생선가스  (Fried Fish Cutlet)

Ingredients: Swai fish, Bread crumb, Flour, Egg, Corn Oil, Soy sauce (Water, Defatted soybean, salt, high-fructose corn syrup, sodium benzoate less than 1/10 of 1% as a preservative), Mirin (Sake [water, rice, koji (aspergillus oryzae)], high fructose corn syrup, sugar, water, yeast extract), Sugar, Salt, Garlic, Pepper, Ginger, Minced onion

Contains wheat and soybean and egg

MADE IN USA  NET WT  0.00 LB

Distributed by Cconma, Inc., Cerritos, CA 90703

KEEP FROZEN  BEST USE BY 12/22/2024
Ingredients: Swai fish, Bread crumb, Flour, Egg, Corn Oil, Soy sauce/Water, Defatted soybean, salt, high-fructose corn syrup, sodium benzoate less than 1/10 of 1% as a preservative, Mirin (Sake/water, rice, koji (aspergillus oryzae), high fructose corn syrup, sugar, water, yeast extract), Sugar, Salt, Garlic, Pepper, Ginger, Minced onion

Contains fish, egg, soy and wheat

BEST USE BY 1/4/2025

Nutrition Facts
2 servings per container
Serving size 1/2 (227g)

Nutrient | Value |
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Calories | 290 |
Total Fat (g) | 15g |
Saturated Fat (g) | 3.6g |
Trans Fat (g) | 0g |
Cholesterol (mg) | 80mg |
Sodium (mg) | 380mg |
Total Carbohydrate (g) | 4g |
Dietary Fiber (g) | 2g |
Total Sugars (g) | 1g |
Protein (g) | 34g |
Vitamin D (mcg) | 0mcg |
Calcium (mg) | 0mg |
Iron (mg) | 0mg |
Phosphorus (mg) | 0mg |

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.*