Wawa®

superfood salad

210 CALORIES

with pomegranate blueberry vinaigrette dressing

sell by

kale and cabbage with apples, cranberries, almonds and fire roasted edamame

KEEP REFRIGERATED

NET WT 9.8 OZ (278g)

E75

Wawa®

thai style chicken mango salad

230 CALORIES

sell by

with thai peanut flavored dressing

spring mix with white chicken meat and mango

KEEP REFRIGERATED

NET WT 11 OZ (312g)

C17

Nutrition Facts

Serving Size 1 Salad 9.8 oz (278g)

Amount Per Serving	Salad With Dressing	Salad Only
Calories	210	170
Calories from Fat	45	45
	% Daily Value**	
Total Fat 5g*	8%	8%
Saturated Fat 0g	0%	0%
Trans Fat 0g		
Cholesterol 0mg	0%	0%
Sodium 270mg	11%	2%
Total Carbohydrate 36g	12%	8%
Dietary Fiber 6g	24%	24%
Sugars 22g		
Protein 8g		
Vitamin A	200%	200%
Vitamin C	310%	310%
Calcium	20%	20%
Iron	10%	10%

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

*Amount in Salad With Dressing

Wawa®

superfood salad

INGREDIENTS: KALE, CABBAGE, POMEGRANATE BLUEBERRY VINAIGRETTE (WATER, SUGAR, RED WINE VINEGAR, POMEGRANATE JUICE CONCENTRATE, DISTILLED VINEGAR, BLUEBERRY CONCENTRATE [BLUEBERRIES, BLUEBERRY JUICE CONCENTRATE, SUGAR, CITRIC ACID], SALT, CANOLA OIL, XANTHAN GUM), **BROCCOLI STALK, APPLES** (APPLES AND CALCIUM ASCORBATE [VITAMIN C CALCIUM SALT]), **FIRE ROASTED EDAMAME, CARROT, SWEETENED DRIED CRANBERRIES** (CRANBERRIES, SUGAR, CITRIC ACID, SUNFLOWER OIL, ELDERBERRY JUICE CONCENTRATE [COLOR]), **ALMONDS.**
CONTAINS SOY, TREE NUTS (ALMONDS).

93165 - E75

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Nutrition Facts

Serving Size 1 Salad 11 oz (312g)

Amount Per Serving	Salad With Dressing	Salad Only
Calories	230	130
Calories from Fat	70	15
	% Daily Value**	
Total Fat 7g*	11%	2%
Saturated Fat 1g	5%	0%
Trans Fat 0g		
Cholesterol 45mg	15%	15%
Sodium 350mg	15%	15%
Total Carbohydrate 23g	8%	4%
Dietary Fiber 5g	20%	12%
Sugars 15g		
Protein 19g		
Vitamin A	230%	230%
Vitamin C	60%	60%
Calcium	8%	8%
Iron	15%	10%

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

*Amount in Salad With Dressing

Wawa®

thai style chicken mango salad

INGREDIENTS: CHICKEN BREAST (BONELESS CHICKEN BREAST, WATER, CONTAINS 2% OR LESS OF: SOY PROTEIN CONCENTRATE, SODIUM LACTATE, SALT, MODIFIED CORN STARCH, CARRAGEENAN, SODIUM PHOSPHATE [PRESERVATIVE]), **THAI PEANUT FLAVORED DRESSING** (WATER, SUGAR, SUNFLOWER SEED BUTTER [SUNFLOWER SEEDS, SUGAR, SALT, MONO-DIGLYCERIDES, MIXED TOCOPHEROLS], RICE VINEGAR, SOY SAUCE [WATER, WHEAT, SOYBEANS, SALT, LACTIC ACID], DISTILLED VINEGAR, SESAME OIL, MODIFIED CORN STARCH, SALT, CANOLA OIL, SPICE, XANTHAN GUM, DRIED RED PEPPER, NATURAL FLAVOR, DRIED GINGER), **ICEBERG LETTUCE, ROMAINE LETTUCE, CARROT, SPRING MIX** (MAY CONTAIN SOME OR ALL OF THE FOLLOWING BABY WHOLE LEAF VARIETIES: GREEN LEAF, MIZUNA, GREEN ROMAINE, TANGO, GREEN OAK, GREEN CHARD, BABY SPINACH, ARUGULA, FRISEE, TATSOI, MACHE, RED CHARD, RED LEAF, LOLLA ROSA, RED ROMAINE, RED MUSTARD, RADICCHIO, RED OAK, BEET TOPS), **MANGO, RED BELL PEPPER, RED ONION, SESAME SEED.**
CONTAINS MILK, SOY, WHEAT.

90393 - C17

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