



Stew in Bulk Pack







Regular Pack



Value Pack



ALL NATURAL GROUND BEEF

IDEAL FOR STEW **1 HR!**

BEEF FOR STEW
LEAN

Wash, trim and remove all fat. 1
Cook meat with seasoning four meat 2
Top off in large pot over Medium-High
Heat 3. Brown meat 2 minutes (optional).
Remove meat to brown vegetables.
Carrots, 4. Add broth, water, wine or
beer to cover meat and chopped
vegetables. Bring to a boil 5. Cover.
Simmer over Low heat, 1 1/2 to 2 hours
until tender.

07/05/14	12:45 PM	TOTAL PRICE
3.58 lb	\$4.97/lb	\$12.82

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H-E-B
MEMBERSHIP IS YOUR FRIEND

