KITCHEN

$6

Sweet & Sour Chicken

Tempura Breaded White Meat Chicken Tossed In A Sweet & Sour Sauce Over A Bed Of White Rice

KEEP REFRIGERATED

NET WT 16 OZ. (1 LBS.) (454g)

Roche

Sweet & Sour Chicken

Nutrition Facts

Serving Size 1 cup (163g)
Servings Per Container about 3

Amount Per Serving	
Calories 240	Calories from Fat 30
	% Daily Value
Total Fat 3.5g	6%
Saturated Fat 5g	3%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 250mg	10%
Total Carbohydrate 43g	14%
Dietary Fiber <1g	3%
Sugars 11g	
Protein 7g	
Vitamin A 2% •	Vitamin C 6%
Calcium 0% •	Iron 6%

* Percent Daily Values (DV) are based on a 2000 calorie diet

Ingredients: WATER; TEMPURA CHICKEN (Chicken Battered With Batter Mix [Yellow Corn Flour, Bleached Wheat Flour, Modified Corn Starch, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Dried Whey, Spices, Garlic Powder, Onion Powder, Dried Whole Eggs], Water, Corn Oil. Predusted With: Bleached Wheat Flour, Leavening [Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate], Nonfat Dry Milk, Salt, Dried Whey, Flavor (Maltodextrin, Salt, Sugar, Silicon Dioxide, Garlic Powder, Spices, Soybean Oil, Natural Flavor, Extractives Of Turmeric, Hydrolyzed Corn Gluten), Garlic Powder Onion Powder, Torula Yeast. Battered With: Water, Yellow Corn Flour, Bleached Wheat Flour, Modified Corn Starch, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Dried Whey, Spices, Garlic Powder, Onion Powder, Flavor (Maltodextrin, Salt, Sugar, Silicon Dioxide, Garlic Powder, Spices, Soybean Oil, Natural Flavor, Extractives Of Turmeric, Hydrolyzed Corn Gluten)); RICE (Long Grain Parboiled Rice, Iron Phosphate, Niacin, Thiamine Mononitrate, Folic Acid); SWEET & SOUR SAUCE (Water, Sugar, Distilled Vinegar, Modified Corn Starch, Pineapple Juice Powder, Dehydrated Red & Green Bell Peppers, Colored with Oleoresin Paprika); PEPPER & ONION BLEND (Green Peppers, Red Peppers, Onions); PINEAPPLE; SOYBEAN OIL.
Contains: EGG, MILK, SOY, WHEAT.

DISTRIBUTED BY:
ROCHE BROS. SUPERMARKET
WELLESLEY, MA 02181

Heating Instructions: Vent lid and microwave on high for 2 minutes. Remove from microwave, stir and microwave again for 30 second intervals until the internal temperature reaches 165 degrees F. Let stand at least 1 minute before serving.

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KEEP REFRIGERATED

NET WT 16 OZ. (1 LBS.) (454g)

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KITCHEN

$6

General Tso's Chicken

Tempura Breaded Chicken With Rib Meat Over A Bed Of White Rice Tossed In A Spicy Asian Sauce

KEEP REFRIGERATED

NET WT 16 OZ. (1 LBS.) (454g)

Roche

General Tso's Chicken

Nutrition Facts

Serving Size 1 cup (163g)
Servings Per Container about 3

Amount Per Serving	
Calories 260	Calories from Fat 45
	% Daily Value
Total Fat 5g	7%
Saturated Fat 1g	6%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 670mg	28%
Total Carbohydrate 42g	14%
Dietary Fiber <1g	2%
Sugars 10g	
Protein 10g	

Vitamin A 0%	•	Vitamin C 0%
Calcium 0%	•	Iron 4%

* Percent Daily Values (DV) are based on a 2,000 calorie diet

Ingredients: WATER, TEMPURA CHICKEN (Chicken Battered With Batter Mix [Yellow Corn Flour, Bleached Wheat Flour, Modified Corn Starch, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Dried Whey, Spices, Garlic Powder, Onion Powder, Dried Whole Eggs], Water, Corn Oil. Predusted With: Bleached Wheat Flour, Leavening [Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate], Nonfat Dry Milk, Salt, Dried Whey, Flavor [Maltodextrin, Salt, Sugar, Silicon Dioxide, Garlic Powder, Spices, Soybean Oil, Natural Flavor, Extractives Of Turmeric, Hydrolyzed Corn Gluten], Garlic Powder, Onion Powder, Torula Yeast. Battered With: Water, Yellow Corn Flour, Bleached Wheat Flour, Modified Corn Starch, Salt, Leavening [Sodium Aluminum Phosphate, Sodium Bicarbonate], Dried Whey, Spices, Garlic Powder, Onion Powder, Flavor [Maltodextrin, Salt, Sugar, Silicon Dioxide, Garlic Powder, Spices, Soybean Oil, Natural Flavor, Extractives Of Turmeric, Hydrolyzed Corn Gluten]), RICE (Long Grain Parboiled Rice, Iron Phosphate, Niacin, Thiamine Mononitrate, Folic Acid), GENERAL TSO'S SAUCE (Water, Sugar, Soy Sauce [Water, Wheat, Soybeans, Salt, Sodium Benzoate (preservative)], Corn Syrup, Red Wine Vinegar, High Fructose Corn Syrup, Modified Corn Starch, Ginger Puree [Ginger, Water, Citric Acid], Salt, Garlic Puree, Sugarcane Molasses, Spices, Xanthan Gum, Paprika Extract, Potassium Sorbate [Preservative]).
Contains: EGG, MILK, SOY, WHEAT

DISTRIBUTED BY:
ROCHE BROS. SUPERMARKET
WELLESLEY, MA 02181

Heating Instructions: Vent lid and microwave on high for 2 minutes. Remove from microwave, stir, and microwave again for 30 second intervals until the internal temperature reaches 165 degrees F. Let stand at least 1 minute before serving.

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KEEP REFRIGERATED

NET WT 16 OZ. (1 LBS.) (454g)

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