Nutrition Facts 120 servings per container Serving size 4 oz (113g) Amount per serving Calories 170 96 Daliy Value* Total Fat 11g 1496 Saturated Fat 2.5g 1396 Trans Fat 0g Cholesteroi 105mg 35%

Sodium 60mg 3%
Total Carbohydrate less than 1g 0%
Dietary Fiber less than 1g 4%
Total Sugars 0g
Includes0g Added Sugers 0%
Protein 18g

Vitamin D Omog 0%
Calcium 112mg 8%
Iron 0mg 0%

"The % Datiy Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice

Potessium 388mg

Heartland Catfish Company 55001 HWY 82 West Itta Bena, MS 38941

Ingredients:

Catfish

Allergens:

Catfish

Caution:

May Contain Bones

U.S.
Inspected and Passed By Department of agriculture
EST
45777

Catfish Whole Bloody 40 oz. & Up

Daycode:

Product Code:

021618

05161

NET WT: 30 lb (6.80kg)

Keep refrigerated

35%

3%

8%

Nutrition Facts

120 servings per container

Cholesterol 105mg

Sodium 60mg

Serving size 4 oz (113g)

Amount per serving
Calories 170
% Daliy Value*
Total Fat 11g 14%
Saturated Fat 2.5g 13%
Trans Fat 0g

Total Carbohydrate less than 1g 0%
Dietary Fiber less than 1g 4%
Total Sugars 0g
Includes0g Added Sugers 0%
Protein 18g

Vitamin D Omog 0%
Calcium 112mg 8%

iron Omg 0%
Potassium 388mg 8%

*The % Datity Value tells you how much a.

The 96 Larry Value tells you how much a nutrient in a serving of food contributes to a daly diet. 2000 calories a day is used for general nutrition advice Heartland Catfish Company 55001 HWY 82 West Itta Bena, MS 38941

Ingredients:

Catfish

Allergens:

Catfish

Caution:

May Contain Bones

U.S.
Inspected and
Passed By
Department of
agriculture
EST
45777

Catfish Whole Bloody

32 oz. & Up

Daycode:

Product Code:

021618

05411

NET WT: 30 lb (6.80kg)



Nutrition Facts 60 Servings Per Container 4 oz (112g) Serving Size Amount Per Serving 170 Calories % Daily Value Total Fat 11 g 14% Saturated Fat 2.5 g 13% **Trans Fat Og** 35% Cholesterol 105 mg Sodium 60 mg 3% Total Carbohydrates tess than ig 0% Dietary Fiber less than 1 g 4% Sugar 0 g includes Og Added Sugars 0% Protein 18 g 0% Vitamin D Omeg Calcium 112 mg 8% Iron O mg 0%

Percent Daily values are based on a 2,000 calorie diet. Your

daily values may be higher or lower depending on your calorie

Pottarium 388 mg

Heartland Catfish Company 55001 HWY 82 West Itta Bena, MS 38941

Ingredients: Catfish

Allergens:

Fish

8%

Caution: May Contain Bones

0 76371 00185 4

U.S inspected And Passed By Department Of Agriculture EST. 45777

Catfish Whole 7-16 Dry Pack

Daycode:

Product Code:

NET WT: 15 lb (6.80kg);

NET WT: 15 lb (6.80kg)

021618 00185

Keep refrigerated

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	4=0
Calories	170
%	Daily Value
Total Fat 11 g	14%
Saturated Fat 2.5 g	13%
Trans Fat Og	-
Cholesterol 105 mg	35%
Sodium 60 mg	3%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1 g	4%
Sugar O g	
Includes Og Added Sugars	0%
Protein 18 g	
Mharl B. B	
Vitamin D Omeg	0%
Calcium 112 mg	8%
Iron 0 mg Pottarium 388 mg	0%
	8%
 Percent Daily values are based on a 2,000 c. daily values may be higher or lower depending needs. 	

Heartland Catfish Company 55001 HWY 82 West Itta Bena, MS 38941

Ingredients: Catfish

Allergens: Fish

Caution:

May Contain Bones

U.S.
Inspected
And Passed By
Department Of
Agriculture
EST.
45777

Catfish Whole 7-13 Dry Pack

Daycode: 021618

Product Code:

