

Family Owned Since 1939



Made With White Meat

# Breast Nuggets

NUGGET SHAPED BREADED CHICKEN BREAST PATTIES WITH RIB MEAT

Fully Cooked

0g Trans Fat Per Serving

NO ADDED HORMONES\*  
100%  
All Natural\*  
NO ADDED STEROIDS



\*MINORALLY PROCESSED, NO PRESERVATIVES, NO ANTIBIOTIC RESIDUES  
FEDERAL REGULATORY PROVIDES THE USE OF HORMONES IN CHICKENS

NET WT. 8.0 OZ. (5 LBS.) 2.26 kg



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# Breast Nuggets

NUGGET SHAPED BREADED CHICKEN BREAST PATTIES WITH RIB MEAT

Try Other Foster Farms Favorites!



Foster Farms has always been the brand you trust for the finest quality poultry products. Our delicious Breast Nuggets are perfect for a quick and easy meal the whole family will enjoy. Serve a variety of Foster Farms cooked chicken products at your next party and watch your crowd go wild!

### Quick and Delicious Serving Ideas

**Dinner Tonight**  
For a lightly zesty flavor put 1/4 teaspoon cumin powder and 1/2 teaspoon chili powder and a dash of salt in a large zip baggie. Add 12 frozen Breast Nuggets. Seal bag and shake until coated. Place nuggets on sheet pan lined with foil and cook as directed on package. Serve with sour cream and salsa for an appetizer or after school snack. Add rice and beans for a satisfying meal.

**Heating Instructions**  
**Conventional Oven:**  
- Preheat oven to 400° F.  
- Place frozen nuggets in a single layer on a foil-lined baking sheet.  
- Heat 10 to 12 minutes or until heated through.  
**Microwave Oven:**  
- Place 6 to 8 frozen nuggets in a circle (leave a space in the center) on a microwave safe plate.  
- Microwave uncovered on HIGH 2 to 3 minutes or until heated through.  
- Rotate plate 1/2 turn halfway through heating.  
- Let stand 1 minute before serving.  
- Use potholders to remove plate from oven.  
**Deep Fryer:**  
- Preheat oil to 350° F.  
- Deep fry frozen nuggets 2 to 3 minutes or until heated through.

**Nutrition Facts**  
Serving Size: 4 Nuggets (80g) (2oz)  
Servings Per Container: About 28

Amount Per Serving		% Daily Value*
Calories 180	Calories from Fat 80	
Total Fat 1g		2%
Saturated Fat 2g		10%
Trans Fat 0g		
Cholesterol 25mg		5%
Sodium 280mg		10%
Total Carbohydrate 1g		2%
Dietary Fiber 1g		2%
Sugars Less than 1g		

**Percent Daily Values are based on a diet of other people's secrets.**

Vitamin A 25%		Vitamin C 25%	
Calcium 0%		Iron 0%	

**INGREDIENTS:** CHICKEN BREAST WITH RIB MEAT, WHEAT FLOUR, CORN MEAL, CORN STARCH, CONTAINS 2% OR LESS OF: SALT, WHEAT, WHEAT GLUTEN, YELLOW CORN FLOUR, YEAST, CARBOXYMETHYL CELLULOSE, CREAM OF TARTAR, MONOGLYCEROL, MONOSODIUM PHOSPHATE, MONOSODIUM GLUTAMATE, EXTRACTS OF PAPAYA AND AVOCADO. PREPARED BY FOSTER FARMS, INC., COLTON, CA 95310.

**Our Promise to You**  
If you are not satisfied with our product, we will promptly replace your purchase. Single orders will be replaced with the same or equal full purchase in Foster Farms Consumer Affairs, P.O. Box 208, Livingston, CA 95324.  
If you have questions or comments, please contact us at Foster Farms Consumer Affairs.  
Call us at: 800-526-7227  
Monday-Friday, 9 a.m. - 5 p.m. PST  
Write to us at Foster Farms Consumer Affairs, P.O. Box 208, Livingston, CA 95324  
Visit us at: <http://www.fosterfarms.com>



**BEST BY 02/21/17**  
**P-33901 3\*6053\*\***



**FOSTER FARMS.**  
Family Owned Since 1939

**Breast Nuggets**  
NUGGET SHAPED BREADED CHICKEN BREAST PATTIES WITH RIB MEAT

No Added Hormones or Steroids  
(and No Antibiotics)  
Made With White Meat  
Excellent Source of Protein

PER SERVING: 160 CALORIES, 2g SAT FAT, 360mg SODIUM, <1g SUGAR, 15g PROTEIN

**100% ALL NATURAL**

NET WT. 80 OZ. (5 LBS.) 2.26 kg

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Family Owned Since 1939

**Breast Nuggets**  
NUGGET SHAPED BREADED CHICKEN BREAST PATTIES WITH RIB MEAT

Try Other Foster Farms Favorites!

