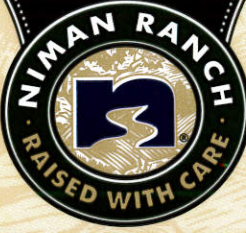


THE FINEST TASTING MEAT IN THE WORLD




**APPLEWOOD SMOKED
UNCURED PETTITE HAM**

NOT PRESERVED - KEEP REFRIGERATED
BELOW 40°F AT ALL TIMES.


No Nitrates or Nitrites Added
Except For Naturally Occurring Nitrates In Celery Powder.

Pork Raised with:
No Antibiotics - Ever
No Added Hormones - Ever*
All Vegetarian Feeds

FULLY COOKED



*Federal regulations prohibit the use of hormones in pork.



**UNCURED
PETTITE HAM**

Niman Ranch consistently delivers the best in quality. We begin with the finest tasting pork, then slow smoke it over real applewood chips. The result is a flavorful ham that is slightly smoky with a hint of sweetness.

Preparation: This ham is fully cooked. To heat, place in baking pan with 1 cup water. Cover with foil and heat at 325°F for 20-30 minutes per pound, or until meat thermometer at center reaches 135°F. Slice across the grain to serve. Slice thin for sandwiches. Slice thick for ham steaks.

Niman Ranch is a network of more than 650 U.S. family farms and ranches. We raise livestock traditionally, humanely and sustainably to deliver the finest tasting meat in the world. To learn more, visit www.nimanranch.com.

Nutrition Facts
Serving Size 3 oz. (84g)
Servings Per Package Varies

Amount Per Serving	
Calories 100	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 750mg	31%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 16g	
Vitamin A 0%	Vitamin C 2%
Calcium 0%	Iron 4%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Uncured Ham Prepared With: Water, Salt, Turbinado Sugar, Sodium Phosphate, Celery Powder. **NO ADDED GLUTEN**

Prepared especially for and distributed by NIMAN RANCH, Alameda, CA 94502

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