHEY, WHITE WHOLE WHEAT FLOUR, BARLEY FLOUR, YELLOW CORN FLOUR, SOYBEAN OIL, SALT, DEXTROSE, BUTTERMILK POWDER, SPICE, ROMANO & PARMESAN CHEESE (PASTEURIZED COWS' MILK, CHEESE CULTURES, SALT, ENZYMES), DRIED YEAST, NATURAL FLAVORINGS, DRIED PARSLEY, COLORED WITH PAPRIKA EXTRACT, TURMERIC EXTRACT AND ANNATTO EXTRACT. PREBROWNED IN VEGETABLE OIL. **CONTAINS: MILK, WHEAT**

RAW-DO NOT MICROWAVE

TO HELP PREVENT FOODBORNE ILLNESS CAUSED BY EATING RAW POULTRY.

Cooking Instructions:*

Conventional Oven

1. Preheat oven to 400°F.
2. Remove frozen raw breast(s) from pouch and place on baking sheet.
3. Bake in preheated oven for a minimum of 32 minutes.

DO NOT MICROWAVE

400°F

OVEN BAKE ONLY

32 min.

For Food Safety, cook to a minimum internal temperature of 165°F measured by a meat thermometer.

Meat Thermometer Instructions: Insert meat thermometer 2 inches into the stuffing in the center of the entrée. See Diagram.

CAUTION: Filling will be hot and may splatter; let stand approximately 2 minutes to cool before serving.

*Due to variations in ovens, cooking times may vary.

Meat Thermometer INSTRUCTIONS

Cross Section of Breast

SAFE HANDLING INSTRUCTIONS

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

- KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.
- KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH HOT WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.
- COOK THOROUGHLY.
- KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

Visit us on the web at www.barberfoods.com
Share your comments.
Take our product survey at www.barberfoods.com/feedback.htm

Proof of Purchase

F.P.O.
0 73461 28501 9

Prepared with care by:
AdvancePierre Foods, Inc.
Cincinnati, OH 45246
1-877-447-3279

PLEASE RECYCLE
100% Recycled Paperboard

7058338

Date Code Area
no text

RAW STUFFED CHICKEN BREASTS WITH RIB MEAT
BREADED
BROCCOLI & CHEESE

BARBER FOODS

RAW - FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165°F MEASURED BY A MEAT THERMOMETER

2 individually wrapped entrees

NET WT. 10 OZ. (284g) KEEP FROZEN

Serving suggestion after baking

INSPECTED BY U.S. DEPARTMENT OF AGRICULTURE P-276

RAW CHICKEN
DO NOT MICROWAVE
OVEN BAKE ONLY

Multi-Grain Breading
250 Calories per serving

Try one of our many other varieties. Each one a deliciously different way to rescue dinner.

Date Code Area
no text

BARBER FOODS

RAW

Our fresh frozen entrees taste best baked in an oven, never in a microwave. You get crisp breading and tender moist stuffed chicken breast taste because we have done everything, but cook them.

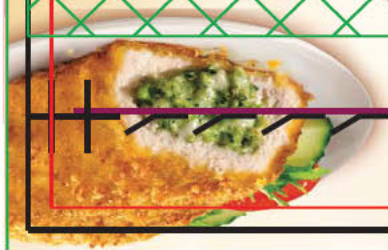
Our pledge for quality, freshness and value is the same today as it was in 1955 when we started our business.

Jim Barber

Date Code Area
no text

BARBER FOODS

RAW STUFFED CHICKEN BREASTS WITH RIB MEAT
BREADED
BROCCOLI & CHEESE



Nutrition Facts

Serving Size 1 Piece (140g)
Servings Per Container 2

Amount Per Serving	
Calories 300 Calories from Fat 140	
	% Daily Value*
Total Fat 15g	**23%**
Saturated Fat 6g	**30%**
Trans Fat 0g	
Cholesterol 65mg	**22%**
Sodium 570mg	**24%**
Total Carbohydrate 21g	**7%**
Dietary Fiber 1g	**4%**
Sugars 8g	
Protein 19g	
Vitamin A 6% • Vitamin C 4%	
Calcium 15% • Iron 10%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT (CONTAINING UP TO 14% OF A SOLUTION OF WATER, MODIFIED STARCH, ROAST CHICKEN, SALT, SUGAR, ONION POWDER, NATURAL FLAVORING), CREME FILLING (CHEDDAR AND MOZZARELLA CHEESES AND BRIE [PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES], WATER, WHEY, BUTTER [CREAM, SALT], RENNET CASEIN, DISODIUM PHOSPHATE, SODIUM CITRATE, SALT, AND MODIFIED FOOD STARCH), ENRICHED BLEACHED WHEAT FLOUR (WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), APPLES (SUGAR), WATER, PEAR SAUCE (SUN-DRIED PEARS, SUGAR, [WITH SULFUR DIOXIDE [PRESERVATIVE]). CONTAINS 2% OR LESS OF: CRANBERRIES (SUGAR, SUNFLOWER OIL), ONIONS, APPLE JUICE, DRIED WHEY, WHITE WHOLE WHEAT FLOUR, BARLEY FLOUR, YELLOW CORN FLOUR, SOYBEAN OIL, SALT, BUTTERMILK POWDER, DEXTROSE, SPICE, ROMANO & PARMESAN CHEESE (PASTEURIZED COWS' MILK, CHEESE CULTURES, SALT, ENZYMES), DRIED YEAST, NATURAL FLAVORINGS, CHIVES, PAPRIKA EXTRACT (COLOR), DRIED PARSLEY, YEAST, TURMERIC EXTRACT AND ANNATTO EXTRACT (COLOR), SUGAR, CANOLA OIL. FRIED BROWNED IN VEGETABLE OIL. CONTAINS MILK, WHEAT.