00190

ll ₈ Keep refrigerated

Nutrition Facts 60 Servings Per Container Serving Size 4 oz (112g) Amount Per Serving 140 Calories % Daily Value **Total Fat 6** g Saturated Fat 1.5 g 8% Trans Fat Og Cholesterol 75 mg 25% Sodium 65 mg 3% Total Carbohydrates 2 g 1% Dietary Fiber 0 g 0% Sugar 0 g includes Og Added Sugars 0% Protein 19 g Vitamin D O mcg 0% Calcium 8mg 0% ron 1 mg 6% Pottasium 360 mg 8% Percent Daily values are based on a 2,000 calorie diet. Your

daily values may be higher or lower depending on your calorie

Heartland Catfish Company 55001 HWY 82 West Itta Bena, MS 38941

Ingredients: Catfish

Allergens: Fish

Caution: May Contain Bones



Inspected And Passed By Department Of Agriculture EST 45777

Catfish Shank Fillet 2-3 Dry Pack

021618

Daycode: Product Code:

10010

NET WT: 15 lb (6.80kg)

NET WT: 15 lb (6.80kg)

Keep refrigerated

Nutrition Facts 60 Servings Per Container 4 oz (112g) Serving Size **Amount Per Serving** 140 Calories % Daily Value Total Fat 6 g Saturated Fat 1.5 g 8% Trans Fat Og 25% Cholesterol 75 mg 3% Sodium 65 mg Total Carbohydrates 2 g 1% 0% Dietary Fiber 0 g Sugar 0 g 0% Includes Og Added Sugars Protein 19 g 0% Vitamin D O mcg 0% Calcium 8mg Iron 1 mg 6% Pottasium 360 mg 8% Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

Heartland Catfish Company 55001 HWY 82 West Itta Bena, MS 38941

Ingredients: Catfish

Aller Fish

Cau

May

) Catfish Shank Fillet 3-5 Dry Pack

Daycode:

Product Code:

021618

10020

rgens: n ution: y Contain Bones	U.S. Inspected And Passed E Department C Agriculture EST. 45777

Nutrition Facts 60 Servings Per Container 4 oz (112g) Serving Size Amount Per Serving 140 **Calories** % Daily Value Total Fat 6 g Saturated Fat 1.5 g 8% Trans Fat Og Cholesterol 75 mg 25% Sodium 65 mg 3% Total Carbohydrates 2 g 1% Dietary Fiber 0 g 0% Sugar 0 g Includes Og Added Sugars 0% Protein 19 g Vitamin D 0 mcg 0% Calcium 8mg 0% 6% fron 1 mg Pottasium 360 mg

Percent Daily values are based on a 2,000 calorie diet. Your dally values may be higher or lower depending on your calorie

Heartland Catfish Company 55001 HWY 82 West Itta Bena, MS 38941

Ingredients: Catfish

Allergens: Fish

Caution: May Contain Bones



u.s. Inspected And Passed By Department Of Agriculture **EST** 45777

Catfish Shank Fillet 5-7 Dry Pack

Daycode: 021618

Product Code:

NET WT: 15 lb (6.80kg)

NET WT: 15 lb (6.80kg)

10030

Keep refrigerated

Nutrition Facts	
60 Servings Per Containe	 er
Serving Size	4 oz (112g)
Amount Per Serving Calories	140
	% Daily Value
Total Fat 6 g	8%

Juliones	
	% Daily Value
Total Fat 6 g	8%
Saturated Fat 1.5 g	8%
Trans Fat Og	
Cholesterol 75 mg	25%
Sodium 65 mg	3%
Total Carbohydrates 2 g	1%
Dietary Fiber 0 g	0%
Sugar 0 g	
Includes Og Added Sugar	s 0%
monados of Added Sagar	<u> </u>

Protein 19 g	_		
Vitamin D O meg			
Calcium 8mg		 	_

fron 1 mg 6% Pottasium 360 mg Percent Daily values are based on a 2,000 calorie dief. Your dally values may be higher or lower depending on your calerie

Heartland Catfish Company 55001 HWY 82 West Itta Bena, MS 38941

Ingredients: Catfish

Allergens:

Fish

0%

Caution:



Inspected And Passed By Department ∩f Agriculture EST

Catfish Shank Fillet 7-9 Dry Pack

Daycode: 021618

Product Code:

10040

Nutrition Facts 40 Servings Per Container 4 oz (112g) **Serving Size** Amount Per Serving 140 Calories % Daily Value Total Fat 6 g 8% Saturated Fat 1.5 g Trans Fat Og Cholesterol 75 mg 25% 3% Sodium 65 mg 1% Total Carbohydrates 2 g Dietary Fiber 0 g 0% Sugar 0 g includes Og Added Sugars 0% Protein 19 g 0% Vitamin D O mcg Calcium 8mg 0%

Pottasium 360 mg 8%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Heartland Catfish Company 55001 HWY 82 West Itta Bena, MS 38941

Ingredients Catfish

Allergens:

