

LÜVO
WHOLESONE, DELICIOUS
meals made from REAL ingredients.

At LÜVO we believe it should be easy
to enjoy delicious and wholesome meals.
From vegetables to chicken raised
without antibiotics, we put the best real
ingredints into everything we make.

steam in pouch

Net
Weight

130g

4.6oz

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130g

4.6oz

LÜVO
steam in pouch

A LITTLE SPICE
**CHICKEN
CHILE VERDE**

with white chicken, black beans & potatoes

PRODUCT OF CANADA

PROTEIN 17g

VEGETABLES 1/2 CUP

NET WT 130g (4.6oz)

LÜVO steam in pouch

A LITTLE SPICE
**CHICKEN
CHILE VERDE**

with white chicken, black beans & potatoes

INGREDIENTS: CHICKEN, POTATOES, BLACK BEANS, TOMATOES, ONIONS, GARLIC, CILANTRO, AVOCADO, LIME JUICE, SALT, PEPPER, OIL.



Why Steam in Pouch?
Steam in pouch is the perfect way to enjoy a meal on the go. It's healthy, convenient, and easy to prepare. The pouch is made from a special material that allows steam to cook the food perfectly. This means you can enjoy a hot, delicious meal in just 10 minutes. Plus, it's a great way to reduce food waste and keep your kitchen clean.



NET WEIGHT 130g (4.6oz)

Nutrition Facts

1 serving per container
Serving size 1 Pouch (130g)

Calories 320	
Percent Daily Values are based on a diet of delicious food.	
Total Fat 10g	20%
Total Protein 17g	34%
Total Carbohydrate 35g	70%
Total Fiber 10g	20%
Total Sugar 5g	10%
Sodium 100mg	20%
Cholesterol 50mg	10%
Total Fat 10g	20%
Total Protein 17g	34%
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