RAW-DO NOT MICROWAVE

TO HELP PREVENT FOODBORNE ILLNESS CAUSED BY EATING RAW POULTRY.

Cooking Instructions:*

Conventional Oven

1. Preheat oven to **400°F.**
2. Remove frozen raw breast(s) from pouch and place on baking sheet.
3. Bake in preheated oven for a minimum of **28 minutes.**

For Food Safety, cook to a minimum internal temperature of 165°F measured by a meat thermometer.

Meat Thermometer Instructions: Insert meat thermometer 2 inches into the stuffing in the center of the entrée. See Diagram.

CAUTION: Filling will be hot and may splatter; let stand approximately 2 minutes to cool before serving.

*Due to variations in ovens, cooking times may vary.

400°F

28 min.

Meat Thermometer INSTRUCTIONS

Cross Section of Breast

SAFE HANDLING INSTRUCTIONS

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

COOK THOROUGHLY.

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

Prepared with care by:
AdvancePierre Foods, Inc.
Cincinnati, OH 45246
1-877-447-3279

PLEASE RECYCLE
100% Recycled Paperboard

Visit us on the web at www.barberfoods.com
Share your comments.
Take our product survey at www.barberfoods.com/feedback.htm

Proof of Purchase

F.P.O.
0 73461 90788 1

BREADED
RAW STUFFED CHICKEN BREASTS WITH RIB MEAT

CRÈME BRIE & APPLE
Filled With Brie, Cheddar & Mozzarella Cheeses, Sliced Apples & Cranberries

BARBER FOODS

Date Code Area
no text

7058356

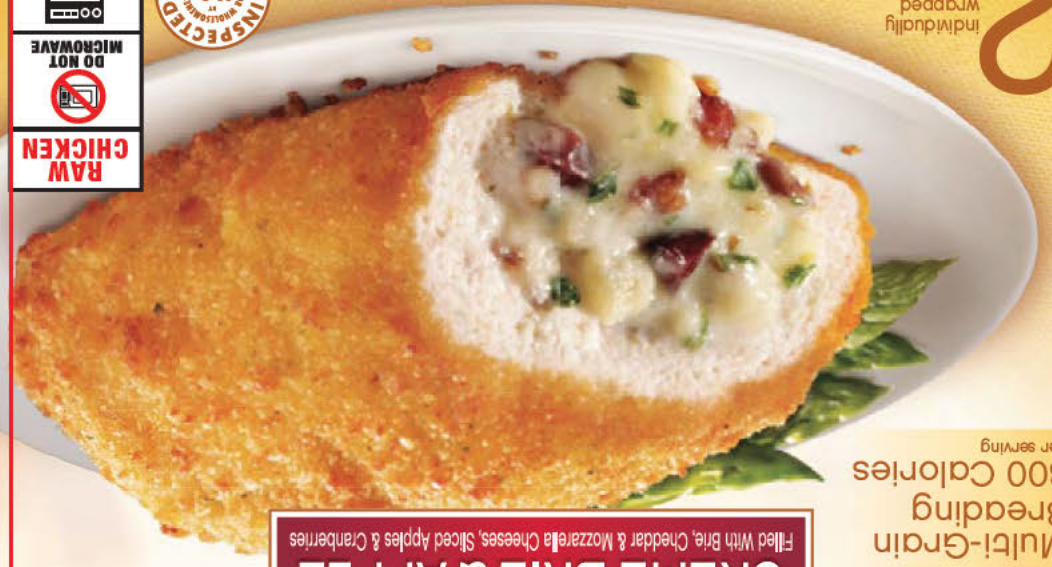
BREADED
RAW STUFFED CHICKEN BREASTS WITH RIB MEAT

CRÈME BRIE & APPLE
Filled With Brie, Cheddar & Mozzarella Cheeses, Sliced Apples & Cranberries

BARBER FOODS

Date Code Area
no text

RAW



BREADED
RAW STUFFED CHICKEN BREASTS WITH RIB MEAT

CRÈME BRIE & APPLE
Filled With Brie, Cheddar & Mozzarella Cheeses, Sliced Apples & Cranberries

Multi-Grain Breading
300 Calories per serving

2 individually wrapped entrees

NET WT. 10 OZ. (284g) KEEP FROZEN

Serving suggestion after baking

INSPECTED BY U.S. DEPARTMENT OF AGRICULTURE P-276

RAW CHICKEN
DO NOT MICROWAVE
OVEN BAKE ONLY

RAW · FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165°F MEASURED BY A MEAT THERMOMETER

Try one of our many other varieties. Each one a deliciously different way to rescue dinner.

BARBER FOODS

Our fresh frozen entrees taste best baked in an oven, never in a microwave. You get crisp breading and tender moist stuffed chicken breast taste because we have done everything, but cook them.

Our pledge for quality, freshness and value is the same today as it was in 1955 when we started our business.