Fish

6%

Caution: May Contain Bones

0 76271 10042

U.S. Inspected And Passed By Department Of Agriculture EST. 45777

> U.S. inspected

And Passed By

Department Of Agriculture

45777

Catfish Shank Fillet 7-9 Dry Pack*

Daycode: 021618

Product Code:

10042

NET WT: 15 lb (6.80kg)

Keep refrigerated

Nutrition Facts

tron 1 mg

60 Servings Per Container

Serving Size 4 oz (112g)

Amount Per Serving

Calories 140

Daily Value
8%
8%
25%
3%
1%
0%
0%

Protein 19 g

Vitamin D O meg	0%
Cafelum 8mg	0%
iron 1 mg	6%
Pottasium 360 mg	8%

 Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Heartland Catfish Company 55001 HWY 82 West Itta Bena, MS 38941

Ingredients: Catfish

Allergens:

Fish

Caution:

May Contain Bones



NET WT: 15 lb (6.80kg)

Catfish Shank Fillet 9-12 Dry Pack

Daycode:

Product Code:

021618

10050

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	140
Calories	<u> </u>
%	Daily Value
Total Fat 6 g	8%
Saturated Fat 1.5 g	8%
Trans Fat Og	
Cholesterol 75 mg	25%
Sodium 65 mg	3%
Total Carbohydrates 2 g	1%
Dietary Fiber 0 g	0%
Sugar 0 g	
Includes Og Added Sugars	0%
Protein 19 g	
Vitamin D O meg	0%
Calcium 8mg	0%
Iron 1 mg	6%
Pettasium 360 mg	8%

Heartland Catfish Company 55001 HWY 82 West Itta Bena, MS 38941

Ingredients: Catfish

Allergens: Fish

Caution:



Inspected And Passed By Department Of Agriculture

Catfish Shank Fillet 12 UP Dry Pack

Daycode:

Product Code:

021618

10060

NET WT: 15 lb (6.80kg)

NET WT: 15 lb (6.80kg)

Keep refrigerated

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving Calories	140
%	Daily Value
Total Fat 6 g	8%
Saturated Fat 1.5 g	8%
Trans Fat Og	
Cholesterol 75 mg	25%
Sodium 65 mg	3%
Total Carbohydrates 2 g	1%
Dietary Fiber 0 g	0%
Sugar 0 g	
Includes Og Added Sugars	0%
Protein 19 g	
Vitamin D 0 mcg	0%
Calcium 8mg	0%
fron 1 mg	6%
Pottasium 360 mg	8%

Heartland Catfish Company 55001 HWY 82 West Itta Bena, MS 38941

Ingredients: Catfish

Allergens: Fish

Caution: May Contain Bones

U.S. Inspected And Passed By Department Of Agriculture

Catfish Shank Fillet 5&UP Dry Pack

Daycode: 021618

Product Code:

10240

Nation Foots	
Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	440
Calories	140
%	Daily Value
Total Fat 6 g	8%
Saturated Fat 1.5 g	8%
Trans Fat Og	
Cholesterol 75 mg	25%
Sodium 65 mg	3%
Total Carbohydrates 2 g	1%
Dietary Fiber 0 g	0%
Sugar O g	
includes Og Added Sugars	0%
Protein 19 g	
Vitamin D O mcg	0%
Calcium 8mg	0%
from 1 mg	6%

Pottasium 360 mg 8%

• Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

Heartland Catfish Company 55001 HWY 82 West Itta Bena, MS 38941

Ingredients: Catfish

Allergens: Fish

Caution: May Contain Bones



U.S.
Inspected
And Passed By
Department Of
Agriculture
EST.
45777

Catfish Shank Fillet 10-12 Dry Pack

Daycode:

Product Code:

021618

10360

NET WT: 15 lb (6.80kg)

NET WT: 15 lb (6.80kg)

Keep refrigerated

Nutrition Facts

60 Servings Per Container
Serving Size 4 oz (112g)

Amount Per Serving

140

0%

Calumes	
	% Daily Value
Total Fat 6 g	8%
Saturated Fat 1.5 g	8%
Trans Fat Og	
Cholesterol 75 mg	25%
Sodium 65 mg	3%
Total Carbohydrates 2 g	1%
Dietary Fiber 0 g	0%
Curay O o	

Protein 19 g

includes Og Added Sugars

	50/
Vitamin D O mcg	0%
Catelum 8mg	0%
ron 1 mg	6%
Pottasium 360 mg	8%
GICRAIDUL 200 ING	

 Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Heartland Catfish Company 55001 HWY 82 West Itta Bena, MS 38941

Ingredients: Catfish

Allergens: Fish

Caution: May Contain Bones



U.S. Inspected And Passed By Department Of Agriculture EST. 45777

Catfish Shank Fillet 3.4-4.4 Dry Pack

Daycode: 021618

Product Code:

