

Nutrition Facts	
120 servings per container	
Serving size	4 oz (113g)
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 11g	14%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 105mg	35%
Sodium 60mg	3%
Total Carbohydrate less than 1g	0%
Dietary Fiber less than 1g	4%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 18g	
Vitamin D 0mcg	0%
Calcium 112mg	8%
Iron 0mg	0%
Potassium 388mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice

Heartland Catfish
Company 55001 HWY 82
West Itta Bena, MS 38941

Ingredients:

Catfish

Allergens:

Catfish

Caution:

May Contain Bones



0 76371 05161 3

Catfish Whole Bloody
40 oz. & Up

Daycode: Product Code:

021618 05161

NET WT: 30 lb (6.80kg)

Keep refrigerated

Nutrition Facts	
120 servings per container	
Serving size	4 oz (113g)
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 11g	14%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 105mg	35%
Sodium 60mg	3%
Total Carbohydrate less than 1g	0%
Dietary Fiber less than 1g	4%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 18g	
Vitamin D 0mcg	0%
Calcium 112mg	8%
Iron 0mg	0%
Potassium 388mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice

Heartland Catfish
Company 55001 HWY 82
West Itta Bena, MS 38941

Ingredients:

Catfish

Allergens:

Catfish

Caution:

May Contain Bones



0 76371 05411 9

Catfish Whole Bloody
32 oz. & Up

Daycode: Product Code:

021618 05411

NET WT: 30 lb (6.80kg)

Keep refrigerated

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	170
	% Daily Value
Total Fat 11 g	14%
Saturated Fat 2.5 g	13%
Trans Fat 0g	
Cholesterol 105 mg	35%
Sodium 80 mg	3%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1 g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 18 g	
Vitamin D 0 mcg	0%
Calcium 112 mg	8%
Iron 0 mg	0%
Potassium 388 mg	8%
* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

Heartland Catfish Company
55001 HWY 82 West
Itta Bena, MS 38941

NET WT: 15 lb (6.80kg)

Ingredients:
Catfish

Allergens:
Fish

Caution:
May Contain Bones



Catfish Whole 7-16 Dry Pack

Daycode: 021618 Product Code: 00185



Keep refrigerated

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	170
	% Daily Value
Total Fat 11 g	14%
Saturated Fat 2.5 g	13%
Trans Fat 0g	
Cholesterol 105 mg	35%
Sodium 80 mg	3%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1 g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 18 g	
Vitamin D 0 mcg	0%
Calcium 112 mg	8%
Iron 0 mg	0%
Potassium 388 mg	8%
* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

Heartland Catfish Company
55001 HWY 82 West
Itta Bena, MS 38941

NET WT: 15 lb (6.80kg)

Ingredients:
Catfish

Allergens:
Fish

Caution:
May Contain Bones



Catfish Whole 7-13 Dry Pack

Daycode: 021618 Product Code: 00190



Keep refrigerated

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	140
	% Daily Value
Total Fat 6 g	8%
Saturated Fat 1.5 g	8%
Trans Fat 0g	
Cholesterol 75 mg	25%
Sodium 65 mg	3%
Total Carbohydrates 2 g	1%
Dietary Fiber 0 g	0%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 19 g	
Vitamin D 0 mcg	0%
Calcium 8mg	0%
Iron 1 mg	6%
Potassium 380 mg	8%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Heartland Catfish Company
55001 HWY 82 West
Itta Bena, MS 38941

NET WT: 15 lb (6.80kg)

Ingredients:
Catfish

Allergens:
Fish

Caution:
May Contain Bones



Catfish Shank Fillet 2-3 Dry Pack

Daycode: 021618 Product Code: 10010



Keep refrigerated

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	140
	% Daily Value
Total Fat 6 g	8%
Saturated Fat 1.5 g	8%
Trans Fat 0g	
Cholesterol 75 mg	25%
Sodium 65 mg	3%
Total Carbohydrates 2 g	1%
Dietary Fiber 0 g	0%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 19 g	
Vitamin D 0 mcg	0%
Calcium 8mg	0%
Iron 1 mg	6%
Potassium 380 mg	8%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Heartland Catfish Company
55001 HWY 82 West
Itta Bena, MS 38941

