Cumberland FARMS

CHICKEN CAESAR SALAD

ROMAINE LETTUCE, ROASTED CHICKEN, PARMESAN CHEESE, BACON, MULTIGRAIN CROUTONS & CREAMY CAESAR DRESSING

FORK INSIDE

100737

INSPECTED BY THE U.S. DEPARTMENT OF AGRICULTURE

Use by:

PERISHABLE
KEEP REFRIGERATED

NET WT 9.95 OZ (282g)

CHICKEN CAESAR SALAD

Nutrition Facts

Serving Size 1 Container (177g)

Amount Per Serving	
Calories 230	Calories from Fat 140
	% Daily Value*
Total Fat 16g	25%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 980mg	41%
Total Carbohydrate 8g	3%
Dietary Fiber 1g	4%
Sugars 3g	
Protein 16g	30%
Vitamin A 50% • Vitamin C 35%	
Calcium 25% • Iron 6%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

100728

INGREDIENTS: ROMAINE LETTUCE, CHICKEN BREAST WITH RIB MEAT (CHICKEN BREAST WITH RIB MEAT, WATER, SODIUM LACTATE, SEASONING SALT, SUGAR, ARTIFICIAL CHICKEN FLAVOR (WITH HYDROLYZED CORN PROTEIN, AUTOLYZED YEAST EXTRACT, THIAMIN HYDROCHLORIDE, DISODIUM INOSINATE, DISODIUM GUANYLATE), DEXTROSE, NATURAL FLAVORING), MODIFIED POTATO STARCH, DEXTROSE, POTASSIUM LACTATE, SODIUM PHOSPHATES, SODIUM DIACETATE), CAESAR DRESSING (WATER, SOYBEAN OIL, PARMESAN CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), DISTILLED VINEGAR, ENZYMES), FLAVOR ENZYME MODIFIED ROMANO CHEESE (ROMANO CHEESE (CULTURED MILK, SALT, WATER, SALT, ENZYMES), SALTED EGG YOLKS, SALT, CORN SYRUP, CONTAINS LESS THAN 2% OF: LEMON JUICE CONCENTRATE, SUGAR, DEHYDRATED GARLIC, SPICES, XANTHAN GUM, POLYSORBATE 60, DEHYDRATED ONION, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), MOLASSES, ANCHOVY, LACTIC ACID, NATURAL FLAVORS, DEFATTED SOY FLOUR, CARAMEL COLOR, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR), TAMARIND, PARMESAN STYLE CHEESE (PARMESAN STYLE CHEESE (PASTEURIZED PART SKIM MILK, SALT, CHEESE CULTURE, ENZYMES), POTATO STARCH AND POWDERED CELLULOSE (TO PREVENT CAKING), MALTODEXTRIN, NATURAL FLAVORING), BROWN SUGAR, CONTAINS: EGGS, MILK, SOY, FISH (ANCHOVIES)

GF Made without gluten-containing ingredients.

DISTRIBUTED BY CUMBERLAND FARMS, INC.
WESTBORO, MA 01581
cumberlandfarms.com

0 42704 03430 1