10480

Nutrition Facts 60 Servings Per Container 4 oz (112g) Serving Size **Amount Per Serving** 170 Calories % Daily Value Total Fat 11 g 14% Saturated Fat 2.5 g 13% **Trans Fat Og** 35% Cholesterol 105 mg Sodium 60 mg 3% Total Carbohydrates tess than 1g 0% Dietary Fiber less than 1 g 4% Sugar 0 g includes Og Added Sugars 0% Protein 18 g Vitamin D Omeg Calcium 112 mg

Heartland Catfish Company 55001 HWY 82 West Itta Bena, MS 38941

Ingredients: Catfish

Allergens: Fish

Caution: May Contain Bones

US Inspected And Passed By Department Of Agriculture 45777

Catfish Whole 5-8 **Dry Pack**

Daycode: 021618

Product Code:

08000

NET WT: 15 lb (6.80kg)

NET WT: 15 lb (6.80kg)

Keep refrigerated

Vitamin D Ømeg	0%
Calcium 112 mg	8%
Iron 0 mg	0%
Pottasium 388 mg	8%

Nutrition Facts

60 Servings Per Container 4 oz (112g) Serving Size

Amount Per Serving 140 Calories

	% Daily Value
Total Fat 6 g	8%
Saturated Fat 1.5 g	8%
Trans Fat Og	
Cholesterol 75 mg	25%
Sodium 65 mg	3%
Total Carbohydrates 2 g	1%
Dietary Fiber 0 g	0%
Sugar 0 g	

Includes Og Added Sugars	0%
Protein 19 g	
Vitamin D O mcg	0%
Calcium 8mg	0%

Pottasium 360 mg Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

fron 1 mg

Heartland Catfish Company 55001 HWY 82 West Itta Bena, MS 38941

Ingredients: Catfish

Allergens: Fish

8%

Caution: May Contain Bones

U.S. Inspected And Passed By Department Of Agriculture EST.

Catfish Shank Fillet 6-15 Dry Pack

Daycode:

Product Code:

021618 10400

Nutrition Facts 40 Servings Per Container 4 oz (112g) Serving Size Amount Per Serving 170 Calories % Daily Value 14% Total Fat 11 g 13% Saturated Fat 2.5 g Trans Fat Og 35% Cholesterol 105 mg 3% Sodium 60 mg Total Carbohydrates less than 1g 0% 4% Dietary Fiber less than 1 g Sugar 0 g Includes Og Added Sugars 0% Protein 18 g Vitamin D Omeg 8% Calcium 112 mg 0% Iron O mg Pottasium 388 mg 8% * Percent Daily values are based on a 2,000 catorie diet. Your

dally values may be righer or lower depending on your calorie

Heartland Catfish Company 55001 HWY 82 West Itta Bena, MS 38941

Ingredients: Catfish

Allergens: Fish

Caution: May Contain Bones And Passed By Department Of Agriculture EST. 45777

U.S. Inspected

Catfish Whole 8-16 Dry Pack*

Daycode: 021618

Product Code:

00132

NET WT: 15 lb (6.80kg)

NET WT: 15 lb (6.80kg)

Keep refrigerated

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving Calories	170
<u>%</u>	Daily Value
Total Fat 11 g	14%
Saturated Fat 2.5 g	13%
Trans Fat Og	
Cholesterol 105 mg	35%
Sodium 60 mg	3%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1 g	4%
Sugar O g	
Includes Og Added Sugars	0%
Protein 18 g	
/itamin D Omeg	0%
Calcium 112 mg	8%
ron C mg	0%
ottasium 388 mg	8%

Heartland Catfish Company 55001 HWY 82 West Itta Bena, MS 38941

Ingredients: Catfish

Allergens:

Fish

Caution:

May Contain Bones



inspected Catfish Whole 8-16 And Passed By Department Of Agriculture Dry Pack FST. 45777

> Daycode: 021618

Product Code:

00130

Catfish Whole 5-8 oz

Contains 15% Added Solution of Water and Phosphate

Individually Quick Frozen

Ice Glazed

021618-4

01080





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

Catfish Whole 5-8 oz

01080

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving Calories	170
9	6 Daily Value
Total Fat 12 g	15%
Saturated Fat 3 g	15%_
Trans Fat Og	
Cholesterol 80 mg	27%
Sodium 250 mg	11%_
Total Carbolydrates less than 1g	0%
Dietary Fiber Og	0%
Sugar O g	
Includes Og Added Sugar	5 0%
Protein 16 g	
Vitamin D O meg	0%
Calcium 93mg	8%
iron 0 mg	0%
Pottasium 262 mg	6%
 Percent Daily values are based on a 2,0 	10 calorie diet. Your