NET WT: 15 lb (6.80kg)

Ingredients:
Catfish

Allergens:
Fish

Caution:
May Contain Bones



Catfish Shank Fillet 3-5 Dry Pack

Daycode: 021618 Product Code: 10020



Keep refrigerated

Nutrition Facts

60 Servings Per Container

Serving Size 4 oz (112g)

Amount Per Serving

Calories 140

% Daily Value

Total Fat 6 g 8%

Saturated Fat 1.5 g 8%

Trans Fat 0g

Cholesterol 75 mg 25%

Sodium 65 mg 3%

Total Carbohydrates 2 g 1%

Dietary Fiber 0 g 0%

Sugar 0 g

Includes 0g Added Sugars 0%

Protein 19 g

Vitamin D 0 mcg 0%

Calcium 8mg 0%

Iron 1 mg 6%

Potassium 380 mg 8%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Heartland Catfish Company
55001 HWY 82 West
Itta Bena, MS 38941

NET WT: 15 lb (6.80kg)

Ingredients:
CatfishAllergens:
FishCaution:
May Contain Bones**Catfish Shank Fillet
5-7 Dry Pack**

Daycode: 021618 Product Code: 10030



Keep refrigerated

Nutrition Facts

60 Servings Per Container

Serving Size 4 oz (112g)

Amount Per Serving

Calories 140

% Daily Value

Total Fat 6 g 8%

Saturated Fat 1.5 g 8%

Trans Fat 0g

Cholesterol 75 mg 25%

Sodium 65 mg 3%

Total Carbohydrates 2 g 1%

Dietary Fiber 0 g 0%

Sugar 0 g

Includes 0g Added Sugars 0%

Protein 19 g

Vitamin D 0 mcg 0%

Calcium 8mg 0%

Iron 1 mg 6%

Potassium 380 mg 8%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Heartland Catfish Company
55001 HWY 82 West
Itta Bena, MS 38941

NET WT: 15 lb (6.80kg)

Ingredients:
CatfishAllergens:
FishCaution:
May Contain Bones**Catfish Shank Fillet
7-9 Dry Pack**

Daycode: 021618 Product Code: 10040



Keep refrigerated

Nutrition Facts40 Servings Per Container
Serving Size 4 oz (112g)Amount Per Serving
Calories 140

	% Daily Value
Total Fat 6 g	8%
Saturated Fat 1.5 g	8%
Trans Fat 0g	
Cholesterol 75 mg	25%
Sodium 65 mg	3%
Total Carbohydrates 2 g	1%
Dietary Fiber 0 g	0%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 19 g	
Vitamin D 0 mcg	0%
Calcium 8mg	0%
Iron 1 mg	6%
Potassium 360 mg	8%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Heartland Catfish Company
55001 HWY 82 West
Itta Bena, MS 38941

NET WT: 15 lb (6.80kg)

Ingredients:
CatfishAllergens:
FishCaution:
May Contain Bones**Catfish Shank Fillet
7-9 Dry Pack***

Daycode: 021618 Product Code: 10042



Keep refrigerated

Nutrition Facts60 Servings Per Container
Serving Size 4 oz (112g)Amount Per Serving
Calories 140

	% Daily Value
Total Fat 6 g	8%
Saturated Fat 1.5 g	8%
Trans Fat 0g	
Cholesterol 75 mg	25%
Sodium 65 mg	3%
Total Carbohydrates 2 g	1%
Dietary Fiber 0 g	0%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 19 g	
Vitamin D 0 mcg	0%
Calcium 8mg	0%
Iron 1 mg	6%
Potassium 360 mg	8%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Heartland Catfish Company
55001 HWY 82 West
Itta Bena, MS 38941

NET WT: 15 lb (6.80kg)

Ingredients:
CatfishAllergens:
FishCaution:
May Contain Bones**Catfish Shank Fillet
9-12 Dry Pack**

