ALL NATURAL*

LAURA'S LEAN BEEF™

92% LEAN 8% FAT

GROUND BEEF

- ✓ NO ADDED HORMONES...EVER
- ✓ NO ANTIBIOTICS...EVER
- ✓ GLUTEN FREE

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE

KEEP REFRIGERATED

*Contains no artificial ingredients. Minimally processed.

MY1605

NET WT. 16 OZ.(1LB.)

SELL BY:

92% LEAN 8% FAT

Nutrition Facts

Serving Size 4 oz. (112g)
Servings Per Container 4

Amount Per Serving	
Calories 160	Calories from Fat 80
	% Daily Value*
Total Fat 9g	14%
Saturated Fat 4g	20%
Cholesterol 60mg	21%
Sodium 70mg	3%
Total Carbohydrate 0g	0%
Protein 21g	
Iron 15%	

Not a significant source of dietary fiber, sugars, vitamin A, vitamin C & calcium.

*Percent Daily Values are based on a 2,000 calorie diet.

Distributed by: Meyer Natural Foods
Lexington, KY 40509
LAURASLEANBEEF.COM
1-800-ITS-LEAN

*Contains no artificial ingredients. Minimally processed.

MY1605

- *All natural** – We believe in raising cattle the way nature intended.
- *No added hormones or antibiotics* – We don't believe in using antibiotics or growth hormones.
- *Stewardship* – We believe in the mindful nurturing of land and animals.

Safe Handling Instructions

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

- KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.
- KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACE (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.
- COOK THOROUGHLY.
- KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

6 12669 31671 4

DISTRIBUTED BY THE KROGER CO., CINCINNATI, OHIO

Kroger®

24g OF PROTEIN PER SERVING

100% PURE BEEF · NO ADDITIVES

GROUND BEEF

CARNE MOLIDA

96% LEAN
4% FAT

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE

PRODUCT OF USA

KEEP REFRIGERATED

NET WT 16 OZ (1 LB) 453g

SERVING SUGGESTION

USE BY

96% LEAN / 4% FAT GROUND BEEF - 1 LB

Nutrition Facts

Serving Size 4 oz (112g)
Servings Per Container 4

Amount Per Serving	
Calories 150 Calories from Fat 50	
	% Daily Value*
Total Fat 6g	9%
Saturated Fat 2g	9%
Cholesterol 70mg	23%
Sodium 75mg	3%
Total Carbohydrate 0g	0%
Protein 24g	44%
Iron 15%	

Not a significant source of dietary fiber, sugars, vitamin A, vitamin C and calcium.

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: GROUND BEEF.
DISTRIBUTED BY THE KROGER CO.
CINCINNATI, OHIO 45202

Safe Handling Instructions

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

COOK THOROUGHLY.

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

Cook to a minimum of 165°F internal temperature. Color is not an accurate indicator of final cooked temperature. **To Freeze:** For best results, remove from original package and rewrap in freezer wrap or heavy foil.

For More Product Information, Scan UPC Using Your Kroger App or Call 800-632-6900

Our Brands. Our Guarantee. Love It or Your Money Back.
www.kroger.com

0 11110 96922 4

Kroger

21g OF PROTEIN PER SERVING

100% PURE BEEF · NO ADDITIVES

GROUND BEEF

CARNE MOLIDA

85% LEAN 15% FAT

PRODUCT OF USA

KEEP REFRIGERATED

NET WT 16 OZ (1 LB) 453g

SERVING SUGGESTION

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE

USE BY

85% LEAN / 15% FAT GROUND BEEF - 1 LB

Nutrition Facts

Serving Size 4 oz (112g)
Servings Per Container 4

Amount Per Serving	
Calories 240 Calories from Fat 150	
	% Daily Value*
Total Fat 17g	26%
Saturated Fat 3g	33%
Cholesterol 75mg	26%
Sodium 75mg	3%
Total Carbohydrate 0g	0%
Protein 21g	39%
Calcium 2% · Iron 15%	

Not a significant source of dietary fiber, sugars, vitamin A and vitamin C.

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: GROUND BEEF.
DISTRIBUTED BY THE KROGER CO.
CINCINNATI, OHIO 45202

Safe Handling Instructions

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

COOK THOROUGHLY.

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

Cook to a minimum of 160°F internal temperature. Color is not an accurate indicator of final cooked temperature. To Freeze: For best results, remove from original package and rewrap in freezer wrap or heavy foil.