 Percent Daily values are based on a 2,000 calorie diet. You daily values may be higher or inwer depending on your calorie

Catfish Whole 7-9 oz

Contains 15% Added Solution of Water and Phosphate

Individually Quick Frozen

Ice Glazed

021618-4

01040





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

Catfish Whole 7-9 oz

01040

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	170
Calories	170
9/	Daily Value
Total Fat 12 g	15%
Saturated Fat 3 g	15%
Trans Fat Og	
Cholesterol 80 mg	27%
Sodium 250 mg	11%
Total Carbolydrates less than 1g	0%
Dietary Fiber Og	0%
Sugar O g	
includes Og Added Sugar	s0%
Protein 16 g	
	0%
vitamin D 0 meg	8%
Calcium 93mg	በዓ

 Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

Pottasium 262 mg

6%

Catfish, Fillet 2-3 oz

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen

Ice Glazed

021618-4

11010





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

Catfish, Fillet 2-3 oz

11010

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	400
Calories	100
% I	Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat Og	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
includes Og Added Sugars	0%
Protein 16 g	
Vitamin D O meg	0%
Calcium 7mg	0%_
Iron 0 mg	0%_

* Percent Delly values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish, Fillet 3-5 oz

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen

Ice Glazed

021618-4

11020





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

Catfish, Fillet 3-5 oz

11020

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving Calories	100
%	Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat Og	
Choiesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbelydrates less than 1g	0%
Dietary Fiber less than 1	g 4%
Sugar O g	
Includes Og Added Sugars	0%
Protein 16 g	
Vitamin D O mcg	0%
Calcium 7mg	0%
tron 0 mg	0%
Pottasium 277 mg	6%

 Percent Dally values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

Catfish, Fillet 5-7 oz

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen

Ice Glazed

021618-4

11030





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

Catfish, Fillet 5-7 oz

11030

Mutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	400
Calories	100
%	Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat Og	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbolydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	E.,
Includes Og Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Pottasium 277 mg	6%
* Percent Gally values are based on a 2 000 c	

* Percent Dally values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish, Fillet 4.75-5.75 oz

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen

ice Glazed

021618-4

11180





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

> Catfish, Fillet 4.75-5.75 oz

> > 11180

Nutrition Facts	
60 Servings Per Container	
Serving Size	oz (112g)
Amount Per Serving Calories	100
	aily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat Og	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbehydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes Og Added Sugars	0%
Protein 16 g	
	0%
Vitamin D O racg	
Calcium 7mg	0%
Iron 0 mg	0%
Pottasium 277 mg	6%

 Percent Gelly values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish, Fillet 4-5 oz

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen

Ice Glazed

021618-4

11490

U.S.
Inspected
And Passed By
Department Of
Agriculture
EST.
45777



Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

Catfish, Fillet 4-5 oz

11490

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	100
Calories	100
%	Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat Og	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1	g 4%
Sugar 0 g	
Includes Og Added Sugars	0%
Protein 16 g	
Vitamin D O mcg	0%
Cateium 7mg	0%
iron 0 mg	0%
Pottasium 277 mg	6%

Percent Dally values are based on a 2,000 calorte diet. Your daily values may be higher or lower depending on your calorie needs.

Texas Roadhouse Catfish Splits

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen

ice Glazed

021618-4

11920TX





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

Texas Roadhouse Catfish Splits

11920TX

Nutrition Facts	
60 Servings Per Container	
A	4 oz (112g)
Amount Per Serving Calories	100
%(aily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat Og	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbehydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	-
ncludes Og Added Sugars	0%
Protein 16 g	
Itamin D O mcg	0%
alcium 7mg	0%
ron 0 mg	0%
ottasium 277 mg	6%

Percent Daily values are based on a 2,000 calorie diet. Your

daily values may be higher or lower depending on your calori

Catfish Nugget

Contains 18% Added Solution of Water and Phosphate

Individually Quick Frozen

ice Glazed

021618-4

31000





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

Catfish Nugget

31000

Nutrition Facts	-
60 Servings Per Container	
	4 oz (112g)
Amount Per Serving	400
Calories	180
%	Daily Value
Total Fat 13 g	13%
Saturated Fat 3.5 g	18%
Trans Fat 0 g	
Cholesterol 70 mg	23%
Sodium 170 mg	7%
Total Carbonydrates less than 1g	0%
Dietary Fiber less than 1 a	g 4%
Sugar O g	
includes Og Added Sugars	0%
Protein 15 g	
Vitamin D 2 meg	10%
Calcium 29 mg	2%
fron Omg	0%
Pottasium 279 mg • Percent Daily values are based on a 2,000 c	6%

 Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

Catfish, Fillet Irregular

Contains 18% Added Solution of Water and Phosphate

Individually Quick Frozen

Ice Glazed

021618-4

81000





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

> Catfish, Fillet Irregular

81000

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving Calories	100
	Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat Og	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1	g 4%
Sugar 0 g	
Includes Og Added Sugars	0%
Protein 16 g	
Mary I D. Company	በ%
Vitamin D 0 mcg	<u>0%</u>
Catcium 7mg	0%
Iron O mg Pottasium 277 mg	6%
* Percent Daily values are based on a 2,000	

daily values may be higher or lower depending on your calonic

Catfish Portions 3-5 oz

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen

ice Glazed

021618-4

21606





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen

Ingredients: Catfish, Water, Sodium Tripolyphosphate, Salt, Sodium Hexametaphosphate, Citric Acid, and Ascorbic Acid (Vitamin C). Allergens: Catfish

Caution: May Contain **Bones**

Catfish Portions 3-5 ΟZ

21606

Nutrition Facts_	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	100
Calories	100
%	Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat Og	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbehydrates less than 1g	0%
Dietary Fiber less than 1	g 4%
Sugar 0 g	
includes Og Added Sugars	0%
Protein 16 g	···
/Itamin D O mog	O.S.
Calcium 7mg	0%
	0%
ron 0 mg	0%
Pottasium 277 mg	6%

574636

Keep Frozen

Catfish Shank Fillet 3 - 5 oz.

INGREDIENTS: Catfish, contains up to 12% added water. Sodium Tripolyphospahte, Salt, Sodium Hexametaphosphate, Citric Acid, and Ascorbic Acid(Vitamin C).

Individually Quick Frozen

Ice Glazed

Allergens: Catfish

Raw . Skinless

Domestic Farm Raised



021618-1

NET WT 15 LB (6.80KG)

Caution: May Contain Bones

Inspected And Passed By

Department Of

Agriculture

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving Calories	100
<u> </u>	% Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat Og	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbolindrates lem than 1g	0%
Dietary Fiber less than	1g 4%
Sugar O g	
includes Og Added Suga	rs <u>0%</u>
Protein 16 g	
Vitamin D. O meg	0%
Calcium 7mg	07
iron O mg	0%
Pottasium 277 mg	6%

Distributed By US FOODS, INC. Rosemont, IL 60018

www.USFOODS.COM PRODUCT OF USA

Catfish Shank **Fillets**

3 - 5 oz.

5 - 7 oz. Catfish Fillet Split

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen

ce Glazed

01628-1

3872686



Farm Raised PRODUCT OF USA **NET WT 15 LB (6.80KG)** Keep Frozen

Inspected And Passed By Department Of Agriculture 45///

Catfish, Fillet 7-9 oz

Contains 15% Added Solution of Water and Phosphate

Individually Quick Frozen

Ice Glazed

021618-1

11040





Farm Raised PRODUCT OF USA **NET WT 15 LB (6.80KG)** Keep Frozen

Ingredients: Catfish, Water, Sodium Tripolyphosphate, Salt, Sodium Hexametaphosphate, Citric Acid, and Ascorbic Acid (Vitamin C). Allergens: Catfish

Caution: May Contain **Bones**

Ingredients: Catfish, Water,

Salt, Sodium

(Vitamin C). Allergens: Catfish

Caution: May Contain

Bones

Citric Acid, and Ascorbic Acid

5 - 7 oz.

Fillet Split

3872686

Catfish

Tripolyphosphate,

Hexametaphosphate,

Sodium

Catfish, Fillet 7-9 oz

11040

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving Calories	100
%	Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat Og	_
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1	g 4%
Sugar 0 g	
Includes Og Added Sugars	0%
Protein 16 g	
Vitamin D O mcg	0%
Calcium 7mg	0%
iron 0 mg	0%
Pottasium 277 mg	6%

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g
Amount Per Serving	400
Calories	100
%	Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat Og	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbehydrates less than 1g	0%
Dietary Fiber less than 1	.g 4%
Sugar 0 g	
ncludes Og Added Sugars	0%
Protein 16 g	
iltamin D O meg	0%
Calcium 7mg	0%
ron 0 mg	0%
ottasium 277 mg	6%

Catfish, Fillet 9-12 oz

Contains 18% Added Solution of Water and Phosphate

Individually Quick Frozen

ice Glazed

021618-1

11050





Farm Raised PRODUCT OF USA **NET WT 15 LB (6.80KG)** Keep Frozen

Ingredients: Catfish, Water, Sodium Tripolyphosphate, Salt, Sodium Hexametaphosphate, Citric Acid, and Ascorbic Acid (Vitamin C). Allergens: Catfish