Jim Barber

BARBER FOODS

Date Code Area
no text

Nutrition Facts

Serving Size 1 Piece (140g)
Servings Per Container 2

Amount Per Serving	
Calories 280	Calories from Fat 140
	% Daily Value*
Total Fat 15g	**23%**
Saturated Fat 6g	**30%**
Trans Fat 0g	
Cholesterol 65mg	**22%**
Sodium 310mg	**13%**
Total Carbohydrate 14g	**5%**
Dietary Fiber 1g	**4%**
Sugars 1g	
Protein 20g	

Vitamin A 10% • Vitamin C 15%

Calcium 15% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT CONTAINING UP TO 14% OF A SOLUTION OF WATER, RICE STARCH, ROAST CHICKEN, SALT, SUGAR, ONION POWDER, NATURAL FLAVORING), ASPARAGUS, WHITE CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), ENRICHED BLEACHED WHEAT FLOUR (WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER. CONTAINS 2% OR LESS OF THE FOLLOWING: DRIED WHEY, WHITE WHOLE WHEAT FLOUR, BARLEY FLOUR, YELLOW CORN FLOUR, SOYBEAN OIL, SALT, DEXTROSE, BUTTERMILK POWDER, SPICE, ROMANO & PARMESAN CHEESE (PASTEURIZED COWS' MILK, CHEESE CULTURES, SALT, ENZYMES), DRIED YEAST, NATURAL FLAVORINGS, DRIED PARSLEY, COLORED WITH PAPRIKA EXTRACT, TURMERIC EXTRACT AND ANNATTO EXTRACT. PREBROWNED IN VEGETABLE OIL.
CONTAINS: MILK, WHEAT

RAW-DO NOT MICROWAVE

TO HELP PREVENT FOODBORNE ILLNESS CAUSED BY EATING RAW POULTRY.

Cooking Instructions:*

Conventional Oven

1. Preheat oven to 400°F.
2. Remove frozen raw breast(s) from pouch and place on baking sheet.
3. Bake in preheated oven for a minimum of 32 minutes.

For Food Safety, cook to a minimum internal temperature of 165°F measured by a meat thermometer.

Meat Thermometer Instructions: Insert meat thermometer 2 inches into the stuffing in the center of the entrée. See Diagram.

CAUTION: Filling will be hot and may splatter; let stand approximately 2 minutes to cool before serving.

*Due to variations in ovens, cooking times may vary.

400°F

32 min.

Meat Thermometer INSTRUCTIONS

Cross Section of Breast

SAFE HANDLING INSTRUCTIONS

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

- KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.
- KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.
- COOK THOROUGHLY.
- KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

Visit us on the web at www.barberfoods.com
Share your comments.
Take our product survey at www.barberfoods.com/feedback.htm

Proof of Purchase

F.P.O.
0 73461 28504 0

Prepared with care by:
AdvancePierre Foods, Inc.
Cincinnati, OH 45246
1-877-447-3279

PLEASE RECYCLE
100% Recycled Paperboard

RAW STUFFED CHICKEN BREASTS WITH RIB MEAT
BREADED
ASPARAGUS & CHEESE

BARBER FOODS

Date Code Area
no text

7058351

RAW STUFFED CHICKEN BREASTS WITH RIB MEAT
BREADED
ASPARAGUS & CHEESE

BARBER FOODS

Date Code Area
no text

RAW · FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165°F MEASURED BY A MEAT THERMOMETER

2

Individually wrapped entrées

NET WT. 10 OZ. (284g) KEEP FROZEN

Serving suggestion after baking

INSPECTED BY U.S. DEPARTMENT OF AGRICULTURE P-2726

OVEN BAKE ONLY

DO NOT MICROWAVE

RAW CHICKEN

Multi-Grain Breading
280 Calories
per serving

RAW STUFFED CHICKEN BREASTS WITH RIB MEAT
BREADED
ASPARAGUS & CHEESE

BARBER FOODS

RAW

Date Code Area
no text

Try one of our many other varieties. Each one a deliciously different way to rescue dinner.

BARBER FOODS

Our pledge for quality, freshness and value is the same today as it was in 1955 when we started our business.

Jim Barber

Our fresh frozen entrees taste best baked in an oven, never in a microwave. You get crisp breading and tender moist stuffed chicken breast taste because we have done everything, but cook them.

Date Code Area
no text

RAW STUFFED CHICKEN BREASTS WITH RIB MEAT
BREADED
ASPARAGUS & CHEESE

BARBER FOODS

Date Code Area
no text

Nutrition Facts
Valeur nutritive

Per 1 piece (142 g)
Par 1 morceau (142 g)

Amount Per Serving / Teneur Par Portion	% Daily Value / % valeur quotidienne
Calories / Calories 250	
Fat / Lipides 14 g	**22** %
Saturates / saturés 4.5 g + Trans / trans 0.1 g	**23** %
Cholesterol / Cholestérol 70 mg	
Sodium / Sodium 490 mg	**20** %
Carbohydrate / Glucides 10 g	**3** %
Fibre / Fibres 0 g	**0** %
Sugars / Sucres 1 g	
Protein / Protéines 21 g	
Vitamin A / Vitamine A	4 %
Vitamin C / Vitamine C	10 %
Calcium / Calcium	8 %
Iron / Fer	10 %