Daycode: 021618 Product Code: 10050



Keep refrigerated

Nutrition Facts

60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	140
% Daily Value	
Total Fat 6 g	8%
Saturated Fat 1.5 g	8%
Trans Fat 0g	
Cholesterol 75 mg	25%
Sodium 65 mg	3%
Total Carbohydrates 2 g	1%
Dietary Fiber 0 g	0%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 19 g	
Vitamin D 0 mcg	0%
Calcium 8mg	0%
Iron 1 mg	8%
Potassium 380 mg	8%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Heartland Catfish Company
55001 HWY 82 West
Itta Bena, MS 38941

NET WT: 15 lb (6.80kg)

Ingredients:
Catfish

Allergens:
Fish

Caution:
May Contain Bones



Catfish Shank Fillet 12 UP Dry Pack

Daycode: 021618 Product Code: 10060



Keep refrigerated

Nutrition Facts

60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	140
% Daily Value	
Total Fat 6 g	8%
Saturated Fat 1.5 g	8%
Trans Fat 0g	
Cholesterol 75 mg	25%
Sodium 65 mg	3%
Total Carbohydrates 2 g	1%
Dietary Fiber 0 g	0%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 19 g	
Vitamin D 0 mcg	0%
Calcium 8mg	0%
Iron 1 mg	8%
Potassium 380 mg	8%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Heartland Catfish Company
55001 HWY 82 West
Itta Bena, MS 38941

NET WT: 15 lb (6.80kg)

Ingredients:
Catfish

Allergens:
Fish

Caution:
May Contain Bones



Catfish Shank Fillet 5&UP Dry Pack

Daycode: 021618 Product Code: 10240



Keep refrigerated

Nutrition Facts

60 Servings Per Container

Serving Size 4 oz (112g)

Amount Per Serving
Calories 140

% Daily Value

Total Fat 6 g 8%

Saturated Fat 1.5 g 8%

Trans Fat 0g

Cholesterol 75 mg 25%

Sodium 65 mg 3%

Total Carbohydrates 2 g 1%

Dietary Fiber 0 g 0%

Sugar 0 g

Includes 0g Added Sugars 0%

Protein 19 g

Vitamin D 0 mcg 0%

Calcium 8mg 0%

Iron 1 mg 6%

Potassium 380 mg 8%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Heartland Catfish Company
55001 HWY 82 West
Itta Bena, MS 38941

NET WT: 15 lb (6.80kg)

Ingredients:
CatfishAllergens:
FishCaution:
May Contain Bones**Catfish Shank Fillet
10-12 Dry Pack**

Daycode: 021618 Product Code: 10360



Keep refrigerated

Nutrition Facts

60 Servings Per Container

Serving Size 4 oz (112g)

Amount Per Serving
Calories 140

% Daily Value

Total Fat 6 g 8%

Saturated Fat 1.5 g 8%

Trans Fat 0g

Cholesterol 75 mg 25%

Sodium 65 mg 3%

Total Carbohydrates 2 g 1%

Dietary Fiber 0 g 0%

Sugar 0 g

Includes 0g Added Sugars 0%

Protein 19 g

Vitamin D 0 mcg 0%

Calcium 8mg 0%

Iron 1 mg 6%

Potassium 380 mg 8%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Heartland Catfish Company
55001 HWY 82 West
Itta Bena, MS 38941

NET WT: 15 lb (6.80kg)

Ingredients:
CatfishAllergens:
FishCaution:
May Contain Bones**Catfish Shank Fillet
3.4-4.4 Dry Pack**

Daycode: 021618 Product Code: 10480



Keep refrigerated

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	170
% Daily Value	
Total Fat 11 g	14%
Saturated Fat 2.5 g	13%
Trans Fat 0g	
Cholesterol 105 mg	35%
Sodium 60 mg	3%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1 g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 18 g	
Vitamin D 0 mcg	0%
Calcium 112 mg	8%
Iron 0 mg	0%
Potassium 368 mg	8%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Heartland Catfish Company
55001 HWY 82 West
Itta Bena, MS 38941

