

**WOKERY SHERRY
CHICKEN
27482**

Ingredients: Boneless Chicken Thigh Meat Enhanced with up to a 15% solution of Asian Bourbon Glaze (Vegetarian Stir Fry Sauce [Water, Sugar, Soy Sauce (Water, Salt, Soybean, Wheat Flour), Salt, Modified Cornstarch, Yeast Extract, Caramel Color, Natural Flavor], Sugar, Cooking Sherry [Wine, Salt], Cultured Sugar (Cultured Sugar, Vinegar).



KEEP REFRIGERATED FOR INSTITUTIONAL USE ONLY
WEGMANS FOOD MARKETS, INC., 1500 BROOKS AVE., ROCHESTER, N.Y. 14624

SAFE HANDLING INSTRUCTIONS

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.



KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.
KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS.
WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS,
AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.



COOK THOROUGHLY.
KEEP HOT FOODS HOT.
REFRIGERATE LEFT OVERS
IMMEDIATELY OR DISCARD.

L0815

Wegmans

**GARLIC & FENNEL
WHOLE CHICKEN
ROASTER**

Ingredients: Whole Chicken Roaster coated with:
Garlic Fennel Seasoning (Spices [Including Fennel],
Vinegar, Dehydrated Garlic, Salt, Paprika, Soybean
Oil [As a Processing Aid]. Not More Than 2%
Silicon Dioxide Added to Prevent Caking).

Distributed By:
Wegmans Food Markets, Inc.
Rochester, NY 14624



**Never Frozen
KEEP REFRIGERATED**

Nutrition Facts

Serving Size 4 oz uncooked (112g) 3oz cooked (85g)†
Servings Per Container varied varied

Amount Per Serving			
Calories	190	170	
Calories from Fat	110	90	
	% Daily Value*	% Daily Value*	
Total Fat 12g, 9g**	18%	14%	
Saturated Fat 4g, 3g	20%	14%	
Trans Fat 0g, 0g			
Cholesterol 90mg, 95mg	30%	31%	
Sodium 260mg, 105mg	11%	4%	
Potassium 290mg, 220mg	8%	6%	
Total Carbohydrate 0g, 0g	0%	0%	
Dietary Fiber 0g, 0g	0%	0%	
Sugars 0g, 0g			
Protein 19g, 20g			
	% Daily Value*	% Daily Value*	
Vitamin A	2%	0%**	Vitamin C 0% 0%
Calcium	4%	2%	Iron 4% 4%

* Percent Daily Values are based on a 2,000 calorie diet. ** Amounts in 3 cooked oz.

† Nutrition information based on roasting to internal temperature of 165°F.

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COOK THOROUGHLY.

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

LO415

Wegmans

Italian

Flavored Chicken
Breast Cutlet



Serving Suggestion

LO213

See cooking instructions on back of pkg.
For recipes and more, go to wegmans.com

Wegmans

CHICKEN BREAST CUTLETS

ITALIAN FLAVORED

Enhanced with up to 15% of a solution for flavor & juiciness of Water, Vinegar, Sugar, Salt, Contains 2% or less of: Soybean Oil, Garlic, Spices, Dried Garlic, Dried Onion, Dried Red and Green Sweet Peppers, Xanthan Gum, Lemon Juice Concentrate, Beta-Carotene (color), Caramel Color, Paprika Extract (color), with Sodium Benzoate To Preserve Flavor.



LACTOSE FREE GLUTEN FREE

DO NOT
MICROWAVE
IN PACKAGE

Never Frozen
KEEP REFRIGERATED

165°F

Cooking Instructions: Cook to internal temperature of 165°F to ensure juicy and tender chicken. Use a digital thermometer.

Nutrition Facts

Serving Size 4 oz uncooked (112g) 3 cooked oz (85g)†
Servings Per Container varied varied

Amount Per Serving			
Calories	110		100
Calories from Fat	15		10
	% Daily Value*	% Daily Value*	
Total Fat 1.5g, 1g**	2%	2%	
Saturated Fat 0g, 0g	0%	0%	
Trans Fat 0g, 0g			
Cholesterol 65mg, 55mg	21%	18%	
Sodium 410mg, 270mg	17%	11%	
Total Carbohydrate 1g, 0g	0%	0%	
Dietary Fiber 0g, 0g	0%	0%	
Sugars 1g, 0g			
Protein 24g, 22g			
	% Daily Value*	% Daily Value*	
Vitamin A 0%, 0%	Vitamin C 2%, 0%		
Calcium 0%, 0%	Iron 2%, 2%		

* Percent Daily Values are based on a 2,000 calorie diet.

** Amounts in 3 cooked oz.

† Nutritional information is based on cooking to 165°F.

How to Cook:

Cooking times may vary depending on your equipment.

Grill: Preheat grill on HIGH. Sear 1-3 minutes per side. Turn over; reduce heat to MEDIUM and cook turning several times until internal temperature reaches 165 degrees (check by inserting thermometer halfway into thickest part of cutlet).

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L410

Wegmans
Brown Sugar
Barbecue
 Seasoned Chicken
 Breast Cutlet



Serving Suggestion

See cooking instructions on back of pkg.
 For recipes and more, go to wegmans.com

Wegmans
CHICKEN
BREAST CUTLETS
 Smoke Flavor Added
BROWN SUGAR BBQ

Ingredients: Chicken Breast Cutlet coated with: Basting Oil (Soybean Oil, Parsley, Natural Flavor), Barbecue Seasoning (Brown Sugar, Salt, Dehydrated Garlic, Spices, Chili Pepper, Dehydrated Onion, Chicken Broth, Beef Broth, Maltodextrin, Chipotle Pepper, Natural Smoke Flavor, Soybean Oil, Vinegar Solids, Modified Food Starch, Garlic Powder, not more than 2% Silicon Dioxide added to prevent caking).



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165°F

Cooking Instructions: Cook to internal temperature of 165°F to ensure juicy and tender chicken. Use a digital thermometer.

Nutrition Facts

Serving Size 4 oz uncooked (112g) 3 cooked oz (85g)
 Servings Per Container varied varied

Amount Per Serving			
Calories	140	110	
Calories from Fat	40	15	
	% Daily Value*	% Daily Value*	
Total Fat 4.5g, 2g**	7%	3%	
Saturated Fat 1g, 0.5g	5%	3%	
Trans Fat 0g, 0g			
Cholesterol 60mg, 65mg	20%	22%	
Sodium 440mg, 270mg	18%	11%	
Total Carb. 0g, 0g	0%	0%	
Dietary Fiber 0g, 0g	0%	0%	
Sugars 0g, 0g			
Protein 25g, 23g			
	% Daily Value*	% Daily Value*	
Vitamin A 0% 0%**	Vitamin C 2% 2%		
Calcium 0% 0%	Iron 2% 2%		

* Percent Daily Values are based on a 2,000 calorie diet. ** Amounts in 3 cooked oz.

† Nutritional information is based on grilling to 165°F.

How to Cook:

Cooking times may vary depending on your equipment. Cook chicken until internal temperature reaches 165 degrees (check by inserting thermometer halfway into the thickest part of the chicken).

Grill: Preheat grill on HIGH. Sear 1-3 minutes per side. Reduce heat to MEDIUM; close lid. Cook 15-20 min turning several times until internal temperature reaches 165 degrees.

Broil: Preheat oven to BROIL. Adjust rack to 6 inches from heat. Place on broiler pan. Broil one side 4-6 minutes. Turn over and cook until internal temperature reaches 165 degrees.

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🔪 COOK THOROUGHLY.

🍴 KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

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