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT (WATER, RICE STARCH, ROAST CHICKEN, SALT, SUGAR, ONION POWDER, NATURAL FLAVOURING), PROCESS SWISS AND AMERICAN CHEESE (SWISS CHEESE [CULTURED MILK AND SKIM MILK, SALT, ENZYMES], AMERICAN CHEESE [CULTURE MILK AND SKIM MILK, SALT, ENZYMES], CREAM, SODIUM PHOSPHATE, SALT), COOKED HAM (CURED WITH WATER, SALT, DEXTROSE, SODIUM PHOSPHATES, SODIUM ASCORBATE, SODIUM NITRITE), ENRICHED BLEACHED WHEAT FLOUR, WATER, DRIED WHEY, WHITE WHOLE WHEAT FLOUR, BARLEY FLOUR, YELLOW CORN FLOUR, SOYBEAN OIL, SALT, DEXTROSE, SPICE, ROMANO AND PARMESAN CHEESES (MILK, BACTERIAL CULTURES, SALT, ENZYMES), BUTTERMILK POWDER, DRIED YEAST, NATURAL FLAVOURINGS, DRIED PARSLEY, PAPRIKA AND TURMERIC AND ANNATTO EXTRACT. PREBROWNED IN CANOLA OIL. CONTAINS: WHEAT, MILK, SOY, GLUTEN (BARLEY).

INGRÉDIENTS : POITRINE DE POULET AVEC VIANDE DE CÔTE (EAU, AMIDON DE RIZ, POULET RÔTI, SEL, SUCRE, POUDRE D'OIGNON, ARÔME NATUREL), FROMAGE SUISSE ET AMÉRICAIN FONDU (FROMAGE SUISSE (LAIT DE CULTURE ET LAIT ÉCRÉMÉ, SEL, ENZYMES), FROMAGE AMÉRICAIN (LAIT DE CULTURE ET LAIT ÉCRÉMÉ, SEL, ENZYMES), CRÈME, PHOSPHATE DE SODIUM, SEL), JAMBON CUIT (TRAITÉ AVEC EAU, SEL, DEXTROSE, PHOSPHATES DE SODIUM, ASCORBATE DE SODIUM, NITRITE DE SODIUM), FARINE DE BLÉ ENRICHIE BLANCHE, EAU, LACTOSÉRUM SÉCHÉ, FARINE DE BLÉ ENTIER ET BLANC, FARINE D'ORGE, FARINE DE MAÏS JAUNE, HUILE DE SOYA, SEL, DEXTROSE, BABEURRE EN POUDRE, ÉPICE, FROMAGES ROMANO ET PARMESAN (LAIT, CULTURES BACTÉRIENNES, SEL, ENZYMES), BABEURRE EN POUDRE, LEVURE SÉCHÉE, ARÔMES NATURELS, PERSIL SÉCHÉ, EXTRAIT DE PAPRIKA ET DE CURCUMA ET DE ROCOU. PRÉBRUNIE DANS DE L'HUILE CANOLA. CONTIENT : BLÉ, LAIT, SOYA, GLUTEN (ORGE).

RAW-DO NOT MICROWAVE
TO HELP PREVENT FOODBORNE ILLNESS CAUSED BY EATING RAW POULTRY.

CRUES-NE PAS CUIRE AU MICRO-ONDES
AFIN D'AIDER À PRÉVENIR TOUTE INTOXICATION ALIMENTAIRE

Preparation Method:
Conventional Oven:
Cook From Frozen.

1. Preheat oven to **204° C (400° F).**
2. Remove frozen raw breast from pouch and place on baking sheet.
3. Bake for a minimum of **30 minutes.**

OVEN BAKE ONLY
30 min.

For Food Safety, cook to a minimum internal temperature of 74° C (165° F) measured by a meat thermometer.

Meat Thermometer Instructions: Insert meat thermometer 2 inches into the stuffing in the center of the entrée. See Diagram.

CAUTION: Filling will be hot and may splatter; let stand approximately 2 minutes to cool before serving.

*Due to variations in ovens, cooking times may vary.

Mode de préparation :
Au four ordinaire :
Ne pas dégeler avant la cuisson.

1. Préchauffer le four à **204° C (400° F).**
2. Retirer la poitrine crue congelée du sac, et la déposer sur une plaque.
3. Cuire au moins **30 minutes.**

CUISSON AU FOUR ORDINAIRE SEULEMENT

Pour assurer la salubrité du produit, le cuire jusqu'à ce que le thermomètre à viande indique une température interne de 74° C (165° F).

Mode d'emploi du thermomètre à viande : Insérer le thermomètre à viande jusqu'au centre de la farce 50.8 mm (2 po). Voir le diagramme.

ATTENTION : La farce brûlante peut gicler; laisser refroidir environ 2 minutes avant de servir.

*Le temps de cuisson peut varier d'un four à l'autre.

PLEASE RECYCLE 100% Recycled Paperboard

Prepared by / Préparé par :
Advance Pierre Foods, Inc.
Cincinnati, OH 45246
1-877-447-3279 www.barberfoods.com

F.P.O.
0 73461 00010 0
0 00000 00000 0

HAM & CHEESE
Filled with blended cheeses and cooked ham

PRODUCT OF U.S.A.

STUFFED BREADED CHICKEN BREAST CUTLETTES/UNCOOKED
WITH RIB MEAT CHOPPED AND FORMED

BARBER FOODS

Date Code Area
no text

7056111

RAW CHICKEN
POULET CRUES

DO NOT MICROWAVE
NE PAS CUIRE AU MICRO-ONDES

OVEN BAKE ONLY
CUISSON AU FOUR ORDINAIRE SEULEMENT

INSPECTED BY U.S. DEPARTMENT OF AGRICULTURE P-276

KEEP FROZEN / GARDER CONGELÉ

RAW FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 74° C (165° F) MEASURED BY A MEAT THERMOMETER
CRUES POUR ASSURER LA SALUBRITÉ DU PRODUIT, LE CUIRE JUSQU'À CE QUE LE THERMOMÈTRE À VIANDE INDIQUE UNE TEMPÉRATURE INTERNE DE 74° C (165° F)

NET 284 g

2 entrées

suggested serving not actual size
présentation suggérée ne représentent pas la taille réelle

PRODUCT OF U.S.A.
PRODUIT DES É.-U.A.