NET WT: 15 lb (6.80kg)

Ingredients:
Catfish

Allergens:
Fish

Caution:
May Contain Bones



Catfish Whole 5-8 Dry Pack

Daycode: 021618 Product Code: 00080



Keep refrigerated

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	140
% Daily Value	
Total Fat 6 g	8%
Saturated Fat 1.5 g	8%
Trans Fat 0g	
Cholesterol 75 mg	25%
Sodium 65 mg	3%
Total Carbohydrates 2 g	1%
Dietary Fiber 0 g	0%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 19 g	
Vitamin D 0 mcg	0%
Calcium 8mg	0%
Iron 1 mg	6%
Potassium 360 mg	8%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Heartland Catfish Company
55001 HWY 82 West
Itta Bena, MS 38941

NET WT: 15 lb (6.80kg)

Ingredients:
Catfish

Allergens:
Fish

Caution:
May Contain Bones



Catfish Shank Fillet 6-15 Dry Pack

Daycode: 021618 Product Code: 10400



Keep refrigerated

Nutrition Facts

40 Servings Per Container

Serving Size 4 oz (112g)

Amount Per Serving

Calories 170

% Daily Value

Total Fat 11 g 14%

Saturated Fat 2.5 g 13%

Trans Fat 0g

Cholesterol 105 mg 35%

Sodium 60 mg 3%

Total Carbohydrates less than 1g 0%

Dietary Fiber less than 1 g 4%

Sugar 0 g

Includes 0g Added Sugars 0%

Protein 18 g

Vitamin D 0mcg 0%

Calcium 112 mg 8%

Iron 0 mg 0%

Potassium 388 mg 8%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Heartland Catfish Company
55001 HWY 82 West
Itta Bena, MS 38941

NET WT: 15 lb (6.80kg)

Ingredients:

Catfish

Allergens:

Fish

Caution:

May Contain Bones

**Catfish Whole 8-16
Dry Pack***

Daycode: 021618 Product Code: 00132



Keep refrigerated

Nutrition Facts

60 Servings Per Container

Serving Size 4 oz (112g)

Amount Per Serving

Calories 170

% Daily Value

Total Fat 11 g 14%

Saturated Fat 2.5 g 13%

Trans Fat 0g

Cholesterol 105 mg 35%

Sodium 60 mg 3%

Total Carbohydrates less than 1g 0%

Dietary Fiber less than 1 g 4%

Sugar 0 g

Includes 0g Added Sugars 0%

Protein 18 g

Vitamin D 0mcg 0%

Calcium 112 mg 8%

Iron 0 mg 0%

Potassium 388 mg 8%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Heartland Catfish Company
55001 HWY 82 West
Itta Bena, MS 38941

NET WT: 15 lb (6.80kg)

Ingredients:

Catfish

Allergens:

Fish

Caution:

May Contain Bones

**Catfish Whole 8-16
Dry Pack**

Daycode: 021618 Product Code: 00130



Keep refrigerated

Catfish Whole 5-8 oz

Contains 15% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-4 01080



Farm Raised
PRODUCT OF USA
NET WT 15 LB (6.80KG)
Keep Frozen

Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution:
May Contain
Bones

Catfish Whole 5-8 oz

01080

Nutrition Facts	
80 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	170
% Daily Value	
Total Fat 12 g	15%
Saturated Fat 3 g	15%
Trans Fat 0g	
Cholesterol 80 mg	27%
Sodium 250 mg	11%
Total Carbohydrates less than 1g	0%
Dietary Fiber 0g	0%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 93mg	8%
Iron 0 mg	0%
Potassium 262 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish Whole 7-9 oz

Contains 15% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-4 01040



Farm Raised
PRODUCT OF USA
NET WT 15 LB (6.80KG)
Keep Frozen

Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution:
May Contain
Bones

Catfish Whole 7-9 oz

01040

Nutrition Facts	
80 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	170
% Daily Value	
Total Fat 12 g	15%
Saturated Fat 3 g	15%
Trans Fat 0g	
Cholesterol 80 mg	27%
Sodium 250 mg	11%
Total Carbohydrates less than 1g	0%
Dietary Fiber 0g	0%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 93mg	8%
Iron 0 mg	0%
Potassium 262 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish, Fillet 2-3 oz

