

JOHN ASH
SIGNATURE DISH

perishable-
keep refrigerated



Campanelle
Pasta Bolognese

CONTAINS:
Wheat, Dairy & Eggs

THE NOBLE SPOON

FROM OUR KITCHEN TO YOURS.

Made in Sonoma County, The Noble Spoon is more than dinner.
Every dish supports the important work of Council on Aging and
your purchase helps feed seniors in our community.

Net Weight: 13oz (370g)

01/29/2016



perishable-
keep refrigerated



**Chicken
Burrito**

CONTAINS:
Wheat & Dairy

THE NOBLE SPOON

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Net Weight: 15oz (425g)

01/29/2016



**Chicken
Carbonara**

CONTAINS:
Wheat & Dairy

perishable-
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Net Weight: 12oz (340g)

01/29/2016



Gluten Free

perishable-
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**Chicken
Enchiladas**

CONTAINS:
Dairy

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Net Weight: 14.5oz (411g)

01/29/2016



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Chicken Picatta

CONTAINS:
Wheat & Dairy

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Net Weight: 12.5oz (354g)

01/29/2016

HEATING INSTRUCTIONS

Microwave:
Remove all plastic film.
Heat 2-2 ½ minutes or
until hot.

Conventional Oven:
Remove all packaging.
Heat oven to 350°F.
Place on baking sheet
in center of oven for 10
to 15 minutes or until hot.

BEST BY
02 03



CA council on aging

30 Kawana Springs Rd.
Santa Rosa, CA 95404
707-525-0143

TheNobleSpoon.com
CouncilOnAging.com

01/28/2016

INGREDIENTS:

Chicken
Wheat Flour
Cream
Parmesan Cheese
Garlic
Capers

Parsley
Butter
Wine
Flour
Salt
Lemon Zest

01/28/2016

SEPIPO



perishable-
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**Meatloaf &
Potatoes** with
Bacon & Cheddar Cheese

CONTAINS:
Wheat, Dairy & Eggs

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**Mexican
Pot Roast**

Gluten Free

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perishable-
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Spaghetti & Meatballs

CONTAINS:
Wheat & Dairy

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Net Weight: 13oz (369g)

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