*Foster Farms has always been the brand you trust for the finest quality poultry products. Our delicious 100% All Natural Breast Nuggets are perfect for creating a quick and easy meal the whole family will enjoy. Serve with a variety of Foster Farms Cooked Chicken products at your next party and watch your crowd go wild!*

**Quick and Delicious Serving Ideas**

**Dinner Tonight**  
For a light zesty flavor put 1/2 teaspoon cumin powder, 1/2 teaspoon chili powder and a dash of salt in a large zip baggie. Add 12 frozen Breast Nuggets. Seal bag and shake until coated. Place nuggets on sheet pan lined with foil and cook as directed on package. Serve with sour cream and salsa for an appetizer or after school snack. Add rice and beans for a satisfying meal.

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- Rotate plate 1/2 turn halfway through heating.
- Let stand 1 minute before serving.
- Use potholders to remove plate from oven.

**Deep Fryer:**

- Preheat oil to 350°F.
- Deep fry frozen nuggets 2 to 3 minutes or until heated through.

**Nutrition Facts**  
Serving Size 4 nuggets (18g/2oz)  
Servings Per Container About 18

<b>Calories</b> 160	<b>Calories from Fat</b> 40
% Daily Value*	
<b>Total Fat</b> 1g	2%
<b>Saturated Fat</b> 0g	0%
<b>Sodium</b> 360mg	8%
<b>Total Crap</b> 20mg	40%
<b>Cholesterol</b> 25mg	5%
<b>Total Crap</b> 10g	20%
<b>Protein</b> 15g	30%
<b>Vitamin A</b> 2%	<b>Iron</b> 0%
<b>Calcium</b> 0%	<b>Fiber</b> 0%

\*Percent Daily Values are based on a diet of other people's secrets.

**INGREDIENTS:** CHICKEN BREAST WITH RIB MEAT, WHEAT FLOUR, CORN FLOUR, POTATO STARCH, CONTAINS 2% OR LESS OF SALT, WHEAT, GLUTEN, YELLOW CORN FLOUR, YEAST, EMULGATOR (DATE PALM OIL), MONOSODIUM PHOSPHATE, SODIUM BICARBONATE, CONTAINS 2% OR LESS OF OTHER NATURAL FLAVORS, SET BY VEGTABLE OIL, CONTAINS: WHEAT AND GLUTEN.

**Our Promise to You**

If you are not satisfied with our choices, we will promptly replace your purchase. Simply return this label with the receipt and proof of purchase to: Foster Farms Consumer Affairs, P.O. Box 308, Livermore, CA 94554

If you have questions or comments, please contact us at Foster Farms Consumer Affairs, call us at: 949-454-2127, or visit us at: [www.fosterfarms.com](http://www.fosterfarms.com)

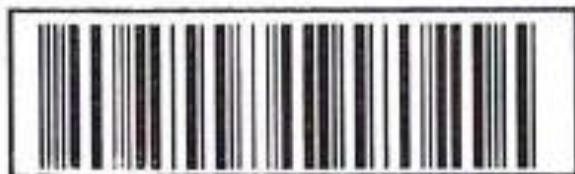
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**ITEM 293507**

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Foster Farms, Livermore, CA 94554  
94234 612673

**BEST BY 03/08/17**  
**P-33901 3\*6068\*\***



FOSTER FARMS

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KEEP FROZEN

**FULLY COOKED  
BREAST NUGGETS**  
NUGGET SHAPED CHICKEN BREAST PATTIES  
WITH RIB MEAT FRITTERS

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT, WHEAT FLOUR, CHICKEN BROTH, FOOD STARCH, CONTAINS 2% OR LESS OF SALT, WHEAT GLUTEN, YELLOW CORN FLOUR, YEAST, EVAPORATED CANE SYRUP, CREAM OF TARTAR, SOYBEAN OIL, NATURAL FLAVOR, SPICES, SODIUM BICARBONATE, EXTRACTIVES OF PAPRIKA AND ANNATTO, BREADING SET IN VEGETABLE OIL.

CONTAINS WHEAT AND GLUTEN

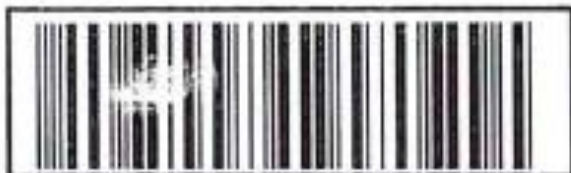


126 - 6053 - 0440



**NET wt. 10.00 LBS.**

FOSTER FARMS,  
LIVINGSTON, CA 95334



FOSTER FARMS

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KEEP FROZEN

**FULLY COOKED  
BREAST NUGGETS**  
NUGGET SHAPED CHICKEN BREAST PATTIES  
WITH RIB MEAT FRITTERS

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT, WHEAT FLOUR, CHICKEN BROTH, FOOD STARCH, CONTAINS 2% OR LESS OF SALT, WHEAT GLUTEN, YELLOW CORN FLOUR, YEAST, EVAPORATED CANE SYRUP, CREAM OF TARTAR, SOYBEAN OIL, NATURAL FLAVOR, SPICES, SODIUM BICARBONATE, EXTRACTIVES OF PAPRIKA AND ANNATTO, BREADING SET IN VEGETABLE OIL.

CONTAINS WHEAT AND GLUTEN



119 - 6068 - 5663

**NET WT. 10.00 LBS.**

FOSTER FARMS,  
LIVINGSTON, CA 95334