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-4 11010



Farm Raised
PRODUCT OF USA
 NET WT 15 LB (6.80KG)
 Keep Frozen

Ingredients:
 Catfish, Water,
 Sodium
 Tripolyphosphate,
 Salt, Sodium
 Hexametaphosphate,
 Citric Acid, and
 Ascorbic Acid
 (Vitamin C).
 Allergens: Catfish

Caution:
 May Contain
 Bones

Catfish, Fillet 2-3 oz

11010

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	100
% Daily Value	
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0g	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Potassium 277 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish, Fillet 3-5 oz

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-4 11020



Farm Raised
PRODUCT OF USA
 NET WT 15 LB (6.80KG)
 Keep Frozen

Ingredients:
 Catfish, Water,
 Sodium
 Tripolyphosphate,
 Salt, Sodium
 Hexametaphosphate,
 Citric Acid, and
 Ascorbic Acid
 (Vitamin C).
 Allergens: Catfish

Caution:
 May Contain
 Bones

Catfish, Fillet 3-5 oz

11020

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	100
% Daily Value	
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0g	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Potassium 277 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish, Fillet 5-7 oz

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-4 11030



Farm Raised
PRODUCT OF USA
 NET WT 15 LB (6.80KG)
 Keep Frozen

Ingredients:
 Catfish, Water,
 Sodium
 Tripolyphosphate,
 Salt, Sodium
 Hexametaphosphate,
 Citric Acid, and
 Ascorbic Acid
 (Vitamin C).
 Allergens: Catfish

Caution:
 May Contain
 Bones

Catfish, Fillet 5-7 oz

11030

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	100
% Daily Value	
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0g	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Potassium 277 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish, Fillet 4.75-5.75 oz

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-4 11180



Farm Raised
PRODUCT OF USA
 NET WT 15 LB (6.80KG)
 Keep Frozen

Ingredients:
 Catfish, Water,
 Sodium
 Tripolyphosphate,
 Salt, Sodium
 Hexametaphosphate,
 Citric Acid, and
 Ascorbic Acid
 (Vitamin C).
 Allergens: Catfish

Caution:
 May Contain
 Bones

Catfish, Fillet 4.75-
 5.75 oz

11180

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	100
% Daily Value	
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0g	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Potassium 277 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish, Fillet 4-5 oz

Contains 12% Added Solution of
Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-4 11490



Farm Raised
PRODUCT OF USA
NET WT 15 LB (6.80KG)
Keep Frozen

Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution:
May Contain
Bones

Catfish, Fillet 4-5 oz

11490

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	100
% Daily Value	
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0g	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Potassium 277 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Texas Roadhouse Catfish Splits

Contains 12% Added Solution of
Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-4 11920TX



Farm Raised
PRODUCT OF USA
NET WT 15 LB (6.80KG)
Keep Frozen

Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution:
May Contain
Bones

Texas Roadhouse
Catfish Splits

11920TX

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	100
% Daily Value	
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0g	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Potassium 277 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish Nugget

Contains 18% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-4 31000



Farm Raised
PRODUCT OF USA
NET WT 15 LB (6.80KG)
Keep Frozen

Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution:
May Contain
Bones

Catfish Nugget

31000

Nutrition Facts

60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	180
% Daily Value	
Total Fat 13 g	13%
Saturated Fat 3.5 g	18%
Trans Fat 0 g	
Cholesterol 70 mg	23%
Sodium 170 mg	7%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1 g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 15 g	
Vitamin D 2 mcg	10%
Calcium 29 mg	2%
Iron 0 mg	0%
Potassium 279 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish, Fillet Irregular

Contains 18% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-4 81000



Farm Raised
PRODUCT OF USA
NET WT 15 LB (6.80KG)
Keep Frozen

Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution:
May Contain
Bones

Catfish, Fillet
Irregular

81000

Nutrition Facts

60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	100
% Daily Value	
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0g	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Potassium 277 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish Portions 3-5 oz

