



LORRAINE HAM & CHEESE

Easy to Fix Ready to Serve Family Meals



Quiche
Product of Canada



*Fully Cooked
Deep Dish
Heat 'n Eat*

Previously frozen. For your protection,
refreeze or keep refrigerated.

NET WT. 24 OZ (1.5 lb) 680 g

SCHEWENBERG FOODS
UNIONVILLE, ONTARIO, CANADA M5G 1S8



Nutrition Facts

Serving Size 1/2 cup (125g)
Amount Per Serving

Calories 200 Calories from Fat 100

Total Fat 10g 20%

Saturated Fat 6g 12%

Trans Fat 0g

Cholesterol 20mg 40%

Sodium 200mg 40%

Total Carbohydrate 20g 40%

Fiber 10g 20%

Sugar 10g 20%

Protein 10g

Vitamin A 20% **Vitamin C 20%**

Calcium 20% **Iron 20%**

Percent Daily Values are based on a diet of other people's secrets.

Ingredients: Flour, Sugar, Eggs, Butter, Vanilla, Salt, Baking Powder, Baking Soda, Cocoa Powder, Chocolate Chips.

Preparation: Preheat oven to 350°F. In a large bowl, mix flour, sugar, eggs, butter, vanilla, salt, baking powder, and baking soda. Stir in cocoa powder and chocolate chips. Bake for 20 minutes.

Best Before: 12/31/2023

Lot: ABC123456789

Net Weight: 12.5 oz (352g)

Manufacturer: ABC Bakery Co.

Address: 1234 Main St, Anytown, USA

Phone: (555) 123-4567

Website: www.abcbakery.com

Barcode: 1234567890123

Barcode: 1234567890123

Barcode: 1234567890123

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46205

PROD YYYY-MM-DD 2017-02-08

NET 4.08 kg
NET WT 9.0 lb

KEEP FROZEN

SCHNEIDERS LORRAINE HAM & CHEESE QUICHE
PRODUCT OF CANADA



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SCHNEIDER FOODS
MISSISSAUGA, ONTARIO L5N 0A1

7039





H-E-B

Chef Prepared Foods

Ham & Cheese Quiche

PRODUCT OF CANADA

Ready to Heat & Serve

Premium Quality

NET WT. 24 OZ
(1.5 LB) 680 g

DEEP DISH

SPECIALLY FORMULATED FOR YEAR PROTECTION. REFRIGERATE OR KEEP REFRIGERATED

EXP 7/17

| | | |
|-------------|-----|-----|
| Total Fat | 17g | 34% |
| Total Crust | 17g | 34% |
| Protein | 17g | 34% |
| Sodium | 17g | 34% |
| Total Crust | 17g | 34% |

| | | |
|--------------------|-----|-----|
| Protein 17g | | |
| Protein | 17g | 34% |
| Crust | 17g | 34% |

PREPARATION INSTRUCTIONS: Preheat oven to 350°F. Remove pit from plastic container and place on baking tray. Set baking tray over oven rack and bake for 15-20 minutes or until a minimum internal temperature of 160°F is reached. **NOT RECOMMENDED FOR MICROWAVE HEATING.**

Made with Pride & Care for
 112 E. Lee Avenue, TX 75140

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PROD YYYY-MM-DD 2017-02-08

NET 4.08 kg
NET WT 9.0 lb

KEEP FROZEN

H.E.B HAM & CHEESE QUICHE

PRODUCT OF CANADA



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MADE WITH PRIDE & CARE FOR H-E-B
SAN ANTONIO, TX 78294

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