Caution: May Contain Bones

> Catfish, Fillet 9-12 OΖ

> > 11050

	
Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	100
Calories	100
%	Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat Og	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1	g 4%
Sugar O g	
includes Og Added Sugars	0%
Protein 16 g	
Vitamin D C mcg	0%
Calcium 7mg	0%
Iron O mg	0%
Pottasium 277 mg	6%

Catfish, Fillet 4.75-5.75 oz

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen

ice Glazed

021618-1

11180





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen

Ingredients: Catfish, Water, Sodium Tripolyphosphate, Salt, Sodium Hexametaphosphate, Citric Acid, and Ascorbic Acid (Vitamin C). Allergens: Catfish

Caution: May Contain Bones

Catfish, Fillet 4.75-5.75 oz

11180

Nutrition Facts	
60 Servings Per Container	
	4 oz (112g)
Amount Per Serving	100
Calories	TOO
%1	Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat Og	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbehydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
includes Og Added Sugars	0%
Protein 16 g	
Vitamin D O meg	0%
Calcium 7mg	
iron 0 mg	0%
Pottasium 277 mg	6%

Percent Daily values are based on a 2,000 calorie det. You daily values may be higher or lower depending on your calorie

Catfish, Fillet 12 & UP

Contains 18% Added Solution of Water and Phosphate

Individually Quick Frozen

ice Glazed

021618-1

11060





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

Catfish, Fillet 12 & UP

11060

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	400
Calories	100
%	Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat Og	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes Og Added Sugars	0%
Protein 16 g	
Vitamin D O meg	0%
Calekum 7mg	0%
Iron 0 mg	0%
Pottasium 277 mg	6%

 Percent Daily values are based on a 2,000 calcrie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish, Fillet 5-7 oz

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen

ice Glazed

021618-1

11030





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

Catfish, Fillet 5-7 oz

11030

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	400
Calories	100
<u> </u>	aily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat Og	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes Og Added Sugars	0%
Protein 16 g	
Vitamin D O mcg	0%
Calcium 7mg	0%
fron 0 mg	0%
Pottasium 277 mg	6%

 Percent Daily values are based on a 2,000 calorie diet. You daily values may be higher or lower depending on your calorie needs.

Catfish, Fillet 2-3 oz

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen

Ice Glazed

021618-1

11010

U.S. Inspected And Passed By Department Of Agriculture EST. 45777



Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

Catfish, Fillet 2-3 oz

11010

needs

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	400
Calories	100
%	Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat Og	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	
Sugar 0 g	
Includes Og Added Sugars	0%
Protein 16 g	
itamin D Omeg	0%
Calcium 7mg	0%
ron 0 mg	0%
ottasium 277 mg	6%

Catfish Whole 15-17 oz

Contains 15% Added Solution of Water and Phosphate

Individually Quick Frozen

ice Glazed

021618-1

01120





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

Catfish Whole 15-17 oz

01120

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	170
g _k	Daily Value
Total Fat 12 g	15%
Saturated Fat 3 g	15%
Trans Fat Og	
Cholesterol 80 mg	27%
Sodium 250 mg	11%
Total Carbolipdrates less than 1g	0%
Dietary Fiber Og	0%
Sugar 0 g	
includes Og Added Sugars	0%
Protein 16 g	
litarain D. O meg	
Calcium 93mg	<u>0%</u> 8%
ron O mg	0%
ottasium 262 mg	6%

daily values may be higher or lower depending on your calone

Catfish Whole 13-15 oz

Contains 15% Added Solution of Water and Phosphate

Individually Quick Frozen

Ice Glazed

021618-1

01110





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

Catfish Whole 13-15 oz

01110

12g)
<u> </u>
70
alue
L5%
L5%
27%
L1%
0%
0%
0%
0%
8%
0%
6%

Catfish Whole 11-13 oz

Contains 15% Added Solution of Water and Phosphate

Individually Quick Frozen

Ice Glazed

021618-1

01100





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

Catfish Whole 11-13 oz

01100

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving Calories	170
	Daily Value
Total Fat 12 g	15%
Saturated Fat 3 g	15%
Trans Fat Og	
Cholesterol 80 mg	27%
Sodium 250 mg	11%
Total Carbohydrates less than 1g	0%
Dietary Fiber Og	0%
Sugar O g	
includes Og Added Sugars	0%
Protein 16 g	
Vitamin D O mcg	0%
Calcium 93mg	8%
fron 0 mg	0%
Pottasium 262 mg	6%

daily values may be higher or lower depending on your calorie

Catfish Whole 7-9 oz

Contains 15% Added Solution of Water and Phosphate

Individually Quick Frozen

Ice Glazed

021618-1

01040





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

Catfish Whole 7-9 oz

01040

Nutrition Facts 60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	170
%	Daily Value
Total Fat 12 g	15%
Saturated Fat 3 g	15%
Trans Fat Og	
Cholesterol 80 mg	27%
Sodium 250 mg	11%
Total Carbehydrates less than 1g	0%
Dietary Fiber Og	0%
Sugar 0 g	
Includes Og Added Sugars	0%
Protein 16 g	
Vitamin D O meg	0%
Calcium 93mg	8%
from 0 mg	0%
Pottasium 262 mg	6%