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-4 21606



Farm Raised
PRODUCT OF USA
 NET WT 15 LB (6.80KG)
 Keep Frozen

Ingredients:
 Catfish, Water,
 Sodium
 Tripolyphosphate,
 Salt, Sodium
 Hexametaphosphate,
 Citric Acid, and
 Ascorbic Acid
 (Vitamin C).
 Allergens: Catfish

Caution:
 May Contain
 Bones

Catfish Portions 3-5
 oz

21606

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	100
	% Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0g	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Potassium 277 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

574636

Keep Frozen

Catfish Shank Fillet 3 - 5 oz.

INGREDIENTS: Catfish, contains up to 12% added water, Sodium Tripolyphosphate, Salt, Sodium Hexametaphosphate, Citric Acid, and Ascorbic Acid (Vitamin C).

Individually Quick Frozen Ice Glazed

Allergens: Catfish

Raw • Skinless

Domestic Farm Raised



021618-1

NET WT 15 LB (6.80KG)

Caution: May Contain Bones

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	100
	% Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0g	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Potassium 277 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Distributed By
 US FOODS,
 INC.
 Rosemont, IL
 60018

www.USFOODS.COM
 PRODUCT OF USA

Catfish Shank
 Fillets

3 - 5 oz.

5 - 7 oz.

Catfish

Fillet Split

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

01628-1

3872686



00074865650717



Farm Raised
PRODUCT OF USA
NET WT 15 LB (6.80KG)
Keep Frozen

Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).

Allergens: Catfish

Caution:
May Contain
Bones

5 - 7 oz.

Catfish

Fillet Split

3872686

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	100
% Daily Value	
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0g	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Potassium 277 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish, Fillet 7-9 oz

Contains 15% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-1

11040



Farm Raised
PRODUCT OF USA
NET WT 15 LB (6.80KG)
Keep Frozen

Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).

Allergens: Catfish

Caution:
May Contain
Bones

Catfish, Fillet 7-9 oz

11040

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	100
% Daily Value	
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0g	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Potassium 277 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish, Fillet 9-12 oz

Contains 18% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-1 11050



Farm Raised
PRODUCT OF USA
NET WT 15 LB (6.80KG)
Keep Frozen

Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution:
May Contain
Bones

Catfish, Fillet 9-12
oz

11050

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	100
	% Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0g	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Potassium 277 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish, Fillet 4.75-5.75 oz

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-1 11180



Farm Raised
PRODUCT OF USA
NET WT 15 LB (6.80KG)
Keep Frozen

Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution:
May Contain
Bones

Catfish, Fillet 4.75-
5.75 oz

11180

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	100
	% Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0g	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Potassium 277 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish, Fillet 12 & UP

Contains 18% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-1 11060



Farm Raised
PRODUCT OF USA
 NET WT 15 LB (6.80KG)
 Keep Frozen

Ingredients:
 Catfish, Water,
 Sodium Tripolyphosphate,
 Salt, Sodium Hexametaphosphate,
 Citric Acid, and Ascorbic Acid (Vitamin C).
 Allergens: Catfish

Caution:
 May Contain Bones

Catfish, Fillet 12 & UP

11060

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	100
	% Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0g	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Potassium 277 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish, Fillet 5-7 oz

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-1 11030



Farm Raised
PRODUCT OF USA
 NET WT 15 LB (6.80KG)
 Keep Frozen

Ingredients:
 Catfish, Water,
 Sodium Tripolyphosphate,
 Salt, Sodium Hexametaphosphate,
 Citric Acid, and Ascorbic Acid (Vitamin C).
 Allergens: Catfish

Caution:
 May Contain Bones

Catfish, Fillet 5-7 oz

11030

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	100
	% Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0g	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Potassium 277 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish, Fillet 2-3 oz

