



INGREDIENTS: COOKED BROWN RICE (WATER, BROWN RICE), SEASONED BRAISED BEEF (BEEF, WATER, BROWN SUGAR, SEA SALT, SEASONING [ONION, GARLIC, SPICES], FLAVORINGS, OLIVE OIL, SUNFLOWER LECITHIN), WATER, CARROTS, MUSHROOMS, BAMBOO SHOOTS, COOKED RED RICE (WATER, RED RICE), COOKED RED QUINOA (WATER, RED QUINOA), COOKED BLACK BARLEY (WATER, BLACK BARLEY), CHARD, KALE, CONTAINS 2% OR LESS OF: SPINACH, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT, ALCOHOL, VINEGAR, LACTIC ACID), HONEY, GOCHUJANG HOT PEPPER PASTE (WATER, SUGAR, RED CHILI PEPPER POWDER, FERMENTED SOYBEAN PASTE [WATER, SOYBEANS, RICE, SALT, ALCOHOL], PEAR PUREE CONCENTRATE, SALT, SALTED SAKE [SAKE {WATER, RICE, KOJI (ASPERGILLUS ORYZAE)}, SALT], LESS THAN 2% OF: ONION POWDER, GARLIC POWDER, YEAST EXTRACT, RICE VINEGAR, SESAME OIL, PAPRIKA, CORN STARCH), RICE VINEGAR, SESAME SEEDS, GARLIC, SESAME SEED OIL, CHILI PASTE (RED CHILI PEPPERS, DISTILLED VINEGAR, SALT), CANOLA OIL, CORN STARCH, COOKING WINE (WHITE WINE, NATURAL FLAVOR, SALT), SUGAR, GINGER. CONTAINS: SESAME, SOY, WHEAT.

IIMALLY PROCESSED. ER BOWLS