

Nutrition Facts

1 serving per container
Serving size 1 bowl (198g)

Amount per serving
Calories 420

	% Daily Value*
Total Fat 31g	40%
Saturated Fat 14g	70%
Trans Fat 0g	
Cholesterol 280mg	93%
Sodium 1070mg	47%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 21g	36%
Vitamin D 0mcg	0%
Calcium 320mg	25%
Iron 2mg	10%
Potassium 410mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: DICED POTATOES (POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CANOLA OIL, PALM OIL, SOYBEAN OIL, DOTTERSEED OIL, SUNFLOWER OIL), CONTAINS 2% OR LESS OF: MALTODEXTRIN, SALT, DEXTROSE, TETRASODIUM PYROPHOSPHATE AND DISODIUM DIPHOSPHATE (TO MAINTAIN COLOR)), PRE-COOKED, SCRAMBLED EGGS (WHOLE EGGS, SKIM MILK, SOYBEAN OIL, MODIFIED CORN STARCH, XANTHAN GUM, LIQUID PEPPER EXTRACT, SALT, CITRIC ACID, ARTIFICIAL BUTTER FLAVOR, SOYBEAN OIL, UNSALTED BUTTER, LIPOLYZED BUTTER), NATURAL FLAVORS, ARTIFICIAL FLAVORS, COOKED BREAKFAST SAUSAGE CRUMBLES (PORK, WATER, SALT, SUGAR, DEXTROSE, SPICES, NATURAL FLAVORING WITH MALTODEXTRIN, SUCRIN ACID), CONTAINS 2% OR LESS OF: SODIUM PHOSPHATE, CARAMEL COLOR, SHREDDED CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO COLOR, VITAMIN A PALMITATE, POTATO STARCH, POWDERED CELLULOSE AND/OR CORN STARCH (TO PREVENT CAKING), AND/OR NADAMYCIN (MOLD INHIBITOR)), WATER.

CONTAINS: EGG, MILK

DISTRIBUTED BY BETTER LIVING BRANDS LLC,
PO. BOX 99, PLEASANTON, CA 94566-0099
1-866-725-3129 www.betterlivingbrandsllc.com



Must have the code
from the product or
call 1-866-725-3129



RECYCLED
PLASTIC
BOWL
www.betterlivingbrands.com



BREAKFAST BOWL SAUSAGE

POTATOES, EGGS, SAUSAGE & CHEDDAR CHEESE

COOKING INSTRUCTIONS

For Food Safety and Quality, Follow These Cooking Instructions. Cook to an internal temperature of 165°F as measured by a food thermometer. Since cooking appliances vary, these instructions are guidelines only.

Microwave Instructions (1100 WATTS)

1. Remove from carton, puncture film.
2. Microwave on high power for 2 minutes.
3. Peel back film and stir product. Replace film.
4. Microwave on high for 1 minute or until internal temperature reaches 165°F.
5. Let product stand 1 minute before serving.

**CAUTION: PRODUCT WILL BE HOT.
DO NOT COOK IN TOASTER OVEN.
DO NOT REUSE BOWL.**



NET WT 7 OZ (198g)

NET WT 7 OZ (198g)

BREAKFAST BOWL SAUSAGE
POTATOES, EGGS, SAUSAGE & CHEDDAR CHEESE



NET WT 7 OZ (198g)

PER SERVING
PROTEIN 21g

BREAKFAST BOWL SAUSAGE

POTATOES, EGGS, SAUSAGE & CHEDDAR CHEESE



BREAKFAST BOWL SAUSAGE

POTATOES, EGGS, SAUSAGE & CHEDDAR CHEESE



PER 1 BOWL

420 CALORIES	14g SAT FAT 10% DV	1070 SODIUM 47% DV	2g TOTAL SUGARS
------------------------	---------------------------------	---------------------------------	---------------------------

PER SERVING
PROTEIN 21g



NET WT 7 OZ (198g)



BREAKFAST BOWL SAUSAGE

POTATOES, EGGS, SAUSAGE & CHEDDAR CHEESE



FD 22000

21130 18044 8



BREAKFAST BOWL SAUSAGE
POTATOES, EGGS, SAUSAGE & CHEDDAR CHEESE



NET WT 7 OZ (198g)

NET WT 7 OZ (198g)