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-1 11010



Farm Raised
PRODUCT OF USA
NET WT 15 LB (6.80KG)
Keep Frozen

Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution:
May Contain
Bones

Catfish, Fillet 2-3 oz

11010

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	100
	% Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0g	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Potassium 277 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish Whole 15-17 oz

Contains 15% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-1 01120



Farm Raised
PRODUCT OF USA
NET WT 15 LB (6.80KG)
Keep Frozen

Ingredients:
Catfish, Water,
Sodium
Tripolyphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution:
May Contain
Bones

Catfish Whole 15-17
oz

01120

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	170
	% Daily Value
Total Fat 12 g	15%
Saturated Fat 3 g	15%
Trans Fat 0g	
Cholesterol 80 mg	27%
Sodium 250 mg	11%
Total Carbohydrates less than 1g	0%
Dietary Fiber 0g	0%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 93mg	8%
Iron 0 mg	0%
Potassium 262 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish Whole 13-15 oz

Contains 15% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-1 01110



Farm Raised
PRODUCT OF USA
 NET WT 15 LB (6.80KG)
 Keep Frozen

Ingredients:
 Catfish, Water,
 Sodium
 Tripolyphosphate,
 Salt, Sodium
 Hexametaphosphate,
 Citric Acid, and
 Ascorbic Acid
 (Vitamin C).
 Allergens: Catfish

Caution:
 May Contain
 Bones

Catfish Whole 13-15
 oz

01110

Nutrition Facts	
80 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	170
% Daily Value	
Total Fat 12 g	15%
Saturated Fat 3 g	15%
Trans Fat 0g	
Cholesterol 80 mg	27%
Sodium 250 mg	11%
Total Carbohydrates less than 1g	0%
Dietary Fiber 0g	0%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 93mg	8%
Iron 0 mg	0%
Pottasium 262 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish Whole 11-13 oz

Contains 15% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-1 01100



Farm Raised
PRODUCT OF USA
 NET WT 15 LB (6.80KG)
 Keep Frozen

Ingredients:
 Catfish, Water,
 Sodium
 Tripolyphosphate,
 Salt, Sodium
 Hexametaphosphate,
 Citric Acid, and
 Ascorbic Acid
 (Vitamin C).
 Allergens: Catfish

Caution:
 May Contain
 Bones

Catfish Whole 11-13
 oz

01100

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	170
% Daily Value	
Total Fat 12 g	15%
Saturated Fat 3 g	15%
Trans Fat 0g	
Cholesterol 80 mg	27%
Sodium 250 mg	11%
Total Carbohydrates less than 1g	0%
Dietary Fiber 0g	0%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 93mg	8%
Iron 0 mg	0%
Pottasium 262 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish Whole 7-9 oz

Contains 15% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-1 01040



Farm Raised
PRODUCT OF USA
 NET WT 15 LB (6.80KG)
 Keep Frozen

Ingredients:
 Catfish, Water,
 Sodium
 Tripolyphosphate,
 Salt, Sodium
 Hexametaphosphate,
 Citric Acid, and
 Ascorbic Acid
 (Vitamin C).
 Allergens: Catfish

Caution:
 May Contain
 Bones

Catfish Whole 7-9 oz

01040

Nutrition Facts	
80 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	170
% Daily Value	
Total Fat 12 g	15%
Saturated Fat 3 g	15%
Trans Fat 0g	
Cholesterol 80 mg	27%
Sodium 250 mg	11%
Total Carbohydrates less than 1g	0%
Dietary Fiber 0g	0%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 93mg	8%
Iron 0 mg	0%
Potassium 262 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish Whole 2-6 oz

Contains 15% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-1 01070



Farm Raised
PRODUCT OF USA
 NET WT 15 LB (6.80KG)
 Keep Frozen

Ingredients:
 Catfish, Water,
 Sodium
 Tripolyphosphate,
 Salt, Sodium
 Hexametaphosphate,
 Citric Acid, and
 Ascorbic Acid
 (Vitamin C).
 Allergens: Catfish