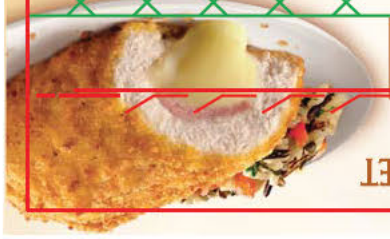
HAM & CHEESE
Filled with blended cheeses and cooked ham
JAMBON ET FROMAGE
Garnies d'un mélange de fromage et jambon cuit

STUFFED BREADED CHICKEN BREAST CUTLETTES/UNCOOKED WITH RIB MEAT CHOPPED AND FORMED
ESCALOPETTES DE POITRINE DE POULET FARCIES ET PANÉES/NON CUITES AVEC VIANDE DE CÔTE HACHÉES ET FORMÉES

BARBER FOODS

RAW/CRUES

Date Code Area
no text



ESCALOPETTES DE POITRINE DE POULET FARCIES ET PANÉES/NON CUITES
AVEC VIANDE DE CÔTE HACHÉES ET FORMÉES

JAMBON ET FROMAGE
Garnies d'un mélange de fromage et jambon cuit

PRODUIT DES É.-U.A.

BARBER FOODS

Date Code Area
no text

ESCALOPETTES DE POITRINE DE POULET FARCIES ET PANÉES/NON CUITES
AVEC VIANDE DE CÔTE HACHÉES ET FORMÉES

JAMBON ET FROMAGE
Garnies d'un mélange de fromage et jambon cuit

PRODUIT DES É.-U.A.

BARBER FOODS

RefCad: 07670

Nutrition Facts
Valeur nutritive

Per 1 piece (142 g)
Par 1 morceau (142 g)

Amount Per Serving / Teneur Par Portion	% Daily Value / % valeur quotidienne
Calories / Calories 250	
Fat / Lipides 14 g	**22** %
Saturates / saturés 4.5 g + Trans / trans 0.1 g	**23** %
Cholesterol / Cholestérol 55 mg	
Sodium / Sodium 440 mg	**18** %
Carbohydrate / Glucides 14 g	**5** %
Fibre / Fibres 1 g	**4** %
Sugars / Sucres 1 g	
Protein / Protéines 18 g	
Vitamin A / Vitamine A	15 %
Vitamin C / Vitamine C	25 %
Calcium / Calcium	10 %
Iron / Fer	10 %

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT (WATER, RICE STARCH, ROAST CHICKEN, SALT, SUGAR, ONION POWDER, NATURAL FLAVOURING), BROCCOLI, PROCESS SWISS AND AMERICAN CHEESE (SWISS CHEESE (CULTURED MILK AND SKIM MILK, SALT, ENZYMES), AMERICAN CHEESE (CULTURED MILK AND SKIM MILK, SALT, ENZYMES), CREAM, SODIUM PHOSPHATE, SALT), ENRICHED BLEACHED WHEAT FLOUR, WATER, DRIED WHEY, WHITE WHOLE WHEAT FLOUR, BARLEY FLOUR, YELLOW CORN FLOUR, SOYBEAN OIL, SALT, DEXTROSE, BUTTERMILK POWDER, SPICE, ROMANO AND PARMESAN CHEESES (MILK, BACTERIAL CULTURES, SALT, ENZYMES), DRIED YEAST, NATURAL FLAVOURINGS, DRIED PARSLEY, PAPRIKA AND TURMERIC AND ANNATTO EXTRACT. PREBROWNED IN CANOLA OIL.
CONTAINS: MILK, WHEAT, GLUTEN (BARLEY), SOY.

INGRÉDIENTS : POITRINE DE POULET AVEC VIANDE DE CÔTE (EAU, AMIDON DE RIZ, POULET RÔTI, SEL, SUCRE, POUDRE D'OIGNON, ARÔME NATUREL), BROCOLI, FROMAGE SUISSE ET AMÉRICAIN FONDU (FROMAGE SUISSE (LAIT DE CULTURE ET LAIT ÉCRÉMÉ, SEL, ENZYMES), FROMAGE AMÉRICAIN (LAIT DE CULTURE ET LAIT ÉCRÉMÉ, SEL, ENZYMES), CRÈME, PHOSPHATE DE SODIUM, SEL), FARINE DE BLÉ ENRICHIE BLANCHIE, EAU, LACTOSÉRUM SÉCHÉ, FARINE DE BLÉ ENTIER ET BLANC, FARINE D'ORGE, FARINE DE MAÏS JAUNE, HUILE DE SOYA, SEL, DEXTROSE, BABEURRE EN POUDRE, ÉPICE, FROMAGES ROMANO ET PARMESAN (LAIT, CULTURES BACTÉRIENNES, SEL, ENZYMES), LEVURE SÉCHÉE, ARÔMES NATURELS, PERSIL SÉCHÉ, EXTRAITS DE PAPRIKA ET DE CURCUMA ET DE ROCOU. PRÉBRUNIE DANS DE L'HUILE CANOLA.
CONTIENT : LAIT, BLÉ, GLUTEN (ORGE), SOYA.

