

金童子



Golden Buy®

FROZEN FISH CA DONG

CÁ TRÈ ĐỒNG



Ingredients: Yellow Hilo

Keep Frozen Store at Or Below -18°C / 0°F

Product requires fully Cook before edible

Packed By: NAM S&O Seafood Co., LTD. Chau Thanh, Roch Gia, Kien Giang.

NET WT

14 oz (400 G)

PRODUCT OF VIETNAM



Nutrition Facts

3.4 Servings Per Container

Serv. Size 1 fish 3 oz

Calories
Per Serving **186**

Amount/Serving %DV*

Total Fat 4g **6%**

Sat Fat 1g **5%**

Trans Fat 0g **0%**

Cholesterol 0mg **0%**

Sodium 4mg **1%**

Amount/Serving %DV*

Total Carb 30g **10%**

Fiber 4g **16%**

Sugars 0g

Incl 0g Added Sugar **0%**

Protein 32g

Vitamin A 1% * Vitamin C 0% * Calcium 1% * Iron 0%



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"Important, Keep Frozen. Remove from package and thaw under refrigeration immediately before using"



金童子
Golden Boy®

FROZEN FISH CA DONG

CÁ TRÈ VÀNG



Ingredients: Whole Yellow Hito.
Keep Frozen Store At Or Below - 18°C / 0°F

Product requires fully Cook before edible

3 Fish/Bag

TO BE SOLD BY WEIGHT

HACCP
REGULATED

Packed By : MAI SAO Seafood Co.,LTD. Chau Thanh, Rach Gia, Kien Giang. **PRODUCT OF VIETNAM**



Nutrition Facts

4 Servings Per Container

Serv. Size 1 fish 8.8 oz

Calories
Per Serving **244**

Amount/Serving %DV*

Total Fat 4g 6%

Sat Fat 1g 5%

Trans Fat 0g 0%

Cholesterol 0mg 0%

Sodium 4mg 1%

Vitamin A 1% * Vitamin C 0% * Calcium 1% * Iron 0%

Amount/Serving %DV*

Total Carb 30g 10%

Fiber 4g 16%

Sugars 0g

Incl 0g Added Sugar 0%

Protein 32g

SIZE : 250 - 300 G FISH



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FROZEN FISH CA DONG

CÁ TRÊ VÀNG LÂM SẠCH KHÔNG ĐÀU

Wild Caught

Ingredients: Yellow Hito.

Keep Frozen Store At Or Below - 18°C / 0°F

Product requires fully Cook before edible **TO BE SOLD BY WEIGHT**

Packed By : MAI SAO Seafood Co., LTD. Chau Tinh, Rach Gia, Kien Giang.

2 Fish/0.4

HACCP
REGULATED
PRODUCT OF VIETNAM

NON PLU
0.9210

Nutrition Facts

Serving Size 1.58 L (5.2 fl oz)
Amount Per Serving

Calories 244
Per Serving

	Amount Per Serving	%DV*
Total Fat	10g	20%
Sodium	10g	20%
Total Fat	10g	20%
Cholesterol	10g	20%
Sodium	10g	20%

	Amount Per Serving	%DV*
Total Fat	10g	20%
Sodium	10g	20%
Sugar	10g	20%
Sodium	10g	20%
Sodium	10g	20%



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Important: Read Labels. Remove from package and keep under refrigeration immediately before using.

Net Wt 1.06 lb (480g)
Calories 244
Per 1/2 cup (120g)
*Important: Keep Frozen. Remove from package and thaw under refrigeration immediately before using.

Nutrition Facts

4 Servings Per Container
Serving Size 1/2 Cup (120g)

Calories
Per Serving **122**

Amount Per Serving	%DV*
Total Fat 12g	2%
Total Fat 12g	2.2%
Total Fat 12g	0%
Cholesterol 10g	0%
Sodium 10g	0%

Amount Per Serving	%DV*
Total Carbs 10g	0%
Fiber 1g	0%
Sugars 1g	0%
Total Sugars 10g	0%
Protein 10g	0%

*Percent Daily Values are based on a 



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Golden Boy®

FROZEN FISH STEAK

CÁ TRÈ CẮT KHÚC



Ingredients: Yellow Hito.

Keep Frozen Store At Or Below - 18°C / 0°F

NET WT

Product requires fully Cook before edible

14 oz (400 G)

Packed By : MAI SAO Seafood Co.,LTD. Chau Thanh, Rach Gia, Kien Giang

REGULATED

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Nutrition Facts

4 Servings Per Container

Serv. Size 3.5 oz (100g)

Calories
Per Serving **174**

Amount/Serving	%DV*
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Total Fat 4g	6.4%
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Sat Fat 1g	5%
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Trans Fat 0g	0%
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Cholesterol 0mg	0%
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Sodium 20mg	1%
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Vitamin A 0% * Vitamin C 0% * Calcium 1% * Iron 1%

Amount/Serving	%DV*
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Total Carb 8g	2.7%
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Fiber 0.5g	2%
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Sugars 0g	
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Incl 0g Added Sugar	0%
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Protein 16g	
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FROZEN FISH CA DONG

CÁ TRÊ ĐỒNG
LÀM SẠCH KHÔNG ĐẦU



Ingredients: Yellow Hito.

Keep Frozen Store At Or Below - 18°C / 0°F

Product requires fully Cook before edible

NET WT:

12 oz (340 G)

Packed By : MAI SAO Seafood Co.,LTD. Chau Thanh, Rach Gia, Kien Giang

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Nutrition Facts

3.4 Servings Per Container

Serv. Size 1 fish 3 oz

Calories
Per Serving **186**

Amount/Serving	%DV*
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Total Fat 4g	6%
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Sat Fat 1g	5%
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Trans Fat 0g	0%
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Cholesterol 0mg	0%
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Sodium 4mg	1%
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Vitamin A 1% * Vitamin C 0% * Calcium 1% * Iron 0%

Amount/Serving	%DV*
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Total Carb 30g	10%
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Fiber 4g	16%
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Sugars 0g	
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Incl 0g Added Sugar	0%
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Protein 32g	
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