



FROZEN SWAI FILLETS

Pangasianodon hypophthalmus



FARMED RAISED

Product of Vietnam

NET WEIGHT : 15 LBS (6.81 KG)

100% NET WEIGHT

KEEP FROZEN AT -18°C or LOWER

PACKED FOR: Ballester Hermanos Inc.

P.O. Box 364548, San Juan,

PR 00936-4548

Size (oz/pc)

3/5 5/7 7/9 9/11 10/12

Ingredients : Swai, salt, Sodium Tripolyphosphate
(to retain moisture)

Contains : Fish (Swai)

Production Date : 04/05/2016

Best Before Date : 10/05/2017

Factory Number : UCH001

Lot No. : 1683475

Packing : 15 lbs/carton

Country of Origin : Vietnam

Nutrition Facts

Serving Size 4 oz. raw (113g)
Servings Per Container Varied

Amount Per Serving

Calories 60 Calories from Fat 9

% Daily Value*

Total Fat 1g 1%

Saturated Fat 0g 1%

Trans Fat 0g

Cholesterol 25mg 8%

Sodium 510mg 21%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Sugars 0g

Protein 14g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0%

Potassium 215mg 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Sat Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4