RAW-DO NOT MICROWAVE
TO HELP PREVENT FOODBORNE ILLNESS CAUSED BY EATING RAW POULTRY.

CRUES-NE PAS CUIRE AU MICRO-ONDES
AFIN D'AIDER À PRÉVENIR TOUTE INTOXICATION ALIMENTAIRE

Preparation Method:

OVEN BAKE ONLY

Conventional Oven: Cook From Frozen.

1. Remove frozen breast(s) from pouch.
2. Bake in a preheated conventional oven at **204° C (400° F)** for a minimum of **32 minutes.**

32 min.

CUISSON AU FOUR ORDINAIRE SEULEMENT

For Food Safety, cook to a minimum internal temperature of 74° C (165° F) measured by a meat thermometer.

Meat Thermometer Instructions: Insert meat thermometer 2 inches into the stuffing in the center of the entrée. See Diagram.

CAUTION: Filling will be hot and may splatter; let stand approximately 2 minutes to cool before serving.

*Due to variations in ovens, cooking times may vary.

Mode de préparation :

Au four ordinaire : Ne pas dégeler avant la cuisson.

1. Retirer la/les poitrine(s) congelée(s) du sac.
2. Au four préchauffé à **204° C (400° F)**, cuire au moins **32 minutes.**

Pour assurer la salubrité du produit, le cuire jusqu'à ce que le thermomètre à viande indique une température interne de 74° C (165° F).

Mode d'emploi du thermomètre à viande : Insérer le thermomètre à viande jusqu'au centre de la farce 50.8 mm (2 po). Voir le diagramme.

ATTENTION : La farce brûlante peut gicler; laisser refroidir environ 2 minutes avant de servir.

*Le temps de cuisson peut varier d'un four à l'autre.

PLEASE RECYCLE

100% Recycled Paperboard

Prepared by / Préparé par :
AdvancePierre Foods, Inc.
Cincinnati, OH 45246
1-877-447-3279 www.barberfoods.com

F.P.O.
0 73461 00011 7
0 00000 00000 0

STUFFED BREADED CHICKEN BREAST CUTLETTES/UNCOOKED
WITH RIB MEAT CHOPPED AND FORMED

BROCCOLI & CHEESE
Filled with Broccoli & Processed Swiss & American Cheeses

PRODUCT OF U.S.A.

Date Code Area
no text

7056109

RAW CHICKEN
POULET CRUES

DO NOT MICROWAVE
NE PAS CUIRE AU MICRO-ONDES

OVEN BAKE ONLY
CUISSON AU FOUR ORDINAIRE SEULEMENT

INSPECTED BY U.S. DEPARTMENT OF AGRICULTURE P-2776

KEEP FROZEN / GARDER CONGELÉ

RAW FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 74° C (165° F) MEASURED BY A MEAT THERMOMETER
CRUES POUR ASSURER LA SALUBRITÉ DU PRODUIT, LE CUIRE JUSQU'À CE QUE LE THERMOMÈTRE À VIANDE INDIQUE UNE TEMPÉRATURE INTERNE DE 74° C (165° F)

NET 284 g

2 entrées

suggested serving not actual size
présentation suggérée ne représentent pas la taille réelle

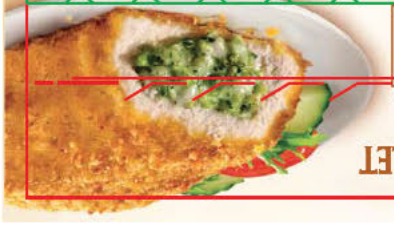
PRODUCT OF U.S.A.
PRODUIT DES É.-U.A.

BROCCOLI & CHEESE
Filled with Broccoli & Processed Swiss & American Cheeses
Farcies de brocoli et de fromages suisse et américain fondus

STUFFED BREADED CHICKEN BREAST CUTLETTES/UNCOOKED WITH RIB MEAT CHOPPED & FORMED
ESCALOPETTES DE POITRINE DE POULET FARCIES ET PANÉES/NON CUITES AVEC VIANDE DE CÔTE HACHÉES ET FORMÉES

RAW/CRUES

Date Code Area
no text



ESCALOPETTES DE POITRINE DE POULET FARCIES ET PANÉES/NON CUITES
AVEC VIANDE DE CÔTE HACHÉES ET FORMÉES

BROCCOLI ET FROMAGE
Farcies de brocoli et de fromages suisse et américain fondus

PRODUIT DES É.-U.A.

Date Code Area
no text

ESCALOPETTES DE POITRINE DE POULET FARCIES ET PANÉES/NON CUITES
AVEC VIANDE DE CÔTE HACHÉES ET FORMÉES

BROCOLI ET FROMAGE
Farcies de brocoli et de fromages suisse et américain fondus

PRODUIT DES É.-U.A.