For More Product Information, Scan UPC Using Your Kroger App or Call 800-632-6900

Our Brands. Our Guarantee.
Love It or Your Money Back.
www.kroger.com

0 11110 96968 2

PRIVATE SELECTION®

ANGUS BEEF

90% LEAN • 10% FAT
GROUND SIRLOIN

KEEP REFRIGERATED

SERVING SUGGESTION

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE

Nutrition Facts

Serving Size 4 oz (113g)
Servings Per Container Varies

Amount Per Serving	
Calories 200 Calories from Fat 100	
	% Daily Value*
Total Fat 11g	17%
Saturated Fat 4.5g	23%
Cholesterol 75mg	24%
Sodium 75mg	3%
Total Carbohydrate 0g	0%
Protein 23g	
Calcium 2% • Iron 15%	

Not a significant source of dietary fiber, sugars, vitamin A and vitamin C.

*Percent Daily Values are based on a 2000 calorie diet.

Safe Handling Instructions

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

COOK THOROUGHLY.

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

INGREDIENTS: BEEF

DISTRIBUTED BY THE KROGER CO., CINCINNATI, OHIO 45202
Questions or Comments?
800-632-6900 • www.kroger.com

Cook to a minimum of 160°F internal temperature. Color is not an accurate indicator of final cooked temperature. **To Freeze:** For best results, remove from original package and rewrap in freezer wrap or heavy foil.

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST. 31865

90% Lean/10% Fat
CR-PS Angus Ground Beef Sirloin

Kroger®

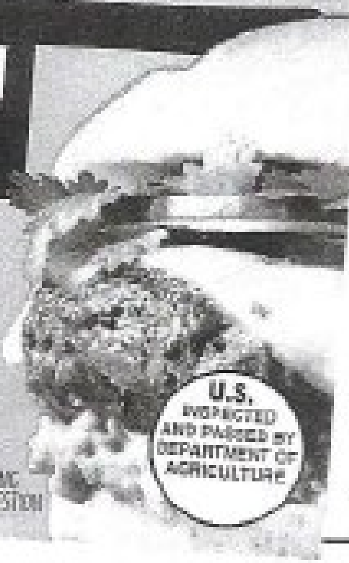
23g OF PROTEIN PER SERVING

100% PURE BEEF · NO ADDITIVES

GROUND BEEF

CARNE MOLIDA

93% LEAN 7% FAT



SERVING SUGGESTION

PRODUCT OF USA

KEEP REFRIGERATED

NET WT 16 OZ (1 LB) 453g

USE BY

Nutrition Facts

Serving Size 4 oz (112g)
Servings Per Container 4

Amount Per Serving	% Daily Value*
Calories 170 Calories from Fat 70	
Total Fat 8g	12%
Saturated Fat 3.5g	17%
Cholesterol 70mg	24%
Sodium 75mg	3%
Total Carbohydrate 0g	0%
Protein 23g	42%
Calcium 2% · Iron 15%	

Not a significant source of dietary fiber, sugars, vitamin A, and vitamin C.
*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: GROUND BEEF.
DISTRIBUTED BY THE KROGER CO.
CINCINNATI, OHIO 45202

Safe Handling Instructions

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

- KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.
- KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.
- COOK THOROUGHLY.
- KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

Cook to a minimum of 165°F internal temperature. Color is not an accurate indicator of final cooked temperature. To Freeze: For best results, remove from original package and rewrap in freezer wrap or heavy foil.

For More Product Information, Scan UPC Using Your Kroger App or Call 800-632-6900

Our Brands. Our Guarantee.
Love It or Your Money Back.
www.kroger.com

0 11110 96920 0

80% LEAN / 20% FAT GROUND BEEF - 1 LB

Nutrition Facts

Serving Size 4 oz (112g)
Servings Per Container 4

Amount Per Serving	
Calories 290 Calories from Fat 200	
	% Daily Value*
Total Fat 23g	35%
Saturated Fat 9g	43%
Cholesterol 80mg	27%
Sodium 75mg	3%
Total Carbohydrate 0g	0%
Protein 19g	35%
Calcium 2% • Iron 10%	

Not a significant source of dietary fiber, sugars, vitamin A and vitamin C.
*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: GROUND BEEF.
DISTRIBUTED BY THE KROGER CO.
CINCINNATI, OHIO 45202

Safe Handling Instructions

THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.

KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

COOK THOROUGHLY.

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

Cook to a minimum of 160°F internal temperature. Color is not an accurate indicator of final cooked temperature. To Freeze: For best results, remove from original package and rewrap in freezer wrap or heavy foil.

For More Product Information, Scan UPC Using Your Kroger App or Call 800-632-6900

Our Brands. Our Guarantee. Love It or Your Money Back.
www.kroger.com

0 11110 96972 9

Kroger®

19g OF PROTEIN PER SERVING

100% PURE BEEF · NO ADDITIVES

GROUND BEEF

CARNE MOLIDA

80% LEAN 20% FAT

PRODUCT OF USA
KEEP REFRIGERATED

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE

NET WT 16 OZ (1 LB) 453g

SERVING SUGGESTION

USE BY