Catfish Whole 2-6 oz

Contains 15% Added Solution of Water and Phosphate

Individually Quick Frozen

Ice Glazed

021618-1

01070





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

Catfish Whole 2-6 oz

01070

Nutrition Facts	
60 Servings Per Container	
	4 oz (112g)
Amount Per Serving	470
Calories	170
%	Daily Value
Total Fat 12 g	15%
Saturated Fat 3 g	15%
Trans Fat Og	
Cholesterol 80 mg	27%
Sodium 250 mg	11%
Total Carbelmirates less than 1g	0%
Dietary Fiber Og	0%
Sugar 0 g	
Includes Og Added Sugars	0%
Protein 16 g	
Vitamin D O meg	0%
Calcium 93mg	8%
tron 0 mg	0%
Pottasium 262 mg	6%

daily values may be higher or lower depending on your calone

Catfish Portions 3-5 oz

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen

ice Glazed

021618-1

21606





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

Catfish Portions 3-5 oz

21606

60 Servings Per Container Serving Size	4 oz (112g)
	701 (1126)
Amount Per Serving Calories	100
%1	Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat Og	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbehydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
ncludes Og Added Sugars	0%
Protein 16 g	
Itamin D O meg	0%
alcium 7mg	0%
ron 0 mg	0%
ottasium 277 mg	6%

Texas Roadhouse Catfish Splits

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen

ce Glazed

021618-1

11920TX





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

> Texas Roadhouse Catfish Splits

11920TX

Nutrition Facts	<u> </u>
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving Calories	100
	Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat Og	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbehydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar O g	
includes Og Added Sugars	0%
Protein 16 g	
//Itamin D O meg	0%
Cateium 7mg	0%
ron 0 mg	0%
Pottasium 277 mg	6%

 Percent Daily values are based on a 2,000 calone diet. Your daily values may be higher or lower depending on your calonie needs.

Catfish, Fillet 4-5 oz Split

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen

Ice Glazed

021618-1

11910





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

Catfish, Fillet 4-5 oz Split

11910

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving Calories	100
%	Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat Og	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbehydrates less than 1g	0%
Dietary Fiber less than 1	4%
Sugar 0 g	
includes Og Added Sugars	0%
Protein 16 g	
Vitamin D O meg	0%
Calcium 7mg	0%
ron 0 mg	0%
Pottasium 277 mg	6%

 Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish Nugget

Contains 18% Added Solution of Water and Phosphate

Individually Quick Frozen

ice Glazed

021618-1

31000





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

Catfish Nugget

31000

Nutrition Facts	
60 Servings Per Container	
	4 oz (112g)
Amount Per Serving	100
Calories	180
%	Daily Value
Total Fat 13 g	13%
Saturated Fat 3.5 g	18%
Trans Fat 0 g	
Cholesterol 70 mg	23%
Sodium 170 mg	7%
Total Carbolydrates less than 1g	0%
Dietary Fiber less than 1	g 4%
Sugar 0 g	
Includes Og Added Sugars	0%
Protein 15 g	
Vitamin D 2 mcg	109
Calcium 29 mg	
Iron O mg	09
Pottasium 279 mg	69

daily values may be higher or lower depending on your calorie

Catfish, Fillet Irregular

Contains 18% Added Solution of Water and Phosphate

Individually Quick Frozen

Ice Glazed

021618-1

81000





Farm Raised PRODUCT OF USA NET WT 15 LB (6.80KG) Keep Frozen Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution: May Contain Bones

> Catfish, Fillet Irregular

81000

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	100
Calories	TOO
%	Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat Og	-
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbehydrates less than 1g	0%
Dietary Fiber less than 1;	g 4%
Sugar 0 g	
includes Og Added Sugars	0%
Protein 16 g	
Vitamin D C mcg	0%
Calcium 7mg	0%
iron 0 mg	0%
Pottasium 277 mg	6%

 Percent Daily values are based on a 2,000 calone det. You daily values may be higher or lower depending on your calonie meeds.