



3 pk CHICKEN EMPANADA

wheat shell filled with seasoned chicken

EXP DATE 02/21/18

NET WT	UNIT PRICE	TOTAL PRICE
9 OZ (255g)	\$ 7.98/LB	\$ 4.49

Produced BY SAKER SHOPRITES INC 07728 - keep refrigerated

Nutrition Facts

Serving Size: 1.5 PCS (140g)
Servings Per Container: 1.8

Amount Per Serving	
Calories	340 Calories from Fat 44
% Daily Value*	
Total Fat	18g 28%
Saturated Fat	7g 36%
Trans Fat	0
Cholesterol	77mg 26%
Sodium	639mg 27%
Total Carbohydr	30g 10%
Dietary Fiber	2% 9%
Sugars	3.5g
Protein	19g
Vitamin A 9% • Vitamin C 11%	
Calcium 3% • Iron 12%	

* Percent Daily Values are based on a diet of 2,000 calories a day. Your daily values may be higher or lower depending on your eating habits.

INGREDIENTS : CHICKEN, SHELL(WHEAT FLOUR,MARGARINE,SALT, CALCIUM PROPIONATE,POTASSIUM SORBATE),GROUND TOMATO (TOMATO,SALT,CITRIC ACID),ONIONS, CHIPOTLE PEPPER IN ADOBO SAUCE (CHIPOTLE PEPPER,WATER,TOMATO PUREE,CORN OIL,CORNSTARCH, SALT,VINEGAR,CARAMEL COLOR, ONION POWDER,SPICES),SUNFLOWER OIL,ANCHO CHILI POWDER,CORIANDE R,CUMIN,SEA SALT,
CONTAINS : WHEAT,SOY,

OVEN: (RECOMMENDED)
pre heat oven at 350 f deg
,remove foam plate, place on metal tin, bake 5 to 7 mins
MICROWAVVE: approx 50 sec



2 pk CHICKEN EMPANADA

wheat shell filled with seasoned chicken

EXP DATE 02/21/18

NET WT	UNIT PRICE	TOTAL PRICE
6 OZ (170g)	\$ 9.57/LB	\$ 3.59

Produced BY SAKER SHOPRITES INC 07728 - keep refrigerated

Nutrition Facts

Serving Size: 1.5 PCS (140g)
Servings Per Container: 1.2

Amount Per Serving	
Calories	340 Calories from Fat 44
% Daily Value*	
Total Fat	18g 28%
Saturated Fat	7g 36%
Trans Fat	0
Cholesterol	77mg 26%
Sodium	639mg 27%
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CONTAINS : WHEAT,SOY

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2 pk PORK EMPANADA

wheat shell filled with seasoned pork

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Nutrition Facts

Serving Size: 1.5 PCS (140g)
Servings Per Container 1.2

Amount Per Serving

Calories 449 Calories from Fat 87

% Daily Value*

Total Fat 27g 41%

Saturated Fat 11g 56%

Trans Fat 0

Cholesterol 68mg 23%

Sodium 937mg 39%

Total Carbohydrate 31g 10%

Dietary Fiber 2.5g 10%

Sugars 4g

Protein 19g

Vitamin A 10% • Vitamin C 11%

Calcium 2.5% Iron 9.5%

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INGREDIENTS : PORK, SHELL (WHEAT FLOUR, MARGARINE, SALT, CALCIUM PROPIONATE, POTASSIUM SORBATE), GROUND TOMATO (TOMATO, SALT, CITRIC ACID), ONIONS, BACON (CURED WITH WATER, SALT, SUGAR, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, SODIUM NITRITE), CHIPOTLE PEPPER IN ADOBO SAUCE (CHIPOTLE PEPPER, WATER, TOMATO PUREE, CORN OIL, CORNSTARCH, SALT, VINEGAR, CARAMEL COLOR, ONION POWDER, SPICES), ANCHO CHILI POWDER, CORI-ANDER, CUMIN, SEA SALT,
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RE HEATING :
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remove foam plate, keep on metal tin bake for 5 to 7 mins
MICROWAVE: approx 50 sec

