



Nutrition Facts	
Serving Size 8.75 ounces (249g)	
Amount per serving	
Calories 340	Calories from Fat 140
% Daily Value*	
Total Fat 19g	25%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 55mg	15%
Sodium 600mg	29%
Total Carbohydrate 30g	10%
Dietary Fiber 5g	12%
Sugars 3g	
Protein 21g	42%
Vitamin A 8%	Vitamin C 2%
Iron 8%	Calcium 4%

CONTAINS: WHEAT, SOY

Food ingredients added to maintain natural color, flavor, texture, and stability. May contain natural colors, flavors, and preservatives. Contains 2g of sodium per serving. Contains 2g of trans fat per serving. Contains 2g of saturated fat per serving. Contains 2g of cholesterol per serving. Contains 2g of protein per serving. Contains 2g of total fat per serving. Contains 2g of total carbohydrate per serving. Contains 2g of dietary fiber per serving. Contains 2g of sugars per serving. Contains 2g of iron per serving. Contains 2g of calcium per serving. Contains 2g of vitamin A per serving. Contains 2g of vitamin C per serving.

COOKING INSTRUCTIONS

DO NOT THAW BEFORE COOKING

CONVENTIONAL OVEN

1. Preheat oven to 350°F.
2. Remove beef patty from carton and remove film over the patty.
3. Microwave for 30 seconds on high power for 4 minutes and 30 seconds on high power for 4 minutes for 2 minutes before.
4. Remove beef patty from carton and remove film over the patty.
5. Microwave for 2 minutes before.

MICROWAVE OVEN

1. Remove beef patty from carton and remove film over the patty.
2. Microwave for 30 seconds on high power for 4 minutes and 30 seconds on high power for 4 minutes for 2 minutes before.
3. Microwave for 2 minutes before.

PLEASE NOTE: The cooking instructions are provided for a 100% fat beef patty. If you are using a leaner beef patty, the cooking time may vary. Please refer to the packaging for more information.

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NIGHT HAWK FROZEN FOODS, INC.
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BEEF PATTY 'N GRAVY
CHARBROILED BEEF PATTY with GRAVY, POTATO ROUNDS and SWEET CORN

NIGHT HAWK

BEEF PATTY 'N GRAVY
CHARBROILED BEEF PATTY and GRAVY, POTATO ROUNDS and SWEET CORN

NIGHT HAWK

BEEF PATTY 'N GRAVY
CHARBROILED BEEF PATTY and GRAVY, POTATO ROUNDS and SWEET CORN

EXCELLENT source of PROTEIN

KEEP FROZEN COOK THOROUGHLY

NET WT. 8.75oz

U.S. DEPARTMENT OF AGRICULTURE EST. 2017

NIGHT HAWK

BEEF PATTY 'N GRAVY
CHARBROILED BEEF PATTY and GRAVY, POTATO ROUNDS and SWEET CORN



KEEP FROZEN COOK THOROUGHLY

