

# La Guadalupeana

AUTHENTIC HANDMADE    MADE IN THE U.S.A.



**HOT**



## **PORK TAMALES**

Wrapped in Corn Husks

**Pork and Green Chile (Hot) Carne de Puerco con Chile Verde**

MASA INGREDIENTS: Cooked Stone Ground Corn, Lard, Palm Oil, Soybean Oil, Canola Oil, and Vitamin E (added as an antioxidant), Water, Salt, Baking Powder (Sodium Acid, Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Propionic Acid, Phosphoric Acid, Methyl Paraben, and Propyl Paraben. FILLING INGREDIENTS: Pork, Tomatillo, Green Chiles, Onion, Cilantro, Garlic, Corn Oil, Corn Starch, Modified Food Starch, Cellulose Gum, Xanthan Gum, Guar Gum, Salt, and Sesame Seed.

### COOKING INSTRUCTIONS

**PRE-COOKED**

Microwave: Place Tamales in Microwave Oven for 2 to 3 Minutes. For best result, wrap tamale in wet paper towel or sealed microwave container.

Steam: Place Tamales in Steamer for 10-15 Minutes.

**80 TAMALES : NET WT. 15 LBS.**

**KEEP FROZEN**

Manufactured and Distributed by:  
La Guadalupeana Wholesale  
Co., Inc.  
Chicago, Illinois 60609  
(773) 869-0641  
Dial T-A-M-A-L-E-S

**ITEM # 323**



**HACCP LOT # 19908**

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**HOT**

## **PORK TAMALES**

Wrapped in Corn Husks



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### COOKING INSTRUCTIONS

**UN-COOKED**

Steam: Place Tamales in Steamer for Approx. 1 Hour or Until Tamale Pulls Away from Corn Husk.

**100 TAMALES : NET WT. 25 LBS.**

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**ITEM # 320**



**HACCP LOT # 19908**

# La Guadalupeana

AUTHENTIC HANDMADE      MADE IN THE U.S.A.



**HOT**



## **CHICKEN TAMALES**

Wrapped in Corn Husks

**Chicken and Green Chile (Hot) Carne de Pollo con Chile Verde**

**MASA INGREDIENTS:** Cooked Stone Ground Corn, Lard, Palm Oil, Soybean Oil, Canola Oil, and Vitamin E (added as an antioxidant), Water, Salt, Baking Powder (Sodium Acid, Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Propionic Acid, Phosphoric Acid, Methyl Paraben, and Propyl Paraben. **FILLING INGREDIENTS:** Chicken, Tomatillo, Green Chiles, Onion, Cilantro, Garlic, Corn Oil, Corn Starch, Modified Food Starch, Cellulose Gum, Xanthan Gum, Guar Gum, Salt, and Sesame Seed.

### COOKING INSTRUCTIONS

**PRE-COOKED**

Microwave: Place Tamales in Microwave Oven for 2 to 3 Minutes. For best result, wrap tamale in wet paper towel or sealed microwave container.

Steam: Place Tamales in Steamer for 10-15 Minutes.

**50 TAMALES ; NET WT. 12.5 LBS.**

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**HACCP LOT # 19908**

**ITEM # 347**



*La Guadalupeana*

**CHICKEN  
TAMALES**



**In Salsa Verde Sauce Hand Wrapped In Corn Husk**

*NO MSG, NO Antibiotics Ever, NO Added Hormones, Vegetarian Diet or NO Animal By-Products*

**INGREDIENTS:** Masa: [Cooked Ground Corn, Shortening (Palm Oil, Soybean Oil, Canola Oil, and Vitamin E (added as an antioxidant)), Water and Salt.] Filling: [Chicken, Tomatillo, Green Chiles, Onion, Cilantro, Garlic, Corn Oil, Starch (Corn Starch, Modified Food Starch, Cellulose Gum, Xanthan Gum, Guar Gum), Salt and Sesame Seed.]

**Heating Instructions:** Microwave – Remove tamales from package and place desired quantity between two damp paper towels or in plastic bag (to retain moisture). If Frozen place one tamale in microwave on high for 1.5 to 2 min. If refrigerated place one tamale in microwave on high for 60 to 80 sec. (Remove inedible corn husk covering prior to serving)

**Steam –** Place tamales in a steamer/cclander over boiling water. Do not immerse. If frozen steam for 17 to 23 min. If refrigerated steam for 7 to 10 min. (Remove inedible corn husk covering prior to serving)

**MANUFACTURE DATE: MANUFACTURE DATE**

**BEST BEFORE: BEST BEFORE DATE**

**HACCP LOT # HACCP # KEEP FROZEN**

**MANUFACTURED & DISTRIBUTED BY: 60 / 4 oz**

**LA GUADALUPANA  
WHOLESALE CO., INC.  
CHICAGO, IL 60609**

**NET WT. 15 LBS.**



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AUTHENTIC HANDMADE    MADE IN THE U.S.A.



**HOT**



## **CHICKEN TAMALES**

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Chicken and Green Chile (Hot) Carne de Pollo con Chile Verde

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COOKING INSTRUCTIONS

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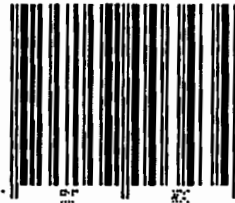
Steam: Place Tamales in Steamer for 10-15 Minutes.

**80 TAMALES : NET WT. 15 LBS.**

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**ITEM # 343**



**HACCP LOT # 19908**

# La Guadalupeana

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**HOT**



## **CHICKEN TAMALES**

Wrapped in Corn Husks

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**ITEM # 340**



**HACCP LOT # 19908**