GROUND BEEF

73% LEAN • 27% FAT

NET WT. 48 OZ
(3 LB) 1.36kg

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE

SELL BY

Nutrition Facts

Serving Size 4 oz (113g)
Servings Per Container 12

Amount Per Serving	
Calories 350	Calories from Fat 270
	% Daily Value*
Total Fat 31g	**47%**
Saturated Fat 12g	**60%**
Cholesterol 85mg	**29%**
Sodium 75mg	**3%**
Total Carbohydrate 0g	**0%**
Protein 17g	

Calcium 2% • Iron 10%

Not a significant source of dietary fiber, sugar, vitamin A and vitamin C.

*Percent Daily Values are based on a 2,000 calorie diet.

Safe Handling Instructions

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

COOK THOROUGHLY

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

INGREDIENTS: BEEF.

DISTRIBUTED BY THE KROGER CO., CINCINNATI, OHIO 45202

Cook to a minimum of 165F internal temperature. Color is not an accurate indicator of final cooked temperature. **To Freeze:** For best results, remove from original package and rewrap in freezer wrap or heavy foil.

Questions or Comments?
800-632-6900
www.kroger.com

73% Lean/27% Fat
Ground Beef 3lb

0 11110 97568 3

GROUND CHUCK

80% LEAN • 20% FAT
GROUND BEEF

NET WT. 16 OZ
(1 LB) 453g

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE

SELL BY

Nutrition Facts

Serving Size 4 oz (113g)
Servings Per Container 4

Amount Per Serving	
Calories 290	Calories from Fat 200
	% Daily Value*
Total Fat 23g	**35%**
Saturated Fat 9g	**43%**
Cholesterol 80mg	**27%**
Sodium 75mg	**3%**
Total Carbohydrate 0g	**0%**
Protein 19g	
Calcium 2% •	Iron 10%

Not a significant source of dietary fiber, sugar, vitamin A and vitamin C.

*Percent Daily Values are based on a 2,000 calorie diet.

Safe Handling Instructions

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

COOK THOROUGHLY

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

INGREDIENTS: BEEF.
DISTRIBUTED BY THE KROGER CO., CINCINNATI, OHIO 45202

Cook to a minimum of 165°F internal temperature. Color is not an accurate indicator of final cooked temperature. **To Freeze:** For best results, remove from original package and rewrap in freezer wrap or heavy foil.

Questions or Comments?
800-632-6900
www.kroger.com

0 11110 97734 2

80% Lean/20% Fat
Grd Chuck-1lb

GROUND CHUCK

80% LEAN • 20% FAT
GROUND BEEF

NET WT. 48 OZ
(3 LB) 1.36kg

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE

SELL BY

Nutrition Facts

Serving Size 4 oz (113g)
Servings Per Container 12

Amount Per Serving	
Calories 290	Calories from Fat 200
	% Daily Value*
Total Fat 23g	**35%**
Saturated Fat 9g	**43%**
Cholesterol 80mg	**27%**
Sodium 75mg	**3%**
Total Carbohydrate 0g	**0%**
Protein 19g	
Calcium 2% •	Iron 10%

Not a significant source of dietary fiber, sugar, vitamin A and vitamin C.

*Percent Daily Values are based on a 2,000 calorie diet.

Safe Handling Instructions

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

COOK THOROUGHLY

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

INGREDIENTS: BEEF.
DISTRIBUTED BY THE KROGER CO., CINCINNATI, OHIO 45202

Cook to a minimum of 165°F internal temperature. Color is not an accurate indicator of final cooked temperature. **To Freeze:** For best results, remove from original package and rewrap in freezer wrap or heavy foil.

Questions or Comments?
800-632-6900
www.kroger.com

0 11110 97569 0

80% Lean/20% Fat
Grd Chuck-3lb

PRIVATE SELECTION®

ANGUS BEEF

80% LEAN • 20% FAT
GROUND CHUCK

KEEP REFRIGERATED

SERVING SUGGESTION

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE

NET WT. 16 OZ (1 lb) 453g

SELL BY

Nutrition Facts

Serving Size 4 oz (113g)
Servings Per Container 4

Amount Per Serving	
Calories 290	Calories from Fat 200
	% Daily Value*
Total Fat 23g	35%
Saturated Fat 9g	43%
Cholesterol 80mg	27%
Sodium 75mg	3%
Total Carbohydrate 0g	0%
Protein 19g	
Calcium 2% •	Iron 10%

Not a significant source of dietary fiber, sugar, vitamin A, and vitamin C.

*Percent Daily Values are based on a 2,000 calorie diet.

Safe Handling Instructions

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

COOK THOROUGHLY

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

Cook to a minimum of 165°F internal temperature. Color is not an accurate indicator of final internal temperature. To Freeze: For best results, remove from original package and overwrap in freezer wrap or heavy foil.

