
BEEF RAISED WITH NO ANTIBIOTICS
PEEL OFF STRIP AND OPEN RESEALABLE ZIPPER
COOKED PERFECT
BRAND
HOMESTYLE MEATBALLS
All Natural
Gluten Free
Milk Free
*No Artificial Ingredients
Minimally Processed - except for texture & soy flour
BEEF RAISED WITH
NO
ANTIBIOTICS
GROWTH HORMONES
FLAME BROILED

Meatball Stuffed Mushrooms

Yield: about 48 hors d'oeuvres
Prep Time: 8 minutes **Cook Time:** 17 minutes

INGREDIENTS:

- 24 – 1 oz. frozen *Cooked Perfect* Meatballs
- 10 oz. jar beef gravy
- 48 large white button mushrooms
- 1 1/4 cups Parmesan cheese, grated

DIRECTIONS:

Preheat oven to 350°F. Place meatballs on a microwave safe plate and defrost in microwave for 1 minute, then cut in half. Blanch the mushrooms in boiling water for 3 minutes, drain, then set aside. Simmer the meatballs and brown gravy in a 10" skillet for 5 minutes. Remove stems from mushrooms and discard. Place mushroom caps on a cookie sheet. Place one meatball half in each mushroom cap, sprinkle with grated cheese and bake for 8 minutes. Let stand for 5 minutes before serving.

Sweet BBQ Meatballs

bout 9 servings
ne: 5 minutes
ne: 2½ - 3 hours

NTS:

z. frozen *Cooked Perfect* Meatballs
pe jelly
rbecue sauce
hopped scallions

NS:

he grape jelly and barbecue sauce in a slow cooke
ed Perfect Meatballs. Cook the mixture on hig
urs. Garnish with scallions.

HEATING INSTRUCTIONS:

Cooked Perfect Homestyle Meatballs are fully cooked. Please follow below directions for heating. All times are from frozen state; reduce time if thawed. Times may vary.

MICROWAVE (1000 WATT)

- Place 3 frozen *Cooked Perfect* Meatballs on a microwave safe dish.
- Heat on high for 1 minute or until hot.
- Remove and let stand for 1 minute.
- For every 3 additional *Cooked Perfect* meatballs add 1 minute of heat time, rotating meatballs every minute.

CONVENTIONAL OVEN

heat oven to 350°F.
ce frozen *Cooked Perfect* Meatballs
single layer on a baking tray.
t for 15 to 20 minutes or until hot.

STOVE TOP

t sauce or gravy in sauce pan.
frozen *Cooked Perfect* Meatballs.
er and heat on medium for approximately
minutes, stirring occasionally.

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BEST IF USED BY
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No Artificial Color and Flavor • No MSG

Nutrition Facts

Serving Size 6 meatballs (85g/3oz)
Servings Per Container 6

Amount Per Serving	
Calories 240	Calories from Fat 170
	% Daily Value*
Total Fat 19g	**29%**
Saturated Fat 7g	**36%**
Cholesterol 55mg	**19%**
Sodium 400mg	**17%**
Total Carbohydrate 6g	**2%**
Dietary Fiber less than 1g	**4%**
Sugars 2g	
Protein 13g	

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 5%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: BEEF, PORK, WATER, TEXTURED SOY FLOUR, SEASONING (DEXTROSE, SEA SALT, SPICES, DRIED GARLIC, ONION POWDER, FLAVOR, SPICE EXTRACTIVES, RICE FLOUR, NATURAL FLAVOR

CONTAINS: SOY

Bonnie Marilyn Foods, 1400 Morgan Street, Wentwood, MA 02062-0813, USA

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