



TAMPA BAY FISHERIES, INC.

www.tbfish.com

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STAMP VERIFICATION FORM

Production Date: 2/3/23

Line #: 38

ITEM: 29642

Approved by: _____



aprons
READY TO COOK
MEAL FOR ONE
Deliciously chef-inspired.
Simply home-cooked.

SUN-DRIED TOMATO & CHEESE-STUFFED CHICKEN WITH LEMON-GARLIC POTATOES

servings:	minutes:	
1	45	

Total Price

\$7.50

Use By

02/15/2023

Cooking Instructions on Back of Package

KEEP REFRIGERATED

NET WT 12 OZ (340 g)

SUN-DRIED TOMATO & CHEESE-STUFFED CHICKEN WITH LEMON-GARLIC POTATOES

Nutrition Facts Servings: 1, Serv. size: 1 tray (340g)
Amount per serving: **Calories 490**, Total Fat 16g (21% DV), Sat. Fat 7g (35% DV), Trans Fat 0g, **Cholest.** 135mg (45% DV), **Sodium** 640mg (28% DV), **Total Carb.** 30g (11% DV), Fiber 3g (11% DV), Total Sugars 2g (Incl. 0g Added Sugars, 0% DV), **Protein** 53g, Vit. D (0% DV), Calcium (50% DV), Iron (10% DV), Potas. (15% DV).

INGREDIENTS: BONELESS CHICKEN BREAST (WITH UP TO 3% ABSORBED WATER), POTATOES (BABY POTATOES, WATER, SALT), LOW MOISTURE PART-SKIM MOZZARELLA CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES, POTATO STARCH, POWDERED CELLULOSE [ANTICAKING]), MONTEREY JACK CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, POTATO STARCH, POWDERED CELLULOSE [ANTICAKING]), SUN-DRIED TOMATOES (TOMATOES, SALT), GORGONZOLA CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, PENICILLIUM ROQUEFORTI), MODIFIED CORNSTARCH, BASIL, LEMON GARLIC SEASONING (MALTODEXTRIN, CANE SUGAR, GARLIC POWDER, SALT, ONION POWDER, YEAST EXTRACT, LEMON JUICE, CONTAINS 2% OR LESS OF SPICES, CITRIC ACID, NATURAL FLAVORS, LEMON OIL, SAFFLOWER AND/OR SUNFLOWER OIL [ANTICAKING]), SILICON DIOXIDE [ANTICAKING]), DRIED GARLIC, PARMESAN CHEESE (MADE WITH CULTURED MILK, ENZYMES, SALT), OAT FIBER, CANOLA OIL, ROSEMARY EXTRACT (CANOLA OIL, ROSEMARY EXTRACT), SOY LECITHIN, VINEGAR, DRIED PARSLEY, ROSEMARY SPRIG, OLIVE OIL, KOSHER SALT (SALT, YELLOW PRUSSIAN OF SODA), SALT, BLACK PEPPER.

COOKING INSTRUCTIONS
PREHEAT OVEN TO 375°F. REMOVE PLASTIC FILM AND DIVIDER; BAKE UNCOVERED 40-45 MINUTES AND UNTIL 165°F.

SAFE HANDLING INSTRUCTIONS
THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

- KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.
- KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.
- COOK THOROUGHLY.
- KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

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DRP




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03:45 Cambie

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