

## Chicken Noodle

**Condensed Soup** 

INGREDIENTS: WATER, ENRICHED EGG NOODLES (DURUM WHEAT SEMOLINA, WHOLE EGG POWDER, NIACIN, FERROUS SULPHATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), COOKED SEASONED CHICKEN (CHICKEN, WATER, MODIFIED CORN STARCH, SAIT, SODIUM PHOSPHATE), CONTAINS LESS THAN 196 OF: MECHANICALLY SEPARATED CHICKEN MEAT, FOOD STARCH-MODIFIED, MONOSODIUM GLUTAMATE, CHICKEN BROTH, SALT, RENDERED CHICKEN FAT, HYDROLYZED CORN PROTEIN, ONION POWDER, YEAST EXTRACT, SUGAR, NATURAL FLAVOR, MALIODEXTRIN, BETA-CAROTENE AS COLOR, SOY PROTEIN CONCENTRATE.

CONTAINS: WHEAT, EGG AND SOY.

BCI FOODS INC., 4800 Pinard Avenue, St-Hyacinthe, Quebec, Canada, J2S 8E1.

TEL.: 1-888-797-3210. Product of Canada. CONTAINS BIOENGINEERED FOOD INGREDIENTS.

\*TASTY KITCHEN REGULAR CHICKEN NOODLE CONDENSED SOUP CONTAINS 900 MG SODIUM PER SERVING. THIS PRODUCT CONTAINS 470 MG SODIUM PER SERVING.



#### **HEATING INSTRUCTIONS**

STOVE TOP: MIX SOUP WITH ONE CAN OF WATER. HEAT TO BOILING STIRRING OCCASIONALLY.

MICROWAVE: MIX SOUP WITH ONE CAN OF WATER IN A MICROWAVE-SAFE CONTAINER. COVER AND HEAT ON HIGH FOR 2 TO 2 1/2 MINUTES. STIR AND SERVE.

REFRIGERATE ANY UNUSED PORTIONS IMMEDIATELY.



### **Nutrition Facts**

About 2.5 servings Serv size ½ cup (126g condensed)

Calories	Per serving 50 %DV*		Per container 110 %DV*	
Total Fat	1g	1%	2.5g	3%
Sat Fat	0g	0%	0.5g	4%
Trans Fat	0g		0g	
Cholest	10mg	4%	25mg	9%
Sodium	470mg	20%	1100mg	48%
Total Carb	7g	2%	15g	6%
Dietary Fiber	0g	0%	<1g	3%
Total Sugars	0g	7.77	<1g	
Incl Added Sugars	0g	0%	0g	0%
Protein	3g		6g	
Vitamin D	0.1mcg	0%	0.1mcg	0%
Calcium	10mg	0%	20mg	0%
Iron	0.4mg	2%	0.9mg	6%
Potassium	60mg	0%	150mg	4%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Condensed Soup

PRODUCT OF CANADA



SERVING SUGGESTION

10.5oz (298g)







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Condensed Soup

INGREDIENTS: WATER, ENRICHED EGG NOODLES (DURUM WHEAT SEMOLINA, WHOLE EGG POWDER, NIACIN, FERROUS SULPHATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID). COOKED SEASONED CHICKEN (CHICKEN, WATER, MODIFIED CORN STARCH, SALT, SODIUM PHOSPHATE), CONTAINS LESS THAN 1.5% OF: SALT, FOOD STARCH-MODIFIED, MECHANICALLY SEPARATED CHICKEN MEAT, CHICKEN BROTH, MONOSODIUM GLUTAMATE, RENDERED CHICKEN FAT, HYDROLYZED CORN PROTEIN, ONION POWDER, SUGAR, NATURAL FLAVOR, MALTODEXTRIN SOY PROTEIN CONCENTRATE, BETA-CAROTENE AS COLOR, CONTAINS: WHEAT, EGG AND SOY,

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About 2.5 servings 1 cup (126g condensed) Serv size

		Per serving   Per containe				
	Calories	50 %DV:		120 %DV		
	Total Fat	1g	2%	3g	4%	
	Sat Fat	0g	0%	1g	4%	
	Trans Fat	0g		0g		
	Cholest	10mg	4%	30mg	10%	
	Sodium	900mg	39%	2140mg	93%	
	Total Carb	7g	3%	17g	6%	
	Dietary Fiber	0g	0%	<1g	3%	
	Total Sugars	0g		<1g		
	Incl Added Sugars	0g	0%	0g	0%	
	Protein	3g		6g		
	Vitamin D	0.1mcg	0%	0.2mcg	0%	
	Calcium	10mg	0%	20mg	0%	
	Iron	0.4mg	2%	1mg	6%	
	Potassium	60mg	0%	140mg	2%	

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Net Wt. 10.5oz (298g)

SERVING SUGGESTION





