

# Frozen Wegmans Breaded Chicken Breast Nuggets – 46oz Family Pack

UPC Bar Code: 0-77890-25210-9

How to identify packages included in the recall

## Front of Package



Product Description

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## Back of Package

**Nutrition Facts**  
Serving Size 4 Nuggets (52g)  
Servings Per Container about 14

Amount Per Serving	
Calories 220	Calories from Fat 100
<b>% Daily Values*</b>	
Total Fat 11g	17%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 380mg	16%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 11g	
Vitamin A 2%	Vitamin C 0%
Calcium 0%	Iron 4%

\*Percent Daily Values are based on a diet of other people's secrets. Your daily values may be higher or lower depending on your calorie needs.  
Calories: 2,000 2,500

**Ingredients:** Boneless Chicken Breast with Rib Meat, Water, Corn Starch, Salt, Preduced and Battered with: Water, Wheat Flour, Corn Starch, Yellow Corn Flour, Sea Salt, Sodium Bicarbonate. Breaded with: Wheat Flour, Cane Syrup Crystals, Sea Salt, Yeast, Yellow Corn Flour, Paprika, Annatto, Breading is set in Soybean Oil.

**ALLERGENS:** Contains Wheat.

Distributed By:  
Wegmans Food Markets, Inc., Rochester, NY 14603

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Our Food You Feel Good About yellow banner is your shortcut to great-tasting products with no artificial colors or flavors and no preservatives. We only offer products we love - and we hope you love them too. If not, we'll give you your money back.

*The Wegmans Family*

**HOW TO HEAT**  
Heating times may vary depending on your equipment. Heat thoroughly to 165°F (taking temperature of largest pieces). Keep frozen until ready to heat.

**Oven**  
Preheat oven to 375°F with rack in center.  
1. Place about half the bag, 27-30 nuggets on baking sheet in single layer.  
2. Bake 22-24 minutes for half the bag (26-30 minutes for full bag on large baking sheet) or until thoroughly heated, taking temperature of the largest nuggets.  
Chef Tip: Bake 15 nuggets or less for 16-18 minutes.

**Microwave (1100 watt)**  
1. Place 6 nuggets on microwave-safe plate in a circle.  
2. Cook on HIGH 1 min 45 seconds to 2 minutes or until thoroughly heated. Let rest 1 minute before serving.

**Deep Fry**  
Preheat oil to 350°F.  
1. Place desired amount of nuggets carefully in fryer basket. Do not overcrowd fryer.  
2. Deep fry about 3-4 minutes or until thoroughly heated. Carefully remove from fryer and place on paper towel to drain.

Caution: Chicken will be hot.

Questions or comments about this product?  
Call 1-800-Wegmans (834-6267) Ext 5920  
9am-4pm EST weekdays  
Visit us at [wegmans.com](http://wegmans.com)

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