RefCad: 07670

meijer

BREADED & BONELESS
RAW STUFFED CHICKEN BREASTS
— WITH RIB MEAT —
CORDON BLEU
FILLED WITH BLENDED CHEESE & COOKED HAM
— BAKE IN OVEN —

6 INDIVIDUALLY WRAPPED CHICKEN BREASTS

RAW — FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165°F MEASURED BY A MEAT THERMOMETER

KEEP FROZEN

RAW CHICKEN
DO NOT MICROWAVE
OVEN BAKE ONLY

SERVING SUGGESTION

INSPECTED FOR WHOLESOMENESS U.S. DEPARTMENT OF AGRICULTURE P-276

NET WT 30 OZ (1 LB 14 OZ) 851g

Nutrition Facts

Serving Size 1 Piece (140g/5 oz)
Servings Per Container 6

Amount Per Serving	
Calories 340	Calories from Fat 220
	% Daily Value*
Total Fat 24g	**37%**
Saturated Fat 6g	**29%**
Trans Fat 0g	
Cholesterol 70mg	**23%**
Sodium 920mg	**38%**
Total Carbohydrate 10g	**3%**
Dietary Fiber less than 1g	**1%**
Sugars 1g	
Protein 22g	
Vitamin A 4% • Vitamin C 2%	
Calcium 10% • Iron 6%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT (CONTAINING UP TO 11% OF A SOLUTION OF WATER, SODIUM PHOSPHATE, SEASONING [SALT, DEXTROSE, CORN SYRUP POWDER, NATURAL FLAVORING], ENRICHED BLEACHED WHEAT FLOUR (WITH MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), PASTEURIZED PROCESS AMERICAN CHEESE (PASTEURIZED PROCESS [SWISS CHEESE [CULTURED MILK AND SKIM MILK, SALT, ENZYMES], AMERICAN CHEESE [CULTURED MILK, SALT, ENZYMES], CREAM, WATER, SODIUM PHOSPHATES, SALT, COLORED WITH ANNATTO EXTRACT, OLEORESIN PAPRIKA, NATURAL FLAVOR), WATER, SALT, DEXTROSE, SODIUM PHOSPHATES, SODIUM ASCORBATE, SODIUM NITRITE), WATER, SALT, WHEY, YELLOW CORN FLOUR, ROAST CHICKEN FLAVOR [ROASTED CHICKEN FAT, SUGAR, SPICE, SOYBEAN OIL, ROMANO AND PARMESAN CHEESE (PASTEURIZED COWS MILK CHEESE CULTURES, SALT, SODIUM SILICOALUMINATE [ANTICAKING], SORBIC ACID [PRESERVATIVE], ENZYMES), YEAST, LEAVENING (MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE), NATURAL FLAVORINGS, COLORED WITH OLEORESIN PAPRIKA, ANNATTO EXTRACT, OLEORESIN TURMERIC, PREPARED IN VEGETABLE OIL.

CONTAINS: WHEAT, MILK.

DIST. BY MEIJER DISTRIBUTION, INC.
GRAND RAPIDS, MI 49544
www.meijer.com

OUR QUALITY GUARANTEE
The Meijer Family
www.meijer.com/satisfaction

8 86926 29268 8

RAW–DO NOT MICROWAVE

TO HELP PREVENT FOODBORNE ILLNESS CAUSED BY EATING RAW POULTRY.

COOKING INSTRUCTIONS:*
CONVENTIONAL OVEN:*

1. Preheat oven to 400°F.
2. Remove frozen raw breast(s) from box and place on baking sheet.
3. Bake in preheated oven for a minimum of 28 minutes for 1 piece (30 minutes for 6 pieces).

For food safety, cook to a minimum internal temperature of 165°F measured by a meat thermometer.

*Due to variations in ovens, cooking times may vary.

OVEN BAKE ONLY

Meat Thermometer Instructions:
Insert meat thermometer 2 inches into the stuffing in the center of the entrée. See Diagram. CAUTION: Filling will be hot and may splatter; let stand approximately 2 minutes to cool before serving.

SAFE HANDLING INSTRUCTIONS

This product was prepared from inspected and passed meat and/or poultry. Some food products may contain bacteria that could cause illness if the product is mishandled or cooked improperly. For your protection, follow these safe handling instructions.

- Keep refrigerated or frozen. Thaw in refrigerator or microwave.
- Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry.
- Cook thoroughly.
- Keep hot foods hot. Refrigerate leftovers immediately or discard.

NET WT 30 OZ (1 LB 14 OZ) 851g

RAW — FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165°F MEASURED BY A MEAT THERMOMETER

KEEP FROZEN

RAW CHICKEN
DO NOT MICROWAVE
OVEN BAKE ONLY

RKT
2730
1-2811 DIE:3057
3190-00-0106-01 (C)
7056074-01

7056074-01

meijer

BREADED & BONELESS

RAW STUFFED CHICKEN BREASTS

— WITH RIB MEAT —

KIEV

FILLED WITH GARLIC BUTTER & PARSLEY

— BAKE IN OVEN —

meijer

6

INDIVIDUALLY WRAPPED CHICKEN BREASTS

SERVING SUGGESTION

RAW — FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165°F MEASURED BY A MEAT THERMOMETER

