

SPICE  
MANTRA

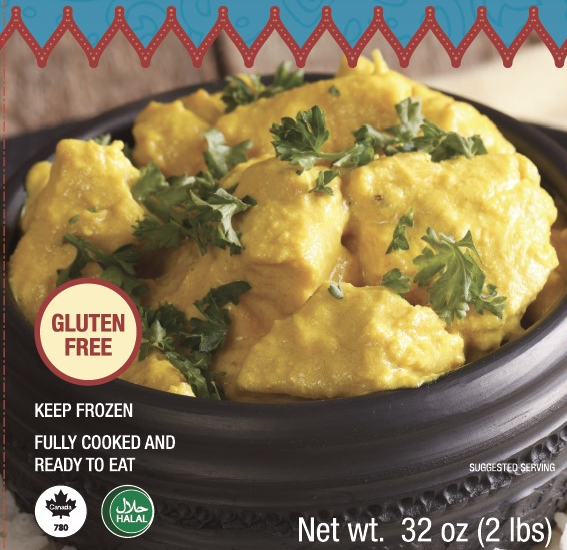
FAMILY  
SIZE!

# CHICKEN KORMA



BONELESS CHICKEN BREAST CHUNKS IN A MILD CURRY

PRODUCT OF CANADA



GLUTEN  
FREE

KEEP FROZEN  
FULLY COOKED AND  
READY TO EAT

SUGGESTED SERVING

Net wt. 32 oz (2 lbs)



SPICE  
MANTRA

CHICKEN  
KORMA

RE-HEATING  
INSTRUCTIONS

STOVE TOP

1. Pour about 2 litres of water into medium saucepan and submerge 1 bag of Frozen Chicken Korma.
2. Bring water to a boil and boil uncovered 15-17 minutes (165° F / 74° C internal).
3. Remove bag immediately with tongs. Tear bag and empty Chicken Korma into serving dish.

Ready to eat and enjoy in minutes. Can also be enjoyed with rice and/or naan bread.

MICROWAVE

1. Defrost bag in refrigerator (do not microwave bag)
2. Empty defrosted Chicken Korma from bag into a microwavable container.
3. Heat on high for 2 minutes, then stir and reheat on high for 2 minutes (165° F / 74° C internal). Based on equipment, timing may vary.

Ready to eat and enjoy in minutes. Can also be enjoyed with rice and/or naan bread.

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## CHICKEN KORMA

Korma is a Mughal dish originating in India, which is made with yoghurt, cream, and spices; it is a delectably mild and delightful curry. Our Korma is based on a mixture of authentic spices and fresh chicken which are cooked over low heat for several hours to come to perfection.

INGREDIENTS: Chicken Breast (Chicken, Yogurt, Salt, Cumin Powder, White Pepper Powder, Cardamom Powder, Mala Tikka Type Extract (Extracts of Garlic, Green Chilli, Cinnamon, Onion Oil, Nutmeg, Clove, Black Pepper, TBHQ), Coriander Powder, Dried Fenugreek, Cilantro Flakes, Aniseed Powder, Cinnamon Powder, Clove Powder, Ginger Powder), Water, Cream, Crushed Tomato, Fresh Vine-ripened California Tomatoes, Sea Salt, Citric Acid, Onion, Canola Oil, Brown Sugar, Salt, Garlic Paste, Ginger Powder, Coriander Powder, Cumin Powder, Cardamom Powder, Cinnamon Powder, Turmeric Powder, Mala Tikka type extract (Extracts of Garlic, Green Chilli, Cinnamon, Onion Oil, Nutmeg, Clove, Black Pepper, TBHQ), Clove Powder, White Pepper Powder, Dried Fenugreek, Aniseed Powder, 100% Ground Red Chilli Powder

Contains: Milk



### Nutrition Facts

4 servings per container  
Serving size 1 cup (225g)

Amount per serving  
**Calories 310**

% Daily Value\*

**Total Fat** 22g **27%**  
Saturated Fat 7.9g **40%**

Trans Fat 0.0g

**Cholesterol** 100g **34%**

**Sodium** 450mg **19%**

**Total Carbohydrate** 7g **3%**

Dietary Fiber 1g **4%**

Total Sugars 3g

Includes 0g Added Sugars **0%**

**Protein** 32g

Vitamin D 6mcg **0%**

Calcium 81mg **8%**

Iron 11mg **8%**

Potassium 375mg **9%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT OF CANADA

Manufactured by:  
Connoisseur's Kitchen Inc.  
Surrey, B.C. Canada V3S 7A4

www.SpiceMantra.ca



SPICE  
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CHICKEN  
KORMA

BONELESS CHICKEN  
BREAST CHUNKS  
IN A MILD CURRY

FAMILY SIZE

Net wt. 32 oz (2 lbs)

TRY OUR OTHER  
DISHES TOO!