Caution:
 May Contain
 Bones

Catfish Whole 2-6 oz

01070

Nutrition Facts	
80 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	170
% Daily Value	
Total Fat 12 g	15%
Saturated Fat 3 g	15%
Trans Fat 0g	
Cholesterol 80 mg	27%
Sodium 250 mg	11%
Total Carbohydrates less than 1g	0%
Dietary Fiber 0g	0%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 93mg	8%
Iron 0 mg	0%
Potassium 262 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish Portions 3-5 oz

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-1 21606



Farm Raised
PRODUCT OF USA
 NET WT 15 LB (6.80KG)
 Keep Frozen

Ingredients:
 Catfish, Water,
 Sodium
 Tripolyphosphate,
 Salt, Sodium
 Hexametaphosphate,
 Citric Acid, and
 Ascorbic Acid
 (Vitamin C).
 Allergens: Catfish

Caution:
 May Contain
 Bones

Catfish Portions 3-5
 oz

21606

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	100
	% Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0g	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Potassium 277 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Texas Roadhouse Catfish Splits

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-1 11920TX



Farm Raised
PRODUCT OF USA
 NET WT 15 LB (6.80KG)
 Keep Frozen

Ingredients:
 Catfish, Water,
 Sodium
 Tripolyphosphate,
 Salt, Sodium
 Hexametaphosphate,
 Citric Acid, and
 Ascorbic Acid
 (Vitamin C).
 Allergens: Catfish

Caution:
 May Contain
 Bones

Texas Roadhouse
 Catfish Splits

11920TX

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	100
	% Daily Value
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0g	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Potassium 277 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish, Fillet 4-5 oz Split

Contains 12% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-1 11910



Farm Raised
PRODUCT OF USA
 NET WT 15 LB (6.80KG)
 Keep Frozen

Ingredients:
 Catfish, Water,
 Sodium
 Tripolyphosphate,
 Salt, Sodium
 Hexametaphosphate,
 Citric Acid, and
 Ascorbic Acid
 (Vitamin C).
 Allergens: Catfish

Caution:
 May Contain
 Bones

Catfish, Fillet 4-5 oz
 Split

11910

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	100
% Daily Value	
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0g	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Potassium 277 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish Nugget

Contains 18% Added Solution of Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-1 31000



Farm Raised
PRODUCT OF USA
 NET WT 15 LB (6.80KG)
 Keep Frozen

Ingredients:
 Catfish, Water,
 Sodium
 Tripolyphosphate,
 Salt, Sodium
 Hexametaphosphate,
 Citric Acid, and
 Ascorbic Acid
 (Vitamin C).
 Allergens: Catfish

Caution:
 May Contain
 Bones

Catfish Nugget

31000

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	180
% Daily Value	
Total Fat 13 g	13%
Saturated Fat 3.5 g	18%
Trans Fat 0 g	
Cholesterol 70 mg	23%
Sodium 170 mg	7%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1 g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 15 g	
Vitamin D 2 mcg	10%
Calcium 29 mg	2%
Iron 0 mg	0%
Potassium 279 mg	6%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Catfish, Fillet Irregular

Contains 18% Added Solution of
Water and Phosphate

Individually Quick Frozen Ice Glazed

021618-1 81000



Farm Raised
PRODUCT OF USA
NET WT 15 LB (6.80KG)
Keep Frozen

Ingredients:
Catfish, Water,
Sodium
Triphosphate,
Salt, Sodium
Hexametaphosphate,
Citric Acid, and
Ascorbic Acid
(Vitamin C).
Allergens: Catfish

Caution:
May Contain
Bones

Catfish, Fillet
Irregular

81000

Nutrition Facts	
60 Servings Per Container	
Serving Size	4 oz (112g)
Amount Per Serving	
Calories	100
% Daily Value	
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0g	
Cholesterol 55 mg	18%
Sodium 190 mg	8%
Total Carbohydrates less than 1g	0%
Dietary Fiber less than 1g	4%
Sugar 0 g	
Includes 0g Added Sugars	0%
Protein 16 g	
Vitamin D 0 mcg	0%
Calcium 7mg	0%
Iron 0 mg	0%
Potassium 277 mg	6%
<small>* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.</small>	