



APPLEGATE
naturalsSM

CHANGING THE MEAT WE EAT*

CHICKEN
NUGGETS

NO ANTIBIOTICS USED**
HUMANELY RAISED* • CASEIN FREE**



Ready to Heat • Fully Cooked

All Natural* Breaded Nugget-Shaped Chicken Patties

***Minimally Processed • No Artificial Ingredients**

MICROWAVABLE • KEEP FROZEN
SERVING SUGGESTION

APPROX. 18 FULLY COOKED NUGGETS • NET WT. 8 OZ. (227g)



Chicken never administered antibiotics or animal by-products. Vegetarian grain-fed diet. *Chicken raised on sustainable family farms in a stress-free environment that promotes natural behavior and socialization.



CHICKEN NUGGETS

At Applegate, natural* starts at the farm. We source our meats from farmers who raise their animals humanely***, with no antibiotics or added hormones****. The result is meat that tastes better.

Stephen McDonnell, Founder & CEO

HEATING INSTRUCTIONS (Appliances vary, heating times approximate.)

OVEN (Preferred): Preheat oven to 425°F. Place frozen chicken nuggets in a single layer on a baking sheet brushed lightly with oil. Bake until hot, about 12 minutes, or to desired color and crispiness, turning nuggets over halfway through cooking time.

MICROWAVE: Place frozen chicken nuggets in a single layer on a paper towel on a microwave-safe plate. Set microwave to HIGH heat. Heat until hot, 1-1½ minutes, turning nuggets over halfway through cooking time.

Serving Suggestion:

Kebabs - Put cooked nuggets on a skewer with chunks of roasted potato or steamed broccoli florets and serve with your favorite dipping sauce.

Questions? Comments? Call 866-587-5858 or visit www.applegate.com

DISTRIBUTED BY APPLGATE FARMS, BRIDGEWATER, NJ 08807

*Minimally processed, no artificial ingredients. **Chicken never administered antibiotics or animal by-products. Vegetarian grain-fed diet. ***Chicken raised on sustainable family farms in a stress-free environment that promotes natural behavior and socialization. ****Federal regulations do not permit the use of hormones in poultry.

Real Food has a Story.® Visit us online & enter the Barn Code™ UPC to learn more about the people, places and practices behind our products.

Please Recycle.



Nutrition Facts

Serving Size: 7 nuggets (88g)
Servings Per Container: About 2.5

Amount Per Serving

Calories 180 Calories from Fat 80

% Daily Value*

Total Fat 9g **14%**

 Saturated Fat 2g **10%**

 Trans Fat 0g

Cholesterol 35mg **12%**

Sodium 210mg **9%**

Total Carbohydrate 12g **4%**

 Dietary Fiber 0g **0%**

 Sugars 0g

Protein 12g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: CHICKEN**, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: CORN STARCH, SALT, NATURAL FLAVOR (OREGANO). BREADED WITH: WHEAT FLOUR, SUGAR, YEAST, EXPELLER PRESSED CANOLA OIL, SALT, BATTERED WITH: WATER, WHEAT FLOUR, CORN STARCH, YELLOW CORN FLOUR, SALT, BREADING SET IN VEGETABLE OIL.
CONTAINS: Wheat,