- CHANA MASALA
- BUTTER CHICKEN
- MATAR PANEER
- SAAG PANEER

Spice Mantra:  
Our ready-to-eat  
foods are designed to  
provide a wholly  
authentic taste  
for consumers with  
discerning palates  
who value flavor,  
convenience and the  
best ingredients.

SPICE  
MANTRA

FAMILY  
SIZE!

# BUTTER CHICKEN



MARINATED CHICKEN BREAST CHUNKS  
IN A CREAMY TOMATO SAUCE

PRODUCT OF CANADA



GLUTEN  
FREE

KEEP FROZEN

FULLY COOKED AND  
READY TO EAT

SUGGESTED SERVING

Net wt. 32 oz (2 lbs)



SPICE  
MANTRA

BUTTER  
CHICKEN

RE-HEATING  
INSTRUCTIONS

STOVE TOP

1. Pour about 2 litres of water into medium saucepan and submerge 1 bag of Frozen Butter Chicken.
2. Bring water to a boil and boil uncovered 15-17 minutes (↑ 165° F / 74° C internal).
3. Remove bag immediately with tongs. Tear bag and empty Butter Chicken into serving dish.

Ready to eat and enjoy in minutes. Can also be enjoyed with rice and/or naan bread.

MICROWAVE

1. Defrost bag in refrigerator (do not microwave bag)
2. Empty defrosted Butter Chicken from bag into a microwavable container.
3. Heat on high for 2 minutes, then stir and reheat on high for 2 minutes (↑ 165° F / 74° C internal). Based on equipment, timing may vary.

Ready to eat and enjoy in minutes. Can also be enjoyed with rice and/or naan bread.

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## BUTTER CHICKEN

Traditionally known as Murgh Makhani, Butter Chicken is an Indian dish, popular all over the world. Our Butter Chicken is made with succulent pieces of boneless tandoori chicken that are marinated in yogurt, spices, and then grilled. The final finish is given in the sauce made with tomatoes, oil, cream, honey and authentic spices.

**INGREDIENTS:** Marinated Chicken [Chicken Breast, Yogurt, Salt, Cumin Powder, White Pepper Powder, Cardamom Powder, Chicken Tikka Type Seasoning (Extracts of Garlic, Ginger, Black Pepper, Paprika, Cardamom, Clove, Cinnamon, Vegetable Oil, Acetic Acid, Sodium Benzoate TBHQ & BHA), Annatto (Colour), Processed Water, Polysorbate 80), Coriander Powder, Dried Fenugreek, Cilantro Flakes, Aniseed Powder, Cinnamon Powder, Clove Powder, Ginger Powder], Tomato Sauce (Tomatoes, Sea Salt, Red Pepper, Onion Powder, Garlic Powder, Spice Extractive (Citric Acid), Cream, Canola Oil, Water, Honey, Butter, Onions, Salt, Ginger Paste, Garlic Paste, Potato Starch, Coriander Powder, Cumin Powder, White Pepper Powder, 100% Ground Red Chili Powder, Dried Fenugreek, Butter, Chicken Type Seasoning (Vegetable Oil, Vanillin, Diacetyl), Gamma Octa Lactone, Decanoic Acid, Butyric Acid, Vitamin E, Cardamom Oil, Clove Oil, Cumin Oil, Capsicum Extract), Cardamom Powder, Ginger Powder, Cinnamon Powder, Aniseed Powder, Cloves Powder

Contains: Milk



### Nutrition Facts

4 servings per container  
Serving size 1 cup (225g)

Amount per serving  
**Calories 310**

% Daily Value\*

**Total Fat** 21g **27%**  
**Saturated Fat** 6.7g **34%**  
**Trans Fat** 0.3g

**Cholesterol** 110g **37%**

**Sodium** 420mg **18%**

**Total Carbohydrate** 10g **4%**

**Dietary Fiber** 1g **4%**

**Total Sugars** 7g

**Includes 0g Added Sugars 0%**

**Protein** 32g

**Vitamin D** 6mcg **0%**

**Calcium** 42mg **3%**

**Iron** 1mg **8%**

**Potassium** 420mg **6%**

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Our ready-to-eat foods are designed to provide a wholly authentic taste for consumers with discerning palates who value flavor, convenience and the best ingredients.