RAW CHICKEN

DO NOT MICROWAVE

OVEN BAKE ONLY

KEEP FROZEN

INSPECTED BY THE U.S. DEPARTMENT OF AGRICULTURE P-276

NET WT 30 OZ (1 LB 14 OZ) 851g

Nutrition Facts

Serving Size 1 Piece (140g/5 oz)
Servings Per Container 6

Amount Per Serving	
Calories 420	Calories from Fat 310
	% Daily Value*
Total Fat 35g	**53%**
Saturated Fat 11g	**56%**
Trans Fat 0.5g	
Cholesterol 95mg	**31%**
Sodium 740mg	**31%**
Total Carbohydrate 14g	**5%**
Dietary Fiber less than 1g	**2%**
Sugars 1g	
Protein 18g	
Vitamin A 10% •	Vitamin C 2%
Calcium 2% •	Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT (CONTAINING UP TO 11% OF A SOLUTION OF WATER, SODIUM PHOSPHATE, POTASSIUM LACTATE, SALT, SUGAR, ONION POWDER, NATURAL FLAVORING), BUTTER (CREAM, MILK, SALT, ANNATTO (COLOR)), ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, WHEY, YELLOW CORN FLOUR, ROAST CHICKEN FLAVOR (CHICKEN FAT, GARLIC POWDER, DEXTROSE, SUGAR, PARSLEY, SPICE, SOYBEAN OIL, ROMANO AND PARMESAN CHEESE (PASTEURIZED COWS MILK, CHEESE CULTURES, SALT, ENZYMES), SILICON DIOXIDE (ANTI-CAKING), SORBIC ACID (PRESERVATIVE), ENZYMES), YEAST, LEAVENING (MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE), NATURAL FLAVORINGS, COLORED WITH OLEORESIN PAPRIKA, ANNATTO EXTRACT, OLEORESIN TURMERIC. PREBROWNED IN VEGETABLE OIL.

CONTAINS: MILK, WHEAT.

DIST. BY MEIJER DISTRIBUTION, INC.
GRAND RAPIDS, MI 49544
www.meijer.com

OUR QUALITY GUARANTEE
100% Satisfaction Guaranteed
www.meijer.com/satisfaction

FOR POSITION ONLY

8 86926 29267 1

95%

RAW–DO NOT MICROWAVE

TO HELP PREVENT FOODBORNE ILLNESS CAUSED BY EATING RAW POULTRY.

COOKING INSTRUCTIONS:*

CONVENTIONAL OVEN:*

1. Preheat oven to 400°F.
2. Remove frozen raw breast(s) from box and place on foil lined baking sheet to capture escaping butter.
3. Bake in preheated oven for a minimum of 28 minutes for 1 piece (30 minutes for 6 pieces).

OVEN BAKE ONLY

For food safety, cook to a minimum internal temperature of 165°F measured by a meat thermometer.

*Due to variations in ovens, cooking times may vary.

Meat Thermometer Instructions:
Insert meat thermometer 2 inches into the stuffing in the center of the entrée. See Diagram. CAUTION: Filling will be hot and may splatter; let stand approximately 2 minutes to cool before serving.

SAFE HANDLING INSTRUCTIONS

This product was prepared from inspected and passed meat and/or poultry. Some food products may contain bacteria that could cause illness if the product is mishandled or cooked improperly. For your protection, follow these safe handling instructions.

- Keep refrigerated or frozen. Thaw in refrigerator or microwave.
- Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry.
- Cook thoroughly.
- Keep hot foods hot. Refrigerate leftovers immediately or discard.

meijer

BREADED & BONELESS

RAW STUFFED CHICKEN BREASTS

— WITH RIB MEAT —

KIEV

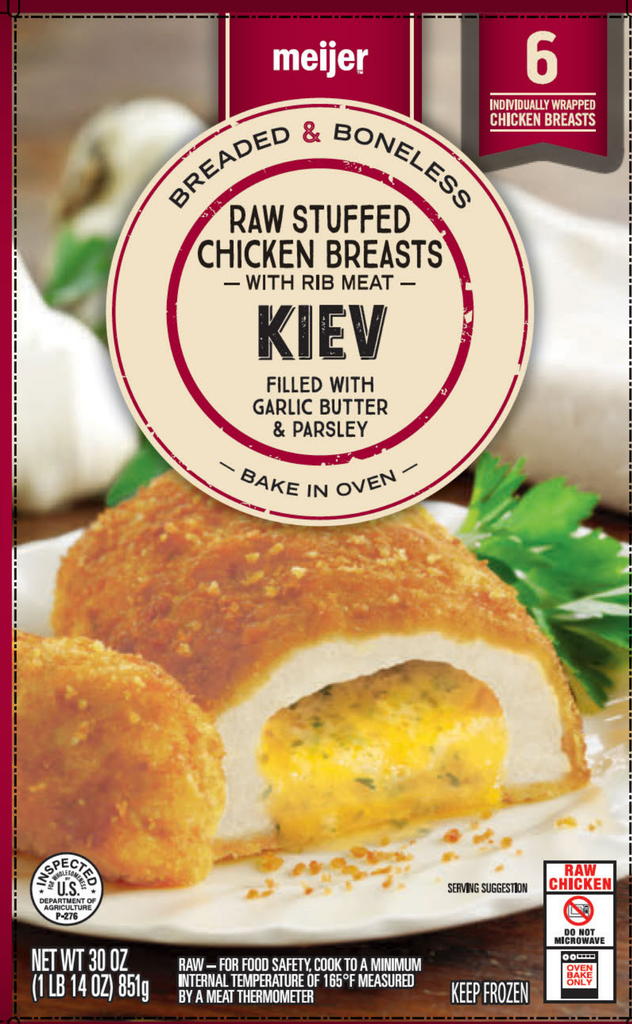
FILLED WITH GARLIC BUTTER & PARSLEY

— BAKE IN OVEN —

meijer

6

INDIVIDUALLY WRAPPED CHICKEN BREASTS



SERVING SUGGESTION

RAW CHICKEN

DO NOT MICROWAVE

OVEN BAKE ONLY

INSPECTED BY THE U.S. DEPARTMENT OF AGRICULTURE P-276

NET WT 30 OZ (1 LB 14 OZ) 851g

RAW — FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165°F MEASURED BY A MEAT THERMOMETER

KEEP FROZEN

RKT
2730
1-2812 DIE:3057
3190-00-0105-01 (C)
7056076-01

7056076-01