Questions or Comments?
800-632-4900
www.kroger.com

80% Lean/20% Fat
Grd Chuck-1lb

0 11110 97139 5

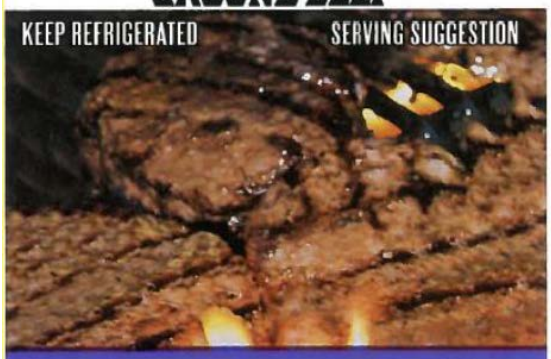
INGREDIENTS: BEEF.
DISTRIBUTED BY THE KROGER CO., CINCINNATI, OHIO 45202

GROUND ROUND

85% LEAN • 15% FAT
GROUND BEEF

KEEP REFRIGERATED

SERVING SUGGESTION



NET WT. 16 OZ
(1 LB) 453g

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE

SELL BY

Nutrition Facts

Serving Size 4 oz (113g)
Servings Per Container 4

Amount Per Serving	
Calories 240	Calories from Fat 150
	% Daily Value*
Total Fat 17g	**26%**
Saturated Fat 7g	**33%**
Cholesterol 75mg	**26%**
Sodium 75mg	**3%**
Total Carbohydrate 0g	**0%**
Protein 21g	

Calcium 2% • Iron 15%

Not a significant source of dietary fiber, sugar, vitamin A and vitamin C.

*Percent Daily Values are based on a 2,000 calorie diet.

Safe Handling Instructions

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

COOK THOROUGHLY

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

Cook to a minimum of 165°F internal temperature. Color is not an accurate indicator of final cooked temperature. **To Freeze:** For best results, remove from original package and rewrap in freezer wrap or heavy foil.

INGREDIENTS: BEEF.

DISTRIBUTED BY THE KROGER CO., CINCINNATI, OHIO 45202

Questions or Comments?
800-632-6900
www.kroger.com

0 11110 96948 4

85% Lean/15% Fat
Grd Round-1lb

Nutrition Facts
Serving Size 4 oz (113g)
Servings Per Container 4

Amount Per Serving	
Calories 200	Calories from Fat 100
	% Daily Value*
Total Fat 11g	17%
Saturated Fat 4.5g	23%
Cholesterol 75mg	24%
Sodium 75mg	3%
Total Carbohydrate 0g	0%
Protein 23g	
Calcium 2% • Iron 15%	

Not a significant source of dietary fiber, sugars, vitamin A and vitamin C.
*Percent Daily Values are based on a 2,000 calorie diet.

Safe Handling Instructions
THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

COOK THOROUGHLY

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

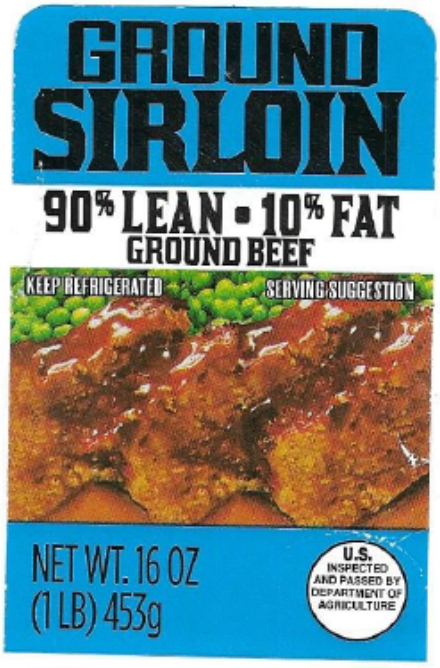
Cook to a minimum of 165°F internal temperature. Color is not an accurate indicator of finished cooked temperature. To Freeze: For best results, remove from original package and rewrap in freezer wrap or heavy foil.

Questions or Comments?
800-632-6900
www.kroger.com

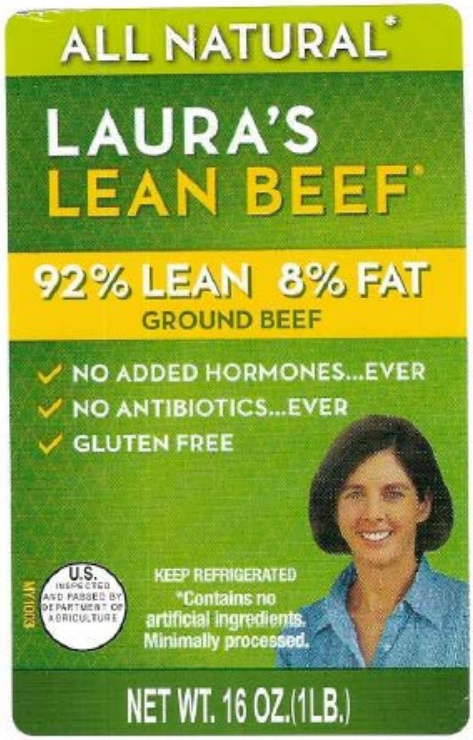
90% Lean/10% Fat
Grd Sirloin-1lb

0 11110 97563 8

INGREDIENTS: BEEF.
DISTRIBUTED BY THE KROGER CO., CINCINNATI, OHIO 45202



SELL BY



92% LEAN 8% FAT

Nutrition Facts
Serving Size 4 oz. (112g)
Servings Per Container 4

Amount Per Serving	
Calories 160	Calories from Fat 80
	% Daily Value*
Total Fat 9g	14%
Saturated Fat 4g	20%
Cholesterol 60mg	21%
Sodium 70mg	3%
Total Carbohydrate 0g	0%
Protein 21g	
Iron 15%	

Not a significant source of dietary fiber, sugars, vitamin A, vitamin C & calcium.
*Percent Daily Values are based on a 2,000 calorie diet.

- *All natural** - We believe in raising cattle the way nature intended.
- *No added hormones or antibiotics* - We don't believe in using antibiotics or growth hormones.
- *Stewardship* - We believe in the mindful nurturing of land and animals.

Safe Handling Instructions
THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACE (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

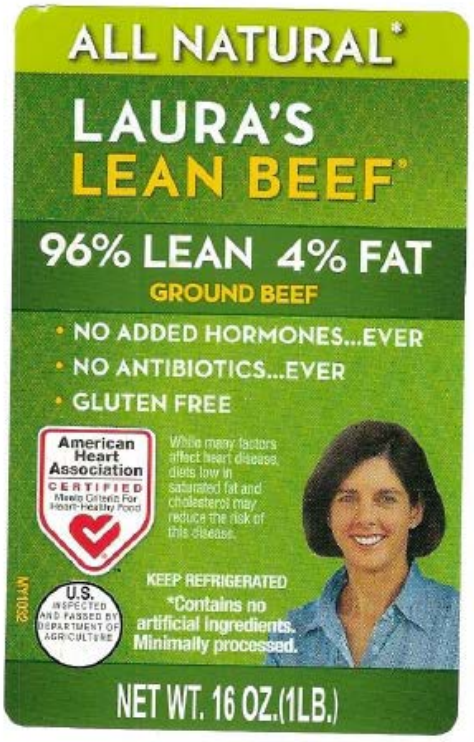
COOK THOROUGHLY.

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

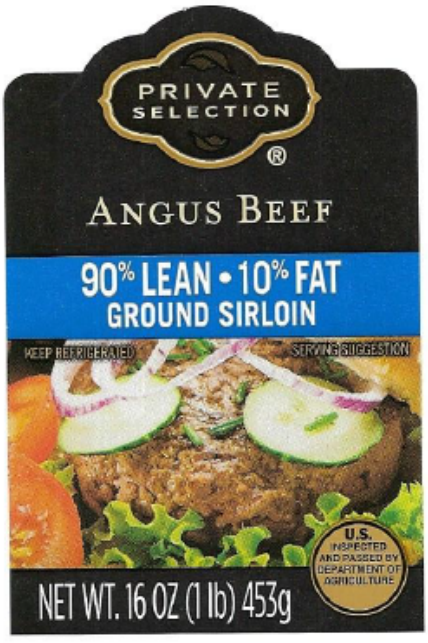
Distributed by: Meyer Natural Foods
Lexington, KY 40509
LAURASLEANBEEF.COM
1-800-ITS-LEAN
*Contains no artificial ingredients. Minimally processed.

MY1006

6 12669 31671 4


ALL NATURAL*
LAURA'S LEAN BEEF*
96% LEAN 4% FAT
GROUND BEEF
• NO ADDED HORMONES...EVER
• NO ANTIBIOTICS...EVER
• GLUTEN FREE
American Heart Association
CERTIFIED
Means Criteria For Heart-Healthy Food
While many factors affect heart disease, diets low in saturated fat and cholesterol may reduce the risk of this disease.
U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE
KEEP REFRIGERATED
*Contains no artificial ingredients. Minimally processed.
MY1032
NET WT. 16 OZ.(1LB.)


96% LEAN 4% FAT
Nutrition Facts
Serving Size 4 oz. (112g)
Servings Per Container 4
Amount Per Serving
Calories 140 Calories from Fat 40
% Daily Value*
Total Fat 4.5g 7%
Saturated Fat 2g 10%
Cholesterol 60mg 20%
Sodium 85mg 4%
Total Carbohydrate 0g 0%
Protein 23g
Iron 15%
Not a significant source of dietary fiber, sugars, vitamin A, vitamin C & calcium.
*Percent Daily Values are based on a 2,000 calorie diet.
• All natural* - We believe in raising cattle the way nature intended.
• No added hormones or antibiotics - We don't believe in using antibiotics or growth hormones.
• Stewardship - We believe in the mindful nurturing of land and animals.
Safe Handling Instructions
THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.
KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.
KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACE (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.
COOK THOROUGHLY.
KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.
Distributed by: Meyer Natural Foods
Lexington, KY 40509
LAURASLEANBEEF.COM
1-800-ITS-LEAN
*Contains no artificial ingredients. Minimally processed.
MY1036
6 12669 31706 3


PRIVATE SELECTION
ANGUS BEEF
90% LEAN • 10% FAT
GROUND SIRLOIN
KEEP REFRIGERATED
SERVING SUGGESTION
U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE
NET WT. 16 OZ (1 lb) 453g

SELL BY


Nutrition Facts
Serving Size 4 oz (113g)
Servings Per Container 4
Amount Per Serving
Calories 200 Calories from Fat 100
% Daily Value*
Total Fat 11g 17%
Saturated Fat 4.5g 23%
Cholesterol 75mg 24%
Sodium 75mg 3%
Total Carbohydrate 0g 0%
Protein 23g
Calcium 2% • Iron 15%
Not a significant source of dietary fiber, sugar, vitamin A and vitamin C.
*Percent Daily Values are based on a 2,000 calorie diet.
Safe Handling Instructions
THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.
KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.
KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.
COOK THOROUGHLY
KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.
INGREDIENTS: BEEF.
DISTRIBUTED BY THE KROGER CO., CINCINNATI, OHIO 45202
Cook to a minimum of 165°F internal temperature. Color is not an accurate indicator of final cooked temperature. To Freeze: For best results, remove from original package and rewrap in freezer wrap or heavy foil.
Questions or Comments? 800-632-6900 www.kroger.com
90% Lean/10% Fat
Grd Sirloin-1lb
0 11110 96963 7

GROUND BEEF

93% LEAN • 7% FAT

NET WT. 16 OZ
(1 LB) 453g

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE

SELL BY

Nutrition Facts
Serving Size 4 oz (113g)
Servings Per Container 4

Amount Per Serving	
Calories 170	Calories from Fat 70
	% Daily Value*
Total Fat 8g	12%
Saturated Fat 3.5g	17%
Cholesterol 70mg	24%
Sodium 75mg	3%
Total Carbohydrate 0g	0%
Protein 24g	
Calcium 2% •	Iron 15%

Not a significant source of dietary fiber, sugar, vitamin A, and vitamin C.

*Percent Daily Values are based on a 2,000 calorie diet.

Safe Handling Instructions

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

COOK THOROUGHLY.

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

INGREDIENTS: BEEF.
DISTRIBUTED BY THE KROGER CO., CINCINNATI, OHIO 45202

Cook to a minimum of 165F internal temperature. Color is not an accurate indicator of final cooked temperature. To Freeze: For best results, remove from original package and rewrap in freezer wrap or heavy foil.

Questions or Comments?
800-632-6900
www.kroger.com

93% Lean/7% Fat
Grd Beef-1lb

0 11110 96920 0

SAFE HANDLING INSTRUCTIONS

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARD), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

COOK THOROUGHLY.

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

Pack Date:05/01/2018 Sell By: 18.MAY

JBS# 95108

Case UPC: 0040404800634

Ground Beef Angus SirLoin 90% Lean 10% Fat

Service Case

(01) 90045330951083 (3202) 000195 (11) 180501 (21) 05000000

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST. 34176

NET WT: 1.95 Distributed by the Kroger Company, Cincinnati Ohio 45202

DRY TARE: 5.94 Product of USA

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-34176 A

Units: 4 pcs. keep refrigerated

Store is responsible to date the packages with a 4 day code once removed from master pack. The sell by date cannot exceed the sell by date on the tote Label and master bag.

0113.51

Pack Date:05/01/2018 Sell By: 18.MAY

JBS# 95107

Case UPC: 0040404800632

Ground Beef Angus Chuck 80% Lean 20% Fat

Service Case

(01) 90045330951076 (3202) 000195 (11) 180501 (21) 05000000

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST. 34176

NET WT: 1.95 Distributed by the Kroger Company, Cincinnati Ohio 45202

DRY TARE: 5.94 Product of USA

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-34176 A

Units: 4 pcs. keep refrigerated

Store is responsible to date the packages with a 4 day code once removed from master pack. The sell by date cannot exceed the sell by date on the tote Label and master bag.

0113.50