FLATNESS

FLATNESS

Nutrition Facts

1 servings per container
Serving size 1 bowl (198g)

Amount per serving
Calories 400

	% Daily Value*
Total Fat 26g	36%
Saturated Fat 11g	55%
Trans Fat 0g	
Cholesterol 305mg	102%
Sodium 960mg	42%
Total Carbohydrate 13g	5%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 1g Added Sugars	2%
Protein 26g	42%
Vitamin D 0mcg	0%
Calcium 240mg	20%
Iron 2mg	10%
Potassium 540mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: DICED POTATOES (POTATOES, VEGETABLE OIL, CONTAINS ONE OR MORE OF THE FOLLOWING: TAMARIND PULP, SOYBEAN COTTONSEED OIL, SUNFLOWER), CONTAINS 2% OR LESS OF: MALTED BARLEY, SALT, YEAST, TETRASODIUM PYROPHOSPHATE AND DISODIUM DIPHOSPHATE, POTASSIUM PHOSPHATE (TO MAINTAIN COLOR), PRE-COOKED SCRAMBLED EGGS (WHOLE EGG, SKIM MILK, SOYBEAN OIL, MODIFIED CORN STARCH, XANTHAN GUM, LIQUID PEPPER EXTRACT, SALT, CITRIC ACID, ARTIFICIAL BUTTER FLAVOR (SOYBEAN OIL, UNSALTED BUTTER, LIPIDIZED BUTTER), NATURAL FLAVORS, ARTIFICIAL FLAVORS), BACON, PEPPER, CURED WITH SALT, SALT, SODIUM NITRITE. CONTAINS ONE OR MORE OF THE FOLLOWING: SUGAR, DEXTROSE, BROWN SUGAR, SMOKE FLAVORING, NATURAL FLAVORS, SODIUM PHOSPHATE, SODIUM DIPHOSPHATE, SODIUM ASCORBATE (PRESERVATIVE), POTASSIUM CHLORIDE, APPLE FLAVOR (WATER, CITRUS FLAVOR, SUGAR, DEXTROSE, NATURAL FLAVORING), SHREDDED CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO COLOR, VITAMIN A PALMATE, POTATO STARCH, POWDERED CELLULOSE AND/OR CORN STARCH TO PREVENT CAKING), AND/OR NATURAL OR ARTIFICIAL FLAVORS, WATER.

CONTAINS EGG, MILK.

DISTRIBUTED BY BETTER LIVING BRANDS LLC,
P.O. BOX 90, FLEASANTON, CA 94526-0090
1-888-723-1829 www.betterlivingbrandsllc.com



Scan here for more
product information or
call 1-888-723-1829



RECYCLE
BOX PLASTIC
BOWL

Signature
SELECT
QUALITY GUARANTEED

BREAKFAST BOWL BACON

POTATOES, EGGS, BACON,
& CHEDDAR CHEESE

COOKING INSTRUCTIONS

For Food Safety and Quality, Follow These Cooking Instructions. Cook to an internal temperature of 165°F as measured by a food thermometer. Since cooking appliances vary, these instructions are guidelines only.

Microwave Instructions (1100 WATTS)

1. Remove from carton; puncture film
2. Microwave on high power for 2 minutes
3. Peel back film and stir product. Replace film
4. Microwave on high for 1 minute or until internal temperature reaches 165°F
5. Let product stand 1 minute before serving

**CAUTION: PRODUCT WILL BE HOT.
DO NOT COOK IN TOASTER OVEN.
DO NOT REUSE BOWL.**



NET WT 7 OZ (198g)

BACON
BREAKFAST BOWL
POTATOES, EGGS, BACON,
& CHEDDAR CHEESE

Signature
SELECT
QUALITY GUARANTEED



NET WT 7 OZ (198g)

PREPARED BY
SIGNATURE SELECT

BREAKFAST BOWL

BACON

POTATOES, EGGS, BACON,
& CHEDDAR CHEESE

Signature
SELECT
QUALITY GUARANTEED

PER SERVING
26g
PROTEIN

BREAKFAST BOWL BACON

POTATOES, EGGS, BACON,
& CHEDDAR CHEESE



PER 1 BOWL

400
CALORIES

11g
SAT FAT
55% DV

960mg
SODIUM
42% DV

2g
TOTAL
SUGARS

PREPARED BY
SIGNATURE SELECT
FOR CHILLER, KEEP FROZEN
COOK TO ORDER ONLY

U.S.
DEPARTMENT OF
AGRICULTURE

NET WT 7 OZ (198g)

Signature
SELECT
QUALITY GUARANTEED

BREAKFAST BOWL BACON

POTATOES, EGGS, BACON,
& CHEDDAR CHEESE



FD 22018

0 21130 18043 1



NET WT 7 OZ (198g)

PREPARED BY
SIGNATURE SELECT

BACON
BREAKFAST BOWL

POTATOES, EGGS, BACON,
& CHEDDAR CHEESE

Signature
SELECT
QUALITY GUARANTEED

Nutrition Facts

1 serving per container
Serving size 1 bowl (198g)

Amount per serving
Calories 370

	% Daily Value*
Total Fat 26g	33%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 265mg	88%
Sodium 1140mg	50%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 21g	35%

Vitamin D 0mcg 0% • Calcium 210mg 15%
Iron 2mg 10% • Potassium 470mg 10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: DICED POTATOES, POTATOES, VEGETABLE OIL, CONTAINS ONE OR MORE OF THE FOLLOWING: CANOLA OIL, PALM OIL, SOYBEAN OIL, CORN OIL, SUNFLOWER OIL, COCONUT OIL, 2% OR LESS OF: MALTODEXTRIN, SALT, DEXTROSE, TETRASODIUM PYROPHOSPHATE, AND DISODIUM DIHYDROGEN PYROPHOSPHATE (TO MAINTAIN COLOR), PRECOOKED SCRAMBLED EGGS, WHOLE EGG, SKIM MILK, SOYBEAN OIL, MODIFIED CORN STARCH, XANTHAN GUM, LIQUID PEPPER EXTRACT, SALT, CITRIC ACID, ARTIFICIAL BUTTER FLAVOR, ISOYBEAN OIL, UNSALTED BUTTER, LIQUIDIZED BUTTERFAT, NATURAL FLAVORS, ARTIFICIAL FLAVORS, SHREDDED CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, AMARANTH COLOR, VITAMIN A PALM OIL), POTATO STARCH, POWDERED CELLULOSE AND/OR CORN STARCH (TO PREVENT CAKING), AND/OR NATURAL OR NATURAL IDENTICAL COOKED BREAKFAST SAUSAGE CRUMBLES (PORK, WATER, SALT, SUGAR, DEXTROSE, SPICES, NATURAL FLAVORING WITH MALTODEXTRIN, SODIUM ACID, CONTAINS 2% OR LESS OF SODIUM PHOSPHATE, CARAMEL COLOR), WATER, BACON (PORK CURED WITH WATER, SALT, SODIUM NITRITE, CONTAINS ONE OR MORE OF THE FOLLOWING: SUGAR, DEXTROSE, BROWN SUGAR, SMOKE FLAVORING, NATURAL FLAVORS, SODIUM PHOSPHATE, SODIUM DIPHOSPHATE, SODIUM ACIDOPHOSPHATE, PRESERVATIVES, POTASSIUM DICHROMATE, APPLE FLAVOR (MAY CONTAIN WATER, SUGAR, DEXTROSE, NATURAL FLAVORING)).

CONTAINS EGGS, MILK.

DISTRIBUTED BY BETTER LIVING BRANDS LLC,
P.O. BOX 99, FLEASANTON, CA 94636-0099
1-888-723-3829 | www.betterlivingbrands.com



BREAKFAST BOWL MEAT LOVERS

POTATOES, EGGS, CHEDDAR CHEESE,
SAUSAGE & BACON

COOKING INSTRUCTIONS

For Food Safety and Quality, Follow These Cooking Instructions. Cook to an internal temperature of 165°F as measured by a food thermometer. Since cooking appliances vary, these instructions are guidelines only.

Microwave Instructions (1100 WATTS)

1. Remove from carton; puncture film.
2. Microwave on high power for 2 minutes.
3. Peel back film and stir product. Replace film.
4. Microwave on high for 1 minute or until internal temperature reaches 165°F.
5. Let product stand 1 minute before serving.

**CAUTION: PRODUCT WILL BE HOT.
DO NOT COOK IN TOASTER OVEN.
DO NOT REUSE BOWL.**



**BREAKFAST BOWL
MEAT LOVERS**
POTATOES, EGGS, CHEDDAR CHEESE,
SAUSAGE & BACON



NET WT 7 OZ (198 g)



NET WT 7 OZ (198 g)



BREAKFAST BOWL MEAT LOVERS

POTATOES, EGGS,
CHEDDAR CHEESE,
SAUSAGE & BACON



PER 1 BOWL

370 CALORIES	10g SAT FAT 50% DV	1140 SODIUM 50% DV	2g TOTAL SUGARS
------------------------	---------------------------------	---------------------------------	------------------------------

PER SERVING
PERCUTABLE, KEEP FROZEN
COOK THOROUGHLY

NET WT 7 OZ (198 g)



BREAKFAST BOWL MEAT LOVERS

POTATOES, EGGS, CHEDDAR CHEESE,
SAUSAGE & BACON



21130 18042 4



NET WT 7 OZ (198 g)

**BREAKFAST BOWL
MEAT LOVERS**
POTATOES, EGGS, CHEDDAR CHEESE,
SAUSAGE & BACON



BREAKFAST BOWL MEAT LOVERS

POTATOES, EGGS, CHEDDAR CHEESE,
SAUSAGE & BACON



Nutrition Facts

1 serving per container
Serving size 1 bowl (198g)

Amount per serving
Calories 320

	% Daily Value*
Total Fat 23g	29%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 210mg	70%
Sodium 940mg	41%
Total Carbohydrate 16g	6%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 14g	24%

Vitamin D 0mg 0% • Calcium 140mg 10%
Iron 1mg 6% • Potassium 350mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: DICED POTATOES (POTATOES, VEGETABLE OIL, CONTAINS ONE OR MORE OF THE FOLLOWING: CANOLA OIL, PALM OIL, SOYBEAN OIL, COTTONSEED OIL, SUNFLOWER OIL, CONTAINS 2% OR LESS OF MALTODEXTRIN, SALT, DEXTROSE, TETRASODIUM PYROPHOSPHATE AND DISODIUM DIHYDROGEN PYROPHOSPHATE (TO MAINTAIN COLOR), COUNTRY STYLE GRAVY (WATER, MALTODEXTRIN, MODIFIED CORN STARCH, CREAM SOLIDS, SOYBEAN OIL, BUTTERFLY K POWDER, NONFAT MILK, SALT, HYDROLYZED CORN AND SOY PROTEIN, SPICES, YEAST EXTRACT, BUTTER (COWS MILK, XANTHAN GUM), PRECOOKED SCRAMBLED EGGS (WASHED EGG, SKIM MILK, SOYBEAN OIL, MODIFIED CORN STARCH, XANTHAN GUM, LIQUID PEPPER EXTRACT, SALT, CITRIC ACID, ARTIFICIAL BUTTER FLAVOR (SOYBEAN OIL, UNSALTED BUTTER, LIPOLYZED BUTTER, NATURAL FLAVORS, ARTIFICIAL FLAVORS)), COOKED BREAKFAST SAUSAGE CRUMBLES (PORK, WATER, SALT, SUGAR, DEXTROSE, SPICES, NATURAL FLAVORING (WITH MALTODEXTRIN, SUCRINIC ACID), CONTAINS 2% OR LESS OF SODIUM PHOSPHATE, CARAMEL COLOR), SHREDDED CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO COLOR, VITAMIN A PALMITATE, POTATO STARCH, POWDERED CELLULOSE AND/OR CORN STARCH) TO PREVENT CAKING), AND/OR NATIUM YON (MOLD INHIBITOR)).
CONTAINS: EGG, MILK, SOY.

DISTRIBUTED BY BETTER LIVING BRANDS LLC
P.O. BOX 90, PLEASANTON, CA 94566-0090
1-888-323-5823 • www.betterlivingbrandsllc.com

Signature
SELECT
QUALITY GUARANTEED

BREAKFAST BOWL SAUSAGE & GRAVY

POTATOES, COUNTRY STYLE GRAVY, EGGS,
SAUSAGE & CHEDDAR CHEESE

COOKING INSTRUCTIONS

For Food Safety and Quality, Follow These Cooking Instructions. Cook to an internal temperature of 165°F as measured by a food thermometer. Since cooking appliances vary, these instructions are guidelines only.

Microwave Instructions (1100 WATTS)

1. Remove from carton, puncture film.
2. Microwave on high power for 2 minutes.
3. Peel back film and stir product. Replace film.
4. Microwave on high for 1 minute or until internal temperature reaches 165°F.
5. Let product stand 1 minute before serving.

**CAUTION: PRODUCT WILL BE HOT.
DO NOT COOK IN TOASTER OVEN.
DO NOT REUSE BOWL.**



Scan here for more
food safety tips



PAPER BOX
PLASTIC BOWL



NET WT 7 OZ (198 g)

BREAKFAST BOWL
SAUSAGE & GRAVY
POTATOES, COUNTRY STYLE GRAVY, EGGS,
SAUSAGE & CHEDDAR CHEESE

Signature
SELECT
QUALITY GUARANTEED

BREAKFAST BOWL SAUSAGE & GRAVY

POTATOES, COUNTRY STYLE
GRAVY, EGGS, SAUSAGE
& CHEDDAR CHEESE



PER 1 BOWL

320 CALORIES
9g SAT FAT 45% DV
940mg SODIUM 41% DV
2g TOTAL SUGARS

PER SERVING
PERIODIC AIR FRESHENERS
WASH YOUR HANDS
WELL
NET WT 7 OZ (198 g)

PER SERVING
14g
PROTEIN

Signature
SELECT
QUALITY GUARANTEED

BREAKFAST BOWL SAUSAGE & GRAVY

POTATOES, COUNTRY STYLE GRAVY, EGGS,
SAUSAGE & CHEDDAR CHEESE

Signature
SELECT
QUALITY GUARANTEED



0 21130 18045 5



NET WT 7 OZ (198 g)

Signature
SELECT
QUALITY GUARANTEED

BREAKFAST BOWL
SAUSAGE & GRAVY
POTATOES, COUNTRY STYLE GRAVY, EGGS,
SAUSAGE & CHEDDAR CHEESE

PER SERVING
PERIODIC AIR FRESHENERS
WASH YOUR HANDS
WELL
NET WT 7 OZ (198 g)

NET WT 7 OZ (198 g)



BREAKFAST BOWL SAUSAGE & GRAVY

POTATOES, COUNTRY STYLE GRAVY, EGGS,
SAUSAGE & CHEDDAR CHEESE



NET WT 7 OZ (198 g)

PER SERVING
PERIODIC AIR FRESHENERS
WASH YOUR HANDS
WELL
NET WT 7 OZ (198 g)

Signature
SELECT
QUALITY GUARANTEED



BREAKFAST BOWL

SAUSAGE & GRAVY

POTATOES, COUNTRY STYLE GRAVY, SAUSAGE & CHEDDAR CHEESE

SEMI-FRESH
REFRESHABLE, KEEP FROZEN
COOK THOROUGHLY

USE BY 1/24/25
EST. 1952
BEST IF USED BY 1/25/25



NET WT 7 OZ (198 g)

Signature
SELECT

QUALITY GUARANTEED

BREAKFAST BOWL

BACON

POTATOES, EGGS, BACON,
& CHEDDAR CHEESE

PERISHABLE, KEEP FROZEN
COOK THROUGHOUT

24 JAN 16 15:45
EST 45210
BEST IF USED BY 14:51

\$016331
\$6412



NET WT 7 OZ (198 g)

Signature
SELECT[®]

QUALITY GUARANTEED

BREAKFAST BOWL

MEAT LOVERS

POTATOES, EGGS, CHEDDAR CHEESE,
SAUSAGE & BACON

STAY FROZEN

PERISHABLE. KEEP FROZEN.
COOK THOROUGHLY.



NET WT 7 OZ (198 g)

Signature
SELECT[®]

QUALITY GUARANTEED

BREAKFAST BOWL

COOKING SUGGESTION

PERISHABLE. KEEP FROZEN
COOK THOROUGHLY

SAUSAGE

POTATOES, EGGS, SAUSAGE
& CHEDDAR CHEESE

481132 EST 11 18 19
481132 EST 11 18 19
481132 EST 11 18 19
481132 EST 11 18 19

NET WT 7 OZ (198 g)

