TRADER MING'S

CHICKEN & VEGETABLE

Wonton Soup

0096 7822

SAFE HANDLING INSTRUCTIONS

Nutrition Facts

Serving Size 1 bowl (385g)
Servings Per Container 1

Amount Per Serving	
Calories 220	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat .5g	3%
Trans Fat 0g	
Cholesterol 10mg	10%
Sodium 1080mg	44%
Total Carbohydrate 35g	12%
Dietary Fiber 3g	12%
Sugars 6g	
Protein 11g	

Vitamin A 100% • Vitamin C 40%
Calcium 8% • Iron 25%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WATER, CHICKEN, CARROT, SUGAR SNAP PEA, WHEAT FLOUR, GREEN ONION, CHICKEN SOUP BASE (CHICKEN MEAT INCLUDING NATURAL CHICKEN JUICES, NATURAL SEA SALT, CHICKEN FAT, YEAST EXTRACTS, FLAVORING, VEGETABLE EXTRACT AND TURMERIC), LEEK, GALANI, VEGETABLE SOUP BASE (SAUTEED VEGETABLES (CARROTS, CELERY, ONIONS, TOMATO) NATURAL SEA SALT, YEAST EXTRACT, CORN OIL, AND VEGETABLE EXTRACTS (POTATO, CARROT, ONION)), BEAN SPROUT, TAPIOCA STARCH, SUGAR, ONION, TEXTURED VEGETABLE FLOUR, EGG, CILANTRO, CABBAGE, SALT, GINGER, FRIED GARLIC, RICE WINE, NATURALLY BREWED SOY SAUCE (WATER, SOYBEAN, WHEAT, SALT), SESAME OIL, WHITE PEPPER, BLACK PEPPER, WHEAT GLUTEN.

CONTAINS WHEAT, SOY, EGG.

DIST. & SOLD EXCLUSIVELY BY:
TRADER JOE'S, MONROVIA CA, 91016

SKU# 90782

HEATING INSTRUCTIONS:

- Remove bowl from outer container.
- Lift a small opening on the film and add water to the fill line (approx. 5oz).
- Microwave on high for 4–6 minutes, or until internal temperature reaches 165°F.
- Let stand for 1 minute.
- Carefully remove bowl and film cover. product will be hot.

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VERIFICATION SIGNATURE

REVISED: 04/23/2018


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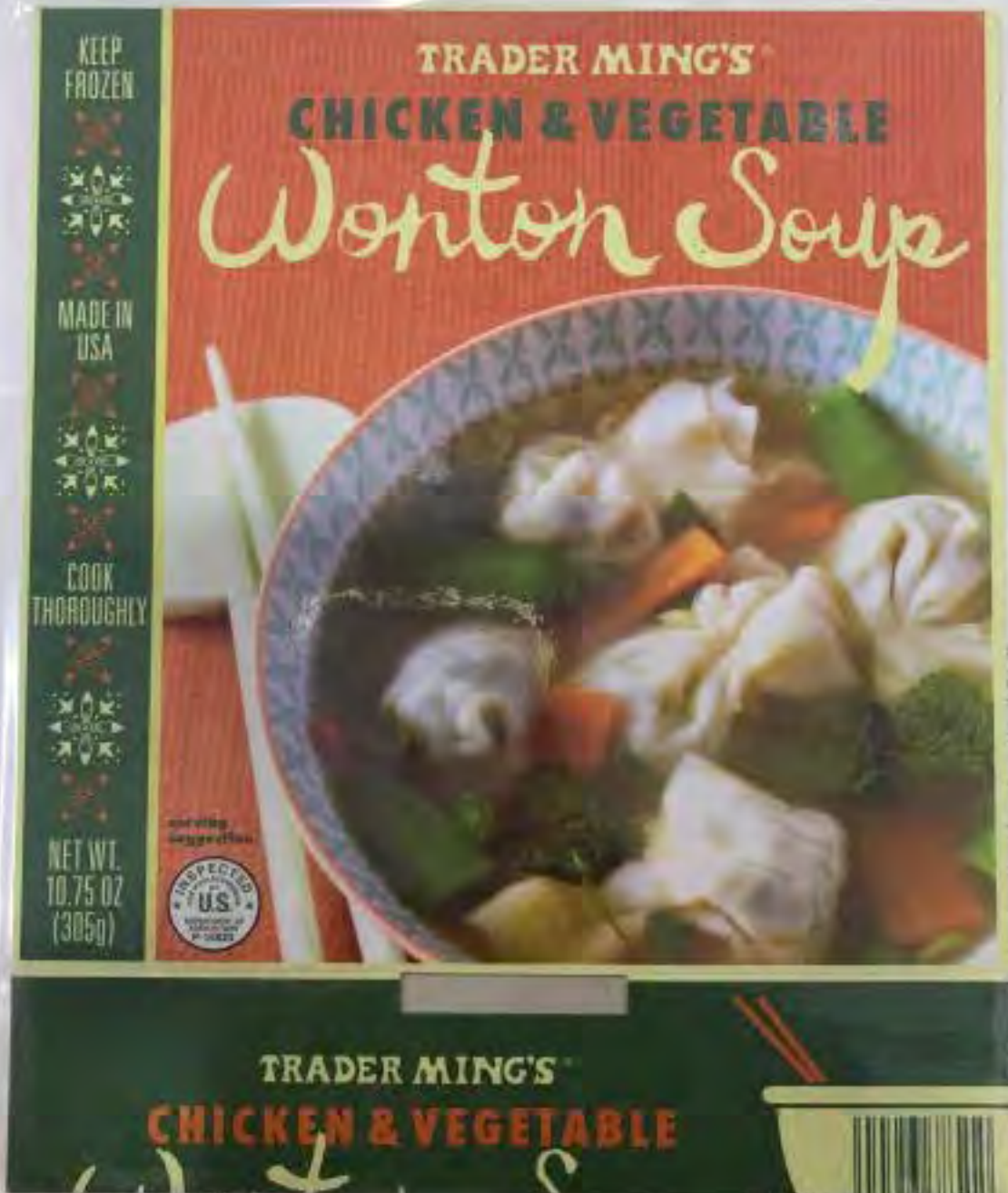

INITIAL

VERIFICATION SIGNATURE

FAF-FORM-SQF2.6.3